

An Ounce of Prevention or a Pound of Cure?

The Value of Health Risk Information

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 - ▶ Expectations of own **health risks**
 - ▶ Learn about **value** of medical care
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I show **family health events** cause spillovers but do not improve welfare

- Individuals **(over-) update beliefs** about health risks
- Leads to **increased healthcare utilization** (high + low-value)
- Welfare gains are dampened by **misinterpretation** of information

He put off getting vaccinated. Now, he's in the ICU pleading for others to avoid his mistake: 'I messed up'

'Get the vaccine:' Oregon man pleads as 23-year-old wife fights for her life

COVID-19: Family of anti-vaxxer nightclub boss who died from coronavirus urges people to get the jab

Family of San Diego COVID-19 victim makes emotional vaccine plea

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- Directly transmit **type information** to other family members
 - ▶ Genetic risk (Type 1 diabetes)
 - ▶ Lifestyle risk (Type 2 diabetes)
- **Identifying assumption**: timing of health shocks is random
- New information **alters** health choices **based on interpretation**

- 1 How does health information **change health choices**?
 - ▶ Staggered difference-in-differences
 - ▶ Evaluate non-diagnosed members' **spending** and **plan** choices
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- 3 Why does **over-responsiveness** to health information matter?
 - ▶ Assess how consumer beliefs **(over-) react** to new information
 - ▶ Compare outcomes to those when beliefs are less reactionary
 - ▶ Discuss optimal policy for revealing health information

- 1 **Spillover Effects:** non-diagnosed (but affected) household members increase spending by about 10% annually (~\$50)
 - ▶ Affected individuals invest in disease-specific **preventive care** and increase **adherence** to already existing preventive care
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 - ▶ Household welfare penalties of **\$2,688** annually
 - ▶ *Ex-post* belief **overweighting** limits welfare gains
- 3 **Limiting Over-Responsiveness Improves Welfare:**
 - ▶ Bounding responsiveness of beliefs \Rightarrow net gains of **\$2,788** annually
 - Benefits 86% of households
 - ▶ Returns can be improved by demographic targeting of revelation

My work fits into multiple strands of the literature:

1 **Health Information Spillovers:**

(Fadlon & Nielsen, 2019; Song 2021)

- ▶ Illustrates new (**strong**) channel for spillovers
- ▶ Quantifies general welfare effects of health information
- ▶ Disentangles various mechanisms and drivers of welfare losses

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2 **Structural Models of Health:**

(Barseghyan et al., 2018; Bundorf et al., 2021; Sabety 2020)

- ▶ First structural model incorporating care for chronic conditions
- ▶ New estimation of behavioral effects in structural health models
- ▶ Micro-foundation of belief formation when events are “low p , high c ”

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3 **Suboptimal Health Choices:** (Abaluck & Gruber, 2011, 2016a; Abaluck &

Compiani, 2020; Ketcham et al., 2012; Handel, 2013; Handel & Kolstad, 2015)

- ▶ Highlights that even simple signals may backfire
- ▶ Underscores role of behavioral biases and heterogeneity

OUTLINE

- 1 Data: Major health events taking place within a household
- 2 Reduced-Form Evidence: Informational spillovers and mechanisms
- 3 Structural Model: Quantifying value of health information
- 4 Counterfactual Scenarios: The role of over-reaction in welfare
- 5 Conclusion: Discussion & policy importance

DATA

Data: Truven Commercial Claims and Encounters Marketscan, 2006–2018

- Detailed claims for households in group ESI plans
- Typically, families with middle-aged parents + young children
- 8 firms with consistent plan identifiers ($N = 353,403$ families)

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Key Variables:

- Major health events identified using HHS-HCCs Example
 - ▶ Generic set of conditions that alter risk, spending, & utilization
 - ▶ Limited to common non-pregnancy conditions
- Main outcomes:
 - ▶ Health spending/utilization (billed and OOP)
 - ▶ Health insurance plan choice
 - ▶ Use of preventive and low-value care

A Few Summary Statistics

	Full Sample	Plan-Identified Sample
Family size	3.00	3.01
Employee age	45.01	44.36
Total medical spending	\$2,504.41 [\$679.75]	\$2,454.88 [\$624.16]
OOP medical spending	\$443.07 [\$109.66]	\$337.98 [\$80.33]
% experiencing chronic diagnosis	6.32	5.21
% experiencing acute event	0.96	0.58
Chronic illnesses:		
OOP, diagnosis year	\$1,082.05 [\$464.69]	\$854.62 [\$329.90]
OOP, future years	\$983.03 [\$521.39]	\$683.60 [\$446.69]
Acute events:		
OOP, diagnosis year	\$2,494.42 [\$1,419.91]	\$2,107.09 [\$964.62]
Years	2006–2018	2006–2013
$N_{\text{individuals}}$	1,087,353	555,733

Notes: Medians in brackets. Spending in 2020 USD.

I use **multiple firms** to leverage variation in plan characteristics

- Useful to separate risk *preferences* from risk *beliefs*
- Characteristics are simplified based on claims data

Methodology

	Firm							
	A	B	C	D	E	F	G	H
# of plans offered	3.50	2.50	3.00	2.00	2.00	2.57	2.75	3.00
HH premium	12.70	9.82	9.73	10.16	9.34	8.93	9.13	11.53
HH deductible	0.36	0.39	2.13	0.97	0.95	0.71	0.89	0.48
% o-deductible	64.29	46.67	0.00	0.00	0.00	22.22	31.82	38.89
HH OOP max.	3.47	4.55	5.05	5.92	4.32	4.11	5.15	3.92
HHI of all plans	0.43	0.60	0.40	0.56	0.86	0.61	0.64	0.44

Averages are pooled across all plans and years in a given firm. Prices in \$1,000s.

REDUCED-FORM EVIDENCE

I estimate the effects of **new chronic diagnoses** using a **two-way fixed-effects (TWFE)** approach:

$$\sinh^{-1}(y_{ft}) = \alpha_f + \tau_t + \sum_{k=-T}^T \gamma_k \mathbb{1}\{t - E_{ft} = k\} + \epsilon_{ft}.$$

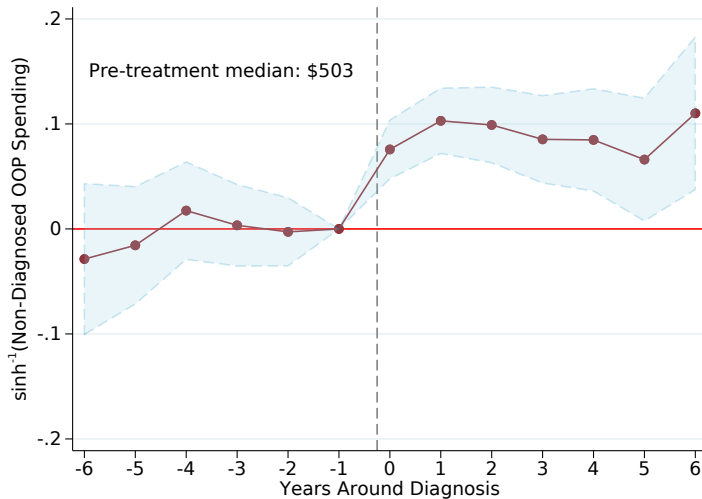
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- Relative to year prior to event
- Coefficients roughly interpretable as percentage changes
- Standard errors are clustered at household level
- Results are robust to standard TWFE concerns

TWFE Robustness

Household Chronic Diagnoses \uparrow (Non-Diagnosed) Spending



Households also increase **general** takeup of **wellness visits** [Details](#)

- Generally considered high-value care (Tong et al., 2021)
- 1.5pp more likely to use wellness visit (from 92%)
- Increased (billed) spending on prevention of ~10% (\$50) annually

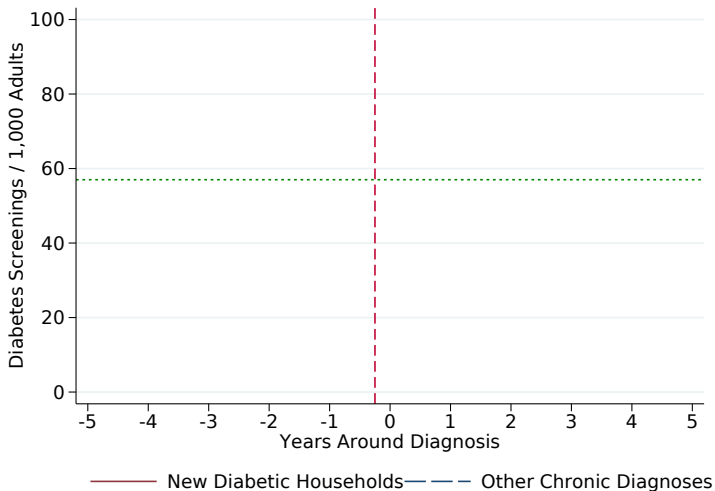
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More interesting, households seek out **disease-specific prevention**:

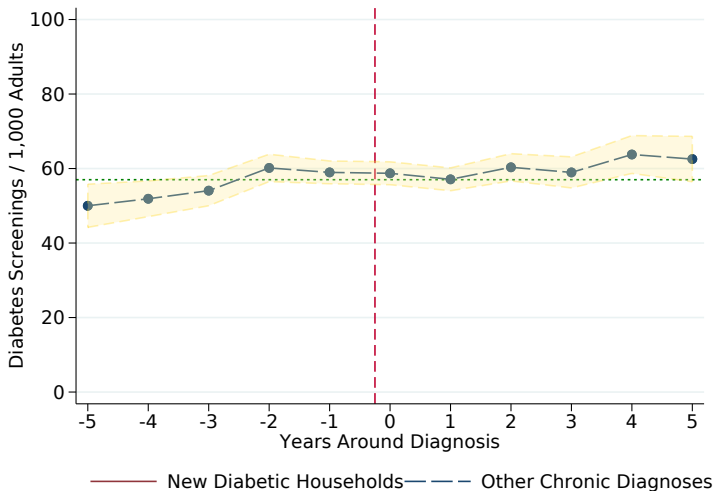
- Diagnoses provide targeted risk signals (e.g., diabetes diagnoses)
- Preventive responses to risk **information** should be selective

Selective use of preventive services is visible even in *raw data*



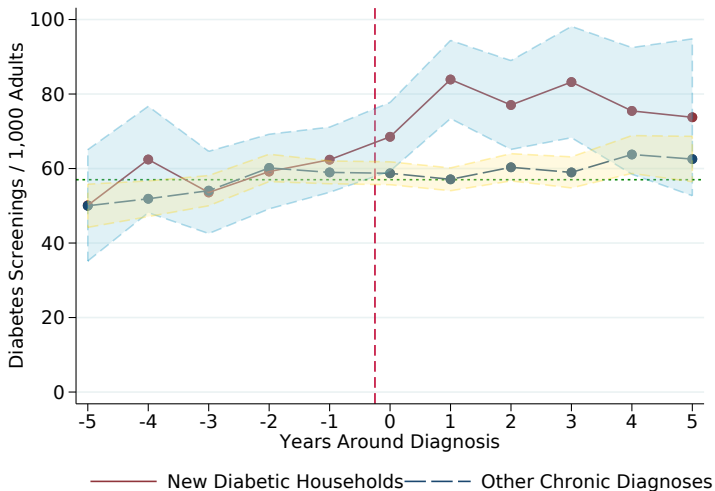
Diabetes Screening Responses Following Health Events

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For causal analysis, I estimate a **triple differences** approach:

$$\begin{aligned} Pr(\text{Screening})_{ftd} = & \beta_{DD}(\text{post}_t \times \text{chronic}_f) \\ & + \beta_{DDD}(\text{post}_t \times \text{chronic}_f \times \mathbb{1} \{ \text{chronic}_f = d \}) \\ & + \alpha_f + \tau_t + \varepsilon_{ftd} \end{aligned}$$

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Effect of *specific* diagnosis

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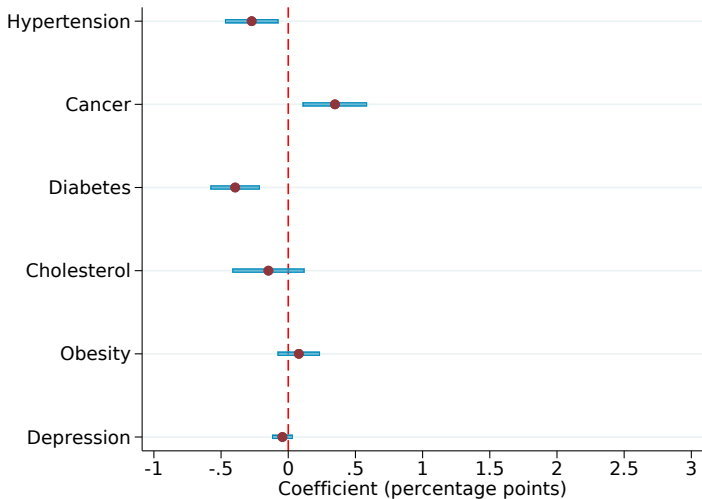
I use this approach for various **diagnoses** \Rightarrow **screenings**:

- 1 Any chronic diagnosis \rightarrow new hypertension diagnoses
- 2 Diabetes diagnoses \rightarrow diabetes screenings
- 3 Diabetes diagnoses \rightarrow cholesterol screenings
- 4 Cancer diagnoses \rightarrow cancer screenings

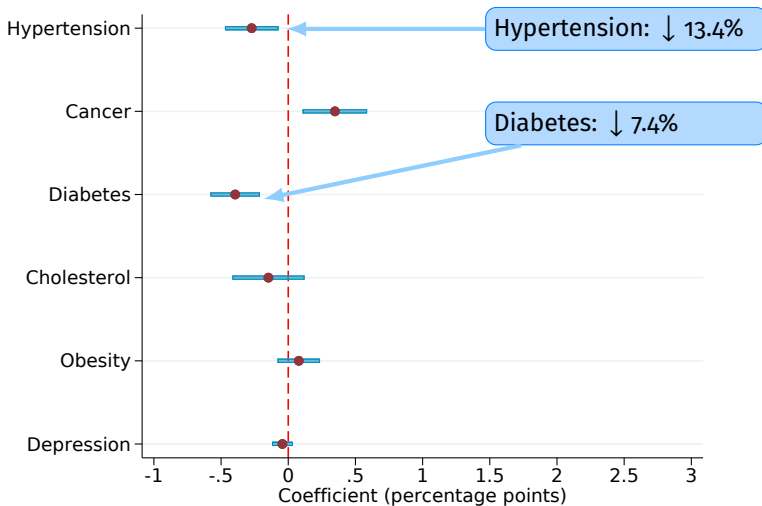
I also include **placebo regressions** to highlight role of *information*:

- 5 Diabetes diagnoses \rightarrow obesity diagnoses
- 6 Mental health diagnoses \rightarrow depression screenings

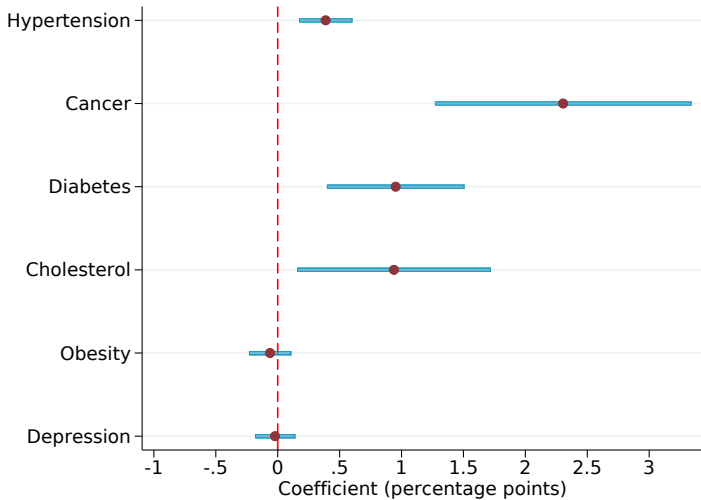
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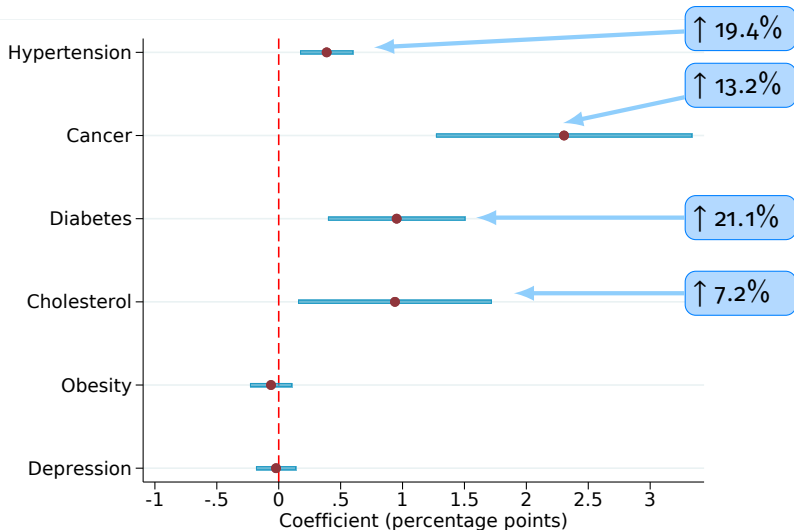
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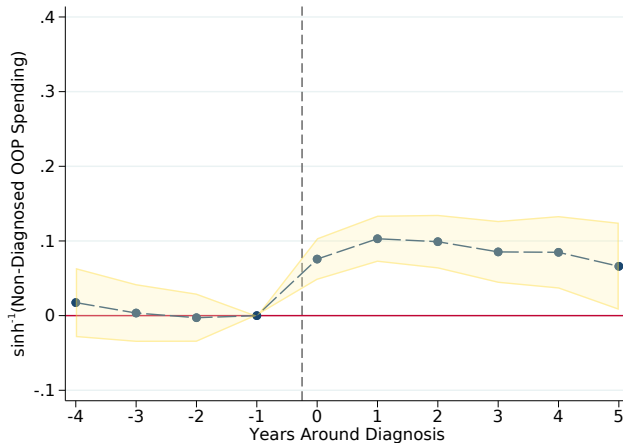


Heterogeneity by Household Relationship

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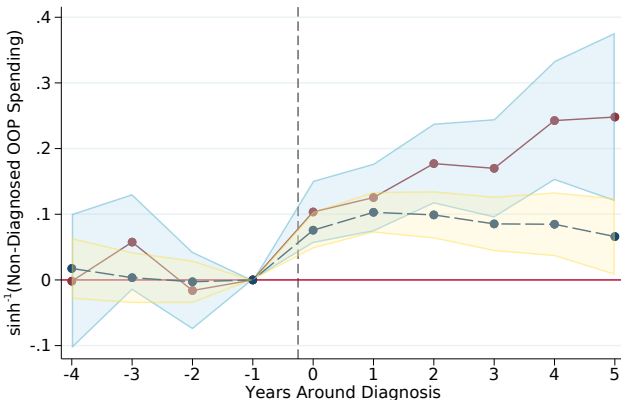
1 Responses are stable over time



Excluding Alternative Responses: Moral Hazard

A natural question here is: “Isn’t this just a price response?”

- 1 Responses are mirrored for those with fewest financial incentives



Additional Results

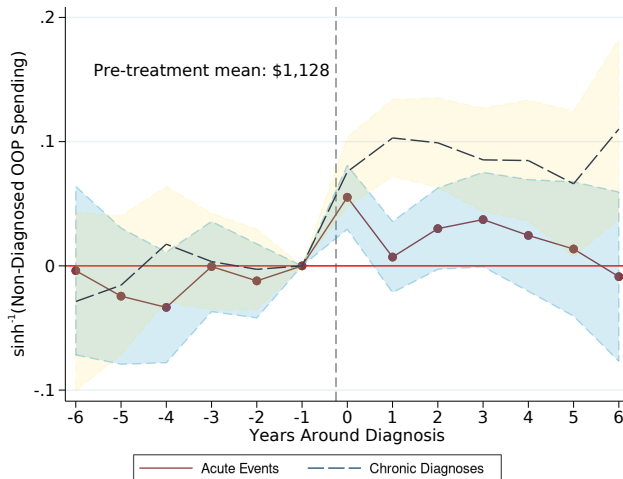
Zero Deductible Enrollees Full Sample

Another possible explanation: **salience effects**

- After **any** traumatic health event, families may reassess care value

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- 1 Responses more pronounced for **chronic events** than **acute ones**

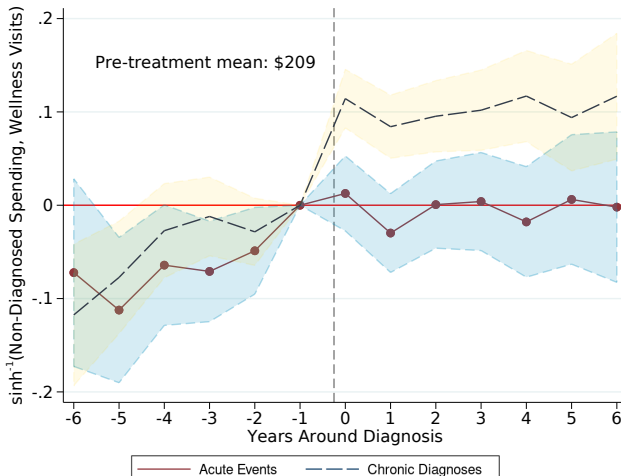


Excluding Alternative Responses: Salience Effects

Another possible explanation: **salience effects**

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► True for use of preventive care as well



Households might be learning about health *systems* instead of risk?

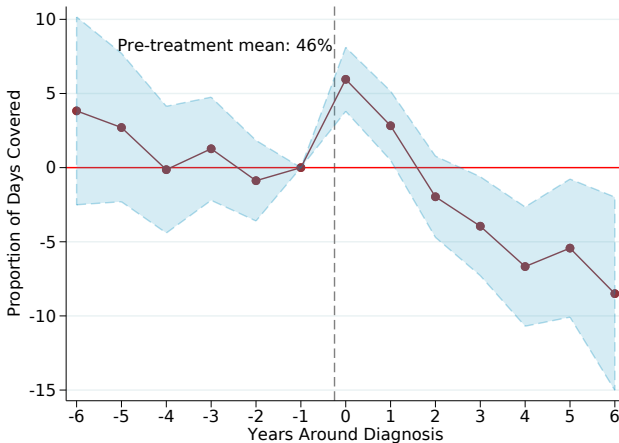
- Diagnoses reveal role of preventive care, insurance coverage, etc.
- *Example:* Asthma prevention following an asthma attack

I examine use of **already existing medications** for prevention:

- Limit sample to all non-diagnosed individuals who repeatedly filled preventive cardiovascular medications in their first two years

I examine use of **already existing medications** for prevention:

- Health events spur **resurgence** in adherence, albeit short-lived



Examine **spending** on low-value services:

- Health services identified as “low-return”
- Based on recommendations of Choosing Wisely initiative and other physician specialty organizations (Bhatia et al., 2015; Wolfson et al., 2014)

Do *ex-post* choices look better?

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<i>Population</i>	Pediatric		Adult		
	All	Drugs	Imaging	Screening	Surgery
<i>Service Category</i>					
$\text{Post}_t \times \text{Diagnosis}_f$	0.051* (0.017)	-0.004 (0.000)	0.029*** (0.013)	0.103*** (0.014)	-0.096*** (0.012)
Adjusted R^2	0.192	0.143	0.123	0.163	0.230

Notes: $N=1,538,161$. Standard errors clustered at the household level.

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

Table. Estimated Effects of Chronic Illness on Low-Value Care Utilization

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- 4 Do affected households make **better choices**?
 - ▶ Households ↑ **spending** on low-value screenings
 - ▶ No evidence of changes in **plan choices**

STRUCTURAL MODEL

Main goal: quantify value of new health information

Two-stage choice model of consumer demand for health care

(Cardon & Hendel, 2001; Einav et al., 2013; Marone & Sabety, 2021)

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Important notes:

- Model is static: decisions today → inputs tomorrow
- Type information evolves according to exogenous shocks
- Time is discrete (year)

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Health events affect:

- All individual **beliefs** $\{p_{ift}\}_{i \in \mathcal{I}_f}$
- Household **risk aversion** ψ_{ft}
- *de facto* care prices (**moral hazard**)

After choosing a plan $j \in \mathcal{J}$ and realizing health shocks $\{m_{ft}^{\text{CH}}, \lambda_{ift}\}_{\mathcal{I}_f}$, households choose **medical spending** that maximizes **expected utility**:

$$m_{ift}^* \equiv \operatorname{argmax}_{m_{ift}} \operatorname{EU}(m_{ift}; \lambda_{ift}, m_{ft}^{\text{CH}}, j) = p_{ift} u_{ift, \text{CH}} + (1 - p_{ift}) u_{ift, \text{H}}$$

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and

$$u_{ift,C} = \left[(\alpha_{1f} m_{ift} + \alpha_{2f} m_{ft}^{CH} - \lambda_{ift}) - \frac{1}{2\omega} (\alpha_{1f} m_{ift} + \alpha_{2f} m_{ft}^{CH} - \lambda_{ift})^2 \right] - c_j(m_{ift})$$

Solving the Utility Maximization Problem

Families **choose plans** with uncertain **health states**:

$$U_{fjt} = - \sum_{i \in \mathcal{I}_f} \left[\int \int \frac{1}{\psi_{ft}(x_{ft})} \exp\{-\psi_{ft}(x_{ft})u_{ift}^*\} dF_{\lambda_i} dG_{m^{\text{CH}}} \right] \\ - c_j(m_{ft}^{\text{CH}}) - \pi_{fj} - \eta \mathbb{1}_{f,t-1},$$

Families **choose plans** with uncertain **health states**:

$$U_{fjt} = - \sum_{i \in \mathcal{I}_f} \left[\int \int \frac{1}{\psi_{ft}(x_{ft})} \exp\{-\psi_{ft}(x_{ft})u_{ift}^*\} dF_{\lambda_i} dG_{m^{\text{CH}}} \right] \\ - c_j(m_{ft}^{\text{CH}}) - \pi_{fj} - \eta \mathbb{1}_{f,t-1},$$

- Individual utility is assumed to be CARA
- Households maximize sum of individual utilities
- Chronic care prices are attributed “first” (**moral hazard**)

Major health events provide households with **information** about risks p_{ift}

- Model as Bayesian learning
- **Prior beliefs** and **signals** assumed to be **normally distributed**
- **Posteriors** are thus given by:

$$\sigma_{pi,t+1}^2 = \frac{\tilde{\sigma}_{ift}^2 \sigma_{pio}^2}{\tilde{\sigma}_{ift}^2 + s_{ift} \sigma_{pio}^2}$$
$$\mu_{pi,t+1} = \frac{\tilde{\sigma}_{ift}^2 \mu_{pit} + \sigma_{pit}^2 \tilde{\mu}_{ift}}{\tilde{\sigma}_{ift}^2 + \sigma_{pit}^2}$$

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- Updating is “triggered” by a **signal** parameterized by:

$$y_{ift} = \pi_1 \mathbb{1}\{\text{chronic}\}_{f,-i} + \pi_2 \mathbb{1}\{\text{acute}\}_{f,-i} + \pi_3 \mathbb{1}\{\text{acute}\}_{f,i} + \pi_4 x_{ift}$$

Major health events also change household **risk aversion**, ψ_{ft}

- Households update ψ_{ft} **at the end of each period**:

$$\psi_{ft} = \gamma_0 \psi_{f,t-1} + \gamma_1 \left\{ \text{Post}_t \times m_{fo}^{\text{CH}} \right\} + \gamma_2 \left\{ \text{Post}_t \times c_j(m_{fo}^{\text{CH}}) \right\} + \gamma_3 \left\{ \text{Post}_t \times \text{Hosp}_{fo} \right\}$$

- γ_0 measures **persistence** of risk aversion across years
- Impact of health event is allowed to vary by
 - Overall cost of event (billed spending)
 - OOP spending on event
 - Whether a hospitalization occurred

I identify **informational effects** separate from other channels using multiple sources of **variation**:

1 Moral Hazard Effects leverage **cross-illness variation** in:

- ▶ Diagnostic cost
- ▶ Maintenance cost
- ▶ Plan characteristics

2 Salience Effects rely on **plan choice set** variation (Ericson et al., 2020)

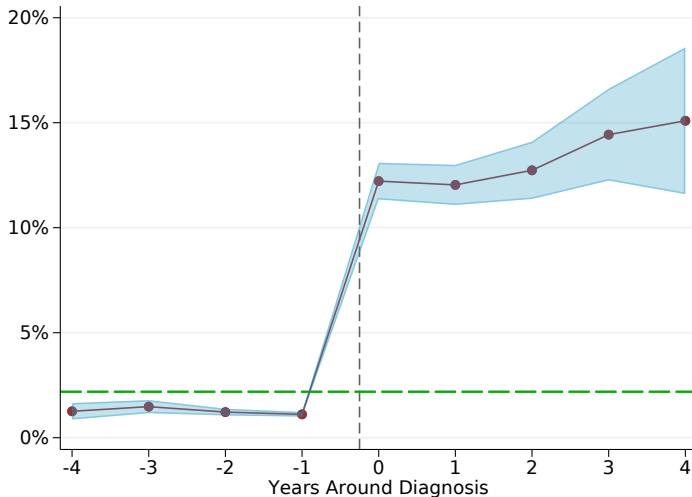
- ▶ Risk aversion drives plan choices in model, not spending
- ▶ Repeated choices
- ▶ Circumstances of major medical events

Estimation Overview

STRUCTURAL RESULTS

Finding 1: Large Belief Updating

Major health events are associated with **large increases** in risk beliefs:



		Preferred Specification	
		Estimate	Std. Err.
Panel A: Dynamic Parameters			
<i>Belief Evolution</i>			
π_1	Family Chronic Event	0.33	(0.002)
π_2	Own Acute Event	0.05	(0.002)
π_3	Family Acute Event	0.06	(0.002)
π_4	Years since Event	0.01	(0.000)
σ_π	Error Variance	1.52	(0.018)

Notes: Average marginal effects on posterior means shown.

- **Chronic events** generate strong changes to risk beliefs
- **Acute events** generate weaker responses
- Effects are **persistent**

Finding 2: Residual Salience Effects

		Preferred Specification	
		Estimate	Std. Err.
Panel A: Dynamic Parameters			
<i>Risk Aversion Evolution</i>			
ψ_0	Persistence, Year $t - 1$	0.95	(0.025)
ψ_1	Health Event (HE)	0.61	(0.015)
ψ_2	HE \times Year o Cost	0.19	(0.020)
ψ_3	HE \times Year o OOP	-0.88	(0.024)
ψ_4	HE \times Hospitalization	1.51	(0.033)
σ_ψ	Error Variance	0.01	(0.016)

- Health events \uparrow **risk aversion** by 34.9%
- Households respond to event **intensity**

Measure value of information as **marginal willingness to pay**

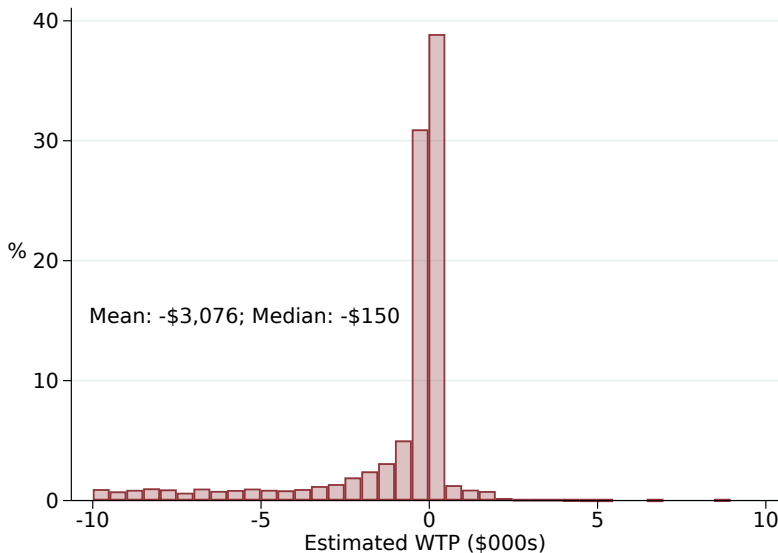
- Welfare metric: **certainty equivalent**

$$CE_{fjt} = -\psi_{ft}^{-1} \log(-U_{fjt})$$

- Report changes in CE_{fjt} relative to **benchmark world**:

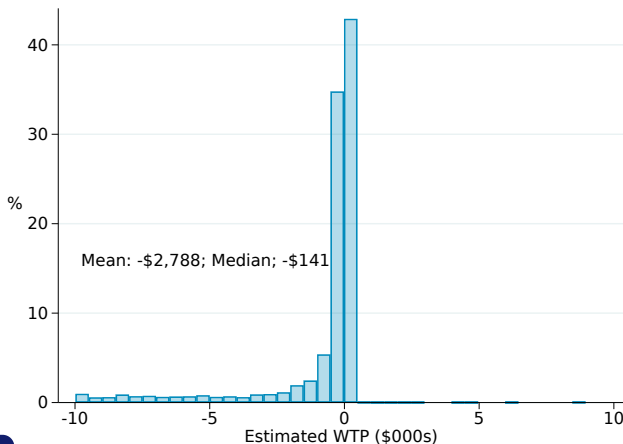
$$\Delta(CE) = CE_{fjt}(\text{event occurs}) - CE_{fjt}(\text{no event occurs})$$

Major Health Events Generate -\$3,076 Loss



New Health Information Generates -\$2,788 Loss

- Isolate value of **health information**
- Hold constant the impact of health event on **salience and prices**
- Informational effect captures **90%** of welfare changes



Heterogeneity

COUNTERFACTUAL SCENARIOS

Welfare losses arise from **large changes** to risk beliefs

- Households overweight health risks by **6x**
- High risk beliefs \Rightarrow propagation of spending + low-value service use

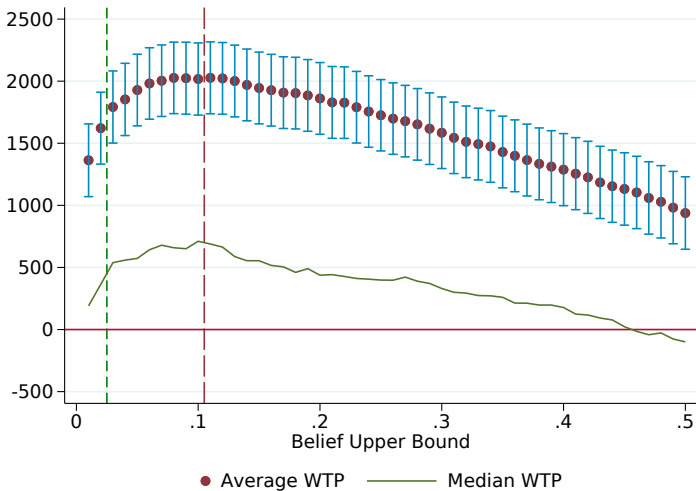
Welfare losses arise from **large changes** to risk beliefs

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- High risk beliefs \Rightarrow propagation of spending + low-value service use

What is the value of information when “**correctly**” interpreted?

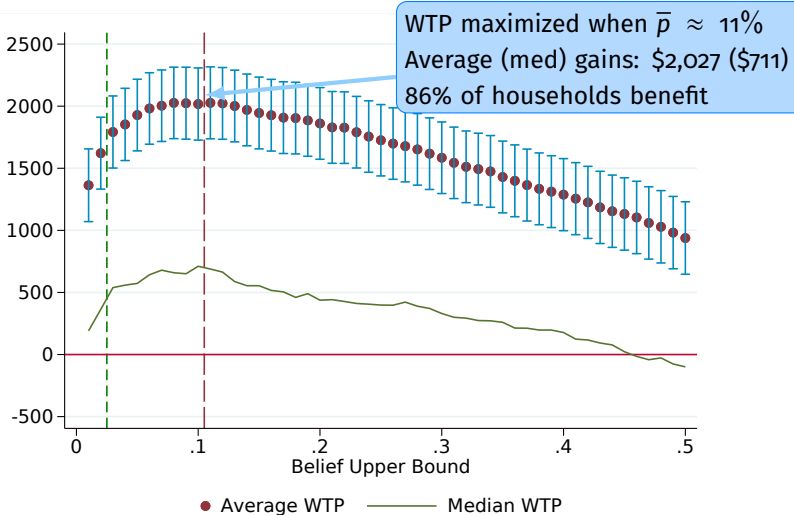
- 1 Place arbitrary **upper bounds** on $p_{if,t>0}$
- 2 Reevaluate **marginal WTP** with limits
- 3 Ignore moral hazard & salience effects

Bounding Belief Responsiveness Improves Welfare



Notes: Green dashed line indicates average in-sample rate of diagnosis.

Bounding Belief Responsiveness Improves Welfare



Notes: Green dashed line indicates average in-sample rate of diagnosis.

Policy revealing info. must balance **heterogeneous returns**:

Full revelation may not be optimal when:

- 1 Revelation is costly
- 2 Revelation disrupts insurance markets (Posey & Thistle, 2021)
- 3 Revelation is personally sub-optimal (Oster et al., 2013)

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What is the value of **transmitting health risks**?

- For example: COVID-19 antibody screenings

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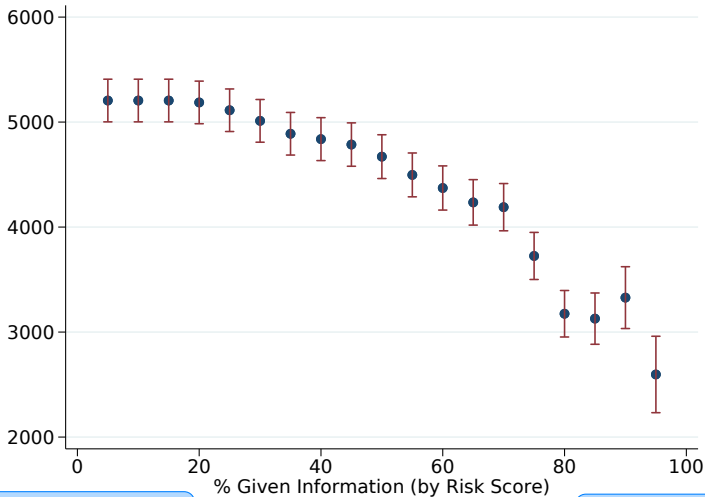
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- 1 Revelation is costly
- 2 Revelation disrupts insurance markets (Posey & Thistle, 2021)
- 3 Revelation is personally sub-optimal (Oster et al., 2013)

What is the value of **transmitting health risks**?

- For example: COVID-19 antibody screenings
- 1 Simulate "revealing" health information to **control group**
 - 2 At time t , individuals are given signal of **predicted risk** \hat{p}_{if}
 - 3 Assume full responsiveness ($p_{if,t>0} = \hat{p}_{if}$)

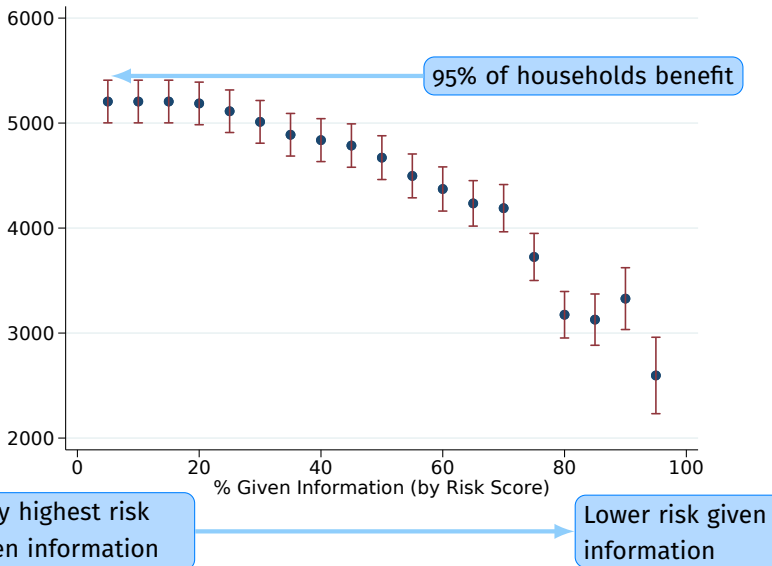
Targeting Information Revelation Improves Welfare



Only highest risk
given information

Lower risk given
information

Targeting Information Revelation Improves Welfare



CONCLUSION

Social networks provide **highly relevant** experiences for individuals

- 1 Observing **family health events** increases health spending
 - ▶ Most consistent with **learning about health risk**
 - ▶ Responses include increased use of **prevention and low-value care**
- 2 Individuals **overreact** to health information
 - ▶ Leads to **welfare penalties** of \$2,788
 - ▶ Bounding responsiveness \Rightarrow net gains for 86% of households
 - ▶ Can improve returns on dissemination by targeting information

Social networks provide **highly relevant** experiences for individuals

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This analysis can be extended in several meaningful ways:

- 1 Endogenize chronic care health costs (non-ESI populations)
- 2 Consider health production and liquidity constraints in modeling
- 3 Overlap between chronic conditions and job lock

AN OUNCE OF PREVENTION OR A POUND OF CURE?

THE VALUE OF HEALTH RISK INFORMATION

Alex Hoagland

Boston University

Additional Comments? alcobe@bu.edu

Website: alex-hoagland.github.io

APPENDIX

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Example: Asthma

Codes

- ▶ J45 Asthma
 - ▶ J45.2 Mild intermittent asthma
 - ▶ J45.20 uncomplicated
 - ▶ J45.21 with (acute) exacerbation
 - ▶ J45.22 with status asthmaticus
 - ▶ J45.3 Mild persistent asthma
 - ▶ J45.30 uncomplicated
 - ▶ J45.31 with (acute) exacerbation
 - ▶ J45.32 with status asthmaticus
 - ▶ J45.4 Moderate persistent asthma
 - ▶ J45.40 uncomplicated
 - ▶ J45.41 with (acute) exacerbation
 - ▶ J45.42 with status asthmaticus
 - ▶ J45.5 Severe persistent asthma
 - ▶ J45.50 uncomplicated
 - ▶ J45.51 with (acute) exacerbation
 - ▶ J45.52 with status asthmaticus
 - ▶ J45.9 Other and unspecified asthma
 - ▶ J45.90 Unspecified asthma
 - ▶ J45.901 with (acute) exacerbation
 - ▶ J45.902 with status asthmaticus
 - ▶ J45.909 uncomplicated
 - ▶ J45.99 Other asthma
 - ▶ J45.990 Exercise induced bronchospasm
 - ▶ J45.991 Cough variant asthma
 - ▶ J45.998 Other asthma

Additional restrictions:

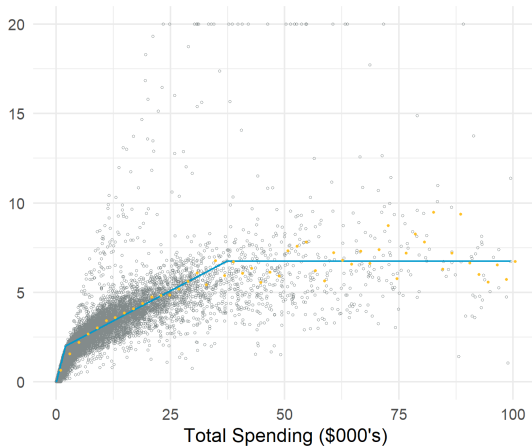
- Require 1+ year of data **without** diagnosis
- Require 1+ year of **follow-up** data

Summarizing Major Medical Events

	Full Sample	Households with chronic conditions
Total spending	\$2,504.41 [\$679.75]	\$3,378.17 [\$957.52]
OOP spending	\$443.07 [\$109.66]	\$531.93 [\$151.18]
Incidence of chronic illness (per 1,000 individuals)		
Asthma	2.93	96.08
Breast/prostate cancer	0.35	11.58
Diabetes w/ complications	0.39	12.72
Diabetes w/o complications	1.18	38.57
Fibrosis of lung	0.46	15.10
MDD/bipolar	1.62	52.76
Multiple sclerosis	1.10	36.17
Rheumatoid arthritis	0.17	5.70
Seizures	0.30	9.82
$N_{\text{individuals}}$	1,087,353	165,694

Inferring Plan Characteristics

- 1 Individual and household **deductibles** (Zhang et al., 2018)
- 2 Household **coinsurance rates** and **out-of-pocket maxima** (Marone & Sabety, 2021)



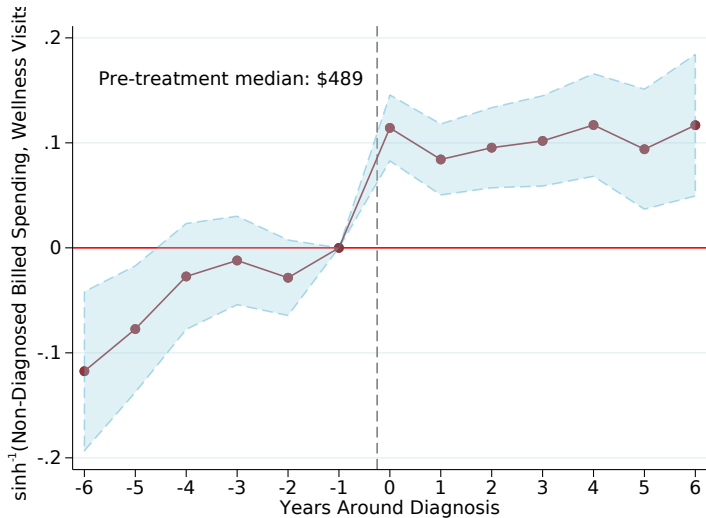
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I check my results against various **estimation approaches**:

- 1 **Recentered Time Series**: Results are visible in the raw data
- 2 **Standard DD**: Coefficients validate dynamic treatment effects
 - ▶ Results do not depend on measurement of dependent variable
- 3 **Robust TWFE Estimation**:
 - ▶ Use large control group to separately identify dynamic treatment effects and time trends (Sun & Abraham, 2020)
 - ▶ Verify lack of negative weighting in my approach (Goodman-Bacon et al., 2019)
 - ▶ Verify with robust estimators by Chaisemartin & D'Haultfoeuille, 2019 and Sant'Anna & Zhao, 2020

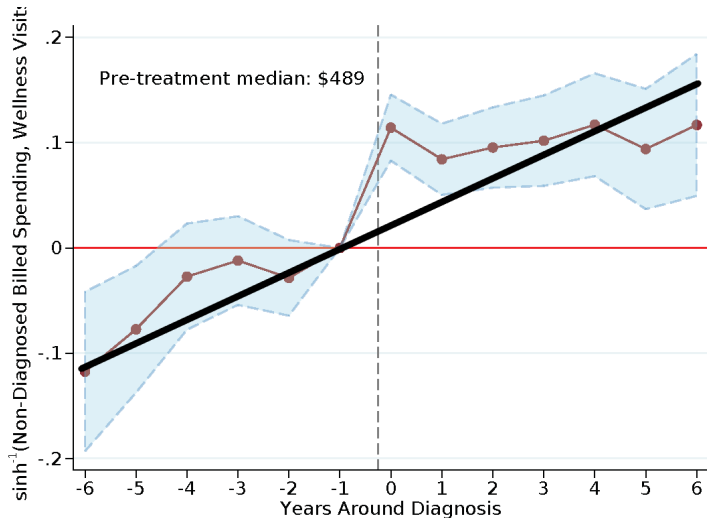
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Observed Responses to Utilization of Preventive Care



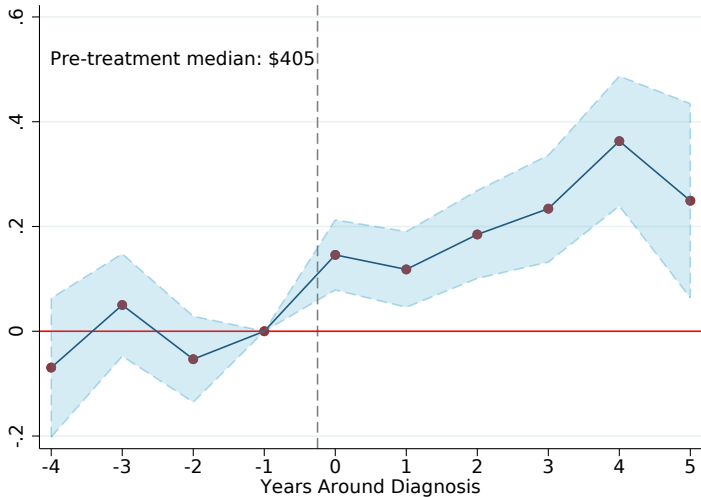
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Time Trends in Utilization of Preventive Care

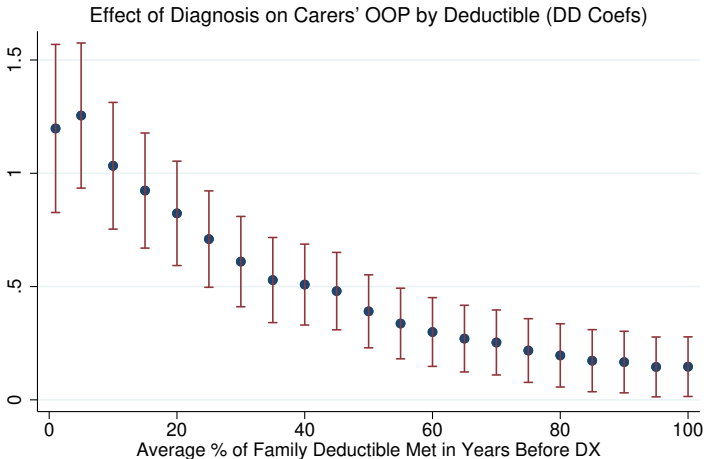


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Takeup of Preventive Care Increases for those in o-Ded Plans



Spending Responses are Largest for Low-Spending Families



Note: Effect of chronic diagnoses for those spending q% of deductible or less prior to event. Coefficient is for the inverse hyperbolic sine of OOP spending.

Extensive Margin Effects

	Year 0	Years 1–5 (average)
Any Billed Spending	1.54*** (0.08)	0.60*** (0.13)
Any OOP Spending	2.62*** (0.11)	1.41*** (0.18)
Any Outpatient Visits	2.20*** (0.09)	0.65*** (0.15)
Any Preventive Care	3.23*** (0.15)	0.90*** (0.22)
Any Prescription Fills	4.74*** (0.41)	2.45*** (0.53)

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Heterogeneity in Disease-Specific Responses

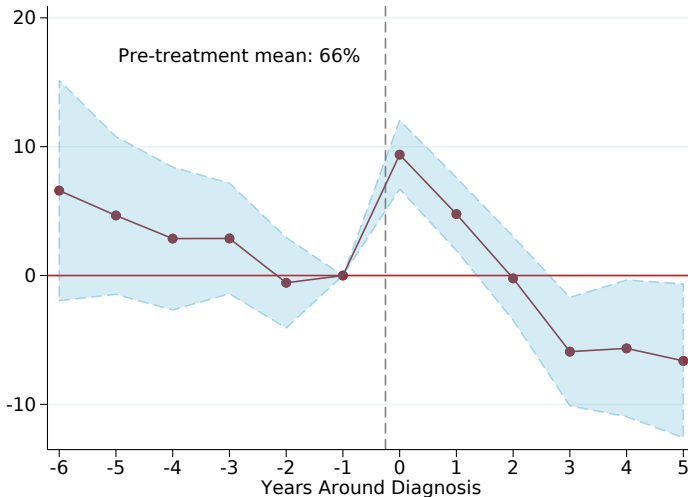
Screening <i>Diagnosis</i>	Hypertension <i>Any Chronic</i>	Diabetes <i>Diabetes</i>	Cholesterol <i>Diabetes</i>	High BMI <i>Diabetes</i>	Cancer <i>Cancer</i>	Depression <i>MDD/Bipolar</i>
Post _t × Diagnosis _f	0.39*** (0.03)	-0.85*** (0.21)	-2.20*** (0.29)	-0.38** (0.12)	2.55*** (0.43)	0.30** (0.10)
Post _t × Diagnosis _f × Parent _j	-0.34** (0.11)	3.49* (1.71)	3.73 (2.26)	1.73* (0.70)	-1.90 (2.49)	-0.93*** (0.13)
Post _t × Diagnosis _f × Spouse _j	-0.74*** (0.13)	2.54*** (0.45)	5.15*** (0.60)	1.03*** (0.20)	-3.33*** (0.81)	-0.62*** (0.11)
Post _t × Diagnosis _f × Sibling _j	0.09 (0.04)	0.76 (1.09)	2.89 (1.86)	0.16 (0.69)	1.56 (1.55)	0.68* (0.32)
Observations	4,039,602	3,680,725	3,680,725	3,680,725	3,671,064	3,724,608
Adjusted R ²	0.024	0.217	0.388	-0.025	0.473	0.117

Standard errors in parentheses

* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

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Corresponding ↑ Likelihood in *Any* Prescription Refills

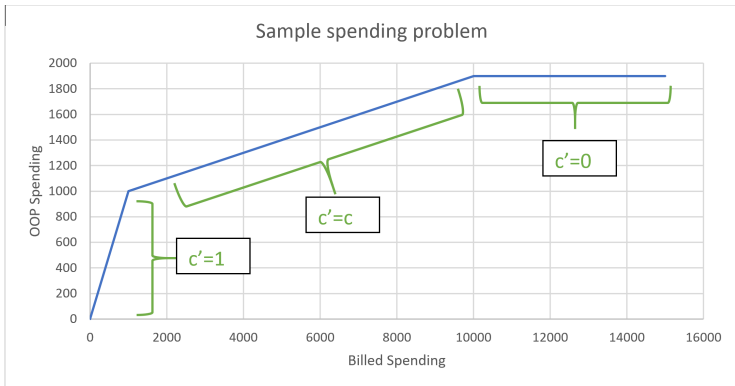


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Optimal medical spending:

$$m_{ift}^* = \frac{1}{1 + p_{ift}(\alpha_1 - 1)} \left(\lambda_{ift} + \omega(1 + p_{ift}(\alpha_1 - 1) - c'_j(m_{ift})) - p_{ift}\alpha_2 m_{ft}^{CH} \right).$$

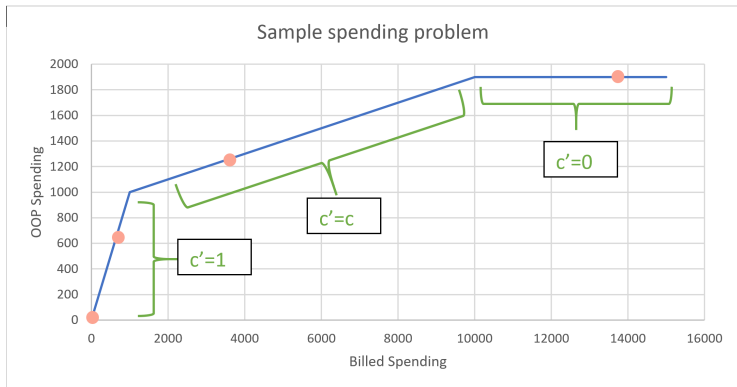
- Note that $c'_j(m_{ift})$ depends on overall spending



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- Note that $c'_j(m_{ift})$ depends on overall spending



The model has the following parameters of interest (θ) to be estimated:

- 1 **Type shifters:** coefficients shifting starting means in $\{p_{ift}, \mu_{\lambda,i}, \psi_{f,t}\}$

$$\begin{bmatrix} p_{i,o} \\ \mu_{\lambda,i} \\ \log(\psi_{f,o}) \end{bmatrix} \sim \mathcal{N} \left(\begin{bmatrix} \beta_p \mathbf{x}_k^p \\ \beta_\lambda \mathbf{x}_k^\lambda \\ \beta_\psi \mathbf{x}_k^\psi \end{bmatrix}, \begin{bmatrix} \sigma_p^2 & & \\ \sigma_{p,\lambda} & \sigma_\mu^2 & \\ \sigma_{p,\psi} & \sigma_{\lambda,\psi} & \sigma_\psi^2 \end{bmatrix} \right).$$

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- 3 **Preference parameters:** $\alpha_{1f}, \alpha_{2f}, \omega, \eta$, and σ_ε^2
- 4 Other **shape parameters** suppressed from notation

I estimate the model via **simulated maximum likelihood** (Train, 2009)

I estimate via the following steps:

- 1 Numerically integrate over dimensions of unobserved heterogeneity ($\{p_{i0}, \mu_{\lambda,i}, \psi_{f,\text{pre}}\}$)

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- 1 Numerically integrate over dimensions of unobserved heterogeneity ($\{p_{io}, \mu_{\lambda,i}, \psi_{f,\text{pre}}\}$)
- 2 Simulate individual-level parameters across these support points
- 3 Calculate implied λ_{ift} in each period given data/parameters

4 Construct conditional pdf of spending:

$$f_m(m_{ift}|v_{its}, \theta, \mathbf{X}) = \begin{cases} \Phi\left(\frac{-\kappa_i - \mu_{\lambda,i}}{\sigma_{\lambda,i}}\right) & m_{ift} = 0 \\ \Phi'\left(\frac{\lambda_{ift} - \kappa_i - \mu_{\lambda,i}}{\sigma_{\lambda,i}}\right) & m_{ift} > 0. \end{cases}$$

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5 Construct choice probabilities:

$$L_{fjts} = \frac{\exp(U_{fjts}/\sigma_\epsilon)}{\sum_{i \in \mathcal{J}_{ft}} \exp(U_{fjts}/\sigma_\epsilon)}$$

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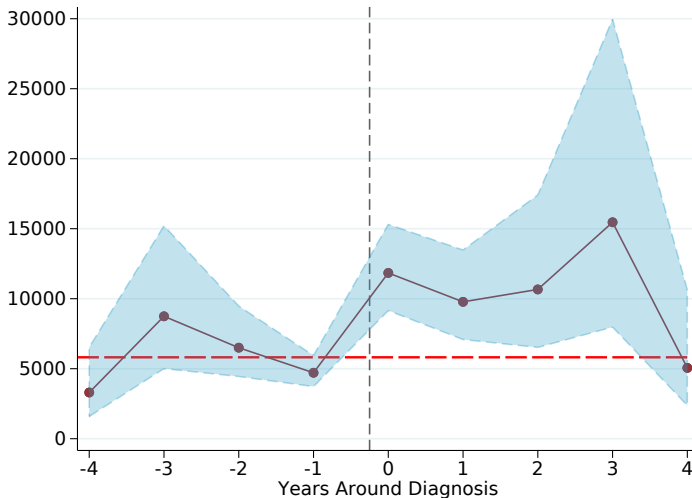
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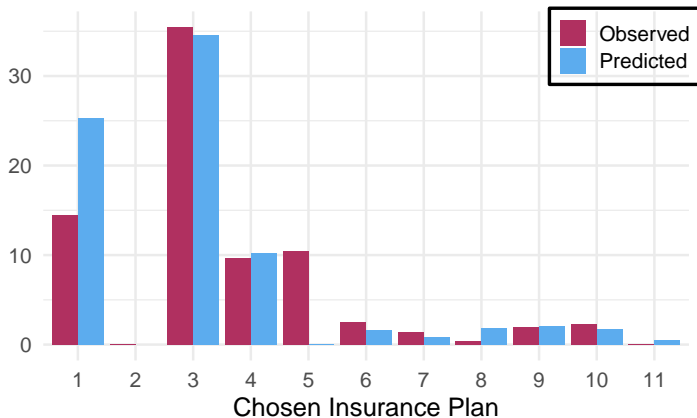
6 Construct likelihood function and optimize:

$$LL_f = \sum_{s=1}^S w_s \left(\prod_{t=1}^T \sum_{j=1}^J d_{fjt} f_m(m_{ft}) \cdot L_{fjts} \right)$$

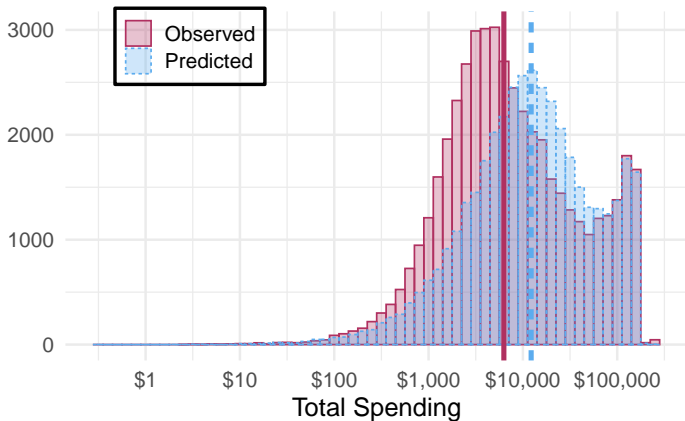
Model **captures** impacts of major health events on **predicted spending**



Model fit in the **plan choice** stage (match rate: **82.2%**)



Model fit in the **health spending** stage



		Preferred Specification	
		Estimate	Std. Err.
Panel B: Heterogeneity in Types			
σ_{ε}^2	Idiosyncratic Shock	3.56	(0.085)
σ_p^2	Initial Beliefs	14.51	(0.001)
σ_{ψ}^2	Initial Risk Aversion	2.57	(0.005)
σ_{λ}^2	Acute Shocks	2.03	(0.001)
$\rho_{p,\psi}$		-0.54	(0.002)
$\rho_{p,\lambda}$		0.38	(0.002)
$\rho_{\psi,\lambda}$		0.09	(0.002)

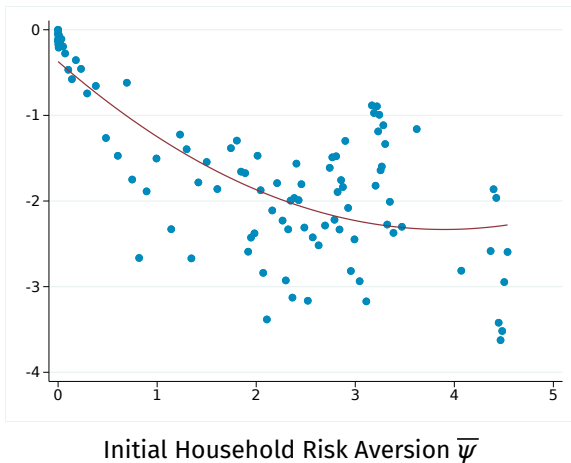
Additional Parameters: Mean Shifters

	p_o	λ	κ	ψ_o
Intercept	0.089	0.190	-0.105	0.112
Age	0.084	-0.088	-0.097	
Age ²	0.115	-0.006	-0.087	
Female	0.102	0.219	-0.117	
Individual risk score	0.100			
Any PE condition in family	0.107			
Type		0.152		
Family size				0.107
Average family age				0.052
Average family risk score				0.140

[Back to Structural Results](#)

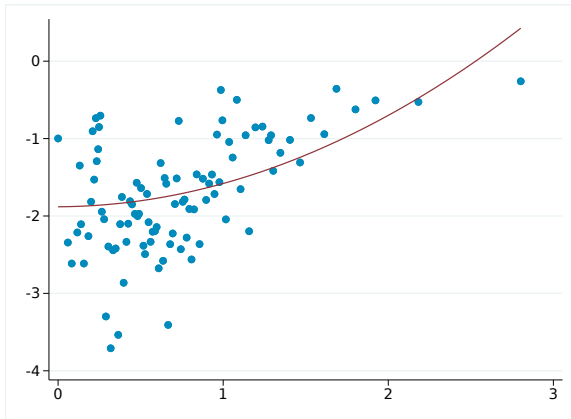
Less averse households experience lower welfare penalties

- Higher risk aversion $\Rightarrow \uparrow$ "translation" of events into spending



Households with \uparrow expected risk experience lower welfare penalties

- Higher risk \Rightarrow smaller change in spending outcomes



Average Household Risk Scores