

2013 U.S. Health Checkup

All findings are based on the percentage of total appointments booked via ZocDoc in 2013.

GEOGRAPHIC TRENDS

Markets with the most Acute (non-preventive) appointments booked:

- 1. Portland
- 2. Fort Myers
- 3. Phoenix
- 4. Long Island
- 5. Orange County
- **6.** Los Angeles
- **7.** Seattle
- 8. Northern New Jersey
- 9. San Diego
- 10. Philadelphia

Markets with the most Allergy appointments booked:

- 1. Portland
- 2. Philadelphia
- 3. Austin
- **4.** Los Angeles
- 5. Long Island
- **6.** New York City
- 7. Chicago
- 8. Phoenix
- 9. Washington, D.C.
- **10.** Northern New Jersey

Markets with the most Cosmetic appointments booked:

- 1. Detroit
- 2. San Francisco
- 3. Las Vegas
- 4. Baltimore
- 5. San Diego



- **6.** Northern New Jersey
- 7. Orlando
- 8. Orange County
- 9. St. Louis

Markets with the most Dental appointments booked:

- 1. San Francisco
- **2.** Seattle
- 3. Philadelphia
- 4. San Diego
- 5. St. Louis
- **6.** Boston
- **7.** Northern New Jersey
- 8. Atlanta
- 9. Chicago
- 10. Detroit

Markets with the most Dermatology appointments booked:

- 1. Portland
- 2. Fort Myers
- 3. Detroit
- **4.** Seattle
- **5.** San Francisco
- 6. Tampa
- **7.** New York City
- 8. Miami
- 9. Orlando
- 10. Baltimore

Markets with the most Dietician/Nutritionist appointments booked:

- 1. Northern New Jersey
- 2. Boston
- 3. Long Island
- 4. New York City
- 5. Philadelphia
- **6.** Miami
- **7.** Washington, D.C.
- 8. Portland



- 9. Seattle
- 10. Austin

Markets with the most Eye Doctor appointments booked:

- **1.** Boston
- 2. Seattle
- 3. San Antonio
- 4. Portland
- **5.** Dallas
- 6. St. Louis
- 7. San Diego
- 8. Atlanta
- 9. Northern New Jersey
- 10.Las Vegas

Markets with the biggest January appointment spike:

- 1. Orange County
- 2. Seattle
- 3. San Diego
- **4.** Miami
- 5. Austin
- 6. Philadelphia
- **7.** San Francisco
- 8. Dallas
- 9. Phoenix
- 10. Atlanta

Markets with the most appointments booked via mobile device:

- 1. Detroit
- 2. Las Vegas
- 3. Long Island
- 4. Baltimore
- **5.** Miami
- 6. San Antonio
- 7. Orlando
- 8. St. Louis
- 9. Philadelphia
- **10.** Orange County



Markets that attended the most night and weekend appointments:

- 1. Long Island
- 2. Chicago
- 3. Northern New Jersey
- **4.** New York City
- 5. Orange County
- **6.** San Antonio
- **7.** San Francisco
- 8. Boston
- **9.** Washington, D.C.
- 10. Seattle

Markets with the most OB/GYN appointments booked:

- **1.** Denver
- 2. Miami
- 3. St. Louis
- 4. Orlando
- 5. Detroit
- 6. Austin
- **7.** Houston
- 8. Tampa
- **9.** San Antonio
- 10. Las Vegas

Markets with the most preventive appointments booked:

- **1.** Austin
- 2. Denver
- 3. Orlando
- 4. St. Louis
- **5.** Washington, D.C.
- **6.** Detroit
- 7. Tampa
- 8. Boston
- 9. Atlanta
- 10. Miami

Markets with the most same-day appointments available:



- **1.** NYC
- 2. Long Island
- **3.** DC
- 4. Chicago
- 5. Los Angeles
- **6.** San Francisco
- **7.** Northern New Jersey
- 8. Orange County
- 9. Dallas
- 10. Atlanta

Markets with the most same-day appointments booked:

- 1. Orange County
- 2. Long Island
- 3. Los Angeles
- 4. San Francisco
- 5. Northern New Jersey
- **6.** Phoenix
- **7.** New York City
- 8. Fort Myers
- 9. Houston
- 10. Dallas

Markets with the longest in-office wait times:

- 1. Fort Myers
- 2. Las Vegas
- 3. Tampa
- 4. Miami
- 5. Orlando
- **6.** Detroit
- 7. San Antonio
- 8. Long Island
- 9. Houston
- **10.** Northern New Jersey

Markets with the shortest in-office wait times:

- **1.** Seattle
- 2. Boston



- 3. San Diego
- **4.** San Francisco
- 5. Portland
- **6.** Chicago
- 7. Austin
- 8. Denver
- 9. Orange County
- 10. Phoenix

PHYSICIAN REVIEW TRENDS

National average ZocDoc physician rating: 4.45 out of 5

Markets with the highest average overall physician rating:

- 1. Northern New Jersey (4.86)
- 2. Seattle (4.58)
- **3.** Boston (4.56)
- **4.** Chicago (4.54)
- **5.** Austin (4.51)
- **6.** San Diego (4.499)
- **7.** San Francisco (4.497)
- **8.** Portland (4.495)
- **9.** Denver (4.483)
- **10.** St. Louis (4.47)

Markets that left the most reviews:

- 1. Portland
- 2. Denver
- **3.** Seattle
- 4. Fort Myers
- 5. St. Louis
- **6.** San Antonio
- **7.** Phoenix
- 8. Las Vegas
- 9. Boston
- **10.** Orange County

Markets that left the most reviews with commentary:



- **1.** San Antonio
- 2. Houston
- 3. Miami
- 4. Dallas
- 5. Las Vegas
- **6.** Los Angeles
- 7. San Diego
- 8. Orange County
- 9. Atlanta
- 10. Northern New Jersey

MALE VS. FEMALE TRENDS

Physician Reviews:

Males

- Leave more ratings
- Are more forgiving on wait time.

Females

- Leave more comments
- Leave less extreme ratings.

Appointments:

Males

- Most popular appointment time was Friday at 10 a.m.
- Attended more night and weekend appointments.

Females

- Most popular appointment time was Monday at 2 p.m.
- Book more appointments overall.

Location:

Markets with the most preventive appointments booked by men:

- **1.** San Francisco
- 2. Portland
- 3. Seattle
- 4. Boston
- **5.** Chicago



- **6.** Phoenix
- 7. Philadelphia
- 8. Orange County
- 9. Fort Myers
- 10. San Diego

Markets with the most preventive appointments booked by women:

- 1. Miami
- 2. Denver
- 3. Tampa
- 4. Detroit
- **5.** San Antonio
- **6.** Long Island
- 7. Austin
- 8. Las Vegas
- 9. St. Louis
- 10. Orlando

APPOINTMENT TRENDS

Most popular month for appointments: January

Most popular time to book appointments online: 11:30 a.m. – 12:00 p.m.

Most popular appointment times:

- **1.** 10:00 a.m.
- 2. 2:00 p.m.
- **3.** 9:00 a.m.
- **4.** 11:00 a.m.
- **5.** 1:00 p.m.

Most popular appointment days:

- **6.** Tuesday
- **7.** Monday
- 8. Wednesday
- 9. Thursday
- **10.**Friday

Day with the most last-minute openings: Tuesday



Day with the most same-day appointments: Monday

Specialties with the most same-day appointments booked:

- 1. Primary Care Doctor/Internist/Family Physician
- 2. Dermatologist
- **3.** Dentist
- 4. OB/GYN
- **5.** Eye Doctor
- **6.** Ear, Nose & Throat Doctor
- **7.** Podiatrist
- **8.** Orthopedic Surgeon
- **9.** Pediatrician
- **10.**Chiropractor

Specialties with the most night and weekend appointments:

- **1.** Emergency Medicine Physician
- 2. Pediatric Dentist
- 3. Optometrist
- 4. Orthodontist
- **5.** Acupuncturist
- **6.** Dentist
- **7.** Dietician
- 8. Travel Medicine Specialist
- **9.** Psychiatrist
- **10.**Pediatrician