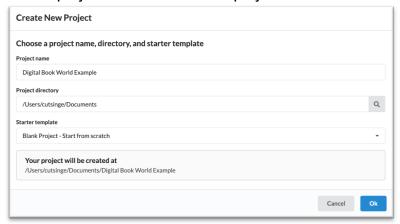
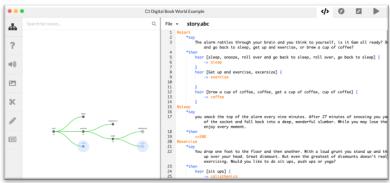
- 1) Install Skill Flow Builder from <a href="https://amzn.to/sfb">https://amzn.to/sfb</a>
- 2) Start a new project and choose "blank project" from the starter template dropdown.



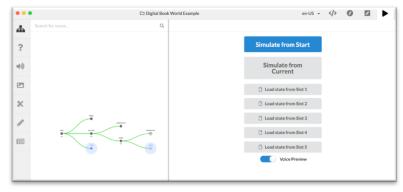
3) Type your story into the source tab (it's the </> icon in the upper right) using the script on the next page as your base. It'll look like this.



```
@start
    *say
      The alarm rattles through your brain and you think to yourself,
      is it 6am all ready? Do you roll over and go back to sleep, get
      up and exercise, or brew a cup of coffee?
    *then
      hear sleep, snooze, roll over and go back to sleep, roll over, go
      back to sleep {
            -> sleep
        }
      hear Get up and exercise, exercise {
            -> exercise
      hear brew a cup of coffee, coffee, get a cup of coffee, cup of
      coffee {
            -> coffee
@sleep
      you smack the top of the alarm every nine minutes. After 27
      minutes of snoozing you yank the plug out of the socket and fall
      back into a deep, wonderful slumber. While you may lose the game,
      you enjoy every moment.
    *then
        >>END
@exercise
    *say
      You drop one foot to the floor and then another. With a loud
      grunt you stand up and throw your arms up over your head. Great
      dismount. But even the greatest of dismounts doesn't really count
      as exercising. Would you like to do sit ups, push ups or yoga?
    *then
        hear sit ups {
            -> calisthenics
            }
        hear push ups {
            -> calisthenics
            }
        hear yoga {
            -> yoga
            }
```

```
@calisthenics
    *sav
      1, 2, this is ok, 3, between reps, 4, you find that you're
      taking, 5. miniature naps. 6. and you fall back to sleep there on
      the floor. You didn't win and you're doomed to dream of
      exercising for the next 3 hours.
    *then
        >>END
@yoga
    *sav
      You deftly shift into warrior pose and feel the burn. Then you
      transition into downward dog and are feeling pretty good. Do you
      do some jumping jacks or call that good and get some coffee?
    *then
      hear jumping jacks, keep working out, work out more {
            -> calisthenics
      hear coffee, get some coffee, call that good, call that good and
      get some coffee {
            -> coffee
        }
@coffee
    *sav
      You finish the brew a lift a nice hot cup to your mouth. The
      smell is intoxicating and with one sip, a surge of energy courses
      through your veins. You feel alive and ready for the world.
      Congratulations. You have won. Come back and play again soon.
    *then
        >>END
```

4) When you're ready to test, click the simulate tab (the ▶ button) and then the "Simulate from Start" button.



5) OPTIONAL BONUS: Add a flag. This is how you can add conditions like "you get kudos if you do yoga". Make the following changes as highlighted in yellow.

```
@yoga
    *say
      You deftly shift into warrior pose and feel the burn. Then you
      transition into downward dog and are feeling pretty good. Do you
      do some jumping jacks or call that good and get some coffee?
    *then
      flag didYoga
      hear jumping jacks, keep working out, work out more {
            -> calisthenics
      hear coffee, get some coffee, call that good, call that good and
      get some coffee {
            -> coffee
@coffee
   *say
      You finish the brew a lift a nice hot cup to your mouth. The
      smell is intoxicating and with one sip, a surge of energy courses
      through your veins. You feel alive and ready for the world.
      Congratulations. You have won. Come back and play again soon.
    *then
        if didYoga {
            -> extra kudos
        >>END
@extra kudos
        oh. and hey. good work on doing some Yoga today!
    *then
        >>END
```

6) More resources

Learn about more Skill Flow Builder commands in the documentation at https://amzn.to/sfb

You can learn about how to make other kinds of skills at <a href="https://alexa.design">https://alexa.design</a> and watch us make skills live on <a href="https://twitch.tv/amazonalexa">https://twitch.tv/amazonalexa</a>

I'm @PaulCutsinger on Twitter and linkedIn. I'd love to hear about what you make!