# Temporal Trends in Heart Disease and Diabetes Mortality in Alberta: A comparison between Poisson and Negative Binomial techniques\*

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In this study, we analyzed mortality data from Alberta, Canada, focusing on the effects of heart disease and diabetes from 2016 to 2021, amidst increasing fast food consumption. Our findings, using Poisson and negative binomial regression models, indicate that while heart disease is positively associated with mortality rates, diabetes, and other cardiovascular conditions are linked to lower mortality rates relative to the baseline, suggesting effective management of these conditions over time. This research illustrates the complex relationship between diseases and health outcomes, highlighting balance between medical advancement and deteriorating dietary habits. By shedding light on these temporal trends, our study contributes to a broader understanding of how diet influences the prevalence and mortality rates of heart disease and diabetes, reinforcing the importance of dietary education and regulation in public health initiatives.

Extract of the questions from Gebru et al. (2021).

# Motivation

- 1. For what purpose was the dataset created? Was there a specific task in mind? Was there a specific gap that needed to be filled? Please provide a description.
  - The dataset was created to allow access to provincial data on the health of the
    citizens. It includes detailed information on the leading causes of death in Alberta
    to potentially provide the public with awareness of what is causing the most bodily
    harm at that time.

 $<sup>{\</sup>rm *https://github.com/alexandersunliang/Temporal-Trends-in-Heart-Disease-and-Diabetes-Mortality-in-Alberta.git}$ 

- 2. Who created the dataset (for example, which team, research group) and on behalf of which entity (for example, company, institution, organization)?
  - The Alberta Provincial Government procured the data set from around the province for their Open Data project.
- 3. Who funded the creation of the dataset? If there is an associated grant, please provide the name of the grantor and the grant name and number.
  - The dataset was funded and created by the provincial government

## Composition

- 1. What do the instances that comprise the dataset represent (for example, documents, photos, people, countries)? Are there multiple types of instances (for example, movies, users, and ratings; people and interactions between them; nodes and edges)? Please provide a description.
  - Each instance in the dataset is different cause of death. For example, cancer, heart disease, dementia, etc.
- 2. How many instances are there in total (of each type, if appropriate)?
  - As the dataset gets updated with the 30 leading causes of death, there are 30 unique instances.
- 3. Does the dataset contain all possible instances or is it a sample (not necessarily random) of instances from a larger set? If the dataset is a sample, then what is the larger set? Is the sample representative of the larger set (for example, geographic coverage)? If so, please describe how this representativeness was validated/verified. If it is not representative of the larger set, please describe why not (for example, to cover a more diverse range of instances, because instances were withheld or unavailable).
  - Since the dataset is composed of the top 30 leading causes of death, there is no larger sample of instances to be taken. However, the top 30 causes do vary from year to year so the same instances do not necessarily appear every time. The dataset may be limited to top 30 as perhaps after that cutoff point the total amount of deaths due to that cause start dwindling at a rapid pace and therefore relevance to the general public drops off as well.
- 4. What data does each instance consist of? "Raw" data (for example, unprocessed text or images) or features? In either case, please provide a description.
  - Each instance consists of the number of humans deaths attributed to that cause for that year.
- 5. Is there a label or target associated with each instance? If so, please provide a description.

- Each unique cause of death has a ranking assigned that illustrates their place among the top 30.
- 6. Is any information missing from individual instances? If so, please provide a description, explaining why this information is missing (for example, because it was unavailable). This does not include intentionally removed information, but might include, for example, redacted text.
  - N/A
- 7. Are relationships between individual instances made explicit (for example, users' movie ratings, social network links)? If so, please describe how these relationships are made explicit.
  - N/A
- 8. Are there recommended data splits (for example, training, development/validation, testing)? If so, please provide a description of these splits, explaining the rationale behind them.
  - N/A
- 9. Are there any errors, sources of noise, or redundancies in the dataset? If so, please provide a description.
  - Especially among the elderly, there may be significant overlap between several diseases that can influence the data. For example, if the final cause of death is attributed to heart disease, but the patient only succumbed to heart disease because their immune system got weakened by another sickness, this may influence the data.
- 10. Is the dataset self-contained, or does it link to or otherwise rely on external resources (for example, websites, tweets, other datasets)? If it links to or relies on external resources, a) are there guarantees that they will exist, and remain constant, over time; b) are there official archival versions of the complete dataset (that is, including the external resources as they existed at the time the dataset was created); c) are there any restrictions (for example, licenses, fees) associated with any of the external resources that might apply to a dataset consumer? Please provide descriptions of all external resources and any restrictions associated with them, as well as links or other access points, as appropriate.
  - The dataset is self-contained
- 11. Does the dataset contain data that might be considered confidential (for example, data that is protected by legal privilege or by doctor-patient confidentiality, data that includes the content of individuals' non-public communications)? If so, please provide a description.
  - No
- 12. Does the dataset contain data that, if viewed directly, might be offensive, insulting, threatening, or might otherwise cause anxiety? If so, please describe why.

- Since the dataset mentions mortality and causes of death, it may be offensive to some audiences.
- 13. Does the dataset identify any sub-populations (for example, by age, gender)? If so, please describe how these subpopulations are identified and provide a description of their respective distributions within the dataset.
  - No
- 14. Is it possible to identify individuals (that is, one or more natural persons), either directly or indirectly (that is, in combination with other data) from the dataset? If so, please describe how.
  - No
- 15. Does the dataset contain data that might be considered sensitive in any way (for example, data that reveals race or ethnic origins, sexual orientations, religious beliefs, political opinions or union memberships, or locations; financial or health data; biometric or genetic data; forms of government identification, such as social security numbers; criminal history)? If so, please provide a description.
  - No
- 16. Any other comments?
  - No

### Collection process

- 1. How was the data associated with each instance acquired? Was the data directly observable (for example, raw text, movie ratings), reported by subjects (for example, survey responses), or indirectly inferred/derived from other data (for example, part-of-speech tags, model-based guesses for age or language)? If the data was reported by subjects or indirectly inferred/derived from other data, was the data validated/verified? If so, please describe how.
  - The data was collected by the government in the form of death certificates
- 2. What mechanisms or procedures were used to collect the data (for example, hardware apparatuses or sensors, manual human curation, software programs, software APIs)? How were these mechanisms or procedures validated?
  - Unknown
- 3. If the dataset is a sample from a larger set, what was the sampling strategy (for example, deterministic, probabilistic with specific sampling probabilities)?
  - No larger set as all values from Alberta were taken

- 4. Who was involved in the data collection process (for example, students, crowdworkers, contractors) and how were they compensated (for example, how much were crowdworkers paid)?
  - The government
- 5. Over what timeframe was the data collected? Does this timeframe match the creation timeframe of the data associated with the instances (for example, recent crawl of old news articles)? If not, please describe the timeframe in which the data associated with the instances was created.
  - From 2001 to the present
- 6. Were any ethical review processes conducted (for example, by an institutional review board)? If so, please provide a description of these review processes, including the outcomes, as well as a link or other access point to any supporting documentation.
  - N/A
- 7. Did you collect the data from the individuals in question directly, or obtain it via third parties or other sources (for example, websites)?
  - Individuals are dead so probably third party
- 8. Were the individuals in question notified about the data collection? If so, please describe (or show with screenshots or other information) how notice was provided, and provide a link or other access point to, or otherwise reproduce, the exact language of the notification itself.
  - No
- 9. Did the individuals in question consent to the collection and use of their data? If so, please describe (or show with screenshots or other information) how consent was requested and provided, and provide a link or other access point to, or otherwise reproduce, the exact language to which the individuals consented.
  - No
- 10. If consent was obtained, were the consenting individuals provided with a mechanism to revoke their consent in the future or for certain uses? If so, please provide a description, as well as a link or other access point to the mechanism (if appropriate).
  - No
- 11. Has an analysis of the potential impact of the dataset and its use on data subjects (for example, a data protection impact analysis) been conducted? If so, please provide a description of this analysis, including the outcomes, as well as a link or other access point to any supporting documentation.
  - No

- 12. Any other comments?
  - No

## Preprocessing/cleaning/labeling

- 1. Was any preprocessing/cleaning/labeling of the data done (for example, discretization or bucketing, tokenization, part-of-speech tagging, SIFT feature extraction, removal of instances, processing of missing values)? If so, please provide a description. If not, you may skip the remaining questions in this section.
  - Yes, values before 2016 and causes of death that were not heart diseases/diabetes were removed
- 2. Was the "raw" data saved in addition to the preprocessed/cleaned/labeled data (for example, to support unanticipated future uses)? If so, please provide a link or other access point to the "raw" data.
  - Yes, data/raw\_data/raw\_data.csv
- 3. Is the software that was used to preprocess/clean/label the data available? If so, please provide a link or other access point.
  - RStudio
- 4. Any other comments?
  - No

### Uses

- 1. Has the dataset been used for any tasks already? If so, please provide a description.
  - Yes, the dataset was used to generate summary tables and to generate a negative binomial model and a poisson model.
- 2. Is there a repository that links to any or all papers or systems that use the dataset? If so, please provide a link or other access point.
  - https://github.com/alexandersunliang/Temporal-Trends-in-Heart-Disease-and-Diabetes-Mortality-in-Alberta/tree/master
- 3. What (other) tasks could the dataset be used for?
  - Similar regressions evaluating the impact of several diseases
- 4. Is there anything about the composition of the dataset or the way it was collected and preprocessed/cleaned/labeled that might impact future uses? For example, is there anything that a dataset consumer might need to know to avoid uses that could result in unfair treatment of individuals or groups (for example, stereotyping, quality of service issues)

or other risks or harms (for example, legal risks, financial harms)? If so, please provide a description. Is there anything a dataset consumer could do to mitigate these risks or harms?

- N/A
- 5. Are there tasks for which the dataset should not be used? If so, please provide a description.
  - N/A
- 6. Any other comments?
  - N/A

### Distribution

- 1. Will the dataset be distributed to third parties outside of the entity (for example, company, institution, organization) on behalf of which the dataset was created? If so, please provide a description.
  - N/A
- 2. How will the dataset be distributed (for example, tarball on website, API, GitHub)? Does the dataset have a digital object identifier (DOI)?
  - N/A
- 3. When will the dataset be distributed?
  - N/A
- 4. Will the dataset be distributed under a copyright or other intellectual property (IP) license, and/or under applicable terms of use (ToU)? If so, please describe this license and/or ToU, and provide a link or other access point to, or otherwise reproduce, any relevant licensing terms or ToU, as well as any fees associated with these restrictions.
  - N/A
- 5. Have any third parties imposed IP-based or other restrictions on the data associated with the instances? If so, please describe these restrictions, and provide a link or other access point to, or otherwise reproduce, any relevant licensing terms, as well as any fees associated with these restrictions.
  - N/A
- 6. Do any export controls or other regulatory restrictions apply to the dataset or to individual instances? If so, please describe these restrictions, and provide a link or other access point to, or otherwise reproduce, any supporting documentation.
  - N/A

- 7. Any other comments?
  - N/A

### Maintenance

- 1. Who will be supporting/hosting/maintaining the dataset?
  - The government
- 2. How can the owner/curator/manager of the dataset be contacted (for example, email address)?
  - & subject = Government%20of%20Alberta&body = https%3A%2F%2Fopen.alberta.ca%2Fopendata%2causes-of-death
- 3. Is there an erratum? If so, please provide a link or other access point.
  - n/a
- 4. Will the dataset be updated (for example, to correct labeling errors, add new instances, delete instances)? If so, please describe how often, by whom, and how updates will be communicated to dataset consumers (for example, mailing list, GitHub)?
  - Yes, by the government, yearly
- 5. If the dataset relates to people, are there applicable limits on the retention of the data associated with the instances (for example, were the individuals in question told that their data would be retained for a fixed period of time and then deleted)? If so, please describe these limits and explain how they will be enforced.
  - No limits on retention of data
- 6. Will older versions of the dataset continue to be supported/hosted/maintained? If so, please describe how. If not, please describe how its obsolescence will be communicated to dataset consumers.
  - · Yes, the dataset is a compilation of every year
- 7. If others want to extend/augment/build on/contribute to the dataset, is there a mechanism for them to do so? If so, please provide a description. Will these contributions be validated/verified? If so, please describe how. If not, why not? Is there a process for communicating/distributing these contributions to dataset consumers? If so, please provide a description.
  - No
- 8. Any other comments?
  - No

# References

Gebru, Timnit, Jamie Morgenstern, Briana Vecchione, Jennifer Wortman Vaughan, Hanna Wallach, Hal Daumé Iii, and Kate Crawford. 2021. "Datasheets for Datasets." *Communications of the ACM* 64 (12): 86–92.