3D09_spherical_inclusion_v0p8_A.Flowers_Comments

July 7, 2025

1 Uniaxial tension of a 3D cube with a spherical inclusion

1.0.1 Units

Length: mmMass: kg

• Time: s

• Force: milliNewtons

• Stress: kPa

1.0.2 Software:

• Dolfinx v0.8.0

In the collection "Example Codes for Coupled Theories in Solid Mechanics,"

By Eric M. Stewart, Shawn A. Chester, and Lallit Anand.

https://solidmechanicscoupledtheories.github.io/

2 Import modules

```
[1]: # Import FEnicSx/dolfinx
import dolfinx

# For numerical arrays
import numpy as np

# For MPI-based parallelization
from mpi4py import MPI
comm = MPI.COMM_WORLD
rank = comm.Get_rank()

# PETSc solvers
from petsc4py import PETSc

# specific functions from dolfinx modules
from dolfinx import fem, mesh, io, plot, log
```

```
from dolfinx.fem import (Constant, dirichletbc, Function, functionspace,
 ⇔Expression )
from dolfinx.fem.petsc import NonlinearProblem
from dolfinx.nls.petsc import NewtonSolver
from dolfinx.io import VTXWriter, XDMFFile
# specific functions from ufl modules
import ufl
from ufl import (TestFunctions, TrialFunction, Identity, grad, det, div, dev, u
→inv, tr, sqrt, conditional ,\
                gt, dx, inner, derivative, dot, ln, split)
# basix finite elements (necessary for dolfinx v0.8.0)
import basix
from basix.ufl import element, mixed_element, quadrature_element
# Matplotlib for plotting
import matplotlib.pyplot as plt
plt.close('all')
# For timing the code
from datetime import datetime
# Set level of detail for log messages (integer)
# Guide:
# CRITICAL = 50, // errors that may lead to data corruption
# ERROR = 40, // things that HAVE gone wrong
# WARNING = 30, // things that MAY go wrong later
# INFO = 20, // information of general interest (includes solver info)
# PROGRESS = 16, // what's happening (broadly)
# TRACE = 13, // what's happening (in detail)
# DBG
          = 10 // sundry
log.set_log_level(log.LogLevel.WARNING)
```

3 Define geometry

```
[2]: # Dimensions of one quarter of hole in plate specimen
#
length = 10.0  # Side length in mm

# Pull in the mesh *.xdmf file and read any named domains in the mesh.
with XDMFFile(MPI.COMM_WORLD, "meshes/sphere_inclusion.xdmf", 'r') as infile:
    domain = infile.read_mesh(name="Grid", xpath="/Xdmf/Domain")
```

```
cell_tags = infile.read_meshtags(domain,name="Grid")

# Create facet to cell connectivity required to determine boundary facets.
domain.topology.create_connectivity(domain.topology.dim, domain.topology.dim-1)

x = ufl.SpatialCoordinate(domain)
```

Identify boundaries of the domain

```
[3]: # Identify the planar boundaries of the box mesh
     def xBot(x):
         return np.isclose(x[0], 0)
     def xTop(x):
         return np.isclose(x[0], length)
     def vBot(x):
         return np.isclose(x[1], 0)
     def yTop(x):
         return np.isclose(x[1], length)
     def zBot(x):
         return np.isclose(x[2], 0)
     def zTop(x):
         return np.isclose(x[2], length)
     # Mark the sub-domains
     boundaries = [(1, xBot), (2, xTop), (3, yBot), (4, yTop), (5, zBot), (6, zTop)]
     # build collections of facets on each subdomain and mark them appropriately.
     facet_indices, facet_markers = [], [] # initalize empty collections of indices_
      →and markers.
     fdim = domain.topology.dim - 1 # geometric dimension of the facet (meshu
      \hookrightarrow dimension - 1)
     for (marker, locator) in boundaries:
         facets = mesh.locate_entities(domain, fdim, locator) # an array of all the_
      ⇔facets in a
                                                                 # qiven subdomain_
      ⇔("locator")
         facet_indices.append(facets)
                                                                 # add these facets to ...
      \rightarrow the collection.
         facet_markers.append(np.full_like(facets, marker)) # mark them with the_
      \hookrightarrow appropriate index.
     # Format the facet indices and markers as required for use in dolfinx.
     facet_indices = np.hstack(facet_indices).astype(np.int32)
     facet_markers = np.hstack(facet_markers).astype(np.int32)
     sorted_facets = np.argsort(facet_indices)
```

```
# Add these marked facets as "mesh tags" for later use in BCs.
facet_tags = mesh.meshtags(domain, fdim, facet_indices[sorted_facets], usefacet_markers[sorted_facets])
```

Print out the unique facet index numbers

[1 2 3 4 5 6]

Visualize reference configuration and boundary facets

```
[5]: import pyvista
     pyvista.set_jupyter_backend('html')
     from dolfinx.plot import vtk_mesh
     pyvista.start_xvfb()
     # initialize a plotter
     plotter = pyvista.Plotter()
     # Add the 3D mesh domains
     inclusion = pyvista.UnstructuredGrid(*vtk_mesh(domain, domain.topology.

¬dim,cell_tags.indices[cell_tags.values==32]) )
               = pyvista.UnstructuredGrid(*vtk mesh(domain, domain.topology.
     matrix

dim,cell_tags.indices[cell_tags.values==33]) )

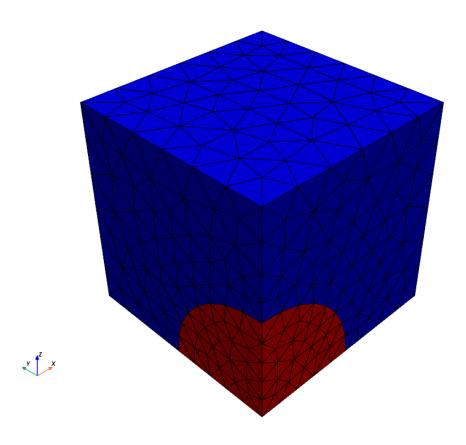
     actor1 = plotter.add_mesh(inclusion, show_edges=True,color= "red") # inclusion_
      \hookrightarrow material is red
     actor2 = plotter.add_mesh(matrix, show_edges=True,color="blue") # matrix_
      ⇔material is blue
     labels = dict(zlabel='Z', xlabel='X', ylabel='Y')
     plotter.add_axes(**labels)
     # turn the camera around so that the inclusion is visible
```

```
plotter.camera.azimuth = 180.0

plotter.screenshot("mesh.png")

from IPython.display import Image
Image(filename='mesh.png')
```

[5]:



3.1 Define boundary and volume integration measure

```
n = ufl.FacetNormal(domain)
```

4 Material parameters

-Arruda-Boyce model

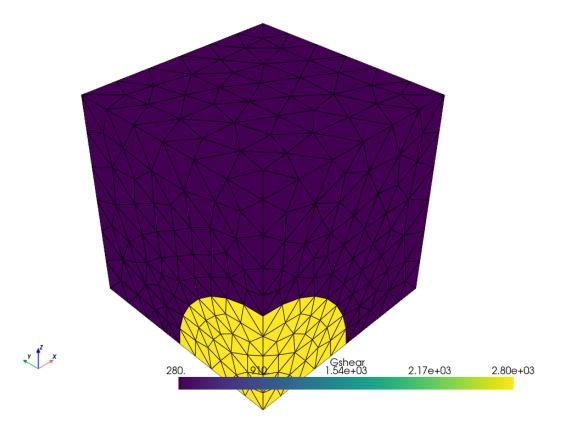
```
[7]: # The two different shear modulus values (just floats for now):
     Gshear_0_matrix = Constant(domain, PETSc.ScalarType(280.0)) # Matrix shear_
      ⊶modulus, kPa
     Gshear_0_inclusion = Constant(domain, PETSc.ScalarType(10*Gshear_0_matrix)) #_J
      →Matrix shear modulus, kPa
     #Gshear_O_inclusion = 10*Gshear_O_matrix # Inclusion shear modulus, kPa
     # Need some extra infrastructure for the spatially-discontinuous material \Box
      ⇔property fields
     V = functionspace(domain, ("DG", 0)) # create a DGO function space on the domain
     Gshear_0 = Function(V) \# define a ground state shear modulus which lives on_{\sqcup}
      ⇔this function space.
     # Now, actualy assign the desired values of shear moduli to the new field.
     coords = V.tabulate_dof_coordinates()
     # loop over the coordinates and assign the relevant material property,
     # based on the local cell tag number.
     for i in range(coords.shape[0]):
         if cell_tags.values[i] == 32:
             Gshear_0.vector.setValueLocal(i, Gshear_0_inclusion)
         else:
             Gshear_0.vector.setValueLocal(i, Gshear_0_matrix)
     # Volume numbering:
     # Physical Volume("inclusion", 32) = {2};
     # Physical Volume("matrix", 33) = {1};
     # Now for the other material properties
     lambdaL = Constant(domain, PETSc. ScalarType(5.12)) # Locking stretch, same for
      ⇒both materials
              = 1000.0*Gshear_0 # the bulk modulus is still 1000x the_
      → (spatially-varying) shear modulus.
```

4.1 Showing the material properties in a plotter

```
[8]: pyvista.set_jupyter_backend('html')
    pyvista.start_xvfb()
    plotter.clear()
```

```
# Prepare the gshear field for plotting
V = functionspace(domain, ("DG", 1)) # for some reason, we need a degree 1 DG_{L}
→function space in order to plot in Pyvista.
vtkdata = vtk_mesh(V)
grid = pyvista.UnstructuredGrid(*vtkdata)
grid["Gshear"] = Gshear_0.x.array # interpolate the Gshear_0 data onto the DG1_
 \hookrightarrowspace.
# grid.set_active_scalars("Gshear")
actor = plotter.add_mesh(grid, show_edges=True) # plot Gshear_O values.
labels = dict(zlabel='Z', xlabel='X', ylabel='Y')
plotter.add_axes(**labels)
# turn the camera around so that the inclusion is visible
plotter.camera.azimuth = 180.0
plotter.screenshot("mesh.png")
from IPython.display import Image
Image(filename='mesh.png')
```

[8]:



5 Simulation time-control related params

```
[9]: stretch = 2.0  # stretch amplitude

dispTot = (stretch-1)*length
  rate = 1.e-1
  Ttot = (stretch-1)/rate
  numSteps = 50
  dt = Ttot/numSteps # (fixed) step size
  t = 0.0

def dispRamp(t):
    return dispTot*t/Ttot
```

6 Function spaces

```
[10]: # Define function space, both vectorial and scalar
     # dolfinx v0.8.0 syntax:
     U2 = element("Lagrange", domain.basix_cell(), 2, shape=(3,)) # For displacement
     P1 = element("Lagrange", domain.basix_cell(), 1) # For pressure
     TH = mixed_element([U2, P1]) # Taylor-Hood style mixed element
     ME = functionspace(domain, TH) # Total space for all DOFs
     # Define actual functions with the required DOFs
     w = Function(ME)
     u, p = split(w) # displacement u, pressure p
     # A copy of functions to store values in the previous step
                  = Function(ME)
     u_old, p_old = split(w_old)
     # Define test functions
     u_test, p_test = TestFunctions(ME)
     # Define trial functions needed for automatic differentiation
     dw = TrialFunction(ME)
```

7 Initial conditions

• The initial conditions for degrees of freedom u and p are zero everywhere

• These are imposed automatically, since we have not specified any non-zero initial conditions.

8 Subroutines for kinematics and constitutive equations

```
[11]: # Deformation gradient
     def F_calc(u):
         Id = Identity(3)
         F = Id + grad(u)
         return F
     def lambdaBar_calc(u):
         F = F_{calc}(u)
         C = F.T*F
         Cdis = J**(-2/3)*C
         I1 = tr(Cdis)
         lambdaBar = sqrt(I1/3.0)
         return lambdaBar
     def zeta_calc(u):
         lambdaBar = lambdaBar_calc(u)
         # Use Pade approximation of Langevin inverse
         z = lambdaBar/lambdaL
         z = conditional(gt(z,0.95), 0.95, z) # Keep simulation from blowing up
         beta = z*(3.0 - z**2.0)/(1.0 - z**2.0)
         zeta = (lambdaL/(3*lambdaBar))*beta
         return zeta
     # Generalized shear modulus for Arruda-Boyce model
     def Gshear_AB_calc(u):
         zeta = zeta_calc(u)
         Gshear = Gshear_0 * zeta
         return Gshear
      #-----
     # Subroutine for calculating the Cauchy stress
     def T_calc(u,p):
         Id = Identity(3)
         F = F_{calc}(u)
         J = det(F)
         B = F*F.T
         Bdis = J**(-2/3)*B
         Gshear = Gshear_AB_calc(u)
         T = (1/J)* Gshear * dev(Bdis) - p * Id
         return T
```

```
# Subroutine for calculating the Piola stress
#------

def Piola_calc(u, p):
    Id = Identity(3)
    F = F_calc(u)
    J = det(F)
    #

    T = T_calc(u,p)
    #

    Tmat = J * T * inv(F.T)
    return Tmat
```

```
[]: ##A.Flowers Comments
     # Deformation gradient
     def F_calc(u):
         Id = Identity(3)
         F = Id + grad(u)
        return F
     ##Calculation for deformation gradient tensor F
     def lambdaBar_calc(u):
        F = F_{calc}(u)
         C = F.T*F
         Cdis = J**(-2/3)*C
         I1 = tr(Cdis)
         lambdaBar = sqrt(I1/3.0)
         return lambdaBar
     ##Scalar stretch measure used in hyperelasticity models
     def zeta_calc(u):
         lambdaBar = lambdaBar_calc(u)
     ##Isochoric stretch from deformation
         # Use Pade approximation of Langevin inverse
         z = lambdaBar/lambdaL
     ##Normalizes stretch from polymer network
         z = conditional(gt(z, 0.95), 0.95, z) # Keep simulation from blowing up
     ##Prevents numeric instability; Langevin function because singular
         beta = z*(3.0 - z**2.0)/(1.0 - z**2.0)
     ##Pade approximation; used for stability
         zeta = (lambdaL/(3*lambdaBar))*beta
         return zeta
     ##Stress scalar from statistical mechanics model for polymers; accounts for \square
      in finite chain extensibility. Stress tensors for nonlinear chain elasticity
     # Generalized shear modulus for Arruda-Boyce model
     def Gshear_AB_calc(u):
```

```
##Effective shear for nonlinear hyperelastic material
   zeta = zeta_calc(u)
##Stretch dependent factor using inverse Langevin. Increasing of stretch-
⇔polymers stiffen
   Gshear = Gshear_0 * zeta
   return Gshear
##Shear module grows due to deformation
##This is important due to modeling with biological materials (i.e. tissue);
 ⇔nonlinear and stretch sensitive
# Subroutine for calculating the Cauchy stress
#-----
def T_calc(u,p):
   Id = Identity(3)
   F = F_{calc}(u)
##Deformation gradient
   J = det(F)
##Jacobian (volume change due to deformation)
   B = F*F.T
##Cauchy-Green tensor
   Bdis = J**(-2/3)*B
##Removes volumetric part to get isochoric (volume perserving aspect)
   Gshear = Gshear_AB_calc(u)
##Stretch dependent shear
   T = (1/J)* Gshear * dev(Bdis) - p * Id
##Cauchy stress calculation; shape change and pressure separated to obtain_
⇔deformed configuration
#-----
# Subroutine for calculating the Piola stress
#-----
def Piola_calc(u, p):
   Id = Identity(3)
   F = F_{calc}(u)
   J = det(F)
   T = T_{calc}(u,p)
   Tmat = J * T * inv(F.T)
   return Tmat
##Piola stress used in weak form of balance equation, with displacement _{\sqcup}
 →gradient; defined in terms of reference coordinates
```

9 Evaluate kinematics and constitutive relations

```
[12]: F = F_calc(u)
    J = det(F)
    lambdaBar = lambdaBar_calc(u)

# Piola stress
    Tmat = Piola_calc(u, p)

[]: ##A.Flowers Comments

F = F_calc(u)
    ##F= deformation gradient tensor; u= displacement (unkown and solving for)
    J = det(F)
    ##J= Jacobian determinant. Volume change during deformation
    lambdaBar = lambdaBar_calc(u)
    ##incompressible hyperelasticity; seperates volumetric deviatoric, shapeu
    changing parts of deformation. Volume corrected stretch is calculated foru
```

10 Weak forms

Tmat = Piola_calc(u, p)

Piola stress

⇔use in isochoric strain energy

```
# Residuals:
# Res_0: Balance of forces (test fxn: u)
# Res_1: Coupling pressure (test fxn: p)

# The weak form for the equilibrium equation. No body force
Res_0 = inner(Tmat , grad(u_test) )*dx

# The weak form for the pressure
fac_p = ln(J)/J
#
Res_1 = dot( (p/Kbulk + fac_p), p_test)*dx

# Total weak form
Res = Res_0 + Res_1

# Automatic differentiation tangent:
a = derivative(Res, w, dw)
```

##Computes Piola stress tensor from displacement field (u) and pressure (p)

```
[]: ##A.Flowers Comments

# The weak form for the equilibrium equation. No body force
```

```
Res_0 = inner(Tmat , grad(u_test) )*dx
##Mechanical residual of weak form for nonlinear elasticity; used to build the
 ⇔residual vector. Used in FE for a deforming solid
# The weak form for the pressure
fac p = ln(J)/J
##Scalar factor used for compressible / incompressible materials due to \sqcup
 ⇔pressure / energy in nonlinear elasticity
Res_1 = dot( (p/Kbulk + fac_p), p_test)*dx
##Residual defined for pressure field in FE due to incompressible materials.
 →Differentiates volumetric strain energy
# Total weak form
Res = Res_0 + Res_1
##Defines total residual of weak form; from force balance (linear momentum / \sqcup
-mechanical equillibrium) and incompressibility (pressure equation)
# Automatic differentiation tangent:
a = derivative(Res, w, dw)
##Jacobian form to solve for nonlinear PDE
```

11 Set-up output files

```
[14]: # results file name
      results_name = "3D_spherical_inclusion"
      # Function space for projection of results
      # v0.8.0 syntax:
      U1 = element("DG", domain.basix_cell(), 1, shape=(3,)) # For displacement
      PO = element("DG", domain.basix_cell(), 1)
                                                             # For pressure
      V2 = fem.functionspace(domain, U1) #Vector function space
      V1 = fem.functionspace(domain, P0) #Scalar function space
      # fields to write to output file
      u_vis = Function(V2)
      u_vis.name = "disp"
      p_vis = Function(V1)
      p_vis.name = "p"
      J_vis = Function(V1)
      J vis.name = "J"
      J_expr = Expression(J,V1.element.interpolation_points())
```

```
lambdaBar_vis = Function(V1)
lambdaBar_vis.name = "lambdaBar"
lambdaBar_expr = Expression(lambdaBar, V1.element.interpolation_points())
P11 = Function(V1)
P11.name = "P11"
P11_expr = Expression(Tmat[0,0],V1.element.interpolation_points())
P22 = Function(V1)
P22.name = "P22"
P22_expr = Expression(Tmat[1,1],V1.element.interpolation_points())
P33 = Function(V1)
P33.name = "P33"
P33_expr = Expression(Tmat[2,2],V1.element.interpolation_points())
   = Tmat*F.T/J
T0 = T - (1/3)*tr(T)*Identity(3)
Mises = sqrt((3/2)*inner(T0, T0))
Mises_vis= Function(V1,name="Mises")
Mises_expr = Expression(Mises, V1.element.interpolation_points())
Gshear_vis = Function(V1)
Gshear vis.name = "Gshear"
Gshear_expr = Expression(Gshear_0,V1.element.interpolation_points())
# set up the output VTX files.
file results = VTXWriter(
    MPI.COMM_WORLD,
    "results/" + results name + ".bp",
    [ # put the functions here you wish to write to output
        u_vis, p_vis, J_vis, P11, P22, P33, lambdaBar_vis,
        Mises_vis, Gshear_vis,
    ],
    engine="BP4",
def writeResults(t):
       # Output field interpolation
       u_vis.interpolate(w.sub(0))
       p vis.interpolate(w.sub(1))
       J_vis.interpolate(J_expr)
       P11.interpolate(P11 expr)
       P22.interpolate(P22_expr)
       P33.interpolate(P33 expr)
       lambdaBar_vis.interpolate(lambdaBar_expr)
       Mises_vis.interpolate(Mises_expr)
       Gshear_vis.interpolate(Gshear_expr)
```

```
# Write output fields
file_results.write(t)
```

12 Infrastructure for pulling out time history data (force, displacement, etc.)

```
[15]: # infrastructure for pulling out displacement at a certain point
      # v0.8.0 syntax:
      pointForDisp = np.array([length,length,length])
      bb_tree = dolfinx.geometry.bb_tree(domain,domain.topology.dim)
      cell_candidates = dolfinx.geometry.compute_collisions_points(bb_tree,_
       →pointForDisp)
      # v0.7.2 syntax:
      # colliding_cells = dolfinx.geometry.compute_colliding_cells(domain, ___
       ⇔cell candidates, pointForDisp)
      # v0.8.0 syntax:
      colliding_cells = dolfinx.geometry.compute_colliding_cells(domain,_
       ⇔cell_candidates, pointForDisp).array
      # computing the reaction force using the stress field
               = Constant(domain,(length*length))
      engineeringStress = fem.form(P22/area*ds(4)) #P22/area*ds
      # Recall the boundary definitions:
      # boundaries = [(1, xBot), (2, xTop), (3, yBot), (4, yTop), (5, zBot), (6, zTop)]
```

13 Name the analysis step

```
[16]: # Give the step a descriptive name
step = "Stretch"
```

13.1 Boundary condtions

```
[17]: # Constant for applied displacement
disp_cons = Constant(domain, PETSc.ScalarType(dispRamp(0)))

# Find the specific DOFs which will be constrained.
xBot_u1_dofs = fem.locate_dofs_topological(ME.sub(0).sub(0), facet_tags.dim,__
facet_tags.find(1))
```

```
yBot_u2_dofs = fem.locate_dofs_topological(ME.sub(0).sub(1), facet_tags.dim,_u

¬facet_tags.find(3))
     zBot_u3_dofs = fem.locate_dofs_topological(ME.sub(0).sub(2), facet_tags.dim,_u
      ⇒facet tags.find(5))
     yTop_u2_dofs = fem.locate_dofs_topological(ME.sub(0).sub(1), facet_tags.dim,_u

¬facet_tags.find(4))
     # building Dirichlet BCs
     bcs_1 = dirichletbc(0.0, xBot_u1_dofs, ME.sub(0).sub(0)) # u1 fix - xBot
     bcs_2 = dirichletbc(0.0, yBot_u2_dofs, ME.sub(0).sub(1)) # u2 fix - yBot
     bcs_3 = dirichletbc(0.0, zBot_u3_dofs, ME.sub(0).sub(2)) # u3 fix - zBot
     bcs_4 = dirichletbc(disp_cons, yTop_u2_dofs, ME.sub(0).sub(1)) # disp_ramp__
      \hookrightarrow yTop
     bcs = [bcs_1, bcs_2, bcs_3, bcs_4]
[]: ##A.Flowers Comments
     # Constant for applied displacement
     disp_cons = Constant(domain,PETSc.ScalarType(dispRamp(0)))
     ##Gives constant displacement value; Application of Dirichlet to FE
     ##Uniform scalar applied to mesh domain
     # Find the specific DOFs which will be constrained.
     xBot_u1_dofs = fem.locate_dofs_topological(ME.sub(0).sub(0), facet_tags.dim,_u

¬facet_tags.find(1))
     yBot_u2_dofs = fem.locate_dofs_topological(ME.sub(0).sub(1), facet_tags.dim,_u

¬facet_tags.find(3))
     zBot_u3_dofs = fem.locate_dofs_topological(ME.sub(0).sub(2), facet_tags.dim,_u

¬facet_tags.find(5))
     yTop_u2_dofs = fem.locate_dofs_topological(ME.sub(0).sub(1), facet_tags.dim,_u
      →facet_tags.find(4))
     ##DoFs defined for boundary surface of mesh due to displacement field
     # building Dirichlet BCs
     bcs_1 = dirichletbc(0.0, xBot_u1_dofs, ME.sub(0).sub(0)) # u1 fix - xBot
     bcs_2 = dirichletbc(0.0, yBot_u2_dofs, ME.sub(0).sub(1)) # u2 fix - yBot
     bcs_3 = dirichletbc(0.0, zBot_u3_dofs, ME.sub(0).sub(2)) # u3 fix - zBot
     ##Fixing in each direction independently to preventing rigid body motion (no_{\square})
      stranslation in each direction) and giving constraints (symmetry)
     bcs_4 = dirichletbc(disp_cons, yTop_u2_dofs, ME.sub(0).sub(1)) # disp_ramp_u
```

##Applies displacement to y of the displacement field on top boundary nodes

```
bcs = [bcs_1, bcs_2, bcs_3, bcs_4]
##Applies boundary conditions to the nonlinear solver
```

13.2 Define the nonlinear variational problem

```
[18]: # Set up nonlinear problem
      problem = NonlinearProblem(Res, w, bcs, a)
      # the global newton solver and params
      solver = NewtonSolver(MPI.COMM_WORLD, problem)
      solver.convergence_criterion = "incremental"
      solver.rtol = 1e-8
      solver.atol = 1e-8
      solver.max it = 50
      solver.report = True
      # The Krylov solver parameters.
      ksp = solver.krylov_solver
      opts = PETSc.Options()
      option_prefix = ksp.getOptionsPrefix()
      opts[f"{option_prefix}ksp_type"] = "preonly" # "preonly" works equally well
      opts[f"{option_prefix}pc_type"] = "lu" # do not use 'qamq' pre-conditioner
      opts[f"{option_prefix}pc_factor_mat_solver_type"] = "mumps"
      opts[f"{option_prefix}ksp_max_it"] = 30
      ksp.setFromOptions()
```

13.3 Start calculation loop

```
[19]: # Variables for storing time history
totSteps = numSteps+1
timeHist0 = np.zeros(shape=[totSteps])
timeHist1 = np.zeros(shape=[totSteps])

#Iinitialize a counter for reporting data
ii=0

# Write initial state to file
writeResults(t=0.0)

# Print out message for simulation start
print("-----")
print("Simulation Start")
print("Simulation Start time
startTime = datetime.now()
```

```
# Time-stepping solution procedure loop
while (round(t + dt, 9) <= Ttot):</pre>
   # increment time
   t += dt
    # increment counter
   ii += 1
   # update time variables in time-dependent BCs
   disp_cons.value = dispRamp(t)
   # Solve the problem
   try:
        (iter, converged) = solver.solve(w)
   except: # Break the loop if solver fails
       print("Ended Early")
       break
   # Collect results from MPI ghost processes
   w.x.scatter_forward()
   # Write output to file
   writeResults(t)
   # Update DOFs for next step
   w_old.x.array[:] = w.x.array
   # Store displacement and stress at a particular point at this time
   timeHistO[ii] = w.sub(0).sub(1).eval([length, length, __
 →length], colliding_cells[0])[0] # time history of displacement
   timeHist1[ii] = domain.comm.gather(fem.
 assemble_scalar(engineeringStress))[0] # time history of engineering stress
    # Print progress of calculation
   if ii%1 == 0:
       now = datetime.now()
       current_time = now.strftime("%H:%M:%S")
       print("Step: {} | Increment: {}, Iterations: {}".\
              format(step, ii, iter))
                     Simulation Time: {} s of {} s".\
       print("
              format(round(t,4), Ttot))
       print()
# close the output file.
file_results.close()
```

- Simulation Time: 2.4 s of 10.0 s
- Step: Stretch | Increment: 13, Iterations: 4 Simulation Time: 2.6 s of 10.0 s
- Step: Stretch | Increment: 14, Iterations: 4 Simulation Time: 2.8 s of 10.0 s
- Step: Stretch | Increment: 15, Iterations: 4 Simulation Time: 3.0 s of 10.0 s
- Step: Stretch | Increment: 16, Iterations: 4 Simulation Time: 3.2 s of 10.0 s
- Step: Stretch | Increment: 17, Iterations: 4 Simulation Time: 3.4 s of 10.0 s
- Step: Stretch | Increment: 18, Iterations: 4 Simulation Time: 3.6 s of 10.0 s
- Step: Stretch | Increment: 19, Iterations: 4 Simulation Time: 3.8 s of 10.0 s
- Step: Stretch | Increment: 20, Iterations: 4 Simulation Time: 4.0 s of 10.0 s
- Step: Stretch | Increment: 21, Iterations: 4 Simulation Time: 4.2 s of 10.0 s
- Step: Stretch | Increment: 22, Iterations: 4 Simulation Time: 4.4 s of 10.0 s
- Step: Stretch | Increment: 23, Iterations: 4 Simulation Time: 4.6 s of 10.0 s
- Step: Stretch | Increment: 24, Iterations: 4 Simulation Time: 4.8 s of 10.0 s
- Step: Stretch | Increment: 25, Iterations: 4 Simulation Time: 5.0 s of 10.0 s
- Step: Stretch | Increment: 26, Iterations: 4 Simulation Time: 5.2 s of 10.0 s
- Step: Stretch | Increment: 27, Iterations: 4 Simulation Time: 5.4 s of 10.0 s
- Step: Stretch | Increment: 28, Iterations: 4

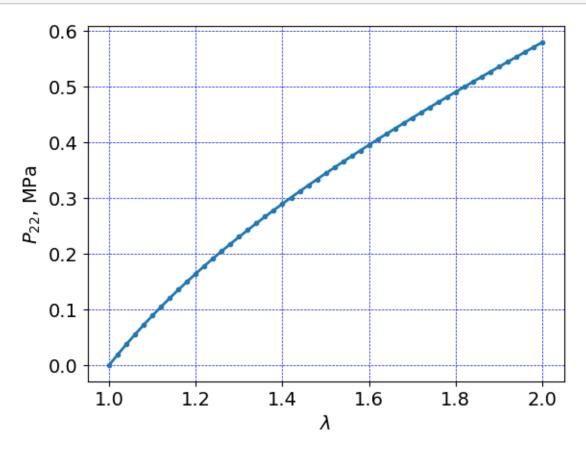
- Simulation Time: 5.6 s of 10.0 s
- Step: Stretch | Increment: 29, Iterations: 4 Simulation Time: 5.8 s of 10.0 s
- Step: Stretch | Increment: 30, Iterations: 4 Simulation Time: 6.0 s of 10.0 s
- Step: Stretch | Increment: 31, Iterations: 4 Simulation Time: 6.2 s of 10.0 s
- Step: Stretch | Increment: 32, Iterations: 4 Simulation Time: 6.4 s of 10.0 s
- Step: Stretch | Increment: 33, Iterations: 4 Simulation Time: 6.6 s of 10.0 s
- Step: Stretch | Increment: 34, Iterations: 4 Simulation Time: 6.8 s of 10.0 s
- Step: Stretch | Increment: 35, Iterations: 4 Simulation Time: 7.0 s of 10.0 s
- Step: Stretch | Increment: 36, Iterations: 4 Simulation Time: 7.2 s of 10.0 s
- Step: Stretch | Increment: 37, Iterations: 4 Simulation Time: 7.4 s of 10.0 s
- Step: Stretch | Increment: 38, Iterations: 4 Simulation Time: 7.6 s of 10.0 s
- Step: Stretch | Increment: 39, Iterations: 4 Simulation Time: 7.8 s of 10.0 s
- Step: Stretch | Increment: 40, Iterations: 4 Simulation Time: 8.0 s of 10.0 s
- Step: Stretch | Increment: 41, Iterations: 4 Simulation Time: 8.2 s of 10.0 s
- Step: Stretch | Increment: 42, Iterations: 4 Simulation Time: 8.4 s of 10.0 s
- Step: Stretch | Increment: 43, Iterations: 4 Simulation Time: 8.6 s of 10.0 s
- Step: Stretch | Increment: 44, Iterations: 4

```
Simulation Time: 8.8 s of 10.0 s
Step: Stretch | Increment: 45, Iterations: 4
     Simulation Time: 9.0 s of 10.0 s
Step: Stretch | Increment: 46, Iterations: 4
     Simulation Time: 9.2 s of 10.0 s
Step: Stretch | Increment: 47, Iterations: 4
     Simulation Time: 9.4 s of 10.0 s
Step: Stretch | Increment: 48, Iterations: 4
     Simulation Time: 9.6 s of 10.0 s
Step: Stretch | Increment: 49, Iterations: 4
     Simulation Time: 9.8 s of 10.0 s
Step: Stretch | Increment: 50, Iterations: 4
     Simulation Time: 10.0 s of 10.0 s
   ._____
End computation
_____
Elapsed real time: 0:00:51.468540
_____
```

14 Plot results

```
[20]: # set plot font to size 14
      font = {'size' : 14}
      plt.rc('font', **font)
      # Get array of default plot colors
      prop_cycle = plt.rcParams['axes.prop_cycle']
      colors = prop_cycle.by_key()['color']
      #plt.figure()
      plt.plot((length + timeHist0)/length, timeHist1/1e3, linewidth=2.0,\
               color=colors[0], marker='.')
      plt.axis('tight')
      plt.ylabel(r'$P_{22}$, MPa')
      plt.xlabel(r'$\lambda$')
      # plt.xlim([1,8])
      # plt.ylim([0,8])
      plt.grid(linestyle="--", linewidth=0.5, color='b')
      plt.show()
```

```
fig = plt.gcf()
fig.set_size_inches(7,5)
plt.tight_layout()
plt.savefig("results/3D_finite_elastic_spherical_inclusion.png", dpi=600)
```



<Figure size 700x500 with 0 Axes>