São Paulo, March 15, 2022

Associação Fênix, Vila Benfica, Comunidade Machado

Bairro Guaianazes

# Benfica

1:16:31 Section length

# 00:00 MEDIATOR

- 1. So, we're going to start here, people are coming in the room little by little so I'm going to register. I'm Cleiton Chiarel, and then I'm going to need you to say your name to each other, which then we'll transcribe, write what we're talking about here so it's just for them to know who's who when they hear the voice, ok?
- 2. So, madam, please speak again.

### AVA

3. Ava.

# **MEDIATOR**

4. Okay, Ava. What about you, dear?

# MICAELA

5. Micaela

# MEDIATOR

6. Micaela, ok.

# ANDY

7. Andy.

# RENATA

8. My pleasure, Renata.

# MEDIATOR

9. Pleasure, Renata (laughs).

# JIM

10. Jim.

# CARLO

11. Carlo.

# LAUREN

12. Lauren, my mother's name.

# 1:00 SOMEONE ENTERS THE ROOM AND SAYS GOOD MORNING

# MEDIATOR

13. Hey, good morning.

### LARA

14. Lara.

### RICHELE

15. Richele.

# MEDIATOR

16. Richele. Look, there is one more chair here on this side, brother.

# (INAUDIBLE.... SOUND OF A CRYING BABY. THE MAN WHO HAS ARRIVED LOOKS FOR PLACE TO SIT)

17. Everybody is sitting side by side, there's room here, there's a chair.

# ALEXANDRE (RESPONDING TO A PARTICIPANT'S REQUEST TO SIT NEXT TO THE OTHERS)

18. No, it's fine, I'm just observing here.

# (PEOPLE TALKING AT THE SAME TIME)

# **MEDIATOR**

- 19. Robert just said something.... let me see.... I don't think it is recording. It's okay, it's recording (in reference to the recorder's sound capture).
- 20. Robert, just say your name so people can hear your voice so they can write it right.

# ROBERT

21. Robert [last name suppressed for privacy].

# 2:00 MEDIATOR

22. No, it's fine. Just the first name.

# (SOME PEOPLE TALK TOGETHER)

# ROBERT

23. Well, you heard my voice.

# (SOME LAUGH)

# GOLIAS

24. Golias.

# **MEDIATOR**

25. Golias.

# (SOMEONE TALKS AWAY FROM THE RECORDER)

26. It's perfect, so guys, let's start then. I'll call Alex first. Alexandre. He'll explain to you a little bit on what the project is about quickly and then we'll follow from there.

# **ALEXANDRE**

- 27. Dale. So, thank you so much for being here today, I'm Alexandre, I work there at the University of Hamburg in Germany along with Katharina, okay? We arrived last week and came together with Cleiton and Bibiana to carry out this research as part of a project that is about investigating, wanting to understand, what happened and what are the effects that COVID had on different communities in Brazil.
- 28. We had a survey with a similar group in Porto Alegre, actually (two groups). We will also do another one here in São Paulo with people from the city center. So, we're comparing regions,

comparing the cities to try to have this idea and be able to register how it happened here. Our idea is that we will complement this with other data, that we are taking from IBGE, from other sources, from the government and so on and understand exactly where things are tighter [worse]. So, for example, there are people who got sick but there are people who lost jobs. For some people commuting was difficult, and so on. We are trying to understand these other sides of the pandemic, which are not only related to hospital and the disease. With that we, of course, will try to report this so people know what is happening here, will know what is happening with the people of Brazil. We'll take this information to Germany, and will also publish, share. We also work with people from USP, who are supporting us, is our idea as well.

#### MEDIATOR

29. There's the Teto as well.

# **ALEXANDRE**

30. Exactly, people from Teto (Teto Brasil, South-American NGO) who brought us here. Our idea is to have a better answer not only for this pandemic but for others... (inaudible) Here is an area that has many environmental issues and so this is also from our research area. What else Cleiton (addressing the mediator)?

### MEDIATOR

- 31. No, that was it, brother, let's go.
- 32. Make yourself comfortable, if you want to say something, just say it.
- 33. Well, people... here... Whom here has had COVID?

# (TWO PARTICIPANTS RAISE THEIR HANDS)

34. Aham... It's two, haven't you?

# (REFERRING TO THE OTHERS)

35. You didn't have it, brother?

# (ASKING GOLIAS THAT HAS NOT ANSWERED THE GRID INTERVIEW BEFORE THE FOCUS GROUP)

# **GOLIAS**

36. I don't think so. (Some laughs)

# штн

37. It's just that Andy got it. He's had enough for all...

# MEDIATOR

- 38. Andy got it twice, didn't she? You are the one who got it twice, that's true. You've had it. You can lend it to someone if you want to... [joking]
- 39. Well, and whom here was vaccinated? Everyone? Raise your hand. Who's been vaccinated? Everybody's up?

# (THEY ALL RAISE THEIR HANDS)

40. Everybody got their hands up, okay. And who hasn't vaccinated their children? I mean, who has a child and haven't vaccinated their son yet? Okay, it's easier.

# штн

41. No, she has a son (talking to Micaela, who has the baby in her lap) but she did not vaccinate [him yet] just because he is small, is 1 year old.

Commented [APS1]: A COVID and health; A1 Infection

**Commented [APS2]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

### 05:01 MEDIATOR

42. Oh, no. I don't think you're even going to vaccinate your baby [due to age].

#### MICAELA

43. Indeed [agreeing with what the mediator said].

#### MEDIATOR

44. Yes, but who had a daughter? That was... now I do not remember (looking at the participants)... Who here had a daughter that was pregnant?

# RICHELE

45. Me.

### **MEDIATOR**

46. That's you. And your daughter hasn't been vaccinated yet? And you don't think she's going to end up getting vaccinated?

#### RICHELE

47. She's going to have to get vaccinated because pre-birth care requires it.

#### MEDIATOR

48. Aham, I understood. And what kind.... Do you want to say something about it or can I keep going? (addressing COVIDGI team, Katharina, Alexandre and Bibiana)

### ALEXANDRE

49. You can go on, when we need to, we will interrupt you (laughter from the participants), subtly.

# MEDIATOR

- 50. Okay, I'm going to follow a basic script that we have here and then we'll break it. Actually we've already started breaking so it's okay.
- 51. What kind of practices do you have? Like, how is your routine regarding mobility? Has anything changed for you due to the pandemic so far? Or you are always around here (in the vicinity of Fenix)? Or you need... What has changed in your lives?

# **ALEXANDRE (COMPLEMENTING)**

52. Take bus, walking. Which one got harder, or easier...

# MEDIATOR

53. Exactly (looking at the group). Was there any difference?

# RENATA

54. It didn't make any difference to me (some restrained laughs).

# ANDY

55. For me, we used to go more often to São Bernardo [do Campo, a neighboring city]. We have relatives so we ended up not going [during the pandemic]. Not only because of COVID but due to the cost. Because everything got more expensive... difficult.

# JIM

56. Start walking more nowadays.

**Commented [APS3]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

Commented [APS4]: D Vulnerability; D3 Resilience (no impact)

Commented [APS5]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)
C Quality of life; C2 Work/ livelihoods
C Quality of life; C1 Family

D Vulnerability; D1 Exposure (travel behaviour)

Commented [GS6R5]: Multiple stressors\* Code 45

**Commented [APS7]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

### ANDY

57. It's for free, right? So...

### (EVERYONE TALKS AND LAUGHS TOGETHER)

#### 06:44 LILITH

58. Every Friday, Saturday, and Sunday up to Vila Holanda. There at the end, still walking.

#### ROBERT

- 59. But it was impossible. The changes were everywhere. Because after COVID you can see you get into the topic that Andy talked about. The rising prices of everything. The changes were everywhere. People that could afford using Uber without a second thought today find it difficult, they don't do it anymore.
- 60. You need to save up on something and transportation also, unfortunately. Also, today if you don't work registered [formal work contract, with worker rights], if you get paid, [but] if you're working on your own, without registration, you will have even more difficulty. Because without registration the employers will not pay you the correct amount, they wanted to pay you with registration. Then they will minimize some things and then you also lose your job and then they won't pay you two or three [bus/train] tickets... Some places [companies] pay... So, it's, in my point of view, wrecked (the system after COVID19). Because those who knew me when I got here, [know] I had a car and don't have it anymore. And now what? I use public transportation in some situations.

### LILITH

61. Yes, we avoid public transport at the time because .... (inaudible)

# ANDY

62. And the worst part is, especially when people were saying we needed to respect social distancing. People I worked with. So, it's kind of like that. You rely on your luck (when you go inside the bus): "I'm small to fit there in the middle." I used to hide [in the bus, mimicking]. So, the person next to me would hold me and I would not fall. It's complicated.

# MEDIATOR

63. It's because it's kind of weird that they tell you to keep your distance....

# ANDY

64. Look at the train.... (laughs)

# VIVIAN

65. Look at the bus. Five o'clock in the morning we go there... (laughs)

# ANDY

66. When you get in, you're lucky. You're lucky if you get in.

# MEDIATOR

67. And you see because the jobs that you must go to. They are never close by, right? There is always a long way you must go by car or bus or train...

# ANDY

68. It takes me about 3 hours to get where I had to go to work.

Commented [APS8]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)
C Quality of life; C2 Work/ livelihoods
Cost of travel is determinant

Commented [APS9]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes) C Quality of life; C2 Work/ livelihoods Cost of travel and lack of employment induced walking as the default mode.

**Commented [APS10]:** D Vulnerability; D2 Resistance (multiple stressors)

Commented [GS11R10]: Multiple stressors - Code 45\*

Commented [APS12]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes) C Quality of life; C2 Work/ livelihoods

**Commented [APS13]:** C Quality of life; C2 Work/ livelihoods (worse work conditions, exploitation)

Commented [APS14]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes) C Quality of life; C2 Work/ livelihoods lost of individual vehicle due to economic hardship.

**Commented [APS15]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [APS16]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [a17]:** D Vulnerability; D1 Exposure (exposure in public transportation)

**Commented [a18]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes

**Commented [APS19]:** B Changes in mobility; B3 Change in distance

B Changes in mobility; B1 Change of residence/ workplace/ education

Implicit in this comment is the change in the work relation, as Andy was unemployed at the time.

### **MEDIATOR**

69. Yes.

#### ANDY

70. So, I walked like crazy. In the biggest rush.

#### ROBERT

71. And you know, an interesting thing that gets to a very crucial topic. You know that I believe that COVID spreads much more inside the public transport than in other areas. Do you believe it? It is about this topic that she speaks (the other participant). Like because it was never possible. Not even if they said that it (public transport) didn't get crowded. But unfortunately, there was no way, because many people who had COVID were going to work and there were people who did not have the symptoms right? And then in this joke there are people (inside the public transportation) who are like: "It is very hot." And take off their masks.

### ANDY (AGREEING)

72. Many. To eat inside the bus, inside the train... a lot of people take off their masks.

#### RENATA

73. But I think it was a necessity anyway. But there were funk parties and many had no symptoms like that too and took it home.

### ROBERT

74. Yeah right. Then, but that is the point, Renata. What I mean: People who were more careful and there were lots of careful people. She had to go to work, otherwise, where would you get [income/livelihood].

# RENATA

75. Because it was a necessity, but what about the funk parties?

# RICHELE

76. Yes, but there it goes, every time I went to funk parties, I never got COVID. After I stopped going to funk parties, I got with COVID.

# MANY PARTICIPANTS TALK AT THE SAME TIME

# RICHELE

77. Because I was saved by alcohol [joking].

# LILITH

78. You are not getting it. She was using alcohol in the opposite way. In this case she used alcohol to kill COVID inside of her. Because there is no use for it only in your hand, you have to kill inside too.

# (EVERYONE LAUGHS)

# RICHELE

79. Then I stopped going and then what happened? I was contaminated with COVID.

# LARA

80. Because I didn't drink alcohol.

**Commented [a20]:** B Changes in mobility; B2 Change of transp. mode

Commented [APS21]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)
D Vulnerability; D1 Exposure (risk perception)
D Vulnerability; D1 Exposure (impossibility to socially isolate)

Commented [APS22]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

D Vulnerability; D1 Exposure (risk perception)

D Vulnerability; D1 Exposure (impossibility to socially isolate)

**Commented [APS23]:** A COVID and health; A1 Infection C Quality of life; C4 Leisure

D Vulnerability; D1 Exposure (risk perception)

D Vulnerability; D1 Exposure (impossibility to socially isolate)

**Commented [APS24]:** D Vulnerability; D1 Exposure (travel behaviour)

D Vulnerability; D1 Exposure (exposure due to work)

Commented [APS25]: A COVID and health; A1 Infection

(not getting infected, despite exposure) C Quality of life; C4 Leisure

D Vulnerability; D1 Exposure (risk perception)

Commented [GS26]: E Source of Info; E2 Folk Wisdom (it was a joke but this common sense thought could have a real background) (?)

# (MORE LAUGHS)

### ANDY

81. And because I was just sterilizing it out of my body...

# 10:25 MEDIATOR

82. But now just because I remembered that you said (addressing Robert) that you did not use ... and I'm just going to say it here because people know.

# **ROBERT**

83. Yes.

# **MEDIATOR**

84. That in the interview you said you didn't like wearing a mask, right?

# **ROBERT**

85. Yes, I don't use it.

# LILITH

86. He doesn't like it anyway.

# ROBERT

87. I use it from time to time.

# MEDIATOR

88. But for you, like, on the street it is OK walking without the mask. But then when it was time, you had a mask in your pocket, right? So, you can get into a bank for example. Places that require it, did you wear it?

# ROBERT

89. Yes, yes.

# **MEDIATOR**

90. I get it, okay.

# LILITH

91. And so, like, we prefer to go to my mother's house walking for 2 reasons: save up on the price of the ticket and not needing to wear a mask.

# ANDY

92. The mask is mandatory right.

# LILITH

93. Riding (the bus) to her house takes an hour.

# 11:10 MANY PEOPLE TALK AT THE SAME TIME ABOUT THE MASK

# MEDIATOR

94. And it also gets hot right, suffocating.

Commented [GS27]: E Source of Info; E2 Folk Wisdom (it was a joke but this common sense thought could have a real background) (?)

**Commented [APS28]:** D Vulnerability; D1 Exposure he actually uses sometimes, as we can see below.

Commented [GS29]: Cost of living - Code 45\*

### ANDY

95. Even the person who has the flu. Can you imagine having to put on a mask with a stuffy nose, the

Commented [APS30]: D Vulnerability; D1 Exposure

### 11:31 LILITH

96. Robert and I took 15 to 20 minutes.

### LAUREN

97. You guys move fast because I take half an hour.

# 11:33 EVERYONE TALKS AT THE SAME TIME

### LILITH

98. Now, it takes 30 minutes, it's already an hour.

#### ANDY

99. I'd rather not even go.

# **EVERYONE LAUGHS**

### LAUREN

100. But it's an hour and a half. She is saying it's right there, it's right there. And we are still waiting the "right there", isn't it Lilith?

### LILITH

101. We were near the warehouse. I was near my mom's house. It was about five more minutes to get there.

# ALEXANDRE

102. But Lilith, when the pandemic started, did you stop using buses? Did you prefer to walk?

# LILITH

- 103. No, it's just that I'm a person that does not leave the community due to the projects that we have. We make breakfast and lunch. So, this is taking up a lot of my day. Then when I realize it is gone [the day].
- 104. To some places we end up walking as they're nearby. I just go out of the community to get donations. If people demand that I go when we receive a donation of furniture or clothing, then, I must go. But then I go by truck, so I don't even need to ride (public transport).

# ALEXANDRE

105. Anybody else here switched like that? You used to ride a bus a lot and stopped riding like that? Did you feel like you really couldn't?

# CARLO

106. I used to ride the Uber a lot and now I'm walking. (laughs)

# ALEXANDRE

107. But then it was about money.

# CARLO

108. It's because COVID arrived, jobs were gone...

Commented [APS31]: B Changes in mobility; B3 Change in distance

Not willing to travel because it takes too long.

Commented [APS32]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [APS33]:** B Changes in mobility; B2 Change of transp. mode

**Commented [APS34]:** B Changes in mobility; B2 Change of transp. mode C Quality of life; C2 Work/ livelihoods

### **ALEXANDRE**

109. Is the work gone?

#### LILITH

110. It's just that he worked at the bar so...

#### ALFXANDRE

111. Oh, I get it.

# 13:00 ROBERT

112. In my case it was the car, right? I never much liked public transport. Then, either with the car or the motorcycle. But then all the difficulties that came ...

# LILITH (WITH OTHER PARTICIPANTS SPEAK AT THE SAME TIME)

113. Now you would be crying today, about the price of gasoline. (laughs)

# **ROBERT**

114. We say that here in São Paulo. I have some friends in Porto Seguro [in Bahia] that while it was R\$ 5.00 here, there it was R\$ 8.00 a liter.

#### LILITH

115. Now here's R\$ 8,00 how much is there? So, now imagine the price that is there, you like it or not, in general there...

### ANDY

116. If we compare the price of the [bus] ticket and gasoline, it ends up being the same thing. Because if you need to ride public transport every day and you need to fuel the car, is almost the same thing.

# LILITH

117. The only difference is the time we spend to get back, right?

# ROBERT

118. Oh no, and there is no one squeezing you too, right, for God's sake.

# ANDY

119. I'm sure that's the best part (being ironic).

# MEDIATOR

120. And taking advantage of what you're saying dear (addressing Andy). How did the pandemic...? Well, I'm looking at you but it's a question that applies to everyone. How did the pandemic affect your physical and mental health? Do you think ...?

# **EVERYONE SPEAKS AT THE SAME TIME, SOME LAUGH**

# GOLIAS

121. She was scared in the beginning, right [about Andy]?

# 14: 09 ANDY

122. In my case I was afraid for a long time because where I worked was COVID'S field hospital. So, we had a lot of contact with people who had it. With relatives of people who arrived there. The work wasn't doing me any good.

Commented [APS35]: C Quality of life; C2 Work/ livelihoods

Commented [APS36]: B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes) C Quality of life; C2 Work/ livelihoods

Commented [GS37]: Cost of living - Code 45\*

**Commented [APS38]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [APS39]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [APS40]:** B Changes in mobility; B2 Change of transp. mode (attitudes toward transportation modes)

**Commented [APS41]:** D Vulnerability; D1 Exposure (exposure due to work)

**Commented [GS42R41]:** A COVID and Health; A5 Mental health (Fear)

### **MEDIATOR**

123. That's right, that's what caught my attention, because you preferred to leave rather than stay in that environment.

#### ANDY

124. Yes, for various reasons, both because of COVID and because of the situation there. It was neither physically nor mentally pleasant and I was already a little disturbed in my mind. I already am a little bit, aren't I? (some laughs) But I was only getting worse.

# **MEDIATOR**

125. And do you think those times you got COVID were by working there?

#### ANDV

126. One of the times I know I got COVID was when my daughter was admitted to the hospital.

# **MEDIATOR**

127. That's right.

#### ANDY

128. I left the hospital contaminated by COVID.

### **MEDIATOR**

129. The first or the second time? (Referring to the two hospitalizations Andy' daughter had within a 30-day interval).

# ANDY

130. The second time. The first time was probably on the way from there to here, [or] from here to there. On the way there, you can't exactly tell, right?

# **MEDIATOR**

131. Does anyone else have anything to say about this? Someone said something earlier that I didn't hear...

# RICHELE

132. I told you I was a bit crazy in the pandemic. Lilith knows, right Lilith?

# LILITH

133. She created a kind of compulsion for eating. Do you remember, Andy? She took everything out on food, she had crying fits and started laughing.

# MEDIATOR

134. She'd cry and get potato chips.

# (LAUGHTER FROM THE PARTICIPANTS)

# LILITH

135. If only it was potato chips. In fact, it was a plate of food, right?

# **ALEXANDRE**

136. But that became more frequent because of the pandemic?

Commented [APS43]: A COVID and health; A5 Mental

C Quality of life; C2 Work/ livelihoods

D Vulnerability; D1 Exposure (exposure due to work) She quit work to avoid exposure.

Commented [APS44]: A COVID and health; → Infection

**Commented [GS45R44]:** A COVID and health; A6 Access to healthcare facilities/tests/vaccines

**Commented [APS46]:** A COVID and health; A1 Infection D Vulnerability; D1 Exposure (risk perception)

**Commented [APS47]:** A COVID and health; A5 Mental health

**Commented [GS48]:** A COVID and health; A5 mental health (compulsion for eating)

# RICHELE

137. I had an anxiety crisis and gained weight. I put on some weight, lost some weight... I reached

#### LILITH

138. That's where we got... Because she took it out on the food and she was a volunteer.

### **RICHELE**

139. And I stayed inside the house, I didn't go out. Lilith called me to be a volunteer because I didn't leave the house.

#### LILITH

140. Then after that we got that job (temporary job in Vila Mariana with about 60 women from the community) that the woman didn't pay anyone. And she was also one of them.

#### MEDIATOR

141. No, but just out of curiosity. Here there are about five that worked there, right?

#### LILITH

142. Andy did, Renata...

# MEDIATOR

143. No, Andy didn't go.

# RENATA

144. There's me and Lauren, we're missing someone else...

# LAUREN

145. I even asked her for it yesterday. It was difficult, difficult work.

# LILITH

146. And there is also the value paid for the jobs. People started to exploit others a lot more because they see that the other person needs it. So, instead of paying what the person deserves, what is right...

# MEDIATOR

147. Yes.

# LILITH

148. The value goes down because there's the one who'll make the contact. For instance, I'll refer to you an employee, but then when the time comes, I will end up taking money from that family, that woman, that husband. This person gets a commission out of what's paid, you get it? And they did not even get the job...

# ROBERT

149. It takes a bit from both sides to tell you the truth...

# LILITH

150. Yeah, if it's 120, let's say it's 40, it only pays 80.

Commented [APS49]: A COVID and health; A5 Mental health

D Vulnerability; D2 Resistance (comorbidities) D Vulnerability; D3 Resilience (factors of resilience)

Commented [APS50]: A COVID and health; A5 Mental

D Vulnerability; D2 Resistance (support from social networks)

Commented [APS51]: C Quality of life; C2 Work/

**Commented [APS52]:** C Quality of life; C2 Work/ livelihoods increased exploitation because people were in hardship

**Commented [APS53]:** C Quality of life; C2 Work/livelihoods

# LAUREN

151. No, in our case we earned 60 BRL a day because the other one earned 20 BRL on top of us.

### MEDIATOR

152. By referring?

### LAUREN

153. Yes, that's how it was.

# LILITH

154. The referral I made, she got.

# LAUREN

155. After we need to talk Lilith. (laughing)

# MEDIATOR

156. And Robert, how was that for you?

### **ROBERT**

157. The anxiety crisis I had ended up affecting my whole body, my head, and I was kind of...

#### HILITH

158. That time he thought I was going to kill him with the antiallergic, remember?

# ROBERT

159. And then I got anxious, I couldn't sleep, she tried to give me the medicine...

# LILITH

160. I gave him the girls' medicine.

# CARLO

161. And he was asleep for almost two days.

# ROBERT

162. I had a very hard time. I couldn't even speak because of this medicine. I even commented with the mediator.

# MEDIATOR

163. Did taking the medication give you that?

# 18: 33 ROBERT

164. It is, because....

# SECTION IS MOMENTARILY INTERRUPTED BY THE WELCOME POSTER FALLING ON THE BACKGROUND

# MEDIATOR

165. Oops!

**Commented [APS54]:** A COVID and health; A5 Mental health

**Commented [GS55]:** A COVID and health; A7 use of alternative treatments (Not for COVID but induced by the COVID pandemics)

Commented [GS56]: A COVID and health; A5 Mental

Commented [GS57]: A COVID and health; A7 use of alternative treatments (Not for COVID but induced by the COVID pandemics)

### (LAUGHTER FROM THE PARTICIPANTS)

#### LILITH

166. She walked out just in time.

# 18:53 ALL SPEAK AT ONCE AS THE WELCOME SIGN IS REPOSITIONED

#### ROBERT

167. Then I didn't sleep for two days. Then you see, I had stopped smoking. Then I started smoking again. All because of this crisis. I was a few days without sleep until I took the medicine. Then I slept for two days, didn't I? For two days, more or less, sleeping. I couldn't speak properly. But even then, this anxiety crisis created insomnia, remember Lilith? That I was several days like that. I didn't sleep. She slept, and I stayed awake, sometimes I nodded off.

### LILITH

168. He became kind of a psychopath. You know when a person hears something like that, some noise in the house? Sometimes it's a kitten that passed by and he would say "someone's coming in".

#### ROBERT

169. It was, it generated several things. Even an itch crisis that I had, that I got all over my body, so it generated...

### LILITH

170. You know when you get measles? It became like that.

# **MEDIATOR**

171. And apart from this period when Lilith gave you this medication and so on, did you take anything else?

# ROBERT

172. Well then, she left me in a state of shock. It got worse because I said that I was afraid. I wouldn't take anything else. I kind of have trouble taking medication. It's bad even to go to the hospital. You saw that to take the vaccines was tough. That was the first (dose against COVID) I almost broke her arm! I said, "Now I'm a man, I won't do that."

# ALL LAUGH AND TALK AT THE SAME TIME

# LILITH

173. Getting a tattoo doesn't hurt, right?

# MEDIATOR

174. Ah, but then you didn't get a vaccine (addressing Carlo, for some side comment he made during Robert and Lilith's speech).

# ANDY

175. But it wasn't the needle, was it? I regretted the needle...

# MEDIATOR (ADDRESSING CARLO)

176. Hi Carlo, but haven't you had the vaccine yet?

# CARLO

177. The line is too long, it's been full all day.

**Commented [APS58]:** A COVID and health; A5 Mental health

Commented [GS59]: A COVID and health; A5 Mental health

**Commented [APS60]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS61]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

178. It doesn't take 15 minutes to go... (inaudible)

#### VIVIAN

179. That's not good enough, Carlo. Find another one, Carlo.

#### ROBERT

180. I think this pandemic caused (interrupted by Lilith)...

#### LILITH

181. There was also the problem of your sister who gave you more ... (referring to emotional stress)

### ROBERT

182. Yeah, there was also my father's accident.

# LILITH

183. There was his father's accident, then there was his sister...

### **MEDIATOR**

184. Yeah, you lost a lot of weight before that, didn't you?

# ROBERT

185. I lost about 20 kg more or less. I was 80 kg and got to 86 kg... I remember that I started losing all along... Today I weigh what? About 65kg, 64kg.

# RICHELE(CELEBRATING)

186. Oh yeah! I am almost there, I weigh 85kg.

# CARLO

187. I need to lose weight.

# LILITH

188. I'll get you a volunteer job...

# MEDIATOR

189. You had told me that your sister... I'll say it here because people will transcribe it....

# ROBERT

190. Yes, yes.

# MEDIATOR (REFERRING TO ROBERT)

191. Did your sister have a heart attack or something?

# LILITH

192. She had COVID.

# MEDIATOR

193. Yes, I don't understand, she had a heart attack and went to the hospital.

# ROBERT

194. See well, what happened was that she had COVID and didn't know it.

**Commented [GS62]:** A COVID and health; A5 Mental health

**Commented [APS63]:** A COVID and health General health conditions. Weight loss

Commented [GS64R63]: Consequence of covid?

**Commented [APS65R63]:** Not directly of COVID, but of social isolation.

**Commented [APS66]:** A COVID and health; A1 Infection A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

195. She was asymptomatic, she had no symptoms.

#### ROBERT

196. My niece, to tell you the truth, managed to get a job. So, she went back and forth.

#### MEDIATOR

197. Yes.

#### ROBERT

198. And then what happened was that my niece got COVID and then she passed it on to her husband and to my sister.

### **MEDIATOR**

199. Right.

# **ROBERT**

200. Then what happened, during this "game" COVID... She had COVID and had a heart attack. The doctors say that COVID helped this impact on her. And then she found out that she only had 55% of her heart working. The other half was not working and that's when she had the electrocardiograms done... It's because she had already had a [heart attack] in 2013.

# MEDIATOR

201. Ah, she had two then.

# ROBERT

202. So, nobody knew, there was a healing of her heart. It hurt and healed itself, right? So, only 55% of her heart was left working and the other 45% has now stopped. And that's when she was in the middle of the non-COVID ward. And the doctors hadn't done any [COVID] tests on her. And then, when she was transferred to another hospital, they did the COVID test with the general practitioner, if memory serves me correctly, and asked if she had done the tests. And they said it wasn't necessary because it had been a heart attack. And then he said no, you are required to do this test, and that's when she did it and discovered that she was asymptomatic, asymptomatic what do you mean?

# LILITH

203. Yes, she was asymptomatic.

# ROBERT

204. And then she didn't have the symptoms.

# LILITH

205. She transmitted COVID but did not show that she had it.

# **ROBERT**

206. So, you can imagine how many people were there in the room with her that could have caught it and so on.

# MEDIATOR

207. And in the hospital, right? how crazy!

**Commented [APS67]:** D Vulnerability; D1 Exposure (exposure due to work)

**Commented [APS68]:** A COVID and health; A1 Infection D Vulnerability; D1 Exposure (exposure due to work)

**Commented [APS69]:** A COVID and health; A2 Hospitalization

**Commented [APS70]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

208. So, it's something like that...

#### LILITH

209. Look, I think you had gone to visit her the same week, a week before she was hospitalized.

#### ROBERT

210. Yes. I had visited her.

#### MEDIATOR

211. That's how it goes.

### LILITH

212. Yeah, but did you tell her that you almost beat up the doctor because he wouldn't do the exam?

#### ROBERT

- 213. It's because Lilith was.... I even told Cleiton (mediator) that I was at a truco (card game) and the guys at Sextou (name of the bar). Those who know us.
- 214. And then Pico (nickname of his friend) showed up with symptoms, and everybody got desperate. Then we started to do the test. We went to the clinic, and I did mine. But they didn't want to do it for Lilith. But I got nervous because it is mandatory. This was the case of a pandemic, a general pandemic. There is nowhere to run. It is necessary, to do the test.
- 215. [they said] "No, we don't need it, her problem is stress".
- 216. Dude, how come stress? Because whether you like it or not, it has opened up a range for everyone to get COVID. How can I go there, and do it and you can't do it?

# MEDIATOR

217. Sure.

# **ROBERT**

218. I was angered. I said, "Look buddy, I'm going to tell you something, today she's coming here to try to do something if she shows up with a symptom or happens at home, I'll come back here, it's going to get crazy."

# LILITH

219. He didn't say to get angry, he said I'm going to get you.

# ALEXANDRE

220. In relation not only to you, but to the others, did they also have any difficulty in accessing it?

# 25:16 LILITH

221. I went twice, I tried to go twice, and they didn't want to it. I went to the hospital. When got there, I remember that I was feeling bad at the general hospital here in Guaianazes. A doctor said that my problem was pressure and a little stress, then it was ok. He gave me medicine, I took the medicine in the vein and came home, my pressure was very high. Then, after about 10 days we went to this station, and he claimed the same thing that my problem was stress and pressure did not want to do neither in the hospital nor the...

# ALEXANDRE

222. The COVID test.

Commented [APS71]: D Vulnerability; D1 Exposure

**Commented [APS72]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS73]:** A COVID and health; A5 Mental health A COVID and health; A6 Access to Healthcare facilities/

A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

Escalating conflict could indicate the access to tests was a real hurdle.

**Commented [APS74]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

223. The COVID test, only Robert could do it twice, I couldn't do it at all.

#### ALEXANDRE

224. Ok, what about other things, guys, did you have anything like that?

#### RICHELE

- 225. My husband and I took all the children to do the test after I found out I was pregnant, because we all lived together. Then everyone did the test, then it was my son's and my husband's turn, and the woman didn't want to do the test there on the spot. He sleeps with me; he lives with me. My son lives with me, and he won't do it?
- 226. She said, "You would be taking the test from someone else." Then my husband got the paper and went back and said, my wife told you to do the test. Then the woman didn't want to do his test. Then I said, "Really? What are you not going to tell her?" [the husband replied] "But I already talked to her, she doesn't want to do it." I opened the door and said, "My husband and my son are going to take the test because if not, I will call Interpol (police) here and let's see if you won't do it." Ah, so someone else can live, my husband may die knowing that he was with me and COVID, do you understand? I don't care, they will do the test. She got all red.

#### LILITH

227. She's talking like that because when she's nervous she makes a fuss, you know?

#### RICHELE

228. Yes, my husband tried to avoid that. But she didn't help, you know? He took the paper and went there and when I went, I started to scream because there's no way this could happen. It's ok, I want to kill him sometimes. (kidding)

# 27:16 MEDIATOR

229. How about you Lara, did it happen to you? Something similar?

# LARA

230. No.

# MEDIATOR

231. Nothing?

# LAUREN

232. Lara committed herself in the house, she couldn't see anyone.

# LILITH

233. She did complete isolation.

# LARA

234. I went out only to get bread and... Total isolation so I had nothing, thank God. Neither with a doctor nor with COVID.

# ALEXANDRE

235. Bringing more people into the conversation.

# **MEDIATOR**

236. I'll put, I'll come. Jim, talk a little bit, because this way you had....

**Commented [GS75]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS76]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

Commented [APS77]: B Changes in mobility; B4 Immobility/ work, study from home

237. He's the one from the robbery we were talking about.

# **MEDIATOR (ADDRESSING JIM)**

238. Because you had...

#### GOLIAS

239. Oh no, you broke both your legs man, I broke one and it was hard enough, two at the same time, imagine, tell him, he's brave.

# LILITH

240. He is brave.

#### IIM

241. The pandemic was heavy for me because of my work, understand?

# MEDIATOR

242. Yes.

# JIM

243. Because I work with Carnaval, so it was forbidden, you know? In the times of the pandemic...

# MEDIATOR

244. And you also have that situation of...

# JIM

245. Yes, I have bronchitis, I have chronic bronchitis. So, when you said isolation, I wouldn't even go out of the house because I have chronic bronchitis so I would be more... it attacks faster. I thought, no, I have a weak lung, I have bronchitis, I would die. It's better to stay at home, I was isolated yes.

# MEDIATOR

246. And when vaccination began, did you go there quickly to get vaccinated? You were in the first group, more or less, right, almost?

# JIM

247. So, I didn't have a report that proved bronchitis, I had to have one, right?

# MEDIATOR

248. Yes.

# JIM

249. To prove it so you could take it. So I kept waiting for the shipment after pregnant women, after people with chronic diseases.

# ANDY

250. It's because what complicates is the autoimmune.

# JIM

251. Yes.

Commented [APS78]: C Quality of life; C2 Work/livelihoods

**Commented [APS79]:** D Vulnerability; D2 Resistance (comorbidities)

**Commented [APS80]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

252. Because we can't even get normal care, let alone the report.

#### JIM

253. That's right.

# (SOME LAUGHS)

### **MEDIATOR**

254. So, in general, you... the public power... The healthcare environment wasn't very receptive, wasn't being very receptive to you, right? Like you tried... you had to fight to get tested, you were hospitalized without knowing, and you ended up contaminating other people.

# (ADDRESSING MICAELA)

255. Tell me, where are you, behind the pole?

### MICAELA

256. It's the same, that was my mother.

### LAUREN

257. That was the first time you had.

# MEDIATOR

258. Was it?

### LAUREN

259. She had once that she didn't have anything [symptoms] and didn't feel anything. And she tested positive and then I was bad. Then, I went to the AMA [local health clinic] and told them that she had tested positive and that I was bad, and they didn't want to do the test.

# MEDIATOR

260. Is the AMA up here?

# LAUREN

261. It's... (inaudible)

262. They didn't want to do the test me because they said they didn't have time. And I was bad, she did not have anything.

# **MEDIATOR**

263. Were you showing any symptoms?

# LAUREN

264. I was already bad.

# MICAELA

265. I had no symptoms at all.

# LAUREN

266. I imagined it was, then they didn't want to do the test and told me to come back in 3 days, and I didn't go back.

**Commented [APS81]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS82]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

### ANDY

267. One of the times was almost because of Robert, his sister. Caught it inside the hospital in the pediatric ward. In the pediatric ward, so my daughter was lucky that she didn't get it. Because she was already not well. She was very lucky that she didn't get it because I got it inside the hospital.

**Commented [APS83]:** A COVID and health; A1 Infection D Vulnerability; D1 Exposure

#### GOLIAS

268. And I also caught this flu.

# **MEDIATOR**

269. Which flu?

### **GOLIAS**

270. H1N1, I used to work in the market, everybody worked like that (making a tired gesture).

### **MEDIATOR**

271. Oh, really Golias?

# **GOLIAS**

272. And everybody was limp.

#### MICAFLA

273. And everyone at home got it.

# **GOLIAS**

274. I got it too.

# LILITH

275. The end of the year was the best of Andy' life, she couldn't do anything.

# **GOLIAS**

276. I couldn't do anything. At work, the kids played their businesses, the guys were dying, and the boss was also contaminated, everybody for three days.

# MEDIATOR

277. But you went to work even when you were sick?

# GOLIAS

278. We were going to work...

# LILITH

279. Because if I don't work, how can I support myself?

# **MEDIATOR**

280. Yes, yes, you have to go... And Micaela, with you the same situation is nothing serious. Well, only your mother got it.

# MICAELA

281. Only my mother got it, only once too.

# MEDIATOR

282. Yeah, and with Brenda (pointing to the baby on Micaela's lap) you keep moving her up and down? Did she have anything?

**Commented [APS84]:** A COVID and health; A1 Infection In this case, H1N1 or other influenza. D Vulnerability; D1 Exposure

**Commented [APS85]:** D Vulnerability; D1 Exposure Exposure in the family is very common.

Commented [APS86]: A COVID and health; A1 Infection C Quality of life; C2 Work/ livelihoods D Vulnerability; D1 Exposure (exposure due to work) This sequence with Golias gives the impression exposing oneself due to work is the standard. In this context, implementing social distancing seems harder than in an environment in which protecting the workplace from

Commented [APS87]: C Quality of life; C2 Work/ livelihoods

diseases is valued.

D Vulnerability; D1 Exposure (exposure due to work)

### MICAELA

283. Just this bronchitis she has now, but she always had bronchiolitis, like I told you.

#### MEDIATOR

284. Yes, yes, I understand.

#### MICAFLA

285. An appointment at the clinic when you can get it. It's difficult to get an appointment with the pediatrician. If you leave at 6 o'clock in the morning you will arrive home at 5 o'clock in the afternoon (baby coughing during her speech). That's when you get it, because sometimes you wait, wait, wait, nothing comes out and you leave.

#### ROBERT

286. But now what has made it a little easier for us with the health center is that now we have the support of Thais. She is now a member of the council and then what happens, if there is some situation... Here, if there is some situation that... For example, if you arrive at the health center, you see that people are sitting there, they are not moving (working). Because this has happened many times. If you go looking for a service, they are not there, they are not serving you. You can get the counselor's phone number and send a message to her immediately, that's why we did all that running to be able to join the council.

### **MEDIATOR**

287. Yes.

# ROBERT

288. Because she will speak for our community today. Because before when you went to the paper you needed an address so you could register there. And then they wouldn't do it because the address didn't match and so on. And then what happened is that today because she is a counselor, when she calls it's like "Look, this are the people from my community." The support comes really quick, they get a move on.

# RENATA

289. Yes. So, I go there to talk to her that by God I'm about to have an operation in my eye. This eye here is almost blind, and I need to see a doctor so that he can give me a referral. Then I can go to CEMA [local hospital]. So far, my son, I haven't managed to get it.

# MEDIATOR

290. Renata, I was just waiting for you to come back here to ask you this.

# **LAUREN (ASKING RENATA)**

291. Can't you get into the system to schedule it straight away? You have to be referred then? Free treatment has to be referred. Because when I went because of the ear, it was straight away.

# ANDY

292. Yes, she got it straight away.

# LAUREN

293. It's just you, but it has to be you. You have to go there to schedule it, because when you schedule it for me you can't. You have to go there directly.

**Commented [APS88]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

Commented [APS89]: A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines
D Vulnerability; D2 Resistance (social capital, social

The access to health services is mediated through a local council member. It demands political clout.

**Commented [APS90]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines C Quality of life; C2 Work/ livelihoods

**Commented [APS91]:** D Vulnerability; D3 Resilience (factors of resilience)

They organized politically to elect a councilmember. Now they have the political currency to access the service via the "side door".

**Commented [APS92]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

294. You need to go to the doctor again because she is deaf from one ear.

### LAUREN

295. Almost from both.

### LILITH

296. So, there you go. Look how beautiful, this meeting was good.

# LAUREN

297. Why do you think I didn't come back? It's at the house at the end of the world, my daughter...

#### ANDY

298. I think she wants to wait to go deaf, her eardrum is burst.

# MICAELA

299. I am too...

#### ANDY

300. She has a burst eardrum on one side.

# LAUREN

301. I can only hear you because. (inaudible)

### ANDY

302. She often cries from earache...

# 34:41 SEVERAL PEOPLE TALKING AT THE SAME TIME (LAUGHTER)

# MEDIATOR

303. Okay, just a little bit, there are two pieces of information that I had to ask you now. First, Renata is a little bit out of the story that I was going to ask you. You had a surgery that had to be done before the pandemic. And when the pandemic broke out, they moved you to... Until now you still haven't been able to do it... It's been 2 years... Isn't it you that had a surgery that you couldn't do?

# RENATA

304. No.

# MEDIATOR

305. I'm going to find someone who told me that.

# **RENATA**

306. Not me (laughing) (note: during the individual interview, the participant reported the delay and consequently the cancellation of the surgery because of the pandemic)

# MEDIATOR

307. And who had a... had a strong migraine or something like that? That you have to take serum to get rid of?

# MICAELA

308. Me.

# MEDIATOR

309. That was you, right? So, when I asked you about health care, I was thinking about that about you...

#### MICAELA

310. I go more to hospitals, sometimes the hospital is fast, sometimes it takes a while. But they always help me, but I always go to the hospital, never to a health center.

# MEDIATOR

311. During the pandemic, is it being calm during this period for you? Have you been able to go, to be attended to when needed?

### MICAELA

312. Yes.

### **MEDIATOR**

- 313. Yes, that's what I was asking you.
- 314. And how have you dealt with these social events? The people who go to the Forró [party] and the people who go to the funk [party]? Hey Golias, let me ask this question to you.

# **GOLIAS**

315. No. I don't go out, I just stay at home.

### **CARLO**

316. I don't know either, there are too many people.

# LILITH (ASKING CARLO)

317. Where didn't you go?

# **GOLIAS**

318. Look who's bringing COVID home.

# CARLO

319. I come with more alcohol in my body than when I left home.

# LAUREN

320. What a responsibility, huh?

# CARLO

321. What about you? I was just saying that you go to funk parties.

# ANDY

322. But we're vaccinated, with the three vaccinations. We get right, we go out once a week.

# 37:20 CARLO

323. Oxê. They said it's easier to get it with them than without.

# ANDY

324. No, I've already had two vaccinations.

# CARLO

325. That's the weakest way.

**Commented [APS93]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS94]:** C Quality of life; C4 Leisure D Vulnerability; D1 Exposure (risk perception)

Commented [APS95]: C Quality of life; C4 Leisure D Vulnerability; D1 Exposure (risk perception)
After vaccinating, they feel they can expose themselves for laining.

Commented [APS96]: E Source of Info; E2 Folk Wisdom

### MEDIATOR (ASKING CARLO)

326. Where did you hear that? Who told you?

#### CARLO

327. Back at my work, everyone says that you get weaker (after being vaccinated), I don't know what...

#### ANDY

328. I heard that after the vaccine you can get it, but you don't get it with the same potency as if you hadn't been vaccinated.

# RICHELE

329. But I was afraid I had COVID because I had no taste, no smell, no taste. I was one month without feeling anything. Then I started to watch the news and it was talking about this. That I had to do stuff like this. Then I made coffee, and I did it like this (simulates bringing the nose close to the coffee cup). The best thing was to smell coffee. It was very hard to eat, not feeling any taste, not feeling the smell of anything. You have to see if there is a bad smell, you don't feel it, but then it is funny.

#### ALEXANDRE

330. Did you see this on TV? When did you hear that this was a symptom of COVID?

#### RICHELE

331. No, I didn't hear that this was a symptom, I knew that this was a symptom of COVID.

# ROBERT

332. You said you saw it on TV.

# RICHELE

333. What I was seeing on television is that people who had COVID, had these symptoms, the side effects, the taste didn't come back, the sense of smell.

# ALEXANDRE

334. But then, what I am trying to understand is, he talked about a work...

# RICHELE

335. It was in the news, in Fantástico (a weekly television program) that was being broadcast.

# **ALEXANDRE**

336. What else did you hear, where did you seek information?

# RENATA

337. On television.

# RICHELE

338. On Fantástico, what happened to people with COVID was being shown, so I learned about coffee powder, smelling coffee... these things helped.

# ALEXANDRE

339. Got it.

**Commented [APS97]:** E Source of Info; E2 Folk Wisdom/hearsay

Commented [APS98]: A COVID and health; A1 Infection

**Commented [GS99R98]:** A COVID and health; A5 Mental health (fear)

Commented [APS100]: E Source of Info; E4 Local News

Commented [GS101]: E Source of Info; E4 Local News

Commented [APS102]: E Source of Info; E4 Local News

### RENATA

340. It's funny that I took the two doses in one, I had no pain, no symptoms, I had nothing. I took one day when I started to feel a sore throat and I spent 3 weeks inside the house with fever, everything that you can imagine. It's strange and my husband took the first one, but he didn't have anything. And said that the second one knocked him down too.

#### CARLO

341. Everyone says that the second one is bad.

#### ANDY

- 342. Ah, what brought me down was the third one, gee, I cry until this day (laughs).
- 343. I even had a fever. The woman looked at me and said no, not this one because I took two of the same ones and the other was different, this one doesn't cause any symptoms. I said, wow, the others said they caused (side effects) but they didn't. Right, so this one, which doesn't give me a fever, my arm was sore, it was beautiful (being ironic).

### LILITH

344. Started to get depressed, won't take the third dose...

# **40:08 SEVERAL TALKING AT ONCE**

# 40:42 MEDIATOR

345. Speak up, dear.

### VIVIAN

- 346. I'm pretty sure I got it, I have a problem with this ear, just like her (pointing to Lauren).
- 347. When I got Corona, because I'm pretty sure I got it, those problems I had with my teeth started to hurt. It had been a long time since it had hurt, I had stopped the problems and after I got COVID it started to develop the problems that I had before.

# **MEDIATOR**

348. OK, so you didn't go to see anyone. When did you have this?

# VIVIAN

349. What do you mean, did I go?

# **MEDIATOR**

350. Did you go to the clinic?

# VIVIAN

351. No, I didn't take the test.

# ROBERT

352. Hi Cleiton, I'm just going to repeat the question that he (referring to Alexandre) asked here for her and people didn't hear. If anyone else got information other than from the television. If there was any other source of information, that he asked, and I don't think people heard.

# ANDY

353. I had no information, but I had a case in the family of a cousin that recently passed away, that she had COVID asymptomatically. Nobody knew. Her mother didn't know and then they took them to the hospital. When they got there, she had already had COVID for some time. And because of this

**Commented [APS103]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [APS104]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

**Commented [GS105]:** A COVID and health; A5 Mental health

Commented [APS106]: A COVID and health; A1 Infection

**Commented [APS107]:** A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines

COVID that she had, and nobody knew about, it stayed in her organism and then some health problems came up that led to her death. She was hospitalized for a long time and the doctors said it was the asymptomatic COVID that stayed in her system.

# **ROBERT**

354. COVID makes you weaker.

# LILITH

355. It's like Robert's sister.

# **ALEXANDRE**

356. But then you got informed at the hospital, right?

#### ANDY

357. Actually, the whole family knew. A step by step about what was going on with her. So, everything that the doctors told us, the parents told us.

### **ALEXANDRE**

358. And trying to understand, you don't know if you got COVID or not because you didn't test, is that it? But you had the symptoms...

#### VIVIAN

359. Yes. When I got it, I was like this, delirious in bed. I couldn't stand up and my nose and forehead hurt like hell. Something that never happened, like a normal headache. It hurt like hell. And I couldn't stand up because of the weakness.

# **GOLIAS**

360. But they said it wasn't COVID, they said it was the new flu.

# VIVIAN

361. And I couldn't smell anything, like her (pointing to Richele).

# **CARLO**

362. You couldn't even taste it either?

# VIVIAN

363. No taste.

# RICHELE

364. So, this flu was a Corona in disguise (laughs)

# MEDIATOR

365. Yes, it was similar.

# ANDY

366. It's another name for COVID.

# **ALEXANDRE**

367. There's something else people. Cleiton is asking, but other things you used to do in your social life like that, visiting friends...

Commented [APS108]: A COVID and health; A1 Infection

Commented [GS109R108]: A COVID and health; A3

A COVID and health; A4 Long-Covid

Commented [APS110]: A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines
There is major uncertainty about having COVID. Tests seem very difficult to get.

# MODERATOR

368. Go to the park, do leisure activities like this.

#### RICHFLE

369. I didn't do any of that, I used to go to the Forró (dance hall), I used to sleep all day long. (laughs)

#### ALFXANDRE

370. And during the pandemic, was everything the same or did it change?

# RICHELE

371. It didn't change, actually I stopped going out more when my husband left (from prison) (laughs)

#### LILITH

372. Well, she used to, after he was released, she didn't go out anymore.

#### RICHELE

373. It's because now he wants to go out with me, but it's no fun anymore...(laughing)

#### CARLO

374. It's no longer fun.

### **ALEXANDRE**

375. And for the rest of the guys, did it change anything? From seeing her relatives...

# LILITH

376. We started going out less, much less

# JIM

377. That's right, a lot less.

# **GOLIAS**

378. And the problems were two (the robbers that caused the fractures in Jim's legs) that ended his fun, he has to catch them, right Jim?

# JIM

379. Ah, really. I'll get better at going after them. (laughs)

# 44:38 GOLIAS

380. When Renata told us, when it happened that Jim got hurt, I said, "Bro I don't know, to break it you have to be tall huh? "  $\,$ 

(JIM REACTED TO A ROBBERY AND WHEN CHASING THE BANDITS FELL 4 METERS DOWN A CLIFF).

# RFNATA

381. We used to go every other Sunday to my husband's parents, and we quit doing it also. We stopped going to visit my husband's parents.

# **MEDIATOR**

382. And have you gone back to visit them or not yet?

**Commented [APS111]:** D Vulnerability; D3 Resilience No change in behaviour.

**Commented [APS112]:** C Quality of life; C1 Family C Quality of life; C4 Leisure

**Commented [APS113]:** C Quality of life; C1 Family C Quality of life; C4 Leisure

Commented [APS114]: C Quality of life; C1 Family

### RENATA

383. No, not yet. Not since COVID started we haven't been there anymore and we used to go once a week, every 15 days.

### MEDIATOR

384. And is it far from here?

#### RENATA

385. Sapopemba (a suburb of São Paulo). Yes, it's far, then his mother died too, and we only went for the funeral and then we didn't go anymore.

### **MEDIATOR**

386. The burial was in a closed coffin, wasn't it?

### RENATA

387. Yes, but she had another kind of illness, right?

# **MEDIATOR**

388. Yes, I see.

### 45:20 ALEXANDRE

389. And whom else are you talking about that also reduced, met the staff just at the doorstep?

### JIM

390. Yes, I didn't even go out, the people who came to visit me, I stayed at the door. I was inside and they were outside, we would talk, and they would leave.

# **ALEXANDRE**

391. Yes, but was it really because of fear of COVID?

# JIM

392. Fear of COVID, for real (laughs a little).

# ROBERT

393. Yeah, the same thing happened with my father. When my father, he has a car and he always came there, right bro? Then because of COVID, he stopped.

# LILITH

394. But he is in a risk group, his wife has bronchitis too.

# ROBERT

395. And he stayed... it's been a while since he's been away.

# LILITH

396. It's been a year since he's been here, right?

# ROBERT

397. No, my father .... I don't think you've seen him yet.

# MEDIATOR

398. He's from Bahia (northeastern Brazilian state), right? He lives in Bahia.

**Commented [APS115]:** D Vulnerability; D3 Resilience Not going back to previous behaviour.

Commented [APS116]: C Quality of life; C1 Family

**Commented [APS117]:** D Vulnerability; D1 Exposure (risk perception)

Commented [GS118R117]: A COVID and health; A5 Mental health (fear)

**Commented [APS119]:** C Quality of life; C1 Family D Vulnerability; D3 Resilience

**Commented [APS120]:** D Vulnerability; D2 Resistance (comorbidities)

**Commented [APS121]:** D Vulnerability; D3 Resilience Not going back to previous behaviour.

399. Yes, he lives here in Arujá, but when the accident happened, he had gone on a trip to Bahia. He has a house in Porto Seguro and had to take care of some things there.

#### MEDIATOR

400. Ok, so... events... I will read a question here: did you experience any event that radically changed the way you acted during the pandemic?

#### **ΔI FXANDRE**

401. Was there some moment like that that changed everything? Or no, was it gradual?

### **MEDIATOR**

402. For example, Robert said... I don't know if it was that moment, apart from your sister. What I realized talking to you before (during the individual interview) was that you were there at the table playing, and you guys were not wearing masks, cool .... then a partner of yours said that he was infected and that was it! Was it then that you started acting differently, after you found out about it?

#### ROBERT

403. It changed because when I found out about it, to tell you the truth, it wasn't when I was at the table. Because I was playing truco there... It was afterwards, I was there on a Sunday during a celebration...

### LILITH

404. Then they came to tell me on Tuesday.

# ROBERT

405. Yes, they came to tell me on Tuesday, and I was more afraid because I was going to start working with my father. I would split the Uber (both would work together driving the car). I had already done the registration and had done everything and then I couldn't even get close to my father, because my father is at risk. my father has bronchitis, and his bronchitis is very serious and so, that left me at the time, gave me that impact, I said we were starting... the association (Fênix) was starting to grow, the girls (referring to some of the focus group participants) remember that time.

# LILITH

406. Do you think this was impactful in his life?

# ROBERT

407. Man, it scared me... I was like, I told him, man.... COVID and then you remember... a lot of people dying, a lot of people hospitalized, what's going to happen?

# LILITH

408. We were starting the association's process and we were already distributing breakfast and lunch... basic staples kits, clothes... So, we had a lot of things to be donated and then we had to stop everything for 30 days until we could get the results that take so long in the hospital, and we had to stop everything, and send the girls to stay home.

# **ALEXANDRE**

409. And then you had suspicions too?

**Commented [APS122]:** D Vulnerability; D1 Exposure (risk perception)

Commented [APS123]: C Quality of life; C1 Family C Quality of life; C2 Work/ livelihoods

D Vulnerability; D1 Exposure (exposure due to work)

**Commented [GS124]:** A COVID and health; A5 Mental health (Fear)

410. Yes, because it is due... thinks the guy...

#### LILITE

411. He was playing with the guy, playing pool with the guy.

### ROBERT

412. Truco, it was truco. And then we were drinking, everyone was drunk, spitting, you know. The biggest mess and the guy came face to face with me. My guy spit on my face all over. I forgot about the COVID, I forgot everything, went crazy then.... We forgot everything and then when you thought that no (that there was no problem) comes the call from Vico (nickname of friend) saying he has COVID. Come on... the good thing is that the people we were in the house, the people wanted to assist in the best possible way. Only that at the time I was angry.

### LILITH

413. Angry? What's it like?

### ANDY

414. It was the force of hatred, if I had caught the guy, I would have slapped him a few times.

#### ROBERT

415. Why? Because automatically we understand what? He was already showing some symptoms.

# LILITH

416. He already knew.

# ROBERT

417. Because when I saw him arrive I realized he wasn't very well, the way he was.

# GOLIAS

418. A little droopy, wasn't he?

# ROBERT

419. He was kind of like that, that look on his face like ... (inaudible) and so on, and when he was going to pick up a can (of beer) because I watch people a lot, I watch them like this. And then when I saw him picking up a can, he did this kind of thing before picking it up (makes gestures to illustrate that he was not well) but I think that after he had a few he was happier. He showed some improvement, but I felt he was a little down, a little weak, so what was his problem?

# **GOLIAS**

420. He hid it, didn't he?

# ROBERT

421. So, what's the point? He's a guy that has more information than us, the guy is an administrator, the guy is inside. I'm with a guy... it's the same thing as if I took Cleiton here (mediator) and his friend here (pointing to Alexandre).

# MEDIATOR

422. Alexandre?

**Commented [APS125]:** the emotional involvement with the prospect of getting infected.

**Commented [GS126R125]:** A COVID and health; A5 Mental health

**Commented [APS127]:** E Source of Info This stresses the role information has. As if it brings responsibility.

423. Alexandre. These are the information guys. Guys that live together all day long among several people that receive information that sometimes we don't receive. And then suddenly he is already aware of some symptoms that sometimes, because sometimes we are not here, even though we have the internet, we don't keep researching everything, So, what's his move? Come on bro, maybe I'll get a police report (slang for police report, in this case, referring to the friend with COVID going to a social event even though he suspected he wasn't well) bro, I won't even pull the guys over there because... do you understand the vision?

**Commented [APS128]:** Similar to the previous comment, expanding on it.

# **MEDIATOR**

424. Sure, yeah.

# ROBERT

425. So, I said, dude, this guy is aware of something, this guy has arrived...

#### **GOLIAS**

426. Now, just like you said... I'm going to go and stuff (referring to Robert's friend) ...

#### ROBERT

427. Do you understand? There have been cases of a fathers dying because his son went out clubbing or was in a bar playing.

### MEDIATOR

428. That's right.

# ROBERT

429. Sick, got COVID, moved to the house, the father... So you understand... I think it's a question of conscience because this is tough. But then everything happened, today he comes over and we

# MEDIATOR

430. And Lara, what about you?

# LARA

431. What?

# MEDIATOR

432. What event happened that had an impact on you about COVID, about the pandemic? Because you seem very calm, very serene. Everything seems to be fine. It doesn't even seem like the end of the world.

# LARA

433. No, it's wonderful (laughing).

# MEDIATOR

434. I'm still trying to decipher you (participant's laughter), that's the truth (laughter).

# LARA

435. My ex is God there (laughs) not afraid of anything.

# 51:02 MEDIATOR

436. Because then you informed yourself about the pandemic at home or you didn't worry about it, or you worried because you went out?

### LARA

437. I didn't go out, I'm not one to go out, so I would go from home to the bakery. Then, if the kid is at school, from home to school, the children.

#### MEDIATOR

438. Okay, so homely. She's super homely like that.

### LARA

439. Yes.

# MEDIATOR

440. So, when the problem involved having contact with other people, exposing yourself on the street, then for you it never bothered you?

#### LARA

441. Not much (inaudible).

# **ALEXANDRE**

442. And when you went out shopping, things like that?

# LARA

443. Very difficult.

# **ALEXANDRE**

444. Going to the market...

# LARA

445. No, in that case it's just that.

# ALEXANDRE

446. But did you feel any problems from the pandemic?

# LARA

447. No.

# ALEXANDRE

448. Normal?

# 52:00 LARA

449. wasn't afraid, because for me it was not fear, I was afraid of my husband catching it, because he brings the food into the house and if he caught it. For me it would already be an impact, because how am I going to start all over again? But thank God it didn't come to that.

# ALEXANDRE

450. What does he work with?

# LARA

451. Painting.

Commented [APS129]: D Vulnerability; D3 Resilience not changing behaviour at all

Commented [APS130]: C Quality of life; C1 Family D Vulnerability; D1 Exposure (risk perception) D Vulnerability; D1 Exposure (impossibility to socially isolate)

**Commented [GS131R130]:** A COVID and health; A5 Mental health

# ALEXANDRE

452. Okay, so he was always out and about?

#### ΙΔRΔ

453. Yes. Always on those drives, right. I used to go there with him

#### GOLIAS

454. I used to go with him to Itaquera, he was stationed there.

# MEDIATOR

455. And then, during the pandemic, what was it like for him? Did he continue to work fine?

#### ΙΔRΔ

456. I don't know... I think it was only a week, 15 days... that he stayed at home because everything had to be closed down.

# **MEDIATOR**

457. Right at the beginning of the pandemic?

#### LARA

458. No, it wasn't at the beginning. I think at the end... When it got worse and there was a time when everything had to be closed down.

# **MEDIATOR**

459. Right.

# LARA

460. So, there were places, there were buildings that didn't allow people to enter to do their work. So, there was a period when he had to stay at home, but he stayed 15 days, a week. But he was fine.

# **MEDIATOR**

461. I understand.

# 53:00 ALEXANDRE

462. And still on that same work issue there, did anyone have to stop working like that because of the pandemic?

# 53:10 PEOPLE TALKING AT THE SAME TIME

# RICHELE

463. I wanted to work at the door of the club, but I couldn't work anymore.

# ALEXANDRE

464. You didn't work at the carnival either.

# JIM

465. No.

# **ALEXANDRE**

466. Whom else?

Commented [APS132]: B Changes in mobility; B4 Immobility/ work, study from home in this case, not work, then stay at home. C Quality of life; C2 Work/ livelihoods

**Commented [APS133]:** B Changes in mobility; B4 Immobility/ work, study from home C Quality of life; C2 Work/ livelihoods

Commented [APS134]: C Quality of life; C2 Work/

Commented [APS135]: C Quality of life; C2 Work/ livelihoods

467. Me, who used to work with construction. I felt a little bit like that, a brake. Because yesterday I was talking to a contractor, and it is a reality that we have... I am also a contractor, so what happens? Something very similar happened... because I work with a lot of houses and many people who were investing there to reform their houses, or their rental houses vetoed it. They held back because they didn't want to spend because they didn't know how the country's finances were going to be and were worried about how it was going to be. Others were afraid to get COVID because they were worried. There were people who isolated themselves in an inexplicable way, that you say because today even to go back to talk to someone...(some laughs)

#### HILLITH

468. The girl who came here, that girl from Teto. She didn't know how to interact with people, she was isolated for a long time. So, she came to ask me for a lighter, then she said something like: "Give me that thing over there." I said, "What thing?" Then I went and talked to Eric, I said Eric, was she isolated for a long time? [Eric told her] It was just her and the little plants.

# ANDY

469. I'm not going to lie, but I wish I had isolated myself too.

#### LILITH

470. If I could have afforded it (financially).

#### **GOLIAS**

471. If I had money I'd be here until today (participants' laughter).

# ANDY

472. No, it's because I worked in the health area, I cleaned there and as I said it was a field hospital. So I was obligated to work, I was crazy to close down there too so I could stay at home but it didn't work out. I had to work.

# **54:49 ROBERT**

473. Yeah, well, that's what I'm talking about, because if we could really afford it, I doubt that anyone would want to leave here to go to work, take a bus or do anything else. But there were people who were forced to stop. Like Manuel didn't have to because the company he works for was working all the time. The business didn't stop, but others had to stop? The contractor broke down, the market stopped, the commerce... most of the commerce broke down, everything there in Brás and in other places, so it had an impact.

# ANDY

474. A lot of companies went bankrupt.

# ROBERT

475. I can see that it had a monster impact, this was no joke.

# **GOLIAS**

476. Nobody was launching anything anymore, just food, it was just food.

# ROBERT

477. Yeah, so... just food.

Commented [APS136]: C Quality of life; C2 Work/livelihoods

Those working at construction were hard hit by work

**Commented [APS137]:** the difficulty for socialization after being isolated.

Commented [APS138]: C Quality of life; C2 Work/ livelihoods

D Vulnerability; D1 Exposure (risk perception)

**Commented [APS139]:** C Quality of life; C2 Work/livelihoods

D Vulnerability; D1 Exposure (risk perception)

Commented [GS140R139]: Cost of living - Code 45\*

**Commented [APS141]:** C Quality of life; C2 Work/livelihoods

D Vulnerability; D1 Exposure (exposure due to work)

**Commented [APS142]:** D Vulnerability; D1 Exposure (exposure due to work)

Commented [APS143]: C Quality of life; C2 Work/ livelihoods

**Commented [APS144]:** C Quality of life; C2 Work/ livelihoods

Commented [APS145]: C Quality of life; C2 Work/ livelihoods

**Commented [APS146]:** C Quality of life; C2 Work/ livelihoods (restricted consumption patterns)

### RICHELE

478. And when the food started to increase, with rice at 30 BRL. Tell me that I was impacted by this, people, because rice went up to 30 BRL. Even our basic food baskets [staples kits for 1 month] stopped arriving, even the basic food baskets that used to arrive to us. Gee, this is absurd, people, I can't do it.

#### 55:55 ALEXANDRE

479. I think they had two problems, those who didn't have the work and stopped but also people who wanted to stop and couldn't.

# 55:57 PEOPLE SPEAKING AT THE SAME TIME

### **MEDIATOR**

480. Sorry, I didn't get the beginning. How did it go?

#### GOLIAS

481. No, my sister works as a nurse, she just didn't have the opportunity, right? Because she was just starting.

#### ANDY

482. Yes, there was a lot of demand for nurses.

#### GOLIAS

483. Now she works in a hospital in Santo Amaro, a big hospital there.

### MEDIATOR

484. A, how nice, so she was looking for an opportunity and then...well, the biggest opportunity in the world came up.

# GOLIAS

485. Yes, because there were a lot of people to take care of.

# MEDIATOR

486. And did she get contaminated at any point?

# GOLIAS

487. No, because she couldn't go home. She had to stay at the hospital without going home. Only at the hospital for a month, I think.

# ANDY

488. Did she work in the emergency room?

# **GOLIAS**

489. In the emergency room, she worked only with the people who were contaminated, but then she didn't come home.

# ANDY

490. There were many nurses who were forced to work. There were people who cried and didn't want to have to work but they were forced, they didn't have the option to choose.

# **GOLIAS**

491. My sister was (forced to work), and my brother-in-law didn't want her to go to work but she went.

Commented [APS147]: C Quality of life; C2 Work/ livelihoods (increased cost of living)

Commented [GS148R147]: Cost of living - Code 45\*

**Commented [APS149]:** C Quality of life; C2 Work/livelihoods (new opportunities during the pandemic)

Commented [APS150]: C Quality of life; C2 Work/

D Vulnerability; D1 Exposure (exposure due to work)

Commented [APS151]: A COVID and health; A1 Infection (not getting infected, despite exposure)
D Vulnerability; D1 Exposure

**Commented [APS152]:** D Vulnerability; D1 Exposure (exposure due to work)

**Commented [GS153R152]:** A COVID and health; A5 Mental health

Commented [APS154]: D Vulnerability; D1 Exposure (exposure due to work)

# ANDY

492. So, they were forced.

### ROBERT

493. Andy has a funny story, right Andy? When she wanted to put a guy out of her life, she said she worked in a hospital in Covid.

# **MEDIATOR (LAUGHING)**

494. That's right, great tactic.

# **ROBERT**

495. We introduced a cousin of mine to Andy, then my cousin was like... he talked to her for a while, and she said that she worked in a hospital in Covid... So, my cousin was like that, bro (implying that he was scared).

#### ANDY

496. I made a family go back together. Because he went back to his wife.

# MEDIATOR (LAUGHING)

497. We have to thank you right?

### ANDY

498. I made a family come together again, people.

# **ALEXANDRE**

499. Let me ask you a question. We can see that there were people who wanted to stay at home but couldn't, right? So, the emergency aid, things like that didn't solve it? Wasn't it enough to stop? (Referring to staying at home, not going out to work)

# LILITH

500. No, because in my case I didn't even get it, right?

# ANDY

501. I was entitled because I had my work card registered.

# **MEDIATOR**

502. Look, but did you, Jim?

# JIM

503. What?

# MEDIATOR

504. Help.

# JIM

505. Yes, but for the amount.... (many people talking at once) we had to pay for water, electricity, food...

# MEDIATOR

506. A lot, right?

**Commented [APS155]:** C Quality of life; C1 Family (fear of exposure changing relationships)

**Commented [APS156]:** C Quality of life; C2 Work/ livelihoods (welfare)

Commented [APS157]: C Quality of life; C2 Work/livelihoods (welfare)

507. We lost (the aid), because we had an association, and we lost the government aid.

#### ALEXANDRE

508. But then, were you able to compensate with donations or was it not enough?

#### LILITH

509. No, because we didn't have. As we said in the beginning, we took from our own money many times to buy things to be able to distribute, because we saw that there were people who had no bread, no coffee, no conditions.... No gas, so we took our money and added it to the donation we already had, and we increased it, so when our aid was cut, we said now....

#### ROBERT

510. No, but there is an important point for us to put into words, I saw it when you asked, and I even wanted to talk about it. Because the allowance... imagine you receive R\$1,200.00 per month.

#### LILITH

511. But it wasn't every month.

#### ROBERT

512. An example, imagine you receive R\$1,200.00 per month and today you receive R\$600.00.

513. That amount you already can't do anything. Imagine these R\$600.00. What are you really going to do? So automatically I thought that our government... my point of view, okay? I thought that our government was too negligent because it could have done much more, because before the pandemic came, it already knew what was happening outside (around the world). It could have acted differently. In the United States he locked down so that people couldn't get in, you know?

# **59:28 PEOPLE TALKING TOGETHER**

# LILITH

514. But the worst thing is that when the aid went down things increased.

# ROBERT

515. Yes, if you receive this donation and then things start to increase more you look, it's absurd. So, the oil is R\$10.00 and the coffee is R\$20.00. So, this is the answer for the friend, I forgot his name again.

# ALEXANDRE

516. Alexandre.

# **ROBERT**

517. Alexandre, sorry, so here is the answer, what are you going to do with R\$600.00? No matter how much you take it... I pay alimony ...

# ANDY

518. Now it's only R\$400,00 then.

# LILITH

519. I sent him (the Mediator) the invoice for this (pointing to the food on the table). We spent practically R\$900.00 on this. There were still things that we put in the association that we had. But let's put it this way: R\$900.00 just for a family. If you take the children here in the community, just the children in Andy', Lauren's, and my house, it's all gone. It won't last a week.

**Commented [APS158]:** C Quality of life; C2 Work/livelihoods (community support)

Commented [APS159]: C Quality of life; C2 Work/ livelihoods (community support) D Vulnerability; D2 Resistance (support from social networks)

**Commented [APS160]:** C Quality of life; C2 Work/livelihoods (welfare)

**Commented [APS161]:** D Vulnerability; D2 Resistance (multiple stressors)

Commented [APS162]: C Quality of life; C2 Work/livelihoods (welfare) the amount paid is important

### **MEDIATOR**

520. Yes.

#### LILITH

521. Depending on the number of people in the house, you get three... four packets of rice, so the money that comes with the R\$600.00... how much do you get from the Bolsa Familia?

#### VIVIAN

522. R\$ 400,00.

# **ROBERT**

523. That's why I think the government was very negligent with this, (inaudible, people talking at the same time) that's why I think the government was negligent, because they could have thought about the investment before it happened, before it arrived in the country and could have adjusted some points. Because then we wouldn't be going through what we are going through today.

# MEDIATOR

524. Of course, of course.

#### ROBERT

525. But what happens, what was the most annoying point? I don't have any other way of saying it, that the bourgeoisie sort of stayed...

### **MEDIATOR**

526. Down there (in a good way).

# ROBERT

527. Do you understand? (agreeing) And the community? What about the low-income people? How were they going to survive? How did they live? I always say that I think that people lived for God, because, really, many people died... unfortunately, many people died.

# MEDIATOR

528. A lot of people who didn't deserve to have passed away...

# ROBERT

529. Those that are alive are because of God. Because wanting it or not, it didn't hit in the way that we thought it was going to hit our community. I am speaking for our community today; it didn't hit in the same way. As Cleiton (mediator) said in the questions that he asked there, I said that there are few here, and people that were hospitalized that we didn't hear about, but other places we heard about.

# ANDY

530. I thank God that until today because I have a son who is asthmatic at home, he used to sleep breathing the same air as me in the same bed as me.

# **MEDIATOR**

531. Yes.

# ANDY

532. I found out about COVID after [he already had it]. So, I said: Whatever God wants. Both times I found out by accident. So, if he had got it, it could have been fatal, but he didn't get it either time.

Commented [GS163]: Cost of living - Code 45\*

**Commented [APS164]:** D Vulnerability; D2 Resistance (social capital, public institutions) evaluation of public institutions

Commented [APS165]: D Vulnerability; D2 Resistance (multiple stressors)
D Vulnerability; D3 Resilience overal lack of support (factors of resilience)

**Commented [APS166]:** D Vulnerability; D1 Exposure (risk perception)

D Vulnerability; D1 Exposure (impossibility to socially isolate) overcrowding, as there is only one bed comorbidities

Commented [APS167]: A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines lack of access to tests means the diagnosis happens by chance.

### **ALEXANDRE**

533. And in this context of lack of money, right, of difficulty, did you have other associations, entities that helped or was it just by you getting donations?

#### LILITH

534. We made partnerships with other associations, NGOs, right? Because I showed them what they needed because many of them closed. But that's how it is, you closed, and you have this [material, or resources] to distribute, but are afraid to distribute it because of COVID, I will take what you are giving me. I will distribute it. I will provide you accountability, a report of who received it, why they received it. And then we started doing it this way, because they help us, and we help them. Because they need to account for what they receive, but there was no way to account for what came out.

### **ALEXANDRE**

535. Yes.

# ROBERT

536. Another interesting point, based on the other question you had asked Alexandre, is what? The government, because it's interesting, the government is thinking about all this. Money for us to eat, right? So, what happens, how come this place [other institution] is not working. It's a point that really messes with my head. There it's not working [closed], you know? Cleiton's association is not working, Alexandre's is stopped, but Lara's association is working, so I continue.

#### LILITH

537. Sending things to a place that is not working.

# ROBERT

538. It's not working and the place that is working you wouldn't know so that you could send it [the resources]. There was even the question he had asked if there was help, and then which was our luck? It was word of mouth. That got around. Let's go, because people need to go to be able to help, otherwise... we wouldn't have been able to.

# MEDIATOR

539. Right, and this is where it started, the Fenix started practically after the pandemic, right?

# LILITH

540. No, I was already doing it...

# **MEDIATOR**

541. But it was gaining momentum...

# LILITH

542. I was already working before, already making donations. But due to the pandemic, talking to him (Robert), talking to other people from Teto and beyond Teto, we were talking, and they asked: Why don't you open an association, right? And then we were like, "Come on, let's go." Because it is expensive to open an association.

# MEDIATOR

543. But what I was curious about was, I think it was Richele who said it, I think it was you who said it (pointing to Richele), that you liked it very much, that it was very important for you when you came to the association and started to help build the church...

**Commented [APS168]:** D Vulnerability; D2 Resistance (support from social networks) new levels of organization inter-institutional partnerships, possibly between middle class groups who had access to donations.

D Vulnerability; D3 Resilience (factors of resilience)

Commented [APS169]: C Quality of life; C2 Work/ livelihoods (welfare) C Quality of life; C2 Work/ livelihoods (community support)

c quality of file, cz work, livelinoous (community support

Commented [APS170]: D Vulnerability; D2 Resistance (support from social networks)
How their existence got known outside the community.
D Vulnerability; D3 Resilience (factors of resilience)

**Commented [APS171]:** D Vulnerability; D2 Resistance (support from social networks)
D Vulnerability; D3 Resilience (factors of resilience)

**Commented [APS172]:** Support from inside the community and from outside organizations

**Commented [APS173]:** a difficulty to formally open an association.

### RICHELE

544. The community kitchen.

#### MEDIATOR

545. The community kitchen, how do you see this in the context of the pandemic? Is this like a strategy?

#### RICHELE

546. As I was there at home and I had a panic crisis and everything, and I was alone. I had no one to talk to. It [the association] was good at the time of the pandemic, you know? Because it was the only thing that helped me, you know? Helped me financially, helped me clear my head, helped me not to be anxious, helped me not to be? You know? Helped me a lot? It was the association.

#### MEDIATOR

547. Was it for you... did you stimulate that in a certain way, Lilith?

#### 01:05:11 RICHELE

548. No, she would drag me out of the house. She would go and say "Get up now and let's go!" (laughs)

#### MEDIATOR

549. This is the strategy.

#### LILITH

550. It's because it all started in reality... We got encouraged when Teto stopped giving us lunch boxes.

# ROBERT

- 551. No, in reality what happened, when we started to observe that the lunch boxes they were bringing were too little for the number of people who came. Because they made available 100 lunch boxes. But the queue went from this door and up to the street [about 100 meters]. It got here... at that time the deliveries were right here, then there was a queue from inside here, going up, going up there. So, there were more than 100 people. Then when the last meal arrived, when we were delivering, how many more (were left without receiving), I cried right here.
- 552. That was when... Who had the idea was Rafael whom you talked to. Rafael said "Man, let's try to deliver some lunch boxes." and Lilith said, "Come on.". Then she stipulated to put 500 lunch boxes. And we had no conditions for anything and then she said that someday we will have a community kitchen here, then I said: "But are you crazy bro? You don't have a community kitchen, you have no money, you have nothing with anyone, and you will still make 500 lunch boxes?" And she said: "No, we are going to deliver 500 lunch boxes." and I said: "She won't be able to do it." Then she had a friend of hers whom she worked for. Bought a bunch of wood on credit, made a bill of R\$800.00 and we couldn't pay. And I had to build in desperation, and I said "Bro, you're crazy, you want to kill us" and then...

# LILITH

553. It was the most stressful week of his life.

# ROBERT

554. There are videos, right? When I see them, I always cry. Because I can't (resist emotion). Because the girls were here. Richele was here. Vivian's family was here. And several people from the community started to come in. And they don't care about COVID anymore because I always told Lilith, "Bro, we have to understand that COVID is here. Bro, you can be reported or something, and then be careful because it's like this." Then she says "I don't care, we're going to do it!"

**Commented [APS174]:** D Vulnerability; D2 Resistance (support from social networks)

**Commented [APS175]:** D Vulnerability; D2 Resistance (social capital, social networks)

The personal connection between Richele and Lilith predated the association.

(support from social networks)

D Vulnerability; D3 Resilience (factors of resilience)

**Commented [APS176]:** D Vulnerability; D2 Resistance (support from social networks)

the limits from outside help, the increased demand from the community

Commented [APS177]: D Vulnerability; D2 Resistance (support from social networks)
The drive for the association setup
The challenges and lack of initial conditions
A "leap of faith", apparently.

**Commented [APS178]:** D Vulnerability; D1 Exposure (risk perception)

Risk assessment seems to depend on how "worthy" the cause for exposure is.

555. And I still did not have the vaccine and neither had he.

#### AND

556. And it was also because there are always people who want to help. But there are also people who want to get in the way. So, the fear was that someone would denounce them.

### **ROBERT**

557. The denunciation, yes. And then it went on and on until we were able to do this kitchen there.

#### LILITH

558. Its half-finished, we didn't have all the tiles...

### ROBERT

559. There was nothing, to tell you the truth.

# LILITH

560. There was no tile, then there was only a piece that was covered.

# (SEVERAL PEOPLE TALKING AT THE SAME TIME ABOUT THE SPACE)

# LILITH

561. So, in reality it, was the only place that many families had for breakfast. The others came, got the bread, ate and we were like... We even forgot (to eat too) because we were so happy to see people getting breakfast. Having what to eat. There were people who told the story to Andy, to Lauren, to Richele and then, when lunch came, we were even happier because the children came and sat down there. We removed the small tables that sometimes people came and used to eat there. But we were afraid of what? Of accusations, of coming and harming where the work is, because even if you do good, not everyone will understand.

# ANDY

562. Not everything pleases [others]. And then we are saying "No, you come and get it." And then partnerships started to emerge. There were even people from other religions. As here we don't care about it, we understand. So much so, that we worked as Richele is from the center, Andy likes forró, I go to the church.

# VIVIAN

563. And forró is religion?

# LILITH

564. For some people it is, sorry. Because you must leave early to go to forró, it's religion. [joking, ironic]

# LAUREN

565. No, it's different, it's not midnight, we come back early because the street is dangerous.

# CARLO

566. Come back early, 6 o'clock in the morning.

# LILITH

567. We didn't put borders or barriers. We were people who wanted to do good. Our goal was bigger, and we did it.

Commented [APS179]: A COVID and health; A6 Access to Healthcare facilities/ Tests/ Vaccines D Vulnerability; D1 Exposure (risk perception) The importance of the vaccine in risk perception

Commented [APS180]: D Vulnerability; D2 Resistance (hunger)

**Commented [APS181]:** D Vulnerability; D2 Resistance (support from social networks)

**Commented [APS182]:** D Vulnerability; D1 Exposure (risk perception)

The optics of exposure are important: will you be accused of exposing others?

**Commented [APS183]:** D Vulnerability; D2 Resistance (social capital, social networks) overcoming cultural differences that could otherwise be reasons for conflict.

D Vulnerability; D3 Resilience (build back better) (factors of resilience)

568. So, even in the situation of this kitchen. When it started that was what generated all this because when we managed to make and deliver the lunch boxes, which was 500, 650 lunch boxes came out. That's when a lot of this happened because it caused impact. People started to see. People who didn't have an association but wanted to help, they started to see here that the staff is working, come on, people started to come and help

### LILITH

569. There was a social worker that came here.

# **ROBERT**

570. Yes, there was this one too. There were a lot of people. So, this is what caused a big impact. It was these lunch boxes that we didn't believe would happen.

#### LILITH

571. The woman left here crying.

# ROBERT

572. People started coming here out of nowhere. They showed up... (inaudible) Because it's like this, Cleiton knew about the work, then Cleiton tells you, you tell Alexandre, Alexandre tells the girls... And then it starts to happen. Because they were people who wanted to help the communities, right, they wanted to help the community but didn't know how to do it.

# MEDIATOR

573. And how did people get to know about it? It was a little bit by word of mouth, but you posted it somewhere. Did you already have Instagram at that time? I was curious about the history of social media; did you use something to do that?

# LILITH

574. No, the Instagram I was using was mine. You can even pay attention that I post more on mine than on the association's [Instagram account], because I end up forgetting that I have to keep changing the media. So, what happens is: We posted afterwards the video that was actually Lauren who made the video from before, during and after the construction of the kitchen. The collection of books as we posted on Instagram. But most of the people who came to help came through word of mouth. It's like Ygor [Melo, from Teto Brasil] did with you: Let's go there, I'll introduce you, Lilith has a space. So, he must have said I'm kind of crazy. (laughing)

# **MEDIATOR**

575. Fantastic, guys, let me just ask, do you have a question? For the backstage crew, do you have anything to add?

# ALEXANDRE

576. I'm very pleased (he now asks Katharina if she has anything she wants to ask).

She is asking how big the community is. Is there a limit?

# LILITH

577. The community has 3,800 families, because it is not only this area that you can see. Because it goes until the end there. How many square meters featured in that plan?

# ROBERT

578. I don't remember now.

**Commented [APS184]:** D Vulnerability; D2 Resistance (support from social networks)
D Vulnerability; D3 Resilience (factors of resilience)

Commented [APS185]: the impact on the social worker.

Commented [APS186]: D Vulnerability; D2 Resistance (social capital, social networks) perception that people outside the community want to help, that one needs also provide the connection

579. I have a floor plan from this area.

# MEDIATOR

580. And is it all the same community (asking if they are all within the same area)?

### LILITH

581. No.

# MEDIATOR

582. Are there several owners?

### LILITH

 $583. \, There \, are \, several \, shacks, \, bigger \, ones, \, smaller \, ones, \, houses... \, because.$ 

# **ALEXANDRE**

584. Are there several nuclei or are they all together?

### LILITH

585. All together.

### ROBERT

586. In the first instance there was a separation, right? They said one part was called Benfica and the other Machado.

# ALEXANDRE

587. On the other side there (asking if the other part was at the bottom of the hill, on the other side of the street)?

# ROBERT

588. No (answering that both are on the same side of the hill). That little house you see there? From there it would be Machado (inaudible, people talking at the same time). Benfica then it is more our part, right? It makes [follows along] the street and makes another one down there, so it is very wide down this side too, it widens. I don't remember the footage.

# ALEXANDRE

589. No problem. But here at the association, where do you service?

# ROBERT

590. Everywhere. We take Jandira, we take... it's like this: When they come to us and say "There's a need there". We start from here and go everywhere. To Jandira, Vila Formosa, it's very well publicized.

# MEDIATOR

591. Wow, great, great. People, look, I'm very happy to be here with you and to hear your stories. where is Lara? Lara ran away (laughs).

# LILITH

592. She went there to attend to her son.

### **MEDIATOR**

593. Oh, OK. I was happy that Lara was okay, right? I really hope that Jim will be back there soon, all good. He will be back for Carnaval soon, they will be calling you again. I told the staff, your profession is very good, man. Being an adornment designer, working with art. You are the creative economy guy and it is very cool that you work in such a popular, important, historical movement for Brazil, for our history, which is Carnaval. And it is an industry, you are part of it, I think it is very cool.

### **GOLIAS**

594. He's the one who creates Carnaval.

### **MEDIATOR**

- 595. And then we look at all that on TV and find it beautiful. But there's a lot of work involved.
- 596. I know how hard it is for the girls (referring to the participants who have family members in prison), in the case involving the brothers. We have to... right? Life is crazy, right? Sometimes it is, but we always have to defend ourselves, and it's working. United like this, in community, even living together when you need to, having a partner, living with a friend...
- 597. Look, your stories are very rich, they are very impacting for everyone, even though we know how it could be. We cannot absorb this easily, and we hope very much that we can all come out of this well, better... That we can meet again in a while and the Association will be better, the community will be better, you know? Everybody getting together.
- 598. And because this is a characteristic that starts with the pandemic, at least we can see that, right? We started to have more difficulties in this period, at this time, and what we have seen is a lot of people getting stronger, uniting, and working together. You created a chain of good that only brings... you know? Kindness begets kindness, you know? The poet is right, and you are on the right path, congratulations to you, we are together there with whatever you need.

# 1:16:31 END OF SESSION.