



Serenity Swirls Mini: 25 Unique Coloring Patterns for Stress Relief and Mindfulness (5 X 7)

By Jennifer Lankenau

Diversion Publishing, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The perfect stress-reliever for your inner child, this compact coloring book for adults fits anywhere your imagination can carry. Jennifer Lankenau's SERENITY SWIRLS introduces 25 unique and meditative postcard-sized hand-drawn illustrations to color, perfect for unleashing creativity and a relaxing way to de-stress at the end of a long day. Each unique and gorgeous swirl, spiral, and pattern offers the coloring enthusiast a calming and vibrant way to find centeredness, while at the same time encouraging one's own inner child to come out to play. (And don't be afraid to color outside the lines!).



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Reviews

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