



Transforming Self and Community: Revisioning Pastoral Counseling and Spiritual Direction

By Len Sperry

Liturgical Press, United States, 2002. Paperback. Book Condition: New. 208 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.Catholic Press Association Award Winner!

Both spiritual direction and pastoral counseling tend to be partially responsive to client needs and expectations. Many of the theories underlying the practice of spiritual direction and pastoral counseling are based more on psychology than spirituality. They minimize or exclude character and moral concerns and may even unintentionally foster individualism and spiritual narcissism. Transforming Self and Community offers an approach to spiritual direction and pastoral counseling that is holistic, that integrates spiritual and moral constructs with the psychological and emphasizes all aspects of transformation, including social transformation. The integrative approach in Transforming Self and Community provides psychological, spiritual, and moral perspectives for understanding and assisting individuals with their spiritual journey of development. It describes and illustrates clinically useful guidelines for the practice of spiritual direction and pastoral counseling. It includes case studies as well as figures, tables, and charts that highlight and summarize main text points. Transforming Self and Community is primarily for professionals who practice, teach, or are learning how to do spiritual direction or pastoral counseling. Nevertheless, spiritual seekers, clients, or...



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Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- **Andres Bashirian**

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

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