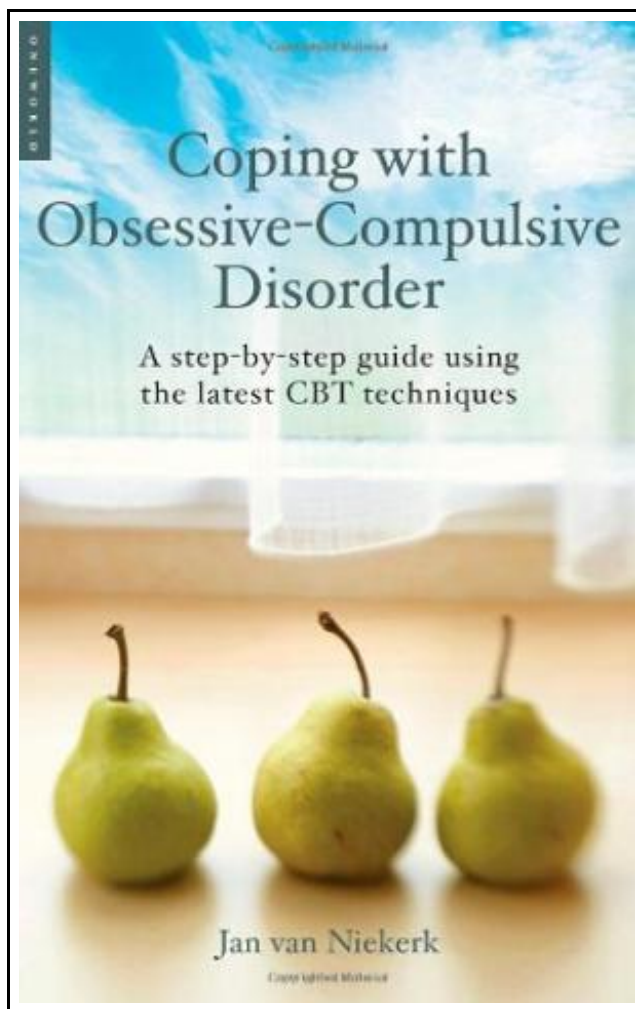


## Coping with Obsessive-Compulsive Disorder: A Step-by-Step Guide Using the Latest CBT Techniques



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