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Regaining Your Common Sense - Alcohol Abuse and Drug Use: A Guide for the Family

By Francisco A Cantu M D

Createspace, United States, 2010. Paperback. Book Condition: New. 244 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.If year after year we observe that the actions taken do not yield results, it is obvious that there is something fundamentally flawed in the understanding of addictions. Addictions, commonly referred to as alcoholism, drug addiction, alcohol abuse, or drug use, are still poorly understood as a physical illness. It is an illness seen through false beliefs, which lead to actions that do not work. A field full with multiple opinions and different theories only add to the confusion, where the first victims are the families. The purpose of this book is how to take measures for problematic situations in a clear and simple way, based on three aspects that have shown they work throughout time: a) regain their common sense, which mysteriously gets lost when they are confronted with addictions, b) start giving back its due value to the facts and c) return the illness of addiction to its proper place in medicine.



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