



Pressure Cooking Reinvented

By Lisa Lazuli

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Pressure Cooking is back in Vogue *All measurements in metric and imperial due to request, with conversion tables* TIME and MONEY - the two things we do not have a lot of these days. Pressure cooking is FAST, you can whip a meal for 8 in less than ten minutes cooking time. Everything goes into the pressure cooker and so there is only one dishwasher friendly pot to wash. SAVING ELECTRICITY - Back in the 80 s when my Mom was using her pressure cooker electricity was not as expensive, but these days it is extortionate and is sometimes higher than the mortgage in terms of monthly outgoings. With a pressure cooker you can cook a meal in 10-15 mins, when it would have taken at least one hour in an oven where it would have been eating up electricity. And who wants to clean the oven - NOT ME! The faster cooking times and the fact that everything is in one pot saves a bundle when it comes to power. So to get you going, here are...



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