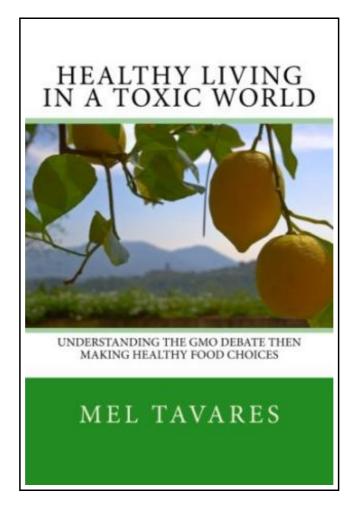
### Healthy Living in a Toxic World: A Quick Lists and Tips Reference Guide



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