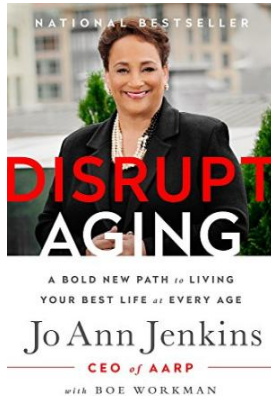


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DISRUPT AGING



Perseus Books Group, 2016. Hardcover. Book Condition: New. 14.6 x 21.59 cm. "At 50, I began to know who I was. It was like waking up to myself." - Maya Angelou We've all seen the ads on TV and in magazines-"50 is the new 30!" or "60 is the new 40!" A nice sentiment to be sure, but Jo Ann Jenkins, CEO of AARP and author of Disrupt Aging, disagrees. 50 is 50 and she, for one, likes the look...

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- Authored by Jenkins, Jo Ann/ Workman, Boe (CON)
- Released at 2016



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