



Feed Your Genius: A Clarity Guide to Build New Food Habits, Improve Your Diet and Energize Your Brain, Master Your Memory and Supercharge Your Potential for Success

By Reid Cahill

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Bonus Free Gift: This book also comes with a fantastic step by step way to build new memory habits so you can make your first steps towards improving your diet and feeding your genius. It s available to the first 100 people only, so don t forget to grab it now! Have you ever considered the importance of your memory health? Why does this matter? Without memory you have no identity. You simply cease to be yourself. Sounds like heavy stuff right! Get Feed Your Genius now! With this book you can uncover your bad food habits and learn to appreciate the importance of diet on your memory and life experience. You can make dynamic changes by trying these great healthy recipes that steer your diet and your success. Do you have that guilty internal dialogue? Something like - that s probably not a good idea. - Do yourself a favour and have a good look at some key aspects of your life. How much do you sleep? What do you eat? Do you exercise regularly? Or do...



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