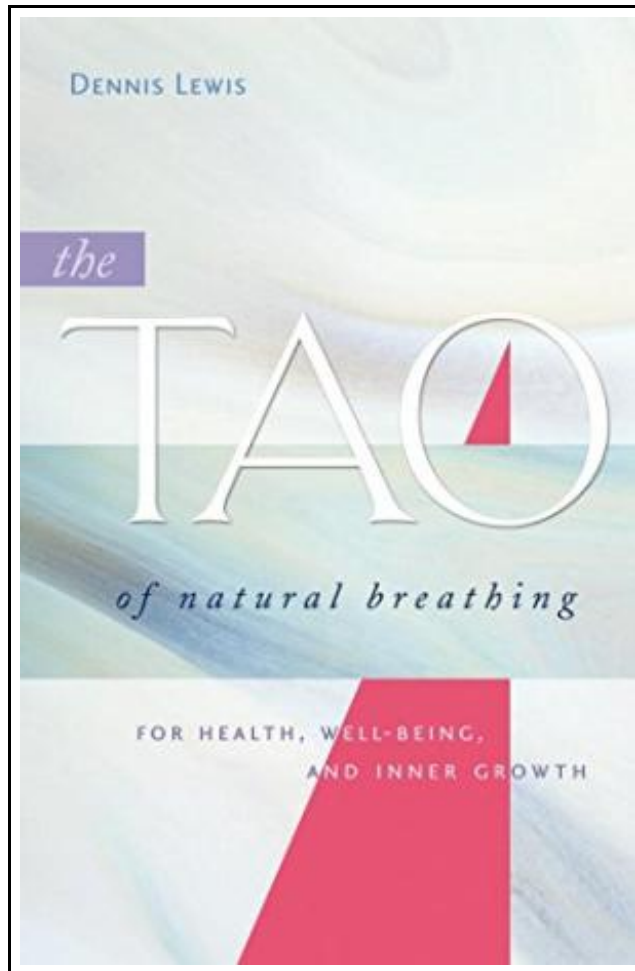


## The Tao of Natural Breathing: For Health, Well-Being, and Inner Growth



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