



Room for Improvement: Notes on a Dozen Lifelong Sports

By Casey, John

Knopf, 2011. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Room for Improvement is a marvel of closely observed mostly outdoor sport, much of it alarmingly strenuous, but colored throughout by infectious exuberance and tolerance for discomfort. With genteel detachment well to the rear, Casey brings us point blank to the levels of sporting commitment that rise to illumination." - Thomas McGuane "In these empirical and informative essays, John Casey writes with the 'savor of attentiveness' about those peaks in cardiovascular exercise when we feel transformed-about being, as he puts it, 'encased in the rhythm of what I was doing.' Casey has walked, run, rowed, paddled, and cross-country skied. Not unlike those sports, these connected essays flow into one another, and they reflect more than an author's willingness to suffer 'a ruffled minor vanity'; not unlike the over-seventy athlete he is, John Casey's writing is exemplary and tireless." - John Irving.



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Reviews

Absolutely essential go through book. It can be rally fascinating throug studying period of time. You wont truly feel monotony at at any time of your respective time (that's what catalogues are for concerning in the event you question me).

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This sort of publication is everything and made me seeking forward and much more. Better then never, though i am quite late in start reading this one. I am easily could possibly get a delight of reading through a created pdf.

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