



The Magnesium Deficiency Crisis: Is This the Worlds Number One Mineral Deficiency?

By Peter Ochsenham

Madhousemedia, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Magnesium deficiency has the potential to affect each and every person even before they are born. Many of us have known for a long time that most of our modern diseases-from cardiovascular issues such as heart disease, stroke, and congestive heart failure, to diabetes, cancer, osteoporosis, and autoimmune diseases the likes of Crohn s or rheumatoid arthritis-are intimately linked to the industrial world s flawed eating habits. If whole populations again began to eat wild berries, roots, and nuts, together with free-ranging meats and wild seafood, much of the pharmaceutical indus-try and the medical field-those aspects that deal with de-generative diseases-would quite simply go out of business. In this book we will elucidate with good science - why you need to be concerned with your magnesium levels, why there is widespread deficiency and what are the diseases associated to this deficiency and also the life threatening consequences of this deficiency.



Reviews

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