



Massage Ku Nye and Therapies from Tibet: Manual for Professional and Domestic Benefit

By Dr Nida Chenagtsang, Dr Anna Rozova

Createspace, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Dr. Nida studied this techniques while he was at the University of Lhasa and on his arrival in Italy undertook some research and experimentation on this techniques which resulted in an articles being published in Tibet. Massage, energy La treatment, moxa, bath therapy, stick massage, stone massage are very unic and authentic ones. Energy La is a protective and essential energy which moves continually within our bodies from day to day and from period to period. There is a strong link between Tibetan medicine and astrology. When Tibetan Medicine started to develop, it did so at the same time as Tibetan astrology which was an indigenous system that developed without influence from outside Tibet. The bLa moves around the body from day to day following the lunar calendar and from period to period in the arc of 24 hours. It is essential to make a precise distinction between the symptoms that indicate partial loss of the bLa from those typical of a rLung imbalance. In the 13th-14th century, Ratna Lingpa discovered a gterma (a text that has been...



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Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

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