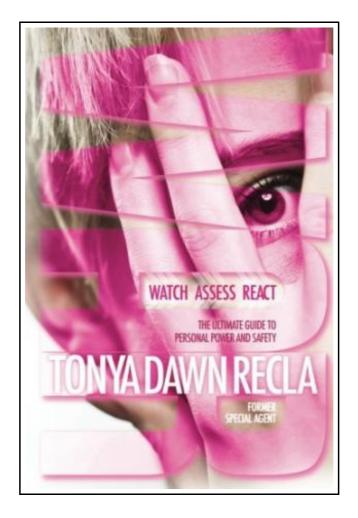
# W.A.R.: The Ultimate Guide to Personal Power and Safety



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#### Reviews

It in a of the best book. Indeed, it really is play, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book. (Sofia Yundt)

#### W.A.R.: THE ULTIMATE GUIDE TO PERSONAL POWER AND SAFETY



Tj Recla, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Tonya Dawn Recla declares WAR on violence against women. One of the most eye awakening books you ll ever read. - Greg S. Reid, national bestselling author and motivational speaker Tonya s combination of intellect, education, experience and intuition provides women practical and innovative techniques for reigniting their personal POWER. As a former Army soldier and US Government Special Agent, Tonya s revolutionary process of Watch, Assess, React empowers women to take back their personal space and live their lives without fear. Tonya s story is a powerful example for women. As a Special Agent she was raped by a male teammate while on an espionage surveillance mission. To protect national security, she did nothing. When she finally asked, Why? her journey led her to a revolutionary process for reclaiming personal POWER. Tonya expertly weaves together the worlds of self-awareness and situational awareness in a unique concept she calls, Live in the Pink!TM She takes lessons learned in hyper-masculine environments and combines them with inner feminine strength to create a process every woman can use to control her personal space. To do this she uses the creative acronym W.A.R.: Watch - pay attention to surroundings using government training techniques Assess - determine potential risk in any situation React - know when to act and how to act This book is a must read for every woman ready to harness her own Personal POWER.



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