



## The Dog Diet: Eight Weeks to a Slimmer, Happier, Healthier Dog

By Kate Bendix

Short Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Dog Diet: Eight Weeks to a Slimmer, Happier, Healthier Dog, Kate Bendix, Spoilt your dog rotten? We are what we eat. And the same goes for our dogs. Millions of them are overweight. Their lives have come to mimic our own. And now, over fed, under exercised and stressed, they have begun to take on our shape and disease pattern. Over the past twenty years the rise in obesity, diabetes, heart disease, cancer, inflammatory bowel disease and skin problems in our dogs has rocketed. It's not all our fault, far from it. We have grown up feeding our dogs processed cans and kibble because we believed the hype: 'stick to one food, don't deviate'. This is fine if it's the good stuff (and that does not necessarily mean the most expensive), but actually much of what's on offer is rubbish, and anyway variety is best: would you want to eat the same thing, day in day out, for the rest of your life? In this book, Kate Bendix and vet Nick Thompson offer enough pet food knowledge to enable you to get your dog's weight down to a healthy level and...



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