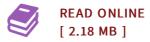




Walking in the Cordillera Cantabrica: A Mountaineering Guide

By Robin Walker

Cicerone Press. Paperback. Book Condition: new. BRAND NEW, Walking in the Cordillera Cantabrica: A Mountaineering Guide, Robin Walker, A guide to walking in the Cordillera Cantabrica mountains in northern Spain - one of Spain's premier ranges including detailed descriptions of 60 routes spread around the whole of this magnificent mountain chain. Based on selected valley bases, the routes are readily accessed, thus minimising travel time. All of the routes can be done in a day and all are circular. In difficulty they vary from straightforward, half-day outings to strenuous, full-day ascents demanding fitness, good overall mountain skills, and the ability to deal with short sections of scrambling. This guide is complemented by articles on four specialist topics of interest to any who wish to know the range in greater depth: place names, the transhumance, the Civil War and alpine flora. The Cordillera Cantabrica is currently home to a total of nine protected areas, including three UN-designated areas.



Reviews

This publication can be really worth a go through, and a lot better than other. It is actually writter in straightforward words and phrases instead of confusing. I discovered this pdf from my dad and i suggested this publication to learn.

-- Jackeline Rippin

A high quality book and also the font employed was intriguing to read. I was able to comprehended every thing out of this created e book. You wont really feel monotony at whenever you want of the time (that's what catalogues are for concerning should you check with me).

-- Prof. Johnson Cole Sr.