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Dream Explorations: A Journey in Self-Knowledge and Self-Realization

By Rachel G Norment M a

Balboa Press, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Through Rachel Norment's Dream Explorations: A Journey in Self-Knowledge and Self-Realization, you can - learn contemporary methods of dreamwork inspired by Carl Jung and developed by Montague Ullman, Jeremy Taylor, and many others; and - discover the deep inner wisdom you have within yourself that can guide you towards spiritual growth and physical and psychological health and wholeness--toward becoming the person you are meant to become. Rachel Norment's Dream Explorations . is a gift to us all! The combination of her careful attention to her own dreams over decades and her keen eye for the dreams and insights of other dreamers has produced a work of great depth, wisdom, and inspiration. It is a joy to read. --Jeremy Taylor, D.Min., cofounder and past president of the International Association for the Study of Dreams (IASD) and author of The Wisdom of Your Dreams In this valuable and highly readable book, longtime dreamworker Rachel Norment offers us her collection of dream treasures with instructive reflections on common symbols and dream themes. This book clearly illustrates the rewards...



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