



## Adult Coloring Books (Advanced) #1: The Adult Coloring Book of Stress Relieving Patterns, Gardens, Mandalas, Paisley Designs More!

By Cynthia Van Edwards

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How to use the Adult Coloring Book (Advanced). LOTS and LOTS of beautiful and ornate coloring book pages for hours and hours of relaxing calm and peace. And isn't that what coloring is really about. Turn on some music, sit back, and let your creative juices flow while you turn a page of black and white into the embodiment of your mind's ultimate color scheme! This is a coloring book devoted to each and every one of us. We can all use some relaxation and peace, so this is how we can do it in a fun way! Renew your love of Mandalas, Floral Patterns, Gardens and coloring with this fun journey through the forest with some funny, often thought-provoking phrases and quotes along the way. We decided to take you into the forest, deep within the flora for this adventure that will leave you with many hours of peaceful coloring and serenity. This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases...



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