



The Hotel...

Hastings House boasts the most luxurious accommodations on Salt Spring Island. Original construction dating back to 1939 has been transformed into luxurious guestrooms, cottages, and suites. Expect all of the modern amenities of a 4-star establishment in a pristine oceanfront country house setting. All guestrooms include fireplaces, luxurious bedding and robes, oversized towels; many with private balconies and deep soaking tubs. Breakfast is also included in guestroom rates and packages. For all details, please visit our website...

May we suggest...

- Miles of hiking and biking trails throughout the island
- Visits to the local farms and wineries of Salt Spring
- Visit the famous Saturday Market in Ganges
- Take in the Studio Tours and meet the artists
- Kayaking expeditions
- Scooter rentals to explore the island
- Fishing, sailing, and sightseeing charters
- Catch crab and oysters in the local waters
- Golf, tennis, and so much more...



The best food begins with the finest ingredients...



We are proud to offer the finest dining on Salt Spring Island. Our award winning chef and culinary team use only the freshest of local ingredients, many grown directly on property.



Our gardens and orchards, locally sourced seafood, lamb, poultry and game, are all at the core of our passion for food. Our extensive wine list is one of the best in British Columbia, combining Old World classics with product sourced locally throughout the province.

Breakfast is included with every room, served in the main dining room every morning. In the evenings, Hastings House offers two dining options. The elegant main Dining Room and the more casual Bistro are located in the warmth of the Manor House. Both venues have inspired menus under the direction of Executive Chef Marcel Kauer, complemented by extensive wine lists. The choice is yours!



Established over half a century ago, Relais & Châteaux is an association of the world's finest hoteliers, chefs and restaurateurs that has set the standard for excellence in hospitality. Relais & Châteaux has redefined luxury hospitality by emphasising holistic experiences that transport its guests, taking them on a sensual journey and introducing them to a deeper, truer understanding of the Art of Living.

Wellspring Spa...



In a cedar-clad barn on a stunning country estate, we welcome you to experience world-class service with our professional spa therapists. Our offerings include Classic Massage, Facial Treatments, Manicures, Pedicures and Esthetics. When Mother Nature allows, expect a flower-petal foot bath in a garden setting prior to your spa treatment.

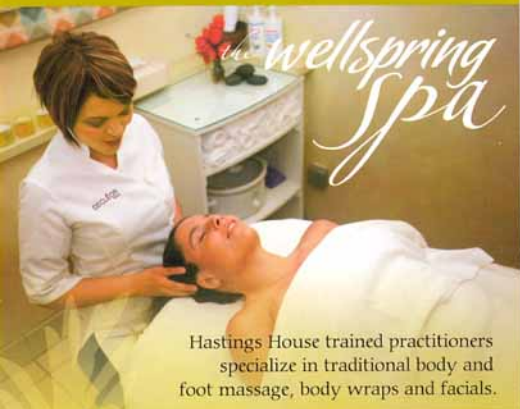
Wellspring Spa is consistently ranked in the Top 100 Spa's of North America...



Weddings, Corporate Retreats, and Banquets...



Our events specialists will assist you from start to finish in planning the most productive meeting, lavish social engagement, weddings, and corporate retreats. Reach us directly at events@hastingshouse.com for a personalized approach to planning your next event...



Hastings House trained practitioners specialize in traditional body and foot massage, body wraps and facials.

MASSAGE TREATMENTS

The Hastings House Classic

Fragrant herbs & soothing oils and aromatic hot towels are used in our signature Swedish treatment.
60 min ~ \$125 90 min ~ \$175

Sports Massage

Deep tissue massage is an excellent revival treatment for travel recovery & jet lag.
60 min ~ \$125 90 min ~ \$175

RMT Massage

Therapeutic Massage treatments with a Registered Massage Therapist. Covered under most extended Health Care Plans.
60 min ~ \$145 90 min ~ \$195

Shiatsu Massage

Uses the principles of acupressure. Comfortable clothing required for this traditional Japanese treatment.
60 min ~ \$125 90 min ~ \$175

Hot Stone Massage

Deeply restorative with sedative & re-energizing effects. Cool marble stones enhance circulation. 90 min ~ \$200

Foot Massage

This highly specialized foot massage helps relieve stress and tension.
60 min ~ \$125

Rose Hand and Foot Treatment

Exfoliation and deep moisturizing butters nourish the hands and feet with massage and acupressure to relieve pain and tension.
60 min ~ \$95

Body and Sole

Combines foot massage with full-body massage for a total relaxation experience.
120 min ~ \$200

The Decléor Body Wrap

Deep cleanses & re-hydrates the skin.
Rhassoul Mud 90 min ~ \$140
Seaweed 90 min ~ \$140

Aromatic Steam Shower

Eliminates toxins, opens up breathing, cleanses and warms the muscles.
20 min ~ \$25

PERSONALIZED TREATMENT

Includes a consultation with a holistic massage practitioner to discuss your specific health concerns. During a customized, two-hour treatment in your suite, you will learn techniques and strategies to promote your good health. 120 min ~ \$255

Hastings House

COUNTRY HOUSE HOTEL

160 Upper Ganges Road, Salt Spring Island, BC
250.537.2362 TF 1.800.661.9255 www.hastingshouse.com

A TRULY UNIQUE SPA

FACIAL TREATMENTS

The Signature Facial

Our Decléor trained therapist will discuss your skin to provide the most effective mask and facial treatment.
60 min ~ \$125

The Signature Facial PLUS

Enhance your facial with a 30 min massage of either:
(1) a massage of the scalp, neck & shoulders (2) a back massage or (3) a foot & hand massage
90 min ~ \$175

Gold Leaf Signature Facial

An Infusion of Radiance! Elegant, classic and luxurious pampering paired with the time-honored tradition of healing the skin with Gold.

90 mins ~ \$225

**rates may fluctuate due to the current gold price*

Facial for the Back

A hot cleansing scrub, detoxifying algae, mud mask and application of moisturizing body milk.

60 min ~ \$115

MANICURES & PEDICURES

SPA PEDICURE

Our professional pedicure includes a relaxing foot soak with exfoliation, cuticle & nail care, callus & dead skin removal, hot towels & foot massage finished with an O.P.I. polish application. 60 min ~ \$65

GEL SPA MANICURE

The Ultimate in manicures, O.P.I. Gelcolor. A new, polish-on gel formula that immediately cures to dry that lasts up to 2 weeks with a brilliant shine & long lasting wear! 60 min ~ \$75

SPA MANICURE

Our professional manicure includes a relaxing hand soak with exfoliation, a skin rejuvenating arm & hand massage. Nails are shaped, cuticles refined & finished with an O.P.I. polish application.
60 min ~ \$65

We also offer a full range of waxing, tinting, makeup application, men's treatments & packages. Please see our website for our full menu.

MASSAGE INFUSIONS



Spa Sublime

One hour massage and Decléor facial.
120 min ~ \$200

Spa Renewal

Herbal footbath and exfoliating foot treatment, body polish, full body massage, aromatic steam.
90 min ~ \$185

Restorative Power

Herbal footbath and exfoliating foot treatment, body polish, massage, warm aroma towel wrap, mini facial and aromatic steam. 120 min ~ \$225

COUPLES MASSAGE TRAINING



Learn to give nurturing touch to your partner. Gain insight into body mechanics to avoid fatigue and injury. Finish the experience with a glass of champagne and a rose petal bath in your room.
120min ~ \$500

COURTESIES & CANCELLATIONS

If you arrive after your scheduled appointment time, it may be necessary to modify your treatment to fit the time available. * Late cancellations and missed appointments will require 100% of your reserved treatment to be charged.