

My results from the mindset quiz were 0 agreed statements for Fixed Mindset and 8 statements for Growth Mindset. This idea of changing your mindset away from a fixed state is something I have dealt with in the past, and something I strongly agree with. A lot of people think that just because they can't do something now means they will never be good at it. I used to think that people who could draw or play sports really well were born with that ability, until someone told me that it was almost insulting to call someone's talent 'natural' as it is basically discounts all the years of hard work they put into that activity. I believe that a good mindset is also a skill that needs to be developed just like any other, and I hope I keep trying to improve it with time.