<<Java Class>>
Ⓒ HeartRates
(default package)

- ◻ firstName: String
- ◻ lastName: String
- △ month: int
- △ day: int
- △ year: int

- ⚿ HeartRates(String,String,int,int,int)
- ● calculateAge():float
- ● maximumHeartRate():float
- ● bottomTargetHR():float
- ● topTargetHR():float
- ● printHeartRateInfo():void
- ● getFirstName():String
- ● setFirstName(String):void
- ● getLastName():String
- ● setLastName(String):void
- ● getMonth():int
- ● setMonth(int):void
- ● getDay():int
- ● setDay(int):void
- ● getYear():int
- ● setYear(int):void