ASA

RESIDENTIAL CAMP AGENDA July 26th through July 30th

DAILY AGENDA

Sunday

2pm – 4pm Registration and Check- In

4:30pm Camper Orientation

5:15pm – 6pm Dinner

6:30pm Meet coaches outside dormitory

7pm – 8:30pm Training session

8:45pm Free- time

10:30pm Room Check/Lights Out!

Monday - Wednesday

8:00am – 9:00am Breakfast

9:15am Meet Coaches outside dormitory

9:30am – 11am Morning Training Session

12pm – 1pm Lunch

1:00pm – 2pm Common Area Downtime

2:15pm Meet the coaches outside dormitory

2:30pm – 4:30pm Afternoon Game of the Day (Grass Fields)

5:15pm – 6pm Dinner

6:30pm Meet coaches outside dormitory
7pm – 8:00pm Training matches at Stadium/Fields

9pm Free- time

10:30pm Room Check/Lights Out!

Thursday

8:00am – 9:00am Breakfast

9:30m Meet Coaches outside dormitory

9:30am – 11am Stadium/Field matches

11:15am Closing remarks12pm Clean up/Check out