

Breast Clinical Care Pathway

Preoperative



NPO Guidelines

Will's favorite section. Example text followed by a list. Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book.

- Example text added by Alex in March
- Stop full liquids 8 hrs prior to surgery
- Stop water 2 hrs prior to surgery
- Consider allowing breast patients who arrive early to pre-op for lympho or mammography to drink water until 2 hrs prior to surgery



Labs

- Example text in bulleted form.
- b-HCG for females patients under 66.
- Lorem ipsum dolor sit amet, consectetur adipiscing.
- Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.
- Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.



Cardiac considerations

- Example text in bulleted form.
- b-HCG for females patients under 66.
- Lorem ipsum dolor sit amet, consectetur adipiscing.
- Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.
- Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.



Pain Medications

Non-opioid analgesia adjuncts to consider:

- Example text in bulleted form.

Intraoperative



PONV Prophylaxis Medications

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- Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.
- Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.



Monitors

- Standard monitors plus SEDline EEG for TIVA cases
- Recommend core temperature monitoring for cases >4 hrs
- Tetragraph TOF for cases utilizing paralytics



Additional Medications

- Ketamine: 0.5mg/kg bolus +/- 2-5mcg/kg/min
- Dexmedetomidine: consider bolus and/or infusion
- IV acetaminophen: if acetaminophen not given in pre-op or >6 hours from pre-op dose
- Ketorolac 10-30mg: if Celecoxib not given in pre-op and when surgeons approve
- **Bold example text selection:**
- Consider methadone 0.1-0.2mg/kg for flaps
- *Italic example text to choice from*



Monitors

- Standard monitors plus SEDline EEG for TIVA cases
- Recommend core temperature monitoring for cases >4 hrs
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Postoperative



Additional Medications

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Bold example text selection:

- Consider methadone 0.1-0.2mg/kg for flaps

Italic example text to choice from:

- Dexamethasone 0.1mg/kg IV prior to incision
- Ondansetron 4mg IV
- Haloperidol 0.5-1mg or droperidol 0.625-2.5mg (assess QTc)



Post-op Analgesia

- Fentanyl +/- hydromorphone IV PRN: decrease doses in setting of OSA or respiratory compromise
- Oxycodone PO