

# Breast Clinical Care Pathway

## Preoperative



### NPO Guidelines

Example text followed by a list. Lorem Ipsum is simply dummy text of the printing and typesetting industry. Lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book.

- Stop full liquids 8 hrs prior to surgery
- Stop water 2 hrs prior to surgery
- Consider allowing breast patients who arrive early to pre-op for lympho or mammography to drink water until 2 hrs prior to surgery



### Labs

- Example text in bulleted form.
- b-HCG for females patients under 66.
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- Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.
- Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.



### Pain Medications

Non-opioid analgesia adjuncts to consider:

- Example text in bulleted form.
- Acetaminophen 1000mg (caution with hepatic disease)
- Gabapentin 1200mg

## Intraoperative



### PONV Prophylaxis Medications

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- Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua.
- Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.



### Monitors

- Standard monitors plus SEDline EEG for TIVA cases
- Recommend core temperature monitoring for cases >4 hrs
- Tetragraph TOF for cases utilizing paralytics



### Additional Medications

- Ketamine: 0.5mg/kg bolus +/- 2-5mcg/kg/min
- Dexmedetomidine: consider bolus and/or infusion
- IV acetaminophen: if acetaminophen not given in pre-op or >6 hours from pre-op dose
- Ketorolac 10-30mg; if Celecoxib not given in pre-op and when surgeons approve
- **Bold example text selection:**
- Consider methadone 0.1-0.2mg/kg for flaps
- *Italic example text to choice from*



### Monitors

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## Postoperative



### Additional Medications

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#### **Bold example text selection:**

- Consider methadone 0.1-0.2mg/kg for flaps

*Italic example text to choice from:*

- Dexamethasone 0.1mg/kg IV prior to incision
- Ondansetron 4mg IV
- Haloperidol 0.5-1mg or droperidol 0.625-2.5mg (assess QTc)



### Post-op Analgesia

- Fentanyl +/- hydromorphone IV PRN: decrease doses in setting of OSA or respiratory compromise
- Oxycodone PO