

# CV

## Alexander Greif

### PERSONAL DETAILS

Name: Alexander Greif  
Address: Hölderlinstraße 18  
45964 Gladbeck  
Deutschland  
Phone: +4915735163380  
E-mail: greif.alexander@web.de  
Date of birth: 23/10/1993  
Citizenship: Deutsch

### EDUCATION

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10/2020 – today	<i>Westfälische Wilhelms-Universität Münster (WWU)</i> Master of Science – Sports, Exercise and Human Performance <ul style="list-style-type: none"><li>• Scientific methodology</li><li>• Sports psychology</li><li>• Movement science</li><li>• Sports biology</li><li>• Neuroscience</li></ul>
10/2017 – 03/2021	<i>Westfälische Wilhelms-Universität Münster (WWU)</i> Bachelor of Science – Human Movement in Sports and Exercise <ul style="list-style-type: none"><li>• Scientific methodology</li><li>• Sports psychology</li><li>• Social aspects of sports and physical activity</li><li>• Movement science</li><li>• Sports medicine</li><li>• Training science</li></ul>
09/2012 – 08/2014	<i>Conservatorium van Amsterdam</i> Jazz drumming
09/2011 – 07/2012	<i>Glen-Buschmann-Jazzakademie</i> Jazz drumming, music theory, band lessons in preparation of university
08/2002 – 07/2011	<i>Heisenberg Gymnasium Gladbeck</i> Degree: Abitur (2.8) Focus on mathematics and physics
02/2000 – 07/2002	<i>Grundschule Lutherschule Gladbeck</i>

## PROFESSIONAL EXPERIENCE

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04/2021 – today	<i>Student assistant WWU department of “Physical Education and Teaching Research”</i> <ul style="list-style-type: none"><li>• Data acquisition, management, analysis, visualization and reporting for various research projects</li><li>• Validation of questionnaires</li><li>• Evaluation of seminars through conducting surveys and analyzing and presenting findings</li><li>• Consulting in research methodology (e.g. statistics, data acquisition, research design)</li><li>• Literature research</li></ul>
06/2016 – today	<i>Gym instructor Topic Fitness Gladbeck</i> <ul style="list-style-type: none"><li>• Working with clients from different backgrounds to reach general fitness, health or sport specific goals</li></ul>
08/2019 – 12/2019	<i>Four-months sports science internship with Plymouth Argyle F.C. Academy</i> <ul style="list-style-type: none"><li>• Acquisition, management, analysis, visualization and reporting of GPS, heart rate and wellness data</li><li>• Presentation of findings to coaching, performance and medical staff including recommendations regarding practical implications</li><li>• On field and gym-based strength &amp; conditioning sessions with U9-U18</li><li>• Rehab and return-to-play with injured athletes</li></ul>
02/2018 – 2019	<i>Gym instructor Trainingszentrum Lurbecker Dorsten</i> <ul style="list-style-type: none"><li>• Mostly working with elderly and clinical population to support rehab and prehab</li></ul>
2006 – 2019	<i>Freelance work as musician and music teacher</i> <ul style="list-style-type: none"><li>• Playing concerts with various bands</li><li>• Giving drumming (individual and group) and band lessons</li></ul>
08/2014 – 06/2015	<i>Call center worker Ipsos Amsterdam</i> <ul style="list-style-type: none"><li>• Planning, conducting and documenting phone interviews for the purposes of market research for various corporations (e.g. Salomon)</li></ul>

## SKILLS

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Languages	German (native), English (fluent, OLS Level C2)
IT	<i>Microsoft Office</i> <ul style="list-style-type: none"><li>• Extensive experience using Excel for data management, analysis and visualization in university and work projects</li><li>• I have created more complex excel files for others to use for data entry and automated data preparation and analysis</li><li>• Extensive experience using Powerpoint for university and work</li><li>• Frequent use of Word for writing and formatting university work</li></ul>

### *R Studio*

- Extensive experience using R for data preparation, analysis and visualization for study projects and work as student assistant
- R Markdown for report creation in my role as a student assistant

### *Others*

- Google Docs Editors (Sheets, Drive and Docs)
- SPSS

## CERTIFICATIONS

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Soccer	DFB Trainer C-Lizenz (UEFA Grassroots)
Physical performance	Certified Athletiktrainer Perform Better Fitness Trainer A-Lizenz Fitness Trainer B-Lizenz

## ACTIVITIES

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Football	<i>As a player</i>
	<ul style="list-style-type: none"><li>• I played for various amateur clubs in Germany and the Netherlands</li><li>• Currently active for VfB Kirchhellen 1920 e.V.</li></ul>
	<i>As a coach</i>
	<ul style="list-style-type: none"><li>• Youth football and S&amp;C coach for various youth teams at VfB Kirchhellen since 2016</li></ul>
Skateboarding	I love skateboarding because it is an outdoors activity that combines creative, social and physical aspects and rewards tenacity
Cycling	Road cycling and mountain biking
Strength training	I enjoy strength training, especially as it relates to athletic performance
Music	I still play drums and some other instruments and sometimes play concerts