InnerOrbit: Mood Journal, Mood Tracker, & Reflective Social Space

Problem Solved: People struggle to understand emotional patterns and maintain consistent emotional routines. Traditional journals often lack visual feedback, encouragement, or the option to connect meaningfully with others without oversharing or losing privacy.

Concept: InnerOrbit is a **social ritual** app — a place where users occasionally **share glimpses of their mood or thoughts** into a public "galaxy" while still maintaining control, anonymity, and consent.

Features:

- **Dashboard:**
  Protected dashboard where users access the rest of the site.

- **Mood Tracker:**
  Users log their daily mood using a color-coded emoji scale. Each mood is placed on a calendar view, allowing users to track patterns over time. Clicking a date reveals any notes or reflections logged with that mood.

- **Mood Journal:**
  A private space for users to write longer reflections. Entries appear as stars in a personal sky. Clicking a star opens the associated journal entry. Over time, stars cluster into constellations.

- **Mood Nebulas (Public Mood Feed):**
  Users can opt to share their journal entries publicly where others can view and click "✨" if the entry speaks to them. They can do this anonymously or not. When adding their entry to the public sky, users select tags. Posts are grouped by tags.

- **Constellation Cards (Prompted Reflections):**
  Weekly prompts (e.g., "a small thing that brought you peace") appear on the dashboard. Users have the option to keep their entry private or add it to the public sky. Entries to the sky can be anonymous or not and are grouped by prompt.

- **Orbits (Private Pods):**
  Small invite-only groups (2–12 people) for group goals / support

- **Self-Care Companion (Tamagotchi-Style Pet):**
  A virtual creature that thrives when you do. Logging self-care habits (hydration, meals, exercise, rest) keeps your pet healthy and happy — it grows, plays, and reacts based on your well-being.

- **Secure Auth & Privacy:**
  JWT-protected routes, all entries private by default, no saved mental health data beyond mood logs. No comments, no messaging — just quiet connection.

- **Responsive & Polished UI:**
  Styled with Tailwind, featuring soft animations, low-sensory visuals, and mobile-first design.

- **Render Deployment & CI/CD:**
  Fully deployed on Render with GitHub Actions for build and deploy automation.