



## InnerOrbit: Mood Journal, Mood Tracker, & Reflective Social Space

**Problem Solved:** People struggle to understand emotional patterns and maintain consistent emotional routines. Traditional journals often lack visual feedback, encouragement, or the option to connect meaningfully with others without oversharing or losing privacy.

**Concept:** InnerOrbit is a **social ritual** app — a place where users occasionally **share glimpses of their mood or thoughts** into a public “galaxy” while still maintaining control, anonymity, and consent.

### Features:

- **Mood Journal Dashboard:**  
Protected dashboard where users log their daily mood (emoji + optional journal entry). Past entries are visualized as stars in a user’s personal orbit.
  - **Mood Nebulas (Public Mood Feed):**  
Users can opt to anonymously share a mood + short message to a public cloud. Others can view and click “ Resonate” if the entry speaks to them.
  - **Constellation Cards (Prompted Reflections):**  
Weekly prompts (e.g., “a small thing that brought you peace”) appear as themed constellations. Entries remain anonymous and grouped by prompt.
  - **Orbit Circles (Private Pods):**  
Small invite-only groups (2–5 people) for mutual mood tracking, shared badge streaks, and non-verbal encouragement like “ send a star.”
  - **Cosmic Visualization:**  
Interactive galaxy-style UI where each mood log becomes a twinkling star. The longer your streak, the more constellations appear.
  - **Secure Auth & Privacy:**  
JWT-protected routes, all entries private by default, no saved mental health data beyond mood logs. No comments, no messaging — just quiet connection.
  - **Responsive & Polished UI:**  
Styled with Tailwind, featuring soft animations, low-sensory visuals, and mobile-first design.
  - **Render Deployment & CI/CD:**  
Fully deployed on Render with GitHub Actions for build and deploy automation.
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