

Final Project: The Relationships between Sleep, Depression, Quality of Life, and
Socioeconomic Status

Alexis Adams-Clark¹, Andrew Fridman¹, & Xi Yang¹

¹ University of Oregon Department of Psychology

Author Note

We would like to acknowledge Daniel Anderson for introducing us to Papaja and our classmates in Introduction to Data Science with R.

Correspondence concerning this article should be addressed to Alexis Adams-Clark, 1585 E 13th Ave, Straub 339, Eugene, OR 97403. E-mail: aadamscl@uoregon.edu

Abstract

One or two sentences providing a **basic introduction** to the field, comprehensible to a scientist in any discipline.

Two to three sentences of **more detailed background**, comprehensible to scientists in related disciplines.

One sentence clearly stating the **general problem** being addressed by this particular study.

One sentence summarizing the main result (with the words “**here we show**” or their equivalent).

Two or three sentences explaining what the **main result** reveals in direct comparison to what was thought to be the case previously, or how the main result adds to previous knowledge.

One or two sentences to put the results into a more **general context**.

Two or three sentences to provide a **broader perspective**, readily comprehensible to a scientist in any discipline.

Keywords: sleep, depression, quality of life

Word count: X

Final Project: The Relationships between Sleep, Depression, Quality of Life, and Socioeconomic Status

Methods

We report how we determined our sample size, all data exclusions (if any), all manipulations, and all measures in the study.

Participants

Participants were recruited through the University of Oregon Human Subjects Pool, consisting of undergraduate students enrolled in introductory psychology and linguistics courses. Students received academic credit in exchange for their participation. Participants were not aware of the subject of the study before scheduling their participation, so participants did not self-select into the study. Although they could leave the study after reading informed consent, no participants chose to do so. The University's Office of Research Compliance (Institutional Review Board) approved this study.

In total, [#] participants were included in this study, all of who had complete data.
[insert demographic characteristics]

Material

Depression Scale.

Quality of Life Scale.

Sleep Quality Scale.

Demographics Questionnaire.

Procedure

Data analysis

We used R (Version 3.4.3; R Core Team, 2017) and the R-package *papaja* (Version 0.1.0.9842; Aust & Barth, 2018) for all our analyses.

Results

Discussion

References

Aust, F., & Barth, M. (2018). *papaja: Create APA manuscripts with R Markdown*.

Retrieved from <https://github.com/crsh/papaja>

R Core Team. (2017). *R: A language and environment for statistical computing*. Vienna,

Austria: R Foundation for Statistical Computing. Retrieved from

<https://www.R-project.org/>