

-HUNGRY +FOOD

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Food sometimes gets wasted when we..

Worldwide, tonnes of edible food are lost or wasted every day. Between harvest and retail alone, around 14 percent of all food produced globally is lost.

Morally wrong

Meanwhile 800 million people go to bed hungry every night. That is 1 in 9 people on the planet who are starving or malnourished.



1

Respect Your Food

To avoid buying more food than you need, make frequent trips to the grocery store every few days rather than doing a bulk shopping trip once a week.

Save Leftovers

Storing leftovers in a clear glass container, rather than in an opaque container, helps ensure you don't forget the food.

2



3

Sharing is caring

Donate food that would otherwise be wasted. For example, Apps can connect neighbours with each other and with local businesses so surplus food can be shared, not thrown away.

Support local food producers

By buying local produce, you support family farmers and small businesses in your community. You also help fight pollution by reducing delivery distances for trucks and other vehicles.

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