Polling Plan:

1. Get the App actually running on Heroku.
   a. Currently https://banana-cake-3532.herokuapp.com/
2. Reimplement caching using redis
   a. will be easier to use websockets this way
3. Implement Websockets for the index page
   a. To check when new messages are coming in
4. Make the interface create some message similar to Twitter that tells you there are meows available.