

A close-up photograph of a bunch of fresh vegetables. In the foreground, several bright orange carrots are visible, some with their green leafy tops still attached. To the right, a cluster of red radishes with white roots is also shown. The background is a soft, out-of-focus green, suggesting an outdoor setting.

Tuesday, February 25th  
6pm, Room 5-134  
Pizza Will be Provided

Challah for Hunger presents

# Food For Free

with a discussion about local hunger  
and what you can do to help

In 2013, **Food For Free's** programs:

- Distributed more than 1 million pounds of food
- Transported another 860,000 pounds of food
- Partnered with 86 food programs in Greater Boston
- Helped to feed more than 25,000 people

**Food For Free** is a Cambridge-based non-profit that rescues fresh food and food that might otherwise go to waste, and distributes it within the local emergency food system where it can reach those in need. Their programs address not only short-term hunger, but obesity, diet-related disease, and other long-term health effects of food insecurity and poor nutrition.