# BIOS 755: Generalized Estimating Equations (GEEs) or Marginal Models for Longitudinal Data

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#### Longitudinal model for non-normal data

- Longitudinal models for normal data are heavily influenced by the multi-variate normal (MVN) distribution
- In fact, the MVN distribution makes most of what we did in our linear models section possible.
- The MVN distribution allows us to relate multiple variables through their covariances.
- With non-normal data, this isn't as easy.
  - We would have to assume higher-order relationships, i.e., How does  $P(Y_{i2} = 1 | Y_{i1} = 1)$  vary by  $Y_{i3}$
- What are we going to do?

#### Marginal Models

▶ One approach is to specify the marginal distribution at each time point:

$$Y_{ij}$$
 for  $j=1,\ldots,n_i$ 

along with some assumptions about the covariance structure of the observations.

- Marginal models avoid some distributional assumptions used with other methods (e.g., mixed models).
- ► They don't make a complete assumption on the full distribution, why they are "marginal".
- Marginal models are conditional on the covariates and the covariance structure only (i.e., no random effects needed).

#### Marginal Models

- ► The basic premise of marginal models is to make inferences about population averages.
  - ▶ What is happening to the average? vs What is happening to each subject?
- Marginal models will look at the impact of exposures on group A vs group B, instead of the impact of an exposure of a subject changing from group A to group B.
- ► For linear models, all coefficients had the same interpretation; for GLM, this is no longer the case (we'll discuss this later).
- Marginal models are primarily used to make inferences on the impact covariates have on the population.

#### Assumptions of Marginal Models

- With marginal models we make the following assumptions:
  - 1. The **marginal expectation** of the response,  $E(Y_{ij}) = \mu_{ij}$ , depends on explanatory variables,  $X_{ij}$ , through a known link function

$$\eta_{ij} = g(\mu_{ij}) = oldsymbol{X}_{ij}oldsymbol{eta}$$

2. The marginal variance of  $Y_{ij}$  depends on the marginal mean according to

$$Var(Y_{ij}) = v(\mu_{ij})\phi$$

- where  $v(\mu_{ij})$  is a known 'variance function' and  $\phi$  is a scale parameter that may need to be estimated. (You'll have limited impact on this portion for most models)
- 3. The covariance between  $Y_{ij}$  and  $Y_{ik}$  is a function of the means and additional correlation parameters that will also need to be estimated. (Similar to covariance pattern models.)

# Examples of Marginal Models

#### Continuous responses:

- 1.  $\mu_{ij} = \eta_{ij} = \boldsymbol{X}_{ij}\boldsymbol{\beta}$ , i.e., linear regression
- 2.  $Var(Y_{ij}) = \phi$ , i.e., homogeneous variance.
- 3.  $Corr(Y_{ij}, Y_{ik}) = \alpha^{|k-j|} \ (0 \le \alpha \le 1)$ , i.e., autoregressive correlation.

# **Examples of Marginal Models**

#### Binary responses:

- 1.  $logit(\mu_{ij}) = \eta_{ij} = \boldsymbol{X}_{ij}\boldsymbol{\beta}$ , i.e., logistic regression
- 2.  $Var(Y_{ij}) = \mu_{ij}(1 \mu_{ij})$ , i.e., Bernoulli variance.
- 3.  $\textit{Corr}(Y_{ij}, Y_{ik}) = \alpha_{jk} \ (0 \leq \alpha_{jk} \leq 1)$ , i.e., unstructured correlation.

# **Examples of Marginal Models**

#### Count responses:

- 1.  $\log(\mu_{ij}) = \eta_{ij} = \boldsymbol{X}_{ij}\boldsymbol{\beta}$ , i.e., Poisson regression
- 2.  $Var(Y_{ii}) = \mu_{ii}\phi$ , i.e., extra-Poisson variance.
- 3.  $Corr(Y_{ij}, Y_{ik}) = \alpha \ (0 \le \alpha \le 1)$ , i.e., compound symmetry correlation.

#### Similarities with GLMs

- The assumptions of marginal models are similar to Generalized Linear Models (GLMs).
  - both have a systematic component
  - both have a formula
  - the variance of both is usually specified by a distribution (i.e., Bernoulli, Poisson, etc.)
- ▶ Marginal models add a covariance structure to the specification.
  - They're similar to a GLM with covariance.

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- Marginal models add a covariance structure to the specification.
  - They're similar to a GLM with covariance.
- Marginal models don't specify a distribution, except through the relationship between the mean and the variance. (not likelihood-based)
- Marginal models don't specify the entire joint distribution of the data.

# Interpretations in a Marginal World

- ightharpoonup The regression parameters eta have 'population-averaged' interpretations:
  - describes the effect of covariates on the average responses
  - think of them as comparing the means in sub-populations
- ▶ In linear regression, what happens between the groups is the same as what would happen to an individual going from one group to the other. Here, that's not the case.
- ▶ The increase in the probability of a heart attack between 40-year-olds and 50-year-olds is not the same as an individual increase in the probability of a heart attack when aging from 40 to 50.

# **Estimating Marginal Models**

- Unfortunately, with discrete response data there is no analogue of the multivariate normal distribution.
- ▶ In the absence of a 'convenient' likelihood function for discrete data, there is no unified likelihood-based approach for marginal models.
- Recall: In linear models for normal responses, specifying the means and the covariance matrix fully determines the distribution of the data and the likelihood.
- ▶ This is not the case with discrete response data.

# Generalized Estimating Equations

- Since there is no 'convenient' or natural specification of the joint multivariate distribution of  $\mathbf{Y}_i = (Y_{i1}, Y_{i2}, \dots, Y_{in})$  for marginal models when the responses are non-normal, we use an alternative to maximum likelihood (ML) estimation.
- ▶ Liang and Zeger (1986) and Zeger, Liang, and Albert (1988) proposed such a method based on the concept of 'estimating equations.' This work comes from:
  - ► Wedderburn (1974) Quasi-likelihood functions, generalized linear models, and the Gauss-Newton method, *Biometrika*, 61: 439–447
  - ▶ McCullagh (1983) Quasi-Likelihood Functions, *The Annals of Statistics*, 11: 59–67
- This provides a general and unified approach for analyzing discrete and continuous responses with marginal models.

#### Generalized Estimating Equations

- Generalized Estimating Equations (GEEs) are a statistical technique for analyzing correlated or clustered data.
- ► GEEs extend GLMs to correlated data by introducing a working correlation structure that accounts for the relationship between observations within a cluster.
- ► GEEs use quasi-likelihood methods rather than full likelihood methods to estimate the model parameters.
- ▶ Working Correlation Structure: This is a key component of the GEE approach. The working correlation structure is a mathematical representation of how data points within a cluster are related.
  - Common structures include independence, exchangeable, and autoregressive.

#### Fitting Marginal Models

- Let  $\mathbf{Y}_i = (Y_{i1}, Y_{i2}, \dots, Y_{in})$  be a vector of correlated responses for the *i*th subject  $(i = 1, \dots, N)$ .
- Then, an estimate of β can be obtained as the solution to the following 'generalized estimating equation'

$$\sum_{i=1}^{n} D'_{i} V_{i}^{-1} (Y_{i} - \mu_{i}) = 0$$
 (1)

where  $\boldsymbol{D}_i = \partial \mu_i / \partial \boldsymbol{\beta}$ 

▶  $V_i$  is a 'working' covariance matrix, i.e.  $V_i \approx Cov(Y_i)$ , which is a function of  $\phi$  and  $\alpha$ .

# Fitting Marginal Models

- ▶ Generalized estimating equations depend on  $\beta$  ,  $\phi$  (the variance parameter(s)), and  $\alpha$  (the correlation parameter(s)).
- ▶ Because the GEEs depend on both mean and covariance parameters, an iterative two-stage estimation procedure is required:
  - 1. Given current estimates of  $(\alpha, \phi)$ , an estimate of  $\beta$  is obtained as the solution to (1) on the previous slide.
  - 2. Given current estimate of  $\beta$  estimates of  $\alpha$  and  $\phi$  are obtained based on the residuals,

$$r_{ij} = Y_{ij} - \hat{\mu}_{ij}$$

#### Properties of GEE estimators

Assuming  $\alpha$  and  $\phi$  are consistent:

- $\triangleright$   $\hat{\beta}$  is a consistent estimate of  $\beta$  (with high probability  $\hat{\beta}$  is close to  $\beta$  for large n).
- In large sample,  $\hat{\beta}$  has a multivariate normal distribution.
- $ightharpoonup Cov(eta) = \mathbf{F}^{-1}\mathbf{G}\mathbf{F}^{-1}$  where

$$F = \sum_{i=1}^{n} \mathbf{D}_{i}^{-1} \mathbf{V}_{i} \mathbf{D}_{i}^{-1}$$

$$G = \sum_{i=1}^{n} \mathbf{D}_{i} \mathbf{V}_{i}^{-1} Cov(\mathbf{Y}_{i}) \mathbf{V}_{i}^{-1} \mathbf{D}_{i}$$

This is called the "empirical" or "sandwich" variance estimator.

#### Properties of GEE estimators

- $\hat{\beta}$  is consistent even if the covariance of  $Y_i$  has been misspecified (robust).
- ▶ The variance of  $\hat{\beta}$  can be estimated by  $\mathbf{F}^{-1}$  or  $\mathbf{F}^{-1}\mathbf{G}\mathbf{F}^{-1}$ .
  - $ightharpoonup F^{-1}$  is the 'model-based' estimator.
  - $ightharpoonup F^{-1}GF^{-1}$  is the 'empirical' or 'sandwich' estimator.
- ▶ The standard errors of  $\hat{\beta}$ , as measured by  $\mathbf{F}^{-1}\mathbf{G}\mathbf{F}^{-1}$  are asymptotically valid even when the correlation structure is incorrect.
  - Why model the correlation, then?

#### **F** versus **G**

Both model-based and sandwich-based estimators are useful in different situations:

- **Sandwich based** is best to use when
  - sample size is relatively large (several hundred subjects or more)
  - when the assumed model for the covariances is questionable.
- Model based is best to use when
  - sample size is smaller
  - small number of clusters.
- ▶ Model-based needs the correlation/covariance to be modeled correctly.

# Practical Application Steps

- ▶ **Defining the Model:** Specify a model that includes independent variables (predictors) and a dependent variable (outcome), choosing a link function and distribution that match the nature of the data (e.g., binary, count, continuous).
- ► Choosing a Working Correlation Structure: Select an appropriate correlation structure (e.g., independent, exchangeable, autoregressive).
- ▶ **Estimation:** Use SAS/R to estimate the model's parameters using the quasi-likelihood approach, which does not require specifying the full distribution of the outcome.
- ▶ **Interpreting Results:** The focus is on interpreting population-averaged effects, with robust standard errors used to assess the statistical significance of predictors.
- ➤ **Sensitivity Analysis:** May perform sensitivity analyses with different correlation structures to check the robustness of the results.

#### **GEE** limitations

- ► Likelihood-based methods are NOT available for testing fit, comparing models, and conducting inferences about parameters.
- Sandwich-based estimators are more variable than parametric ones.
- ➤ Sandwich-based standard errors underestimate the true ones unless the sample size has several hundred subjects or more.
- More ideal for balanced data.
- Missing data needs to be handled a little more carefully.

# **GEE** Advantages

- ► Flexibility: GEEs can handle many data types and link functions, making them highly versatile.
- ▶ **Robustness:** They provide robust estimates even when the correlation structure is misspecified, as long as the mean model is correctly specified.
- ► Ease of Use: Many statistical software packages support GEE analysis, facilitating its application in various research areas.
- ► Causal inference: Marginal Structural Models (MSM), which are an advanced method in causal inference with time-varying confounders, has connections with GEEs.