# BIOS 755: Fixed versus Random effect models and Longitudinal versus Cross-sectional Effects

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#### Introduction

- Today we are going to be talking about time-varying and time-invariant covariates.
- Let  $X_{ij}$  denote the time-varying covariates and  $W_{ij} = W_i$  the time-invariant covariates.
- ► To analyze such data we could use

$$Y_{ij} = \boldsymbol{X}_{ij}\boldsymbol{\beta} + \boldsymbol{W}_i\boldsymbol{\gamma} + \alpha_i + e_{ij}$$

where  $\boldsymbol{e}_i \sim N(0, \sigma^2)$ .

#### Fixed effect model

- What if we didn't assume  $\alpha_i$  was random, but rather estimated it from the data. What kind of model would we have?
- An issue with this model is that we couldn't estimate the time-invariant covariate effects:
  - **c**an't estimate both  $\gamma$  and the  $\alpha_i$ 's.

$$Y_{ij} = \boldsymbol{X}_{ij}\boldsymbol{\beta} + \boldsymbol{W}_i\boldsymbol{\gamma} + \alpha_i + e_{ij}$$

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Fixed Models

#### Fixed effect model

$$Y_{ij} = \boldsymbol{X}_{ij}\boldsymbol{eta} + \boldsymbol{W}_i\boldsymbol{\gamma} + lpha_i + e_{ij}$$

- ightharpoonup We could estimate  $\beta$
- For example, if we only had two observations:

$$(Y_{i2}-Y_{i1})=(X_{i2}-X_{i1})'\beta+e_{i2}^*$$

which could be fitted using OLS of  $(Y_{i2} - Y_{i1})$  on  $(\boldsymbol{X}_{i2} - \boldsymbol{X}_{i1})$ .

Notice that this model removes the potential for bias due to confounding by all measured and unmeasured time-invariant characteristics of individuals (as long as the effect is constant over time).

#### Fixed effect model

▶ This approach can be expanded with the mean-centered model

$$Y_{ij}^* = oldsymbol{X}_{ij}^*oldsymbol{eta} + e_{ij}$$

where 
$$Y_{ij}^* = Y_{ij} - \bar{Y}_i$$
 and  $\boldsymbol{X}_{ij}^* = \boldsymbol{X}_{ij} - \bar{\boldsymbol{X}}_i$ .

▶ Or with the *first difference* model for  $j = 2, ..., n_i$ 

$$Y_{ij}^\dagger = oldsymbol{\mathcal{X}}_{ij}^\dagger oldsymbol{eta}^\dagger + e_{ij}^\dagger$$

where 
$$Y_{ij}^{\dagger} = Y_{ij} - Y_{i1}$$
 and  $\boldsymbol{X}_{ij}^{\dagger} = \boldsymbol{X}_{ij} - \boldsymbol{X}_{i1}$ .

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Fixed Models

#### Fixed effect model

- This model removes all the variation due to time-invariant covariates.
- ▶ If the random intercept model is correct, the correlation  $e_{ij}$  can be ignored
  - assuming only time-invariant covariates are causing the dependence between measurements.
- ▶ To fit this model we'll use proc glm with an independent correlation matrix.

GO TO EXAMPLE

#### Random effect versus Fixed effect model

#### Some technical differences:

- ▶ The fixed effect model allows for correlation between  $\alpha_i$  and  $\boldsymbol{X}_{ij}$ , and  $\alpha_i$  and  $\boldsymbol{W}_i$ .
- The random effect model does not allow for this correlation and biases in  $\beta$  arise when violated.
- ► The random effect model allows for estimation of time-invariant fixed-effects, the fixed effect model does not.
- The random effect model is more efficient than the fixed effect model.
- ▶ Individuals must have more than 1 observation in the fixed effect model.

Longitudinal and Cross-sectional effects

# Longitudinal vs Cross-sectional effects

#### Introduction

- ▶ It is possible to allow for **longitudinal** and **cross-sectional** effects in longitudinal analyses.
- Such an approach acknowledges the two distinct sources of variation in a covariate:
  - one based on within-subject variation, and
  - one based on between-subject variation.
- Such a model recognized that longitudinal data provide information about
  - how individuals differ at any one occasion, and
  - how an individuals response varies over time.
- Commonly these effects are erroneously combined.

- Suppose there is a study on the impact of talkativeness and well-being (subjectively measured).
- There could be a positive association between talkativeness and well-being between-people:
  - people who are (on average) more talkative than others are (on average) happier than others.
- ► There could be a positive association between talkativeness and well-being within-people:
  - people who are more talkative today (than they usually are) are happier today (than they usually are).

BIOS 755: Fixed versus Random effect models (longitudinal versus cross-sectional effects)

Longitudinal and Cross-sectional effects

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  - ▶ if a person is 20% more talkative (either between or within), we predict they will score 15% higher on their well-being (on average).

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- These effects may be different,
  - ▶ if person A is 20% more talkative than person B (on average), we predict person A will score 5% higher than person B on their well-being (on average), while
  - ▶ if person A is 20% more talkative (than they usually are), we predict they will score 20% higher than usual on their well-being (on average).

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  - ▶ if person A is 20% more talkative than person B (on average), we predict person A will score 5% higher than person B on their well-being (on average), while
  - ▶ if person A is 20% more talkative (than they usually are), we predict they will score 20% higher than usual on their well-being (on average).
- These effects may be the opposite,
  - if person A is 20% more talkative than person B (on average), we predict person A will score 5% higher than person B on their well-being (on average), while
  - ▶ if person A is 20% more talkative (than they usually are), we predict they will score 10% lower than usual on their well-being (on average).

# Longitudinal and cross-sectional information

- Assessment of within-subject changes in the response due to aging (for example) can only be achieved within a longitudinal study design.
- What would happen with a cross-sectional design?
- ▶ Recall the Muscatine Coronary Risk Factor (MCRF) study which had five cohorts of children, initially aged 5–7, 7–9, 9–11, 11–13, and 13–15.
- Goal: determine whether the risk for obesity increased with age.
- Measurements were taken in 1977, 1979 and 1981.
- Could we measure the effect of age using only data from 1977?

#### Model

- ► To combine longitudinal and cross-sectional effects we will include both effects in the model.
- For example, we can use the linear mixed effects model:

$$Y_{ij} = oldsymbol{X}_{ij}^*oldsymbol{eta}^{(L)} + oldsymbol{X}_{i1}'oldsymbol{eta}^{(C)} + oldsymbol{W}_i'\gamma + oldsymbol{Z}_{ij}'b_i + e_{ij}$$

where  $\boldsymbol{X}_{ij}^{*} = \boldsymbol{X}_{ij} - \boldsymbol{X}_{i1}$ .

- ▶ Here,  $\beta^{(C)}$  represent the cross-section effects while  $\beta^{(L)}$  are the longitudinal effects.
- lacktriangle This is one example, another example is using  $m{X}_{ij}^* = m{X}_{ij} ar{m{X}}_i$  and  $ar{m{X}}_i$

Let  $A_{ij}$  be the age of person i at measurement j. One option is to fit the model

$$Y_{ij} = \beta_0 + \beta_1 A_{ij} + b_{0i} + \epsilon_{ij}$$

Separating out the cross-sectional and longitudinal effects of age we have

$$Y_{ij} = \beta_0^* + \beta_1^{(L)} A_{ij}^* + \beta_1^{(C)} A_{i1} + b_{0i}^* + \varepsilon_{ij}$$

where  $A_{ij}^* = A_{ij} - A_{i1}$  is the change in age from baseline.

When there is not a well defined baseline measurement, I prefer to the average model.

Longitudinal and Cross-sectional effects

# Interpretation

For the baseline measurement, it's straightforward to show that

$$E(Y_{i1}) = \boldsymbol{X}'_{i1} \boldsymbol{eta}^{(C)} + \boldsymbol{W}'_{i} \gamma$$

so  $m{eta}^{(C)}$  is the expected difference in the average baseline outcome for a 1 unit change in  $m{ar{X}}_i$ 

Further, the model for the within-subject changes is

$$E(Y_{ij} - Y_{i1}) = \mathbf{X}_{ij}^* \beta^{(L)} + \mathbf{X}_{i1}' \beta^{(C)} + \mathbf{W}_{i}' \gamma - \left( \mathbf{X}_{i1}^* \beta^{(L)} + \mathbf{X}_{i1}' \beta^{(C)} + \mathbf{W}_{i}' \gamma \right)$$

$$= (\mathbf{X}_{ij}^* - \mathbf{X}_{i1}^*)' \beta^{(L)}$$

so  $\boldsymbol{\beta}^{(L)}$  is the expected within person difference in the outcome for a 1 unit change in  $\boldsymbol{X}_{ii}^*$ 

Separating out the cross-sectional and longitudinal effects of age we have

$$Y_{ij} = \beta_0^* + \beta_1^{(L)} A_{ij}^* + \beta_1^{(C)} \bar{A}_i + b_{0i}^* + \varepsilon_{ij}$$

where  $A_{ij}^* = A_{ij} - \bar{A}_i$  and  $\bar{A}_i$  is the persons average age in the study.

- For subjects with a baseline age that was 1 unit higher, we expect their baseline outcome to be  $\beta_1^{(C)}$  units larger.
- ▶ During our study, individuals aging 1 year from baseline is associated with a  $\beta_1^{(L)}$  unit increase in the outcome.

Longitudinal and Cross-sectional effects

# $oldsymbol{eta}^{(L)}$ versus $oldsymbol{eta}^{(C)}$

Notice that when  $\beta^{(L)} = \beta^{(C)} = \beta$ 

$$Y_{ij} = \boldsymbol{X}_{ij}^* \boldsymbol{\beta}^{(L)} + \boldsymbol{X}_{i1}' \boldsymbol{\beta}^{(C)} + \boldsymbol{W}_i' \boldsymbol{\gamma} + \boldsymbol{Z}_{ij}' b_i + e_{ij}$$
$$= \boldsymbol{X}_{ij}' \boldsymbol{\beta} + \boldsymbol{W}_i' \boldsymbol{\gamma} + \boldsymbol{Z}_{ij}' b_i + e_{ij}$$

which is the "standard" mixed effects model

▶ So the hypothesis test  $H_0: \beta^{(L)} = \beta^{(C)}$  tests whether longitudinal and cross section effects are equal.

# Longitudinal and cross-sectional information

- Could we measure the effect of age using only data from 1977?
- ightharpoonup Differences in  $eta^{(L)}$  versus  $eta^{(C)}$  can arise when there are cohort or period effects.
- When we assume  $\beta^{(L)} = \beta^{(C)} = \beta$ , i.e., use the "standard" linear mixed effects model, we get an estimate for  $\beta$  that is a combination of  $\beta^{(L)}$  and  $\beta^{(C)}$ .