**Childhood Trauma Questionnaire (CTQ)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **When I was growing up…** | **never true** | **rarely true** | **some-times true** | **often true** | **very often true** |
| 1 | I didn´t have enough to eat |  |  |  |  |  |
| 2 | I knew that there was someone to take care of me and protect me |  |  |  |  |  |
| 3 | People of my family called me thinks like ‘stupid’, ‘lazy’ or ‘ugly’ |  |  |  |  |  |
| 4 | My parents were too drunk or high to take care of the family |  |  |  |  |  |
| 5 | There was someone in my family who helped me feel that I was important or special |  |  |  |  |  |
| 6 | I had to wear dirty clothes |  |  |  |  |  |
| 7 | I felt loved |  |  |  |  |  |
| 8 | I thought that my parents wished I had never been born |  |  |  |  |  |
| 9 | I got hit so hard by someone in my family that I had to see a doctor or go to the hospital |  |  |  |  |  |
| 10 | There was nothing I wanted to change about my family |  |  |  |  |  |
| 11 | People in my family hit me so hard that it left me with bruises or marks |  |  |  |  |  |
| 12 | I was punished with a belt, a board, a cord, or some other hard object |  |  |  |  |  |
| 13 | People in my family looked out for each other |  |  |  |  |  |
| 14 | People in my family said hurtful or insulting things to me |  |  |  |  |  |
| 15 | I believed that I was physically abused |  |  |  |  |  |
| 16 | I had the perfect childhood |  |  |  |  |  |
| 17 | I got hit or beaten so badly that it was noticed by someone like a teacher, neighbor, or doctor |  |  |  |  |  |
| 18 | I felt that someone in my family hated me |  |  |  |  |  |
| 19 | People on my family felt close to each other |  |  |  |  |  |
| 20 | Someone tried to touch me in sexual way, or tried to make me touch them |  |  |  |  |  |
| 21 | Someone threatened to hurt me or tell lies about me unless I did something sexual for them |  |  |  |  |  |
| 22 | I had the best family in the world |  |  |  |  |  |
| 23 | Someone tried to make me do sexual things or watch sexual things |  |  |  |  |  |
| 24 | Someone molested me |  |  |  |  |  |
| 25 | I believe that I was emotionally abused |  |  |  |  |  |
| 26 | There was someone to take me to the doctor if I needed it |  |  |  |  |  |
| 27 | I believed that I was sexually abused |  |  |  |  |  |
| 28 | My family was a source of strength and support |  |  |  |  |  |

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