**Short Version of Operationalized Psychodynamic Diagnosis-Structure Questionnaire** (OPD-SQS)

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| --- | --- | --- | --- | --- | --- | --- |
| **No.** |  | **does not apply at all** | **rather not applies** | **some-times applies** | **rather applies** | **fully applies** |
| 1 | I sometimes feel like a stranger to myself. |  |  |  |  |  |
| 2 | If I think too much about myself, I tend to get confused. |  |  |  |  |  |
| 3 | It can be dangerous to let others get too close to you. |  |  |  |  |  |
| 4 | I find it difficult to make others understand me. |  |  |  |  |  |
| 5 | There is often such a chaos of feelings inside me that I couldn’t even describe it. |  |  |  |  |  |
| 6 | I sometimes misjudge how my behavior affects others. |  |  |  |  |  |
| 7 | If others know a lot about me, I often feel somehow controlled or observed. |  |  |  |  |  |
| 8 | Sometimes my feelings are so intense that I get scared. |  |  |  |  |  |
| 9 | I’ve been hurt badly because I misjudged someone. |  |  |  |  |  |
| 10 | I find it hard to get in contact with other people. |  |  |  |  |  |
| 11 | I don’t have good self-esteem. |  |  |  |  |  |
| 12 | My experience is: If you trust people too much you can get nasty surprises. |  |  |  |  |  |

Reference: Ehrenthal, J.C., Kruse, J., Schmalbach, B., Dinger, U., Werner, S., Schauenburg, H., Brähler, E., Kampling, H., under review. Measuring personality functioning with the 12-item version of the OPD-Structure Questionnaire (OPD-SQS): Reliability, factor structure, validity, and measurement invariance in the general population.