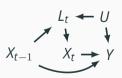
Concepts and Methods for Healthy Worker Survivor Bias

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December 2024

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1

What to expect

- Didactic
- Fast
- Replicable

History: healthy worker survivor effect

Employment and health

Mortality has long been observed to be lower among populations of active workers

The weaker individuals, and those whose health is failing them, are thus being constantly drafted out of each industrial occupation, and especially out of those which require much vigour; and the consequence is that the death-rates in these latter occupations are unfairly lowered, as compared with the death-rates in occupations of an easier character, and still more as compared with the death-rates among those persons who are returned as having no occupation at all. A very considerable proportion of those who

3

Ogle (1885) Supplement to the Forty-Fifth Annual Report of the Registrar-General of Births, Deaths, and Marriages in England

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activity in those that follow them. Such industries are in fact carried on by a body of comparatively picked men; stronger in the beginning, and maintained at a high level by the continual drafting out of those whose strength falls below the mark.

Ogle (1885) Supplement to the Forty-Fifth Annual Report of the Registrar-General of Births, Deaths, and Marriages in England

Brit. J. prev. soc. Med. (1976), 30, 225-230

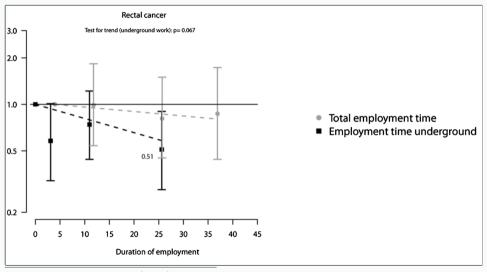
Low mortality rates in industrial cohort studies due to selection for work and survival in the industry

A. J. FOX AND P. F. COLLIER

Office of Population Censuses and Surveys and the Employment Medical Advisory Service, Health and Safety Executive, London industry. The survivor population effect for men who were alive 15 years after entry was measured by comparing the mortality patterns of those who had left the industry before the 15 years were completed with those for men still in the industry 15 years after entering. The SMR for past workers including retired workers was 108.4 compared with 74.0 for those employees who were still in the industry.

ies

Longer employment predicts lower risk in 13,623 iron miners



Björ et al. (2013) Am J Ind Med

Arsenic and cardiovascular disease among 8,014 copper smelter workers

There were **no significant trends in the relative risks** with the various measures of cumulative arsenic exposure. However, relative risks for 5–14, 15–24, and 25 years and more after cessation of employment were 0.80, 0.66, and 0.41, respectively, compared with 1–4 years after cessation of employment. These results do not suggest a relation between cardiovascular disease and cumulative arsenic exposure, but do suggest that **cardiovascular disease** "**caused the retirement.**"

Arsenic and cardiovascular disease among 8,014 copper smelter workers: comment

Lubin and Fraumeni as suggest[ed] that cardiovascular disease "caused the retirement." This is an excellent description of how the healthy survivor effect operates...

Arsenic and cardiovascular disease in 8,014 copper smelter workers, reanalysis

Table 2. Cause-specific and all-cause mortality per 1,000 and excess deaths per 1,000 at age 60 and age 70.

Age (years)/ Cause of mortality	Deaths per 1,000 ^a (95% CI)	Excess deaths per 1,000 ^b (95% CI)			
	No exposure	Natural course	If at work, light exposure	If at work, medium exposure	If at work, heavy exposure
Age 60					
All causes	224 (211, 239)	14 (5.0, 22.3)	12 (4.1, 20)	27 (14, 40)	60 (33, 88)
Respiratory cancer	17 (13, 20.2)	1.7 (-0.4, 3.9)	1.6 (-0.5, 3.7)	4.0 (0.6, 7.3)	10 (2.6, 20)
Heart disease	65 (58, 73)	4.8 (0.2, 9.1)	4.1 (-0.4, 8.4)	8.7 (1.4, 16)	(18 (2.8, 34)
Other causes	143 (132, 156)	7.3 (-0.1, 15)	6.5 (-0.3, 14)	14 (2.3, 26)	32 (8.0, 58)
Age 70					
All causes	441 (423, 460)	22 (10, 35)	20 (8.3, 31)	42 (23, 62)	89 (51, 128)
Respiratory cancer	42 (35, 50)	4.0 (-0.8, 8.2)	3.6 (-0.7, 7.4)	8.9 (0.7, 16)	21 (2.3, 43)
Heart disease	138 (126, 152)	7.2 (-1.1, 15)	6.4 (-1.2, 13)	13 (-0.9, 26)	25 (-2.5, 54)
Other causes	261 (244, 279)	11 (0.0, 23)	9.9 (-0.7, 21)	20 (1.8, 40)	43 (4.2, 83)

CI, confidence interval.

The cohort comprised 8,014 copper smelter workers, Anaconda, Montana, 1938–1990-

^aCumulative incidence × 1.000.

bRisk difference × 1,000 (relative to no exposure; negative values imply that higher exposures would decrease the risk of mortality).

Arsenic and cardiovascular disease in 8,014 copper smelter workers, reanalysis

To address healthy worker survivor bias, methods matter

		Excess deaths per 1,000 th (95% CI)				
	No exposure					
	224 (211, 239)	14 (5.0, 22.3)	12 (4.1, 20)	27 (14, 40)		
		1.7 (-0.4, 3.9)		4.0 (0.6, 7.3)	10 (2.6, 20)	
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	143 (132, 156)		6.5 (-0.3, 14)	14 (2.3, 26)	32 (8.0, 58)	
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	261 (244, 279)				43 (4.2, 83)	

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^{*}Cumulative incidence × 1,0

^{**}Brisk difference × 1,000 (relative to no exposure; negative values imply that higher exposures would decrease the risk of mortality

Terminology note

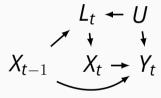
I use "healthy worker survivor bias" rather than "healthy worker survivor effect" because it is a structural bias of specific parameters that is amenable to control, rather than a singular effect.

To sharpen the distinction, it is helpful to see the structure

Concepts: the structure of healthy worker

survivor bias

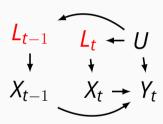
DAG for HWSB



• Employment status = confounder (adjust)

$$\begin{array}{ccc}
L & \leftarrow U \\
 & \downarrow \\
X & \rightarrow Y
\end{array}$$

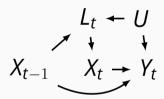
• Employment status = confounder (adjust)



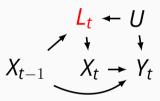
• Employment status = collider (don't adjust)



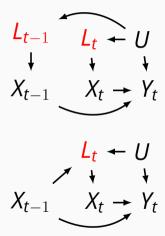
• Cumulative exposure = . . . + $X_{t-1} + X_t$



- Employment status = confounder (adjust)
- Employment status = collider (don't adjust)
- Cumulative exposure = . . . $+ X_{t-1} + X_t$
- Employment status = time-varying confounder affected by prior exposure



 Healthy worker survivor bias Confounding by employment status that may be complicated by impacts of exposure on employment



Confounding The bias to control

Collider stratification bias The bias to avoid when controlling confounding

Cumulative exposure We are interested in effects of multiple exposures at once, so

we must concern ourselves with both of these biases at once

Methods for healthy worker survivor bias in

cohort studies

Methods for healthy worker survivor bias in cohort studies

If exposure does not impact employment regression, g-methods

If exposure impacts employment g-methods

G-methods g-estimation², g-formula/g-computation³, inverse probability weighting⁴

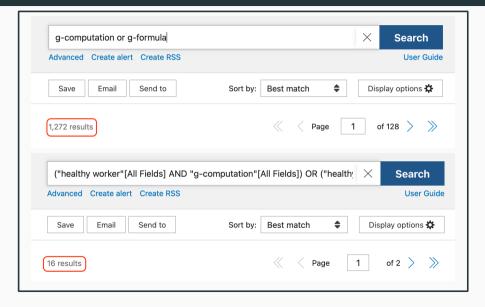
¹Naimi, Cole, and Kennedy (2017) Int J Epidemiol

²Keil, Richardson, and Troester (2015) Am J Epidemiol

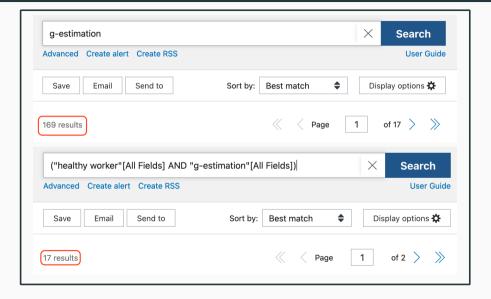
³Keil et al. (2018) *Epidemiology*

⁴Keil et al. (2024) Am | Epidemiol

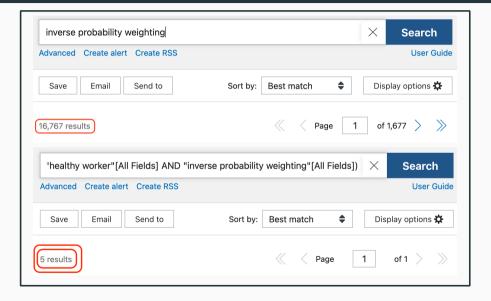
G-methods for healthy worker survivor bias in cohort studies



G-methods for healthy worker survivor bias in cohort studies



G-methods for healthy worker survivor bias in cohort studies



Compared with other g-methods, inverse probability weighting

- Is simpler
- Is less computationally demanding
- Reduces modeling assumptions
- Is conceptually clearer
- Is easier to interpret

Marginal Structural Models and Causal Inference in Epidemiology

James M. Robins, 1,2 Miguel Ángel Hernán, 1 and Babette Brumback 2

In observational studies with exposures or treatments that vary over time, standard approaches for adjustment of confounding are biased when there exist time-dependent confounders that are also affected by previous treatment. This paper introduces marginal structural models, a new class of

causal models that allow for improved adjustment of confounding in those situations. The parameters of a marginal structural model can be consistently estimated using a new class of estimators, the inverse-probability-of-treatment weighted estimators. (Epidemiology 2000;11:550–560)

Keywords: causality, counterfactuals, epidemiologic methods, longitudinal data, structural models, confounding, intermediate variables

Marginal Structural Models and Causal Inference in Epidemiology

James M

In observational studies with vary over time, standard appropriate of the conding are biased when the founders that are also affected paper introduces marginal strangers. 11. Limitations of Marginal Structural Models It is shown in Ref 2 and Appendix 2 that our IPTW estimators will be biased and thus MSMs should not be used in studies in which at each time k there is a covariate level l_k such that all subjects with that level of the covariate are certain to receive the identical treatment a_k . For example, this circumstance implies that MSMs should not be used in occupational cohort studies. To see why, consider an occupational cohort study

rumback²

Improved adjustment of con-The parameters of a marginal stently estimated using a new verse-probability-of-treatment iology 2000;11:550–560)

Keywords: causality, counterfactuals, epidemiologic methods, longitudinal data, structural models, confounding, intermediate variables

JOURNAL ARTICLE ACCEPTED MANUSCRIPT

Inverse Probability Weighting to Estimate Impacts of Hypothetical Occupational Limits on Radon Exposure to Reduce Lung Cancer ®

Alexander P Keil ™, Yi Li, Qing Lan, Stephen Bertke, Robert D Daniels, Jessie K Edwards, Kaitlin Kelly-Reif

American Journal of Epidemiology, kwae299, https://doi.org/10.1093/aje/kwae299

Published: 21 August 2024 Article history ▼

JOURNAL ARTICLE ACCEPTED MANUSCRIPT

Marginal structural modeling (pooled) estimator. We then fit a model to estimate the hazard ratio as a smooth function of the exposure limits. First, data for all 35 regimes other than the natural course were combined into a single dataset. Then, a weighted Cox model was fit in which the value of the exposure limit was used as the continuous independent variable. This approach is more restrictive than the nonpooled Cox model because it assumes a smooth parametric form of the relationship between the hazard and the exposure limit under the regime, but it pools information across regimes thus gaining efficiency if that parametric form is correct. If the parametric form is correct, it allows prediction of the hazard at any personal exposure limit. To avoid stringent parametric assumptions we modeled exposure limit values flexibly using a restricted cubic spline with 8 knots (39).

Published: 21 August 2024 Article history ▼

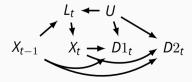
Technical note

Hernán et al. and Cain et al. introduced the basic foundation for inverse probability weighting for *dynamic regimes*, which is a formal term for what I describe today.

A worked example with inverse probability
weighting

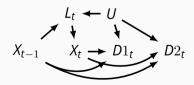
Synthetic example: effects of exposure in 10,000 worker cohort

- Full code available at https://github.com/alexpkeil1/EPICOH_2024
- Two outcomes: mimicking lung cancer (D1) and other-cause (D2) mortality based on US mortality rates (race/gender/age/year specific)
- One occupational exposure of interest (X) for chronic effects on lung cancer outcome D1
- Covariates: race, gender, age, year, wage status (salary vs. wage at hire), employment status L_t



Synthetic example: study questions

- What is the association (i.e. hazard ratio) between cumulative exposure and mortality, adusted for baseline exposure? (Cox model)
- What is the impact (i.e. hazard ratio) of a personal exposure limit on mortality (clone-censor-weight)
- What is the effect of any feasible personal exposure limit on mortality (clone-censor-weight + marginal structural model)



First 15 observations

id	atwork	X	cumx	wagestatus	gender	race	age	year	d1	d2
1	1	3.252	3.252	1	F	N	31	1956	0	0
1	1	0.936	4.188	1	F	N	32	1957	0	0
1	1	1.269	5.457	1	F	N	33	1958	0	0
1	1	2.230	7.687	1	F	N	34	1959	0	0
1	0	0.000	7.687	1	F	N	35	1960	0	0
1	0	0.000	7.687	1	F	N	36	1961	0	0
1	0	0.000	7.687	1	F	N	37	1962	0	0
1	0	0.000	7.687	1	F	N	38	1963	0	0
1	0	0.000	7.687	1	F	N	39	1964	0	0
1	0	0.000	7.687	1	F	N	40	1965	0	0
1	0	0.000	7.687	1	F	N	41	1966	0	0
1	0	0.000	7.687	1	F	N	42	1967	0	0
1	0	0.000	7.687	1	F	N	43	1968	0	0
1	0	0.000	7.687	1	F	N	44	1969	0	0
1	0	0.000	7.687	1	F	N	45	1970	0	0

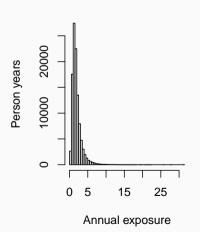
Create variables for analyses (R code with dplyr)

```
sim cohort <- sim cohort %>%
 group by(id) %>%
 mutate(
   one = 1,
   time = cumsum(one).
   timein = time-1.
   agein = age-1.
   xl = lag(x. default=0).
   cxl = lag(cumx, default=0).
   cumatwork = cumsum(atwork).
   cumatworkl = lag(cumatwork, default=0),
   atworkl = lag(atwork, default=0),
    leftwork = as.numeric(atworkl==1 & atwork == 0).
   cxl2 = lag(cxl. default=0).
 ) %>%
 select(-one) %>%
 unaroup()
sim cohort <- sim cohort %>%
 group by(id) %>%
 mutate(
 male = as.numeric(gender == 'M')
 ) %>%
 ungroup()
```

←Define helpful variables for time-dependent analysis (time on study, lagged variables)

Cohort characteristics at baseline, exposure and mortality by end of follow-up N=10,000; 264,000 person-years

Variable	N	Pct	Mean	SD
Age			28	6.35
Calendar year			1954	2.915
Waged	7039	70		
Salaried	2961	30		
Gender F	5052	51		
Gender M	4948	49		
White race	7476	75		
Non-white race	2524	25		
Years of follow-up			26.4	16.9
Average X (at work)			1.89	0.797
Cumulative X			17.2	15.3
Years worked			9.07	7.67
D1	601	6		
D2	7931	79		
Survived	1468	15		



Is employment associated with mortality, given past exposures and confounders? The hazard of D1 is lower for each additional year of employment

```
Call:
coxph(formula = Surv(agein, age, d1) ~ cumatwork + cxl + wagestatus +
   male + year, data = sim cohort)
              coef exp(coef) se(coef) z
cumatwork -0.008939 0.991100 0.014611 -0.612 0.54066
cxl
      0.019431 1.019621 0.006887 2.821 0.00478
wagestatus 0.921821 2.513863 0.104730 8.802 < 2e-16
male 0.825716 2.283516 0.100563 8.211 < 2e-16
     -0.001291 0.998710 0.006003 -0.215 0.82971
vear
Likelihood ratio test=284.7 on 5 df, p=< 2.2e-16
n=458152. number of events= 601
```

Is exposure associated with leaving work, given confounders? Cumulative exposure is inversely related to leaving work (due to HWSB!)

```
Call:
coxph(formula = Surv(agein, age, leftwork) ~ cxl + wagestatus +
   male + year, data = filter(sim_cohort, atwork == 1 | leftwork ==
   1))
               coef exp(coef) se(coef) z
cxl 0.0141371 1.0142375 0.0014321 9.872 <2e-16
wagestatus -0.0445361 0.9564411 0.0223938 -1.989 0.0467
male -0.0057580 0.9942586 0.0220583 -0.261 0.7941
vear -0.0007632 0.9992371 0.0027040 -0.282 0.7778
Likelihood ratio test=220.8 on 4 df, p=< 2.2e-16
n= 115616, number of events= 9589
```

Is exposure associated with leaving work, given past exposures and confounders? Recent exposure increases the hazard of leaving work

```
Call:
coxph(formula = Surv(agein, age, leftwork) ~ xl + cxl2 + wagestatus +
   male + year, data = filter(sim cohort, atwork == 1 | leftwork ==
   1))
               coef exp(coef) se(coef) z
           0.071436 1.074049
x 1.
                             0.006276 11.383 < 2e-16
cxl2
        0.011064 1.011125
                              0.001480 7.476 7.65e-14
wagestatus -0.048541 0.952619 0.022392 -2.168 0.0302
male -0.020670 0.979542 0.022081 -0.936 0.3492
           0.002456 1.002459
                             0.002728 0.900
                                              0.3680
vear
Likelihood ratio test=298.4 on 5 df. p=< 2.2e-16
n= 115616. number of events= 9589
```

We have evidence that the **components**⁵ of healthy worker survivor bias are in place (time-varying confounder affected by prior exposure)



⁵Naimi et al. (2013) *Ann Epidemiol*

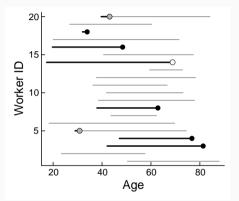
Clone-censor-weight approach to HWSB

Intuition of weighting

- All estimates can be conceptualized as a result of an experiment
- Observational data are not experiments
- By weighting observational data, we create a "pseudo-population"
- Each pseudo-population represents an arm of an experiment⁶

⁶Under causal assumptions, e.g. Hernán and Robins (2006) *Journal of Epidemiology & Community Health*

Clone-censor-weight approach to HWSB



From Keil et al. (2024) Am J Epidemiol: Person-time of 20 workers. black line: observed; gray line: observed but artificially censored; gray dot: artificially censored during follow-up; black dot: death while following regime; white dot: alive at end of study

Strategy:

Clone the cohort data for each hypothetical **exposure limit**^a

Censor Censor clones in when they exceed the limit^b

Weight Estimate weights based on the probability of *not* being censored

Weighted data \approx cohort, had the exposure limit been in place

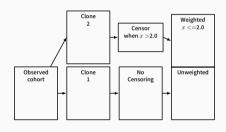
^a Joffe (2012) *Epidemiology*

^bHernán et al. (2006) *Basic clin pharm & tox*

Clone-censor-weight approach to HWSB: Analysis

Estimating an effect of exposure

- The original data (with weights = 1) and the uncensored "clones" (with inverse-probability of censoring weights) are combined
- Set "exposed" to 1 in the clones and "exposed" to 0 in the original data
- Fit a weighted model (e.g. weighted Cox model) to the combined data with the "exposed" variable as the sole predictor



Clone-censor-weight approach to HWSB: Cloning

Make a copy of the cohort data and create a unique ID so the clones do not get confused with observed data

```
clones <- sim_cohort %>%
  mutate(
    limit = as.numeric(1.0),
    cloneid = paste0("clone2.0_", id)
)
```

Clone-censor-weight approach to HWSB: Censoring

An individual is censored in the observation when a worker first exceeds an annual limit. Keep the observation in which censoring occurs (for now) and set "cens=1".

```
cens_data <- clones %>%
  group_by(cloneid) %>%
  mutate(
    cens = pmin(1,cumsum(x > limit)),
    drop = pmin(2, cumsum(cens))
) %>%
  ungroup() %>%
  filter(
    drop < 2
)</pre>
```

Clone-censor-weight approach to HWSB: predicting censoring

Separately model

- the "cens" variable at baseline (a "confounding" weight)
- the "cens" variable after baseline (a "censoring" weight)

```
# "censored at baseline" model
confdmod <- qlm(cens~
  vear + rcspline.eval(vear, knots=vearkn0) +
  age + rcspline.eval(age, knots=agekn0) +
  wagestatus + male + race,
  data = cens data, weight=conf weight, family=binomial())
# "censored during follow-up" model
censdmod <- glm(cens~ cxl + cumatworkl +</pre>
  age + rcspline.eval(age, knots=agekn) +
  wagestatus + male + race , data = cens data, weight=fu weight,
  familv=binomial())
```

Note: the weights used here are 1/0 weights that are just used to subset the data to baseline and non-baseline observations

Clone-censor-weight approach to HWSB: calculating estimated weights

The weight "ipw" is the time-specific, inverse, cumulative probability of *not* being censored and is set to zero when censoring occurs

```
cens data$dconf = cens data$conf weight*as.numeric(predict(confdmod, type="response"))
cens data$dcens = cens data$fu weight*as.numeric(predict(censdmod, type="response"))
cens data$nconf = cens data$conf weight*as.numeric(predict(confnmod, type="response"))
cens data$ncens = cens data$fu weight*as.numeric(predict(censnmod, type="response"))
cens data <- cens data %>%
 mutate(
   wtcontr = case when(
      ((fobs == 1) & (atwork==1)) \sim (1-cens)*(1-nconf)/(1-dconf),
      ((fobs == 0) & (atwork==1)) \sim (1-cens)*(1-ncens)/(1-dcens).
      .default=1
  ) %>%
  group by(cloneid) %>%
 mutate(
   ipw = cumprod(wtcontr),
    ipwt = pmin(10, cumprod(wtcontr)) # sometimes truncated weights are advocated
```

Clone-censor-weight approach to HWSB: Effect estimation

This code fits a cox model comparing the hazard under the "natural course" vs. the hazard under the intervention "limit annual exposures to 2.0 units at work"

Note: the "cluster" argument is necessary to get the robust variance, which accounts for the fact that individuals appear in the data more than once. Bootstrapping is another option.

Clone-censor-weight: more than 2 "interventions"

- Clone-censor-weight for exposure-response
- Combine many (30) weighted datasets with assigned exposure "level"
- Cox model with exposure level as only predictor
- "marginal structural model"

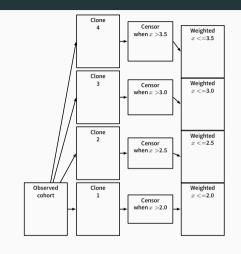


Figure: Conceptual model of clone-censor-weight approach with 4 interventions

Marginal structural models

This code fits a Cox model estimating the hazard ratio for a 1 unit increase in the occupational limit

Model	Outcome	HR	(95% CI)	Interpretation
Adjusted Cox model, 1 unit increase in cumulative exposure	D1	1.015	(1.012, 1.019)	HR>1, exposure harmful
Clone/censor/weight, 2.0 limit vs. none (ref)	D1	0.12	(0.038, 0.37)	HR<1, exposure harmful
Clone/censor/weight, 1 unit increase in limit ⁷	D1	1.098	(1.043, 1.16)	HR>1, exposure harmful

 $^{^{7}\}text{Limits}$ range from 2.2 to 5.7, with mean cumulative exposures ranging from 4 to 14

Discussion of HWSB

Summary

- Key: understanding structural components
- Bias often downward, if not through the null
- Cohort data are required for addressing
- G-methods like IPCW can address in general
- Example demonstrates a "policy-response" model
- HWSB adjusted dose-response models are necessarily different

Discussion of inverse probability weighting

Limitations

- Can have high variance
- Sparse data = problematic
- Unfamiliar relative to mortality models with cumulative exposure

Strengths

- Addresses a key bias (HWSB)
- Simpler than other g-methods
- Weaker modeling assumptions
- Many published examples in other areas, e.g. with diagnostics
- Focuses effect estimates on worker health

References

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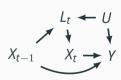
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Concepts and Methods for Healthy Worker Survivor Bias

Alex Keil

December 2024

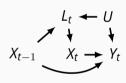
Earl Stadtman Investigator, National Cancer Institute



Extra topics

Employment status is a lever, but not the only one

- Bias is ultimately confounding by underlying health status
- If health status can be measured directly, then employment status is not needed⁸
- Other factors to consider: job title, work area/tasks⁹

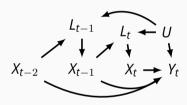


⁸e.g. Neophytou et al. (2014) Am J Epidemiol

⁹Pearce, Checkoway, and Kriebel (2007) Occ Env Med

Selection issues and selection bias

Examples



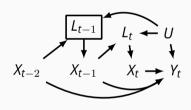
¹⁰Applebaum, Malloy, and Eisen (2011) *Epidemiology*

¹¹e.g. Keil, Richardson, and Troester (2015) *Am J Epidemiol*

Selection issues and selection bias

Examples

- Bias from left truncation Population selected among prevalent workers at a given time; incident hires ¹⁰ or use modified cumulative exposure ¹¹
- Depletion of susceptibles U will be an effect measure modifier and prevalent workers will be healthier/less susceptible (external validity)



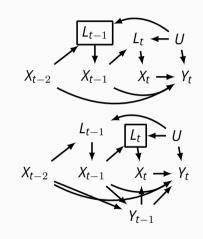
¹⁰Applebaum, Malloy, and Eisen (2011) *Epidemiology*

¹¹e.g. Keil, Richardson, and Troester (2015) *Am J Epidemiol*

Selection issues and selection bias

Examples

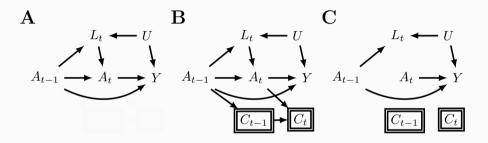
 Reverse causation Cross sectional studies of workers, restrict to only recent exposures



¹⁰Applebaum, Malloy, and Eisen (2011) *Epidemiology*

¹¹e.g. Keil, Richardson, and Troester (2015) *Am J Epidemiol*

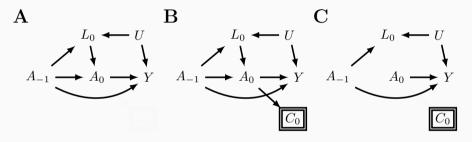
Clone-censor-weight for a single occupational annual limit



- A Cloned (same as observed data)
- **B** Censored (remove observations from t T if exceed limit in time t)
- C Weighted ("intervention" on censoring, a deterministic node)

Artificial "censoring" at baseline

Note: mortality follow-up began after some workers had been exposed



- A Cloned (same as observed data)
- **B** Censored (remove worker if exceed limit in first observation)
- C Weighted ("intervention" on entry into pseudo-cohort)

Inverse probability weighting to estimate effects of occupational limits

- IPW is much less reliant on modeling assumptions
- Could be a routinely implemented (contrasted with other g-methods)
- More work: specifying a policy MSM for more principled extrapolation