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$$\frac{d\langle\hat{X}\rangle}{dt} = \left\langle \frac{\partial\hat{X}}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [\hat{X}, \hat{H}] \rangle = \frac{1}{i\hbar} \left\langle \left[\hat{X}, \frac{\hat{p}_x^2}{2m} + \frac{1}{2}m\omega^2\hat{X}^2 + V_0\hat{X}^3 \right] \right\rangle = \frac{1}{i\hbar} \left\langle \left[\hat{X}, \frac{\hat{p}_x^2}{2m} \right] \right\rangle = \frac{1}{i\hbar 2m} \langle 2\hat{p}_x \rangle = \frac{\langle\hat{p}_x\rangle}{m}$$

$$\begin{aligned} \frac{d\langle\hat{p}_x\rangle}{dt} &= \left\langle \frac{\partial\hat{p}_x}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [\hat{p}_x, \hat{H}] \rangle = \frac{1}{i\hbar} \left\langle \left[\hat{p}_x, \frac{\hat{p}_x^2}{2m} + \frac{1}{2}m\omega^2\hat{X}^2 + V_0\hat{X}^3 \right] \right\rangle = \frac{1}{i\hbar} \left\langle \left[\hat{p}_x, \frac{1}{2}m\omega^2\hat{X}^2 + V_0\hat{X}^3 \right] \right\rangle \\ &= -\langle m\omega^2\hat{X} + 3V_0\hat{X}^2 \rangle = -m\omega^2\langle\hat{X}\rangle - 3V_0\langle\hat{X}^2\rangle \end{aligned}$$

$$\frac{d\langle\hat{H}\rangle}{dt} = \left\langle \frac{\partial\hat{H}}{\partial t} \right\rangle + \frac{1}{i\hbar} \langle [\hat{H}, \hat{H}] \rangle = 0$$

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