

PREDICTION / GOAL “Inside state: expectation”

Inside



INSIDE

=

OUTSIDE

FEP

$$F \rightarrow F_{\min}$$

$$q(s) \rightarrow p(s|o)$$



Match triggers:

- Belief update
- Action selection
- Learning/Plasticity

CRR

$$C \rightarrow \Omega$$

$$\exp(C/\Omega) \rightarrow e$$

Outside



OBSERVATION / EVIDENCE “Outside state: sensation”