

Init: \_\_\_\_\_

***Here are a number of statements that may or may not apply to you. For the most accurate score, when responding, think of how you compare to most people -- not just the people you know well, but most people in the world. There are no right or wrong answers, so just answer honestly!***

| Not like me at all | Not much like me | Somewhat<br>like me | Mostly like me | Very much like me |
|--------------------|------------------|---------------------|----------------|-------------------|
| 1                  | 2                | 3                   | 4              | 5                 |

- \_\_\_1. New ideas and projects sometimes distract me from previous ones.
- \_\_\_2. Setbacks don't discourage me.
- \_\_\_3. I have been obsessed with a certain idea or task for a short time but later lost interest.
- \_\_\_4. I am a hard worker.
- \_\_\_5. I often set a goal but later choose to pursue a different one.
- \_\_\_6. I have difficulty maintaining my focus on projects that take more than a few months to complete.
- \_\_\_7. I finish whatever I begin.
- \_\_\_8. I am diligent.

*Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others? Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement.*

|                   |                   |                               |                |                |
|-------------------|-------------------|-------------------------------|----------------|----------------|
| Disagree strongly | Disagree a little | Neither agree<br>nor disagree | Agree a little | Agree strongly |
| 1                 | 2                 | 3                             | 4              | 5              |

**I see myself as someone who...**

- |  |  |
|--|--|
| ___ 1. Is talkative                            | ___ 23. Tends to be lazy                               |
| ___ 2. Tends to find fault with others         | ___ 24. Is emotionally stable, not easily upset        |
| ___ 3. Does a thorough job                     | ___ 25. Is inventive                                   |
| ___ 4. Is depressed, blue                      | ___ 26. Has an assertive personality                   |
| ___ 5. Is original, comes up with new ideas    | ___ 27. Can be cold and aloof                          |
| ___ 6. Is reserved                             | ___ 28. Perseveres until the task is finished          |
| ___ 7. Is helpful and unselfish with others    | ___ 29. Can be moody                                   |
| ___ 8. Can be somewhat careless                | ___ 30. Values artistic, aesthetic experiences         |
| ___ 9. Is relaxed, handles stress well         | ___ 31. Is sometimes shy, inhibited                    |
| ___ 10. Is curious about many different things | ___ 32. Is considerate and kind to almost everyone     |
| ___ 11. Is full of energy                      | ___ 33. Does things efficiently                        |
| ___ 12. Starts quarrels with others            | ___ 34. Remains calm in tense situations               |
| ___ 13. Is a reliable worker                   | ___ 35. Prefers work that is routine                   |
| ___ 14. Can be tense                           | ___ 36. Is outgoing, sociable                          |
| ___ 15. Is ingenious, a deep thinker           | ___ 37. Is sometimes rude to others                    |
| ___ 16. Generates a lot of enthusiasm          | ___ 38. Makes plans and follows through with them      |
| ___ 17. Has a forgiving nature                 | ___ 39. Gets nervous easily                            |
| ___ 18. Tends to be disorganized               | ___ 40. Likes to reflect, play with ideas              |
| ___ 19. Worries a lot                          | ___ 41. Has few artistic interests                     |
| ___ 20. Has an active imagination              | ___ 42. Likes to cooperate with others                 |
| ___ 21. Tends to be quiet                      | ___ 43. Is easily distracted                           |
| ___ 22. Is generally trusting                  | ___ 44. Is sophisticated in art, music, or literatures |