*Here are a number of statements that may or may not apply to you. For the most accurate score, when responding, think of how you compare to most people -- not just the people you know well, but most people in the world. There are no right or wrong answers, so just answer honestly!*

1. New ideas and projects sometimes distract me from previous ones.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

2. Setbacks don’t discourage me.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

1. I have been obsessed with a certain idea or task for a short time but later lost interest.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

1. I am a hard worker.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

1. I often set a goal but later choose to pursue a different one.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

1. I have difficulty maintaining my focus on projects that take more than a few months to complete.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me

1. I finish whatever I begin.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

1. I am diligent.

* Very much like me
* Mostly like me
* Somewhat like me
* Not much like me
* Not like me at all

*Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others? Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement.*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Disagree | Disagree | Neither agree | | Agree | Agree |
| strongly | a little | nor disagree | | a little | Strongly |
| 1 | 2 | 3 |  | 4 | 5 |
| I see Myself as Someone Who... | |  |  |  |  |
| \_\_\_\_1. Is talkative | |  | \_\_\_\_23. | Tends to be lazy |  |
| \_\_\_\_2. Tends to find fault with others | | | \_\_\_\_24. | Is emotionally stable, not easily upset | |
| \_\_\_\_3. Does a thorough job | |  | \_\_\_\_25. | Is inventive |  |
| \_\_\_\_4. Is depressed, blue | |  | \_\_\_\_26. | Has an assertive personality | |
| \_\_\_\_5. Is original, comes up with new ideas | | | \_\_\_\_27. | Can be cold and aloof |  |
| \_\_\_\_6. Is reserved | |  | \_\_\_\_28. | Perseveres until the task is finished | |
| \_\_\_\_7. Is helpful and unselfish with others | | | \_\_\_\_29. | Can be moody |  |
| \_\_\_\_8. Can be somewhat careless | |  | \_\_\_\_30. | Values artistic, aesthetic experiences | |
| \_\_\_\_9. Is relaxed, handles stress well | | | \_\_\_\_31. | Is sometimes shy, inhibited | |
| \_\_\_\_10. Is curious about many different things \_\_\_\_32. | | | | Is considerate and kind to almost | |
|  |  |  | everyone | |  |
| \_\_\_\_11. Is full of energy | |  | \_\_\_\_33. | Does things efficiently |  |
| \_\_\_\_12. Starts quarrels with others | |  | \_\_\_\_34. | Remains calm in tense situations | |
| \_\_\_\_13. Is a reliable worker | |  | \_\_\_\_35. | Prefers work that is routine | |
| \_\_\_\_14. Can be tense | |  | \_\_\_\_36. | Is outgoing, sociable |  |
| \_\_\_\_15. Is ingenious, a deep thinker | | | \_\_\_\_37. | Is sometimes rude to others | |
| \_\_\_\_16. Generates a lot of enthusiasm | | | \_\_\_\_38. | Makes plans and follows through with | |
|  |  |  |  | them |  |
| \_\_\_\_17. Has a forgiving nature | |  | \_\_\_\_39. | Gets nervous easily |  |
| \_\_\_\_18. Tends to be disorganized | |  | \_\_\_\_40. | Likes to reflect, play with ideas | |
| \_\_\_\_19. Worries a lot | |  | \_\_\_\_41. | Has few artistic interests | |

|  |  |  |  |
| --- | --- | --- | --- |
| \_\_\_\_20. | Has an active imagination | \_\_\_\_42. | Likes to cooperate with others |
| \_\_\_\_21. | Tends to be quiet | \_\_\_\_43. | Is easily distracted |
| \_\_\_\_22. | Is generally trusting | \_\_\_\_44. | Is sophisticated in art, music, or |
|  |  |  | literature |