POST OP INSTRUCTIONS

AFTER SEDATION INSTRUCTIONS FOR COMPANION AND PATIENT

- 1. Patient cannot drive for 24 hours after taking sedation medications.
- 2. Do not operate any hazardous devices for 24 hours.
- 3. A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation.
- 4. Patient should not go up and down stairs unattended. Let the patient stay on the ground floor until recovered.
- 5. Patient can eat whenever he/she wants.
- 6. Patient needs to drink plenty of fluids as soon as possible.
- 7. Patient may sleep for a long time or may be alert when he/she leaves. Attend to both an alert or sleepy patient the same. Don't trust him/her alone.
- 8. Always hold patient's arm when walking.

Patient Signature _____

- 9. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.
- 10. Patient should not carry, sleep next to or be left alone with the elderly or young children for a period of no less than 24 hours after the last dosage of medication.
- 11. DRIVE DIRECTLY HOME & CALL THE OFFICE WHEN YOU ARRIVE AT HOME AND THE PATIENT IS COMFORTABLE & SAFE.

Following most surgical procedures there may or may not be pain, depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you. Follow the directions carefully. If you have questions about these medications interacting with other medications you are presently taking, please call our office, your physician and or your pharmacist.

Companion Signature	Date	
DR'S CELL PHONE: 503.330.4636		
OFFICE: 503.474.9888		

_____ Date ___