

Personal Items

The following items should be brought to Orientation Week in a conservative style duffel bag. These will be the only items you will bring to Naval Station Newport. Mobile phones, MP3 players, cameras, laptops and the like will not be needed nor allowed.

- Seven white cotton crew-neck tee shirts
- Seven pairs of white underwear
- Seven white or skin colored sports bras (female)
- Seven pairs of black crew length socks (calf length)
- Seven pairs of white cotton athletic socks
- One bathing suit, solid black or navy blue (females a conservative one-piece)
- One pair of shower shoes
- Two white towels
- One washcloth
- One pillow and white pillowcase
- Toiletry articles for seven days
- One pair of running shoes in a subdued color such as white, navy, gray, or black (may have contrasting trim).
- One pair of conservative pajamas (optional)

Encl (1)