



4-H Fair Focus



Tompkins County 4-H Youth Fair

July 25, 2024
Thursday

Today's Events

- 9:30 Sheep Show
- 11:00 Plant Science Activity
- 11:00 Junior Iron Chef
- 1:00 Cloverbud Stuffed Animal Show
- 2:30 Plant Science Activity
- 3:00 Hobby Horse Barrel Races
- 4:00 Kahoot Dairy Challenge
- 6:30 Adult Iron Chef

"To Make the Best Better"

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Our Visitors



Unity House participants (left) and Dryden RYS participants (right)

Yesterday, we had visitors from Unity House who got a chance to explore the Acres, working on some activities and having fun meeting the animals. They enjoyed coming and look forward to coming back next year!

The Dryden and Lansing RYS groups also visited on Wednesday, and learned how to create a battery out of produce with potatoes, bananas, and lemons that can power a lightbulb.

Challenge Group and a few 4-H sponsors will visit the 4-H Fair today. They're excited to explore the Plant Science tent and meet the animals! Challenge Group is also hoping to have lunch at the Acres. Let's all do our best to show them around the Fair and make them feel welcome!

Congratulations, exhibitors!

There was lots going on yesterday, and we're going to do our best to show all the successes that the 4-Hers and their parents had.

Junior Iron Chef: The winning team, 50/50, made spam and cilantro soup. Congratulations Ava, Roz, Taryn, and Evelyn!

Adult Round Robin: The points have been counted, but we won't know who won until the Awards Ceremony. However, it's a good thing no one had to be chosen for a winner of "trying the hardest" or "having the most fun"! It would've been an impossible choice.

Great work on the cardboard cars!

There was a lot of creativity on the floor last night!

Nora, Ava, Nathaniel, and Roz worked together to create a truck, with a cab big enough for all of them.

Mahkia and Coralynn teamed up to make a prison, complete with a prison cell that even had bars in it!

Avery worked with her sisters and brother, helping place the boxes with the help of Anna and Lucia.

Awesome work on the cardboard cars, everyone! As Kennedy said, "Why does theirs looks so good?"

"We made the spam soup."

– Evelyn (Jr. Iron Chef)

"I've never walked a cow before!"

– Miranda (Round Robin)



The Showcase

This morning, exhibitors will be presenting their sheep, as well as their stuffed animals. Some of these sheep and stuffies are very experienced at showing (along with their exhibitors, of course). However, there are a few new animals.

Meet the Sheep

Of all the sheep, Poppy is by far the nicest. She loves getting chin scratches, especially when they're being given by Mahkia.

A few years ago, there were only two ewes, including Lollipop, and a ram at the Fair. Since then, that ewe has had three lambs ... so far! The Gumaers are hoping to breed Lollipop again this year. She is a bit of a trickster, though. She'll come up like she's looking for scratches, but back away a moment later. Sassy sheep!

Lilly and Daisy are like two best friends, and they can't be apart.

Jellybean is the only sheep with black fur, but this has only served to make her more loved and doted on by the 4-Hers at Fair. She's also very well-behaved.

Nathaniel's sheep are especially lucky, since they have a barn built just for them. Dan, Nathaniel, and Evelyn built the barn together, and the sheep love it.

Head up to the pole barn to see Poppy, Lollipop, and Snickerdoodle!

Did you know...

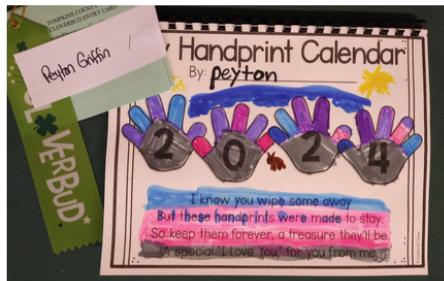
- Sheep have rectangular pupils.
Which other species in the barn has pupils like this?
- Sheep can learn tricks like dogs if they're handled a lot by people
- Sheep can find and eat natural herbs that help them heal from injuries or illnesses
- Wool has to go through 70 unique processing steps before it's ready for use. How many can you think of?



Photo credit: Roz Cuykendall

The Daily Project (Featuring Peyton)

Peyton has made many fun projects! They're all super sweet; come take a look at them in Kiwanis Hall! She's still a Cloverbud, meaning she's under 8 years old, but she's gotten a good start and we're excited to see her projects next year!



Today's Craft: Pressed Flower Pictures

Have you ever tried making a picture out of pressed flowers? It takes a long time, but this process can be sped up using an iron. It works on flower petals and leaves, drying them enough and pressing them flat so that they can be glued down and put in a picture frame to finish drying on the wall.

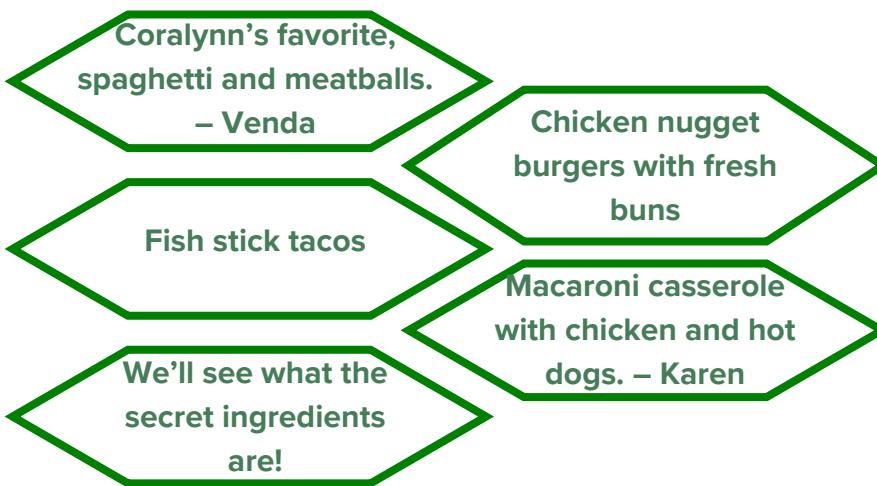
1. Pick flowers and leaves fresh. Take a look around the Acres or your yard and find some nice variety of color, size, and shape.
2. Fold a piece of wax paper in half. Inside of it, place a few leaves or flowers from the same species (each species irons differently).
3. Iron on low to a long count of five. You'll get a feel for the timing as you work with the leaves and flowers more. Make sure they don't turn brown.
4. Glue the leaves down to a piece of cardstock paper, and put it into the picture frame. Seal and allow to dry.



The Adult Iron Chef

Today, the adults will compete in their version of the Junior Iron Chef. However, there's a bit of a twist. Adults have to cook kid-friendly food, and they're even judged by kids. This requires the adults to go back to their childhood, but remember what their kids liked at the same time. There's been a lot of changes in the top kid-friendly foods between generations! Head over to Kiwanis to see what this year's secret ingredient is.

What's the big plan?



Hobby Horse Barrel Racing

Barrel racing is a complicated competition. Luckily, we had an expert to teach the kids what the rules are. Thank you, Lucia! In this competition, kids have to run with their hobby horses around the barrels in a cloverleaf pattern. A 4-H leader times each of their runs, and the lowest time wins. Personally, I think there should be an award for “silliest run”, or “trying the hardest”. Come on up to the Pole Barn to watch!

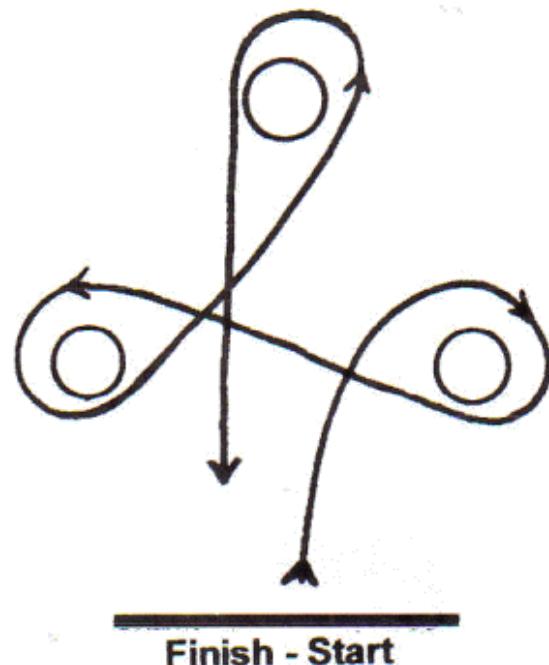
Spice Up the Box

Sprinkle majoram over cheesy toast or pizza to make it taste more Italian.

Add a bit of buttermilk powder to box mac'n'cheese to make it taste cheesier.

Slice the hot dogs lengthwise after you cook them to make them taste sweeter and have less skin per bite.

Serve chicken nuggets with honey instead of ketchup, and fry them in a combination of butter and oil to improve flavor and crispiness.



Jr. Iron Chef

All of the teams excelled in the Junior Iron Chef competition, both today and yesterday.

It's hard to pick a single "best team." Each team had elements of cooking that they excelled at, and they worked well together. The cleanup was impressive, both in its quickness and efficiency.

The judges ended up picking "50/50" as the winning team (Roz, Taryn, Ava, and Evelyn). They made a soup out of the secret ingredients (spam and cilantro), and even had little o-shaped noodles to top it off. It looked delicious!

The History of Spam

Chances are, if you ask your grandparents, they'll know exactly what spam is. This is because spam was produced during WWII and afterwards as a processed meat that was inexpensive to make, easy to ship, and difficult to spoil. It was used by soldiers, as well as by those in countries that were given foreign aid. Spam was a staple of cooking in the 1960s and forwards, though it's faded in popularity since. Ask one of the members of the winning team how they made their spam taste good!



Make It At Home

Nathaniel has a sausage recipe for how to make the best sausages at home. Ask him what spices he uses!

Add vinegar to milk and boil it to make fresh ricotta cheese.

For teryaki sauce, combine equal parts rice wine vinegar and soy sauce, add a few drops of sesame oil, and put in honey to taste.

Heat marshmallows with butter and whip until even, then add rice crunchies to make your own Rice Krispies.



Adult Round Robin

Congratulations, Round Robiners! There were a lot of 4-H alumni and parents who competed, but also a few first-timers – including our new administrative staff member, Miranda. Everyone did very well and looked like they were having lots of fun!

Youth, make sure to come to the Youth Round Robin on Friday at 2:00pm!

Thank you to...

Melissa and Jacob, for bringing their dogs

Lisa, for allowing us to use her goats in the Round Robin competitions

The Griffins and Gumaers, for the very well-behaved sheep

Claira and Allie, for the use of their cows

Lucia, Vera, Claira, and Allie, for judging and being supportive of the adults, especially when it was their first time





Unscramble the Words!

YNORTUC NCIEHTK _____

AMHCNEVTEEI _____

HYAHLTE GAITEN _____

ATSYREM _____

NRDOU ONBRI _____

OIRN HFEC _____

BHYOB OSHRE _____

PSEHE _____

BTEVSEELAG _____

NGLHPIE SAHDN _____



“Keep your face always toward the
sunshine, and shadows will fall behind
you.”

- Walt Whitman