



# 4-H Fair Focus



*Tompkins County 4-H Youth Fair*

**July 26, 2024**  
**Friday**

## Today's Events

- 8:00 Garden of Healthy Eatin'
- 10:00 Dairy Show and Showmanship
- 11:00 Plant Science Activity
- 1:00 Plant Science Activity
- 2:00 Youth Round Robin
- 4:00 Consumer and Family Sciences Kahoot
- 5:00 Pulled pork dinner
- 6:30 Line and square dancing, ice cream social

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## The Country Kitchen

The Country Kitchen is open every day during Fair Week, serving beverages, fair food, and lunches to 4-Hers and visitors alike. The food is delicious! Thank you to Beth, Morgan, Mitch, Arabella, and Josiah for the wonderful food this week!

## What's your favorite food from the Country Kitchen?

“Fried bananas.”  
— Mitch

“Mango sorbet.”  
— Nathaniel

“To eat: Mango shake with mac'n'cheese.”  
— Arabella

“To cook: Fries.” — Arabella

“Fried pickles.”  
— Josiah

“Mango smoothies.”  
— Venda

“Chili cheese fries.”  
— Morgan

“Cow pie sandwich or a Wilcox Egg McMuffin.” — Joann

# The Showcase

Today, the dairy showmen will show their cattle. Not only will they compete in confirmation, they will also compete for the best showman title. Good luck!

## Cow Breeds

In the Pole Barn, there are three or, by some counts, four breeds of cattle. Can you guess what they are?

Allie, Nathaniel, and Evelyn have Black and White Holsteins. This breed originated from the Netherlands and Germany and has the best milk production and size.

Claira and Roz have two Red and White Holsteins. But did you know that there's two different colors of red in holsteins? One set of genes is recessive, which is the lighter red. The other set of genes for reds is dominant, which makes a darker red.

Allie also has a Jersey calf. Jerseys are slightly smaller, but are known for their fattier milk. In fact, the top three producing breeds in the US are Holsteins, Brown Swiss, and Jerseys.

Cassie's calf is a bit different. Rudy is a beef cow, so he's bred for meat instead of milk production. He's a Hereford, which was bred to have a red body and white face in the 1800s. Herefords like Rudy are best for grass-fed beef production.

### Did you know...

- Both male and female cows can be born with horns (this gene is recessive)
- Beef cattle are often walked with a show stick that they can be scratched with on their sides
- A2A2 milk can be consumed by those who are lactose-intolerant



# The Daily Project (Featuring Nathaniel)

Nathaniel has had the luck of growing up in 4-H, through a 4-H family. As he's gotten older, advancing from a Cloverbud to a Junior, his projects have gotten more and more involved. He's made quite the variety of projects down in Kiwanis Hall, and in addition to all that, he's showing sheep that he raised himself, along with two cows and chickens! We're excited to see what you do next year, Nathaniel!



## Sheep Show and Showmanship Results

Showmanship results: Congratulations to Kennedy and Peyton, Mahkia (Champion Junior), and Cameron (Champion Leadline, Champion Senior, and Champion Showman)!

Show results: Nathaniel and Anna took Reserve Supreme Champion Ram and Ewe, while Evelyn Carpenter took Supreme Champion Ram, Supreme Champion Ewe, and Champion Fleece.

Sparky, Evelyn's champion fleece ewe, was raised as a bottle baby, with lots of human contact with Evelyn. Sparky is blind, so (with lots of hard work) she's learned to follow the sound of Evelyn's voice through the ring. Great work, Evelyn!



# Hobby Horse Barrel Racing

There were eleven participants in the Hobby Horse Barrel Racing. This event was judged by Lucia (who watched for faults) and timed fairly and precisely by Vera. Josiah won, though Jason should've been given an award for "liveliest horse!" Congratulations to Kennedy and Peyton, Ava, Josiah, and Jason!

A visitor from outside the 4-H family came up with her young daughter, who was eager to race an alpaca. Kennedy gave her stead, Carnival, to the girl to race – and much to everyone's delight, the girl ran out into the center of the course and made a few loops before running back as the crowd cheered.

Back within the 4-H family, Jason had a bit of trouble controlling his horse at first. The horse just wanted to take off! After a bit of rearing and bucking, he was able to get his horse under control, channelling all that energy into speed as he raced around the barrels.

He wasn't quite fast enough to beat the grand champion, Josiah. In fact, Josiah moved so fast the camera couldn't catch him without his image blurring! He was seconds faster than his competition, and was given an alpaca and lei to take home.

Congratulations, hobby horse barrel racers! We hope to see you next year!



# Junior Iron Chef

Yesterday, the Iron Chef competitors had to work with finger potatoes and cilantro. The winning team, the Fryonaters, made french fry potatoes garnished with cilantro.

Congratulations to Dorian, Haden, Remy, and Dylan!



# Adult Iron Chef

The three secret ingredients for last night were tater tots, bacon, and cow tails. 50/50 came back to compete in the adult round, making caramelized bacon with loaded tater tots (also caramelized in cow tails). An Electrician, A Technician, and Two Moms Walk Into a Barn made rodeo hash with candied bacon garnish, in keeping with the theme this year. After candying the bacon in cow tails, they fried the tater tots in bacon grease, chopping the ingredients together and serving it over a delectable cheese sauce. The (Wilcox) Kitchen made tater tots deep fried in a caramelized, cinnamon bacon cow tail batter with chocolate drizzled atop. However, it was the Carpendalls who won, making a tater tot sundae.

“If you saw tater tot sundae on a menu, you would want to look at the description. After you read the description, you would have to try it. It’s a combination of salty, sweet, savory, and tart.”

Thank you to all the 4-H parents and 4-H alumni who created these meals! They looked delicious, and I can’t wait to try it out!



# Today's Craft: Matching Boards

Have you ever played with a matching board like the ones in the Plant Science Tent? They can be really fun. Let's learn how to make our own matching boards!

1. Write down questions on one side of the sheet (lengthwise), and answers along the other side. Make sure they're mixed up!
2. Punch a hole next to each question and answer.
3. Flip the sheet over and tape a strip of foil between the question and its answer.
4. Repeat Step 3 until all the answers have been matched to questions. Tape a piece of cardboard between any foil strips that are touching as insulation.
5. Connect the positive (or copper) side of a battery to the LED's long leg, and the short leg gets connected to another alligator clip. Put a clip between the negative end of a battery.
6. Use the two loose ends of alligator clips to match the questions and answers. If you're correct, the LED will light up.

The basis of the matching sheet is that the electrons must flow in a circle: From the positive end of the battery, to the negative end. This flow of electrons makes electricity, which can be used to power a lightbulb.

## Consumer and Family Sciences Kahoot

Consumer and Family Sciences is a field that includes sewing, cooking, and table setting, among others. You might ask why it's important to know this information, since it's easy to buy clothes and get pre-made dinners. The answer is, it's good to know so that you have choices. If you can't find a shirt that you like, pick up some fabric and tailor it to yourself. You can make it look like designer clothing without much extra effort. Or, get some more variety into your diet, and add healthier things. If you're feeling tired or exercising lots, eat some more vegetables and add a bit more protein to your diet. Try lowering your sugar intake, and you'll get more energy.

Using your knowledge to create things you would normally buy can not only be lots of fun, but it's good if you're on a budget. Come join the Kahoot to see what you know about Consumer and Family Sciences!



Chicken Mandi, a Middle-Eastern meal



A hand-sewed, open-back shirt.

Photo credit: Kathy Sthokal

# Youth Round Robin

In the Round Robin competition, youth get to try showing animals they may not have shown before. Some youth are lucky, and their friends have taught them lots about showing. Others are determined to do their best and have fun while they're at it. The youth will show four different animals, with a fifth as a tiebreaker. Whoever gets the highest score wins.

Are you excited for the Round Robin? Well, I am, and I hope to see you there!

*“I do enjoy Round Robin.”*  
– Claira

*“Round Robin lets me experience what my friends love.”*  
– Alina

## Show Tips

Keep your eyes on the judge at all times. If you’re unsure if they pointed to you or not, assume they pointed to you.

Use your knee to keep the goats and sheep in place.

Make sure to gait the dogs carefully so they’re at a smooth trot.

Hold the rabbits’ ears when you flip them. This makes them more calm.

Hold the cows’ heads up, so they look the most square. Remember, showmanship is all about showing off your animal.

I do enjoy Round Robin, and I always do it. I’ve shown every animal already, but some years I don’t do all the animals. Now, I get to show them all again.

– Claira Cuykendall

I’ve only ever shown dairy cattle, but I have so many friends in other clubs who love their dogs, rabbits, sheep, chickens, and goats. Round Robin gives me a chance to experience what they love.

– Alina Loginov



# 4-H Word Search

S	L	B	G	N	I	N	E	D	R	A	G	F	T
E	S	W	C	H	A	L	L	E	N	G	E	H	R
I	H	E	R	E	F	O	R	D	R	E	E	E	H
Y	H	T	L	A	E	H	D	S	I	C	A	S	M
R	S	R	E	G	T	H	F	F	J	I	G	F	Y
T	A	I	E	H	O	S	E	W	I	N	G	L	O
R	A	N	O	I	T	A	M	R	I	F	N	O	C
S	O	H	H	J	S	E	T	D	R	H	O	W	A
T	S	H	O	W	M	A	N	S	H	I	P	E	N
I	T	C	E	L	T	T	A	C	E	E	E	R	R
B	G	T	W	R	J	Y	E	S	R	E	J	S	I
B	O	U	H	K	I	T	C	H	E	N	E	R	O
A	O	D	N	G	N	I	K	O	O	C	A	D	O
R	N	N	T	A	E	F	A	I	R	F	O	O	D



Confirmation  
Healthy  
Cooking  
Showmanship  
Challenge  
Sewing  
Jersey  
Goats  
Rabbits  
Fair food  
Kitchen  
Hereford  
Flowers  
Cattle  
Dutch  
Gardening

