

7 Places Not to Waste Your Energy

(Swipe Left)



1. Don't waste your energy on the people who don't **support you.**

2. Don't waste your energy
on what others **think about**
you.

3. Don't waste your energy
on **one-sided relationships.**

4. Don't waste your energy
on the people who **need you**
occasionally.

5. Don't waste your energy
on solving the problems that
aren't yours.

6. Don't waste your energy
on doing things **just to stay
distracted.**

7. Don't waste your energy on
impressing somebody **who isn't
interested.**

Last Line:

Become more aware of what's
really worth your energy and
time.