








Explanation  
track

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January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	
10	11	12	13	14	15	
17	18	19	20	21	22	23
24		25	26	27	28	29
31						




February

S	M	T	W	T	F	S
		1	2	3	4	5
7	8	9		10	11	12
14	15	16		17	18	19
21	22	23	24	25		26
28						

March

S	M	T	W	T	F	S
	1	2	3	4		5
7	8	9	10	11	12	13
	14	15	16	17	18	19
	21	22	23	24	25	26
28	29		30	31		



April

S	M	T	W	T	F	S
				1	2	3
4	5		6	7	8	9
11	12	13	14		15	16
18	19	20	21		22	23
25	26	27	28	29	30	

May

S	M	T	W	T	F	S
						
2	3	4	5	6	7	
9	10	11	12	13	14	15
16		17	18	19	20	21
23		24	25	26	27	28
30	31					




June

S	M	T	W	T	F	S
		1		2	3	4
6	7	8		9	10	11
13	14	15	16	17		18
20	21	22	23	24		25
27	28	29	30			

July

S	M	T	W	T	F	S
				1	2	3
	4	5	6	7	8	9
	11	12	13	14	15	16
18	19		20	21	22	23
25	26		27	28	29	30




August

S	M	T	W	T	F	S
1	2	3	4		5	6
8	9	10	11		12	13
15	16	17	18	19	20	
22	23	24	25	26	27	
29	30	31				




September

S	M	T	W	T	F	S
			1	2	3	4
5		6	7	8	9	10
12		13	14	15	16	17
19	20	21		22	23	24
26	27	28		29	30	





October

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7		8
10	11	12	13	14		15
17	18	19	20	21	22	23
	24	25	26	27	28	29
	31					

November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8		9	10	11	12
14	15		16	17	18	19
21	22	23	24		25	26
28	29	30				

December

S	M	T	W	T	F	S
			1		2	3
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	25
26		27	28	29	30	31