







Explanation
track

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January

S	M	T	W	T	F	S
					1	2
3	4		5	6	7	8
10	11	12	13		14	15
17	18	19	20		21	22
24	25	26	27	28		30
31						

February

S	M	T	W	T	F	S
	1	2	3	4	5	
7	8	9	10	11	12	13
14		15	16	17	18	19
21		22	23	24	25	26
28						

March

S	M	T	W	T	F	S
	1	2		3	4	5
7	8	9		10	11	12
14	15	16	17	18		19
21	22	23	24	25		26
28	29	30	31			

April

S	M	T	W	T	F	S
					1	2
	4	5	6	7	8	9
	11	12	13	14	15	16
18	19		20	21	22	23
25	26		27	28	29	30

May

S	M	T	W	T	F	S
						1
2	3	4	5		6	7
9	10	11	12		13	14
16	17	18	19	20	21	
23	24	25	26	27	28	


June

S	M	T	W	T	F	S
			1	2	3	4
6		7	8	9	10	11
13		14	15	16	17	18
20	21	22		23	24	25
27	28	29		30		





July

S	M	T	W	T	F	S
					1	2
4	5	6	7	8		9
11	12	13	14	15		16
18	19	20	21	22	23	24
	25	26	27	28	29	30





August

S	M	T	W	T	F	S
	1	2	3	4	5	6
8	9		10	11	12	13
15	16		17	18	19	20
22	23	24	25		26	27
29	30	31				





September

S	M	T	W	T	F	S
			1		2	3
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	25
26		27	28	29	30	




October

S	M	T	W	T	F	S
					1	2
3		4	5	6	7	8
10	11	12		13	14	15
17	18	19		20	21	22
24	25	26	27	28		29

November

S	M	T	W	T	F	S
		1	2	3	4	
7	8	9	10	11	12	13
	14	15	16	17	18	19
	21	22	23	24	25	26
28	29		30			

December

S	M	T	W	T	F	S
			1	2	3	4
5	6		7	8	9	10
12	13	14	15		16	17
19	20	21	22		23	24
26	27	28	29	30	31	