Explanation track 23 22 (partial)

| | January | | | | | | | | | |
|----|---------|----|----|----|----|----|--|--|--|--|
| S | М | Т | W | Т | F | S | | | | |
| | | | | | 1 | 2 | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | |
| 31 | | | | | | | | | | |

| February | | | | | | | | | |
|----------|----|----|----|----|----|----|--|--|--|
| S | М | Т | W | Т | F | S | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | |
| 28 | | | | | | | | | |

| March | | | | | | | | | |
|-------|----|----|----|----|----|----|--|--|--|
| S | M | Т | W | Т | F | S | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | |
| 28 | 29 | 30 | 31 | | | | | | |
| | | | | | | | | | |

| April | | | | | | | | |
|-------|----|----|----|----|----|----|--|--|
| S | M | Т | W | Т | F | S | | |
| | | | | 1 | 2 | 3 | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | |
| 25 | 26 | 27 | 28 | 29 | 30 | | | |

| May | | | | | | | | |
|-----|----|----|----|----|----|----|--|--|
| S | М | Т | W | Т | F | S | | |
| | | | | | | 1 | | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | | |
| 30 | 31 | | | | | | | |

| June | | | | | | | |
|------|----|----|----|----|----|----|--|
| S | M | Т | W | Т | F | S | |
| | | 1 | 2 | 3 | 4 | 5 | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | |
| 27 | 28 | 29 | 30 | | | | |

| July | | | | | | | | | |
|------|----|----|----|----|----|----|--|--|--|
| S | М | Т | W | Т | F | S | | | |
| | | | | 1 | 2 | 3 | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | | | |

| August | | | | | | | | | |
|--------|----|----|----|----|----|----|--|--|--|
| S | M | Т | W | Т | F | S | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | | | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | |
| 29 | 30 | 31 | | | | | | | |

| September | | | | | | | | | |
|-----------|----|----|----|----|----|----|--|--|--|
| S | M | Т | W | Т | F | S | | | |
| | | | 1 | 2 | 3 | 4 | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | |
| 26 | 27 | 28 | 29 | 30 | | | | | |

| October | | | | | | | | | | |
|---------|----|----|----|----|----|----|--|--|--|--|
| S | M | Т | W | Т | F | S | | | | |
| | | | | | 1 | 2 | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | | |
| 21 | | | | | | | | | | |

| November | | | | | | | | | |
|----------|----|----|----|----|----|----|--|--|--|
| S | M | Т | W | Т | F | S | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | |
| 28 | 29 | 30 | | | | | | | |

| December | | | | | | | | | |
|----------|----|----|----|----|----|----|--|--|--|
| S | M | Т | W | Т | F | S | | | |
| | | | 1 | 2 | 3 | 4 | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | | | | |