



## Kabaddi



Kabaddi is a contact team sport with origins in Tamil Nadu, India Ancient India. Played between two teams of seven players, the objective of the game is for a single player on offence, referred to as a "raider", to run into the opposing team's half of a court, touch out as many of their defenders as possible, and return to their own half of the court, all without being tackled by the defenders, and in a single breath. Points are scored for each player tagged by the raider, while the opposing team earns a point for stopping the raider. Players are taken out of the game if they are touched or tackled, but are brought back in for each point scored by their team from a tag or tackle.





# Kabaddi



It is popular in the Indian subcontinent and other surrounding Asian countries. Although accounts of kabaddi appear in the histories of ancient India, the game was popularised as a competitive sport in the 20th century. It is the national sport of Bangladesh. It is the state game of the Indian states of Tamil Nadu, Andhra Pradesh, Bihar, Haryana, Karnataka, Kerala, Maharashtra, Odisha, Punjab, Telangana, and Uttar Pradesh.

Here are two major disciplines of kabaddi: "Punjabi kabaddi", also referred to as "circle styles", comprises traditional forms of the sport that are played on a circular field outdoors, while the "standard style", played on a rectangular court indoors, is the discipline played in major professional leagues and international competitions such as the Asian Games.

This game is known by numerous names in different parts of the Indian subcontinent, such as: kabaddi or chedugudu in Andhra Pradesh and Telangana; kabaddi in Maharashtra, Karnataka and Kerala; kabadi or ha-du-du in West Bengal and Bangladesh; bhavatik in Maldives, kauddi or kabaddi in the Punjab region; hu-tu-tu in Western India, hu-do-do in Eastern India; chadakudu in South India; kapardi in Nepal; and kabadi or sadugudu in Tamil Nadu.

