

Rehabilitation Robotics- Categorization

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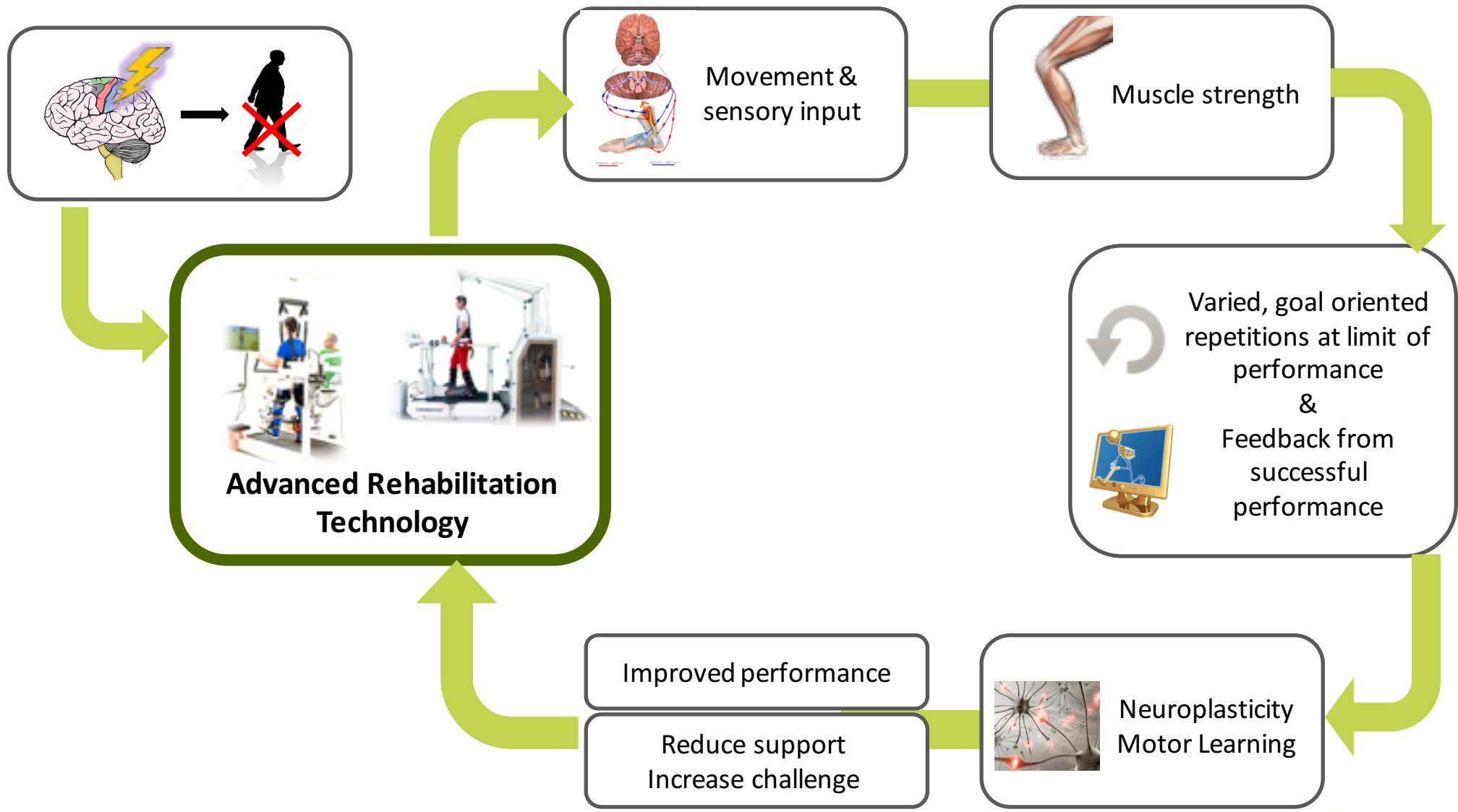
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- LOWER EXTREMITIES devices
- HAND REHABILITATION devices
- VIRTUAL REALITY
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Rehabilitation Robotics- Categorization

ROBOT ASSISTED THERAPY: SCIENTIFIC EVIDENCE

Potential Influence of Rehab Robotics



Robot-Assisted Therapy: UE

Proximal Improvements



Significant effect on motor function of shoulder and elbow, muscle strength and pain reduction

(Veerbeek et al. 2014)

Distal Improvements



Elbow and wrist training enhances motor function and muscle strength

(Veerbeek et al. 2014)



Risk



No increased risk of injury with intensive training

(Mehrholz et al. 2012)

Transfer to Daily Life



Improves generic activities of daily living and arm function

(Mehrholz et al. 2012)

Recovery Time



Robotic therapy improves motor function in a shorter time than physiotherapy

(Sale et al. 2014)

Robot-Assisted Therapy: LE

Walking improvements



Positive effect on gait speed, walking distance and basic activities of daily living

Rehabilitation Time

Non-ambulatory patients in **early rehabilitation profit most** from robot-assisted therapy



Dependency



Every **fifth dependency** in walking **could be avoided** using robotic-assisted training

Effectiveness

Robotic therapy in combination with conventional therapy is **more effective than physiotherapy alone**

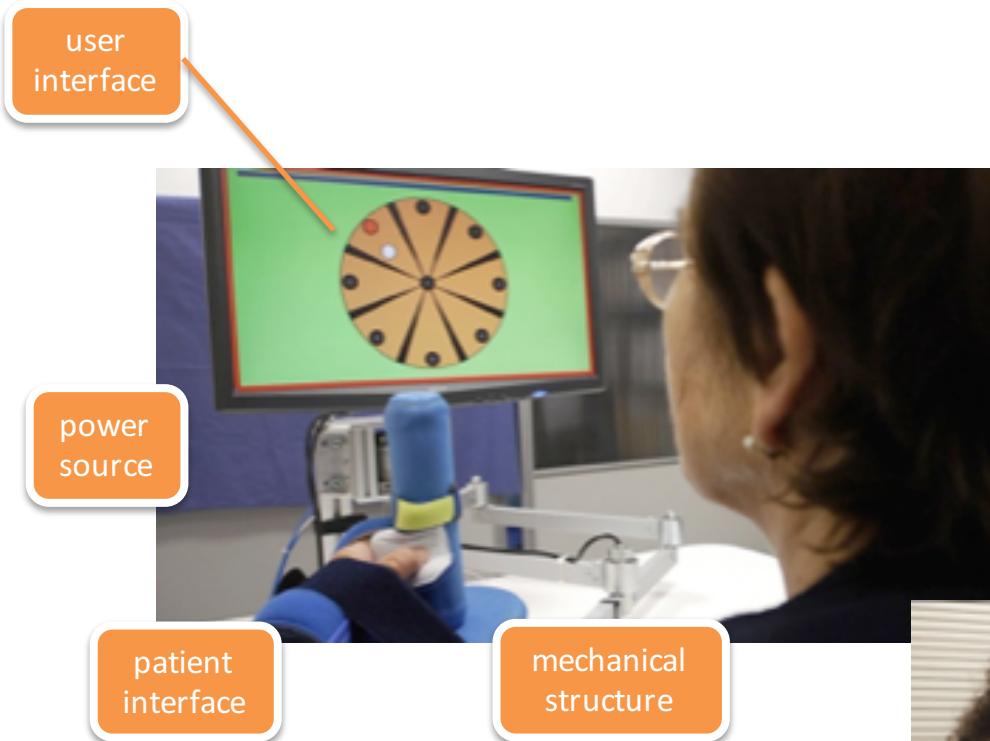


(Mehrholz et al. 2013)

Rehabilitation Robotics- Categorization

ROBOT ASSISTED THERAPY: CATEGORIZATION

Robot-Assisted Therapy: Elements



Patient interface

- Attaches to patient and transmits forces from the robot, e.g. cuffs

User interface

- Enables user to adjust controller settings

Power source

- Provides electricity to drive actuators, controller
- Pneumatic systems

Mechanical structure

- Moveable segments and joints

Actuators

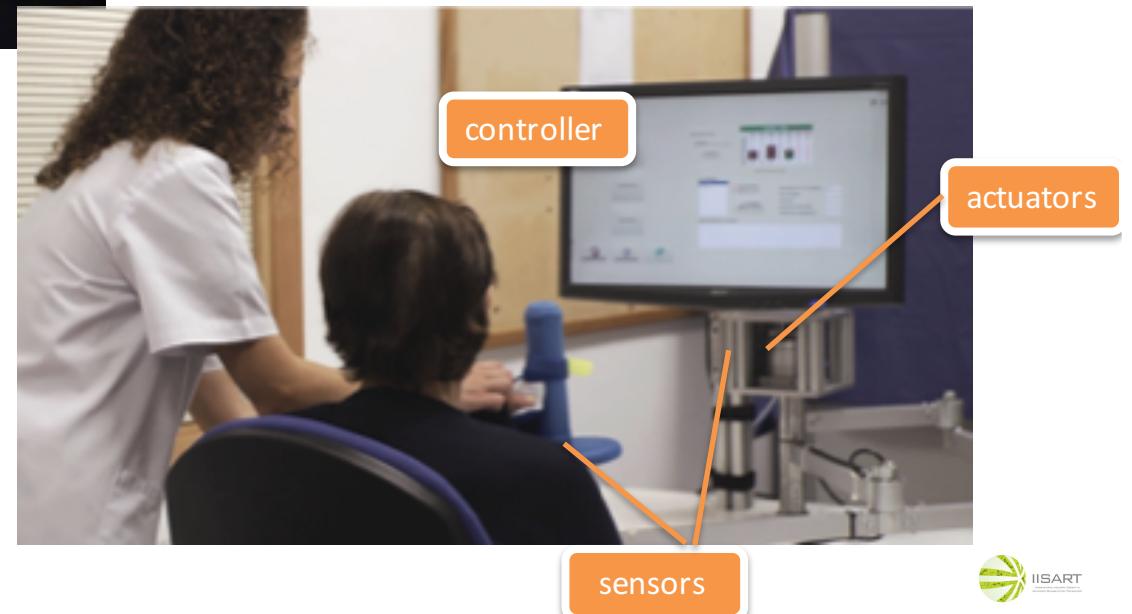
- Convert energy into motion and force, e.g. motors

Sensors

- Measure physical parameters, e.g. position, force, orientation, torque

Controller

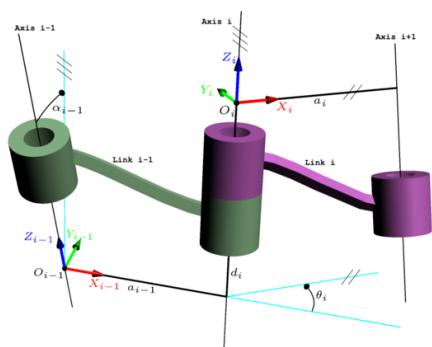
- Uses sensor data to control actuators



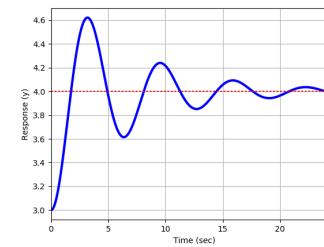
Robot-Assisted Therapy: Elements



How to categorize robot-assisted therapeutic devices?

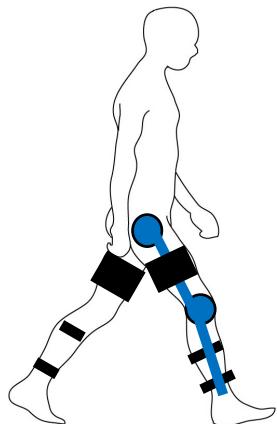


- Mechanical structure
- Exoskeletons
 - End-effector-based



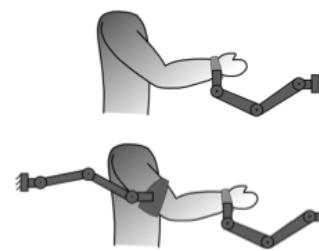
Control strategies

- Full guidance
- Patient-cooperative
- Free Space



Attachment Location

- Upper limbs
- Lower limbs



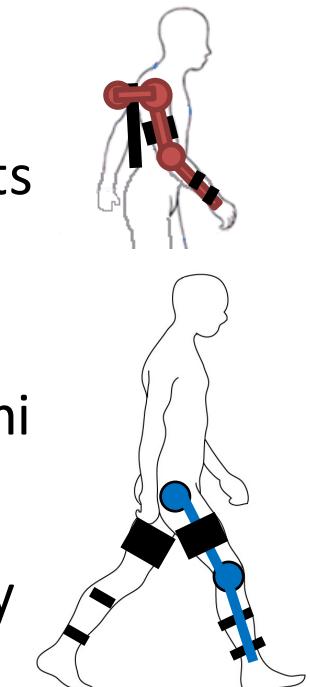
Robot-Assisted Therapy: Exoskeletons

“A wearable robot or external structural mechanism with joints and links corresponding to those of the human body.”

Pons et al., 2006; History and Future of Rehabilitation Robotics, 2010



- Attached to body or body parts
- Joints transmit forces to different robotic segments
- Allows production of physiological movements
- Combination with treadmill, body-weight-support, functional electrical stimulation, virtual reality



Robot-Assisted Therapy: Exoskeletons

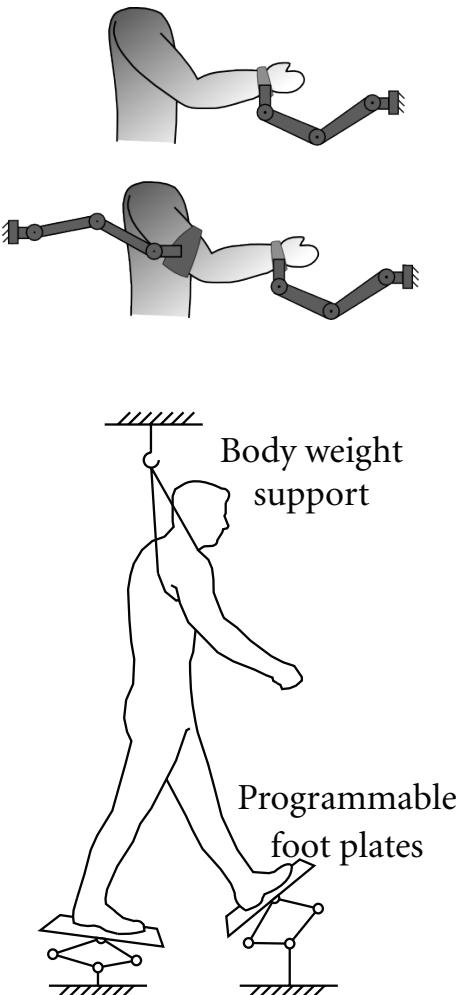
“A wearable robot or external structural mechanism with joints and links corresponding to those of the human body.”

Pons et al., 2006; History and Future of Rehabilitation Robotics, 2010

Robot-Assisted Therapy: End-Effector

“Robotic devices that provide support and forces to the patient’s limb only at its most distal part (end effector) which is attached to patient’s extremity.”

- Maciejasz et al., 2014



- Attached to single body segment
- Transmit force via mechanical movement chain
- Combination with treadmills, body-weight-support, functional electrical stimulation, virtual reality

Exoskeletons vs. End-Effector Devices

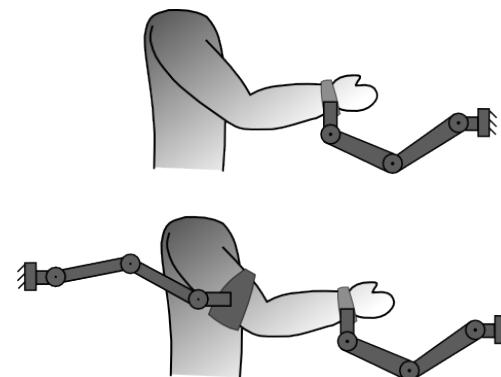
Exoskeleton

- Joint axes fully determined
- Physiological movements
- Force and position data of each joint
- Robot axes have to align with anatomical axes
- Longer set-up times
- Challenging anatomical constraints



End-effector-based

- Simpler structure / control
- Easy to adjust to patient
- Limb posture not fully determined
- Limited force / position data
- Risk of joint injury



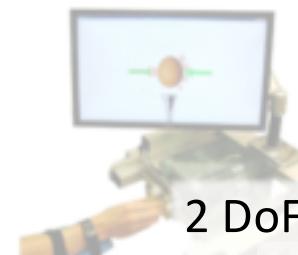
Robot-Assisted Therapy: Upper limbs

Laterality



- Paretic or unaffected arm individually
- Both arms together

Degrees of freedom



- Amount of degrees of freedom

Individual limbs



- Single limbs
- Combination of limbs

Robot-Assisted Therapy: Lower limbs

Gait training

treadmill



foot-plates



overground



active orthoses



- Automated body-weight support training
- Exoskeleton combined with treadmill

- Automated body-weight support training
- End-effector based device

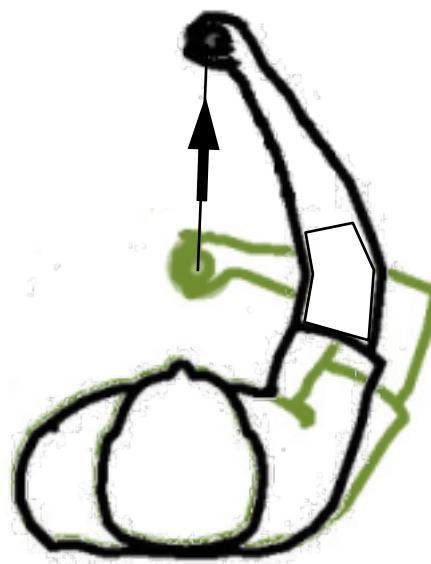
- Body-weight support follows patient
- Allows natural walking but requires muscle activity

- Support position and motion control of leg joints
- Compensate for weakness and deformities

Robotic Therapy: Control Strategies

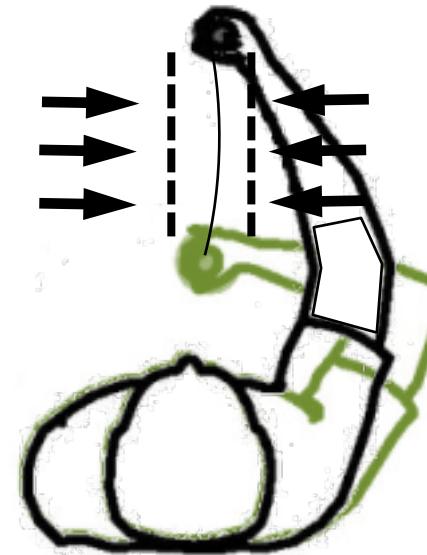
Full guidance

- Predefined motion performed by robot
- Muscle activity not required



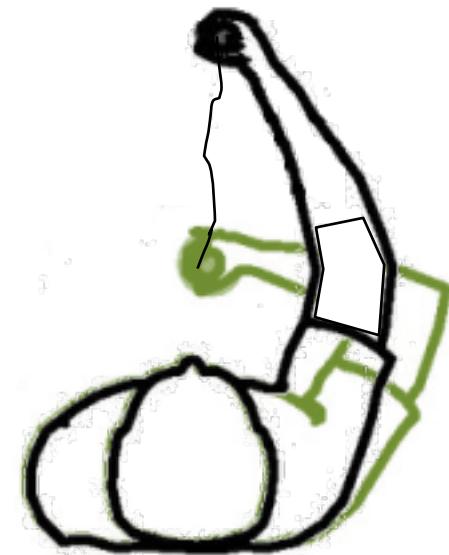
Patient-cooperative control

- Guided movements
- Partial support to initiate and perform movement
- Haptic simulation for interactive environment



Free space

- Negligible interaction with robot



Rehabilitation Robotics- UPPER EXTRIMITIES DEVICES

ROBOT ASSISTED THERAPY: UPPER EXTREMITIES DEVICES

INMOTIONARM



Bionik

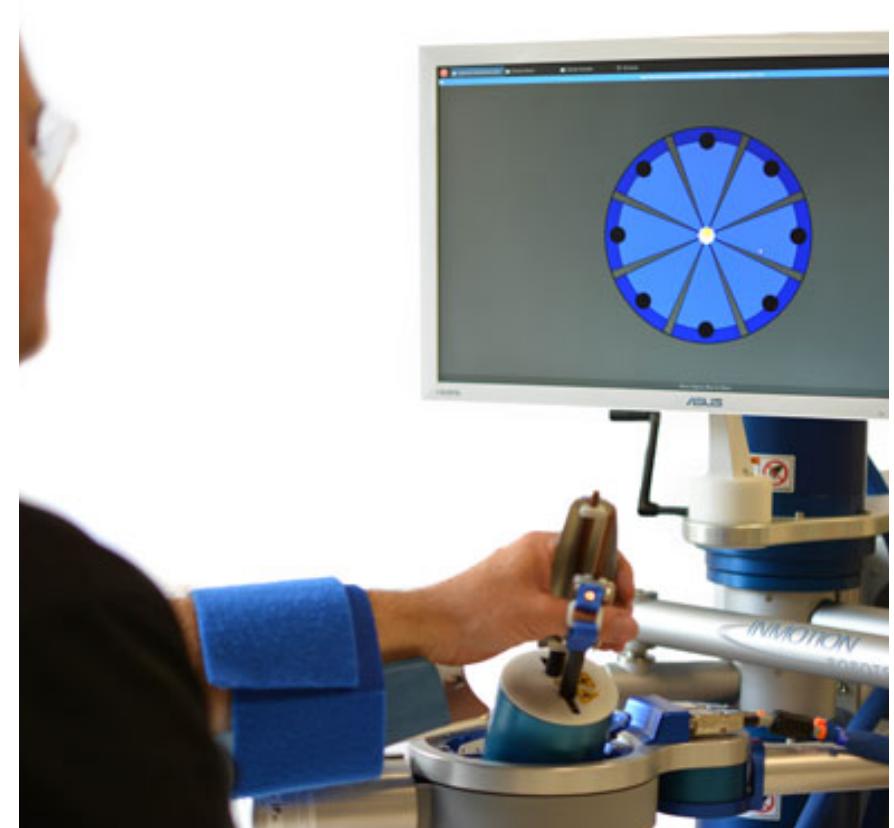


Key Points

- From MIT-manus: 1000+ patients
- Add-on InMotion HAND
- Assist-as-needed
- InMotion EVAL
 - Quantifies upper extremity motor control and movement recovery
 - Correlated with traditional assessment scales: Fugl-meyer, Motor-Power and NIH stroke scale performance



Many published researcha using MIT MANUS and the commercial version (INMOTIONARM)



INMOTIONARM® (Bionik)

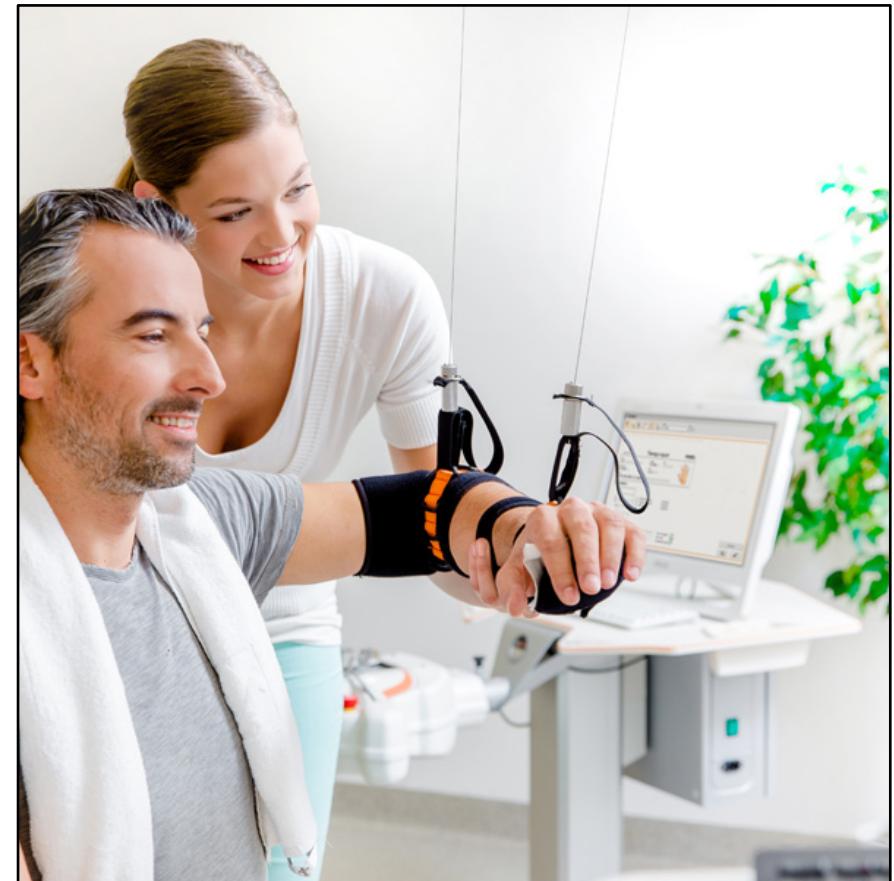
INMOTIONARM

Diego

 Tyromotion

 Key Points

- Robot-assisted arm and shoulder therapy system
- Intelligent gravity compensation (IGC) to assist-as-needed for functional reaching training
- Bilateral, unilateral and symmetric arm training
- 3D bio-feedback
- Individual applications for children and adults
- Task-oriented training with real objects



Mehrholz et al., *Electromechanical and robot-assisted arm training for improving generic activities of daily living, arm function, and arm muscle strength after stroke (Review)*, The Cochrane Library (2012)

Diego® (Tyromotion)

Diego

ReoGo



Motorika



Key Points

- Clinical evaluations of therapy using the **ReoGo™** have been conducted in the US, Japan, Italy, Germany and Israel with a combined total of over 350 sub-acute and chronic stroke patients
- Features five operating modes (Guided, Initiated, Step Initiated, Follow Assist and Free) that gradually increase load and movement complexity, which enables treatment of all rehabilitation stages from completely passive to active patients

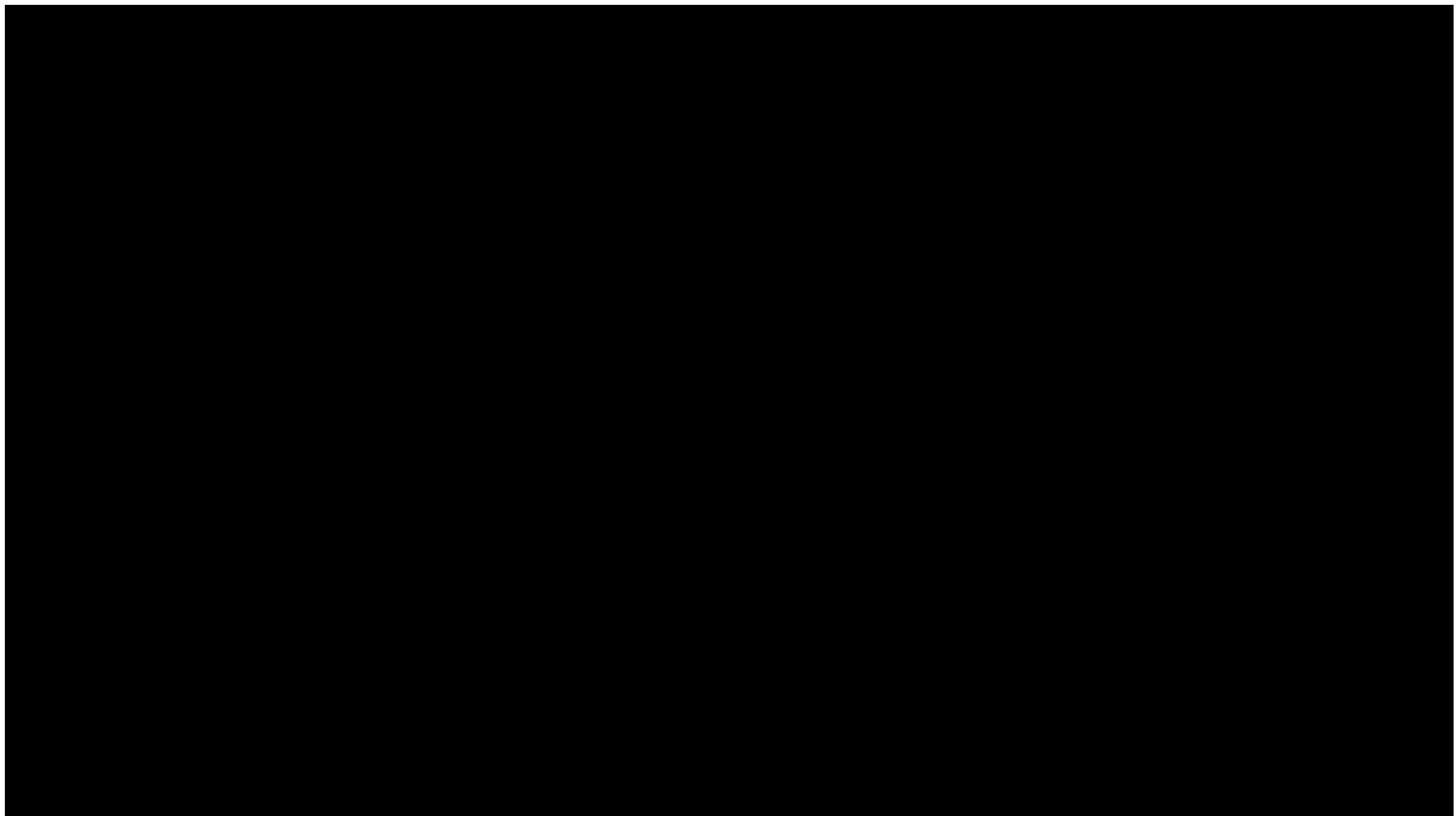


Bovolenta F, Sale P, Dall'Armi V, Clerici P, Franceschini M. Robot-aided therapy for upper limbs in patients with stroke-related lesions. Brief report of a clinical experience. *Journal of NeuroEngineering and Rehabilitation*. 2011;8:18.
doi:10.1186/1743-0003-8-18.



ReoGo® Motorika)

ReoGo



Armeo Power



Hocoma



Key Points

- Early rehabilitation training for severely affected patients
- Extensive 3D workspace (6 actuated dof)
- Assist-As-Needed support automatically adapts to patient's capabilities
- Augmented Performance Feedback increases motivation and trains activities of daily living
- Assessment Tools for objective analysis of patient's progress

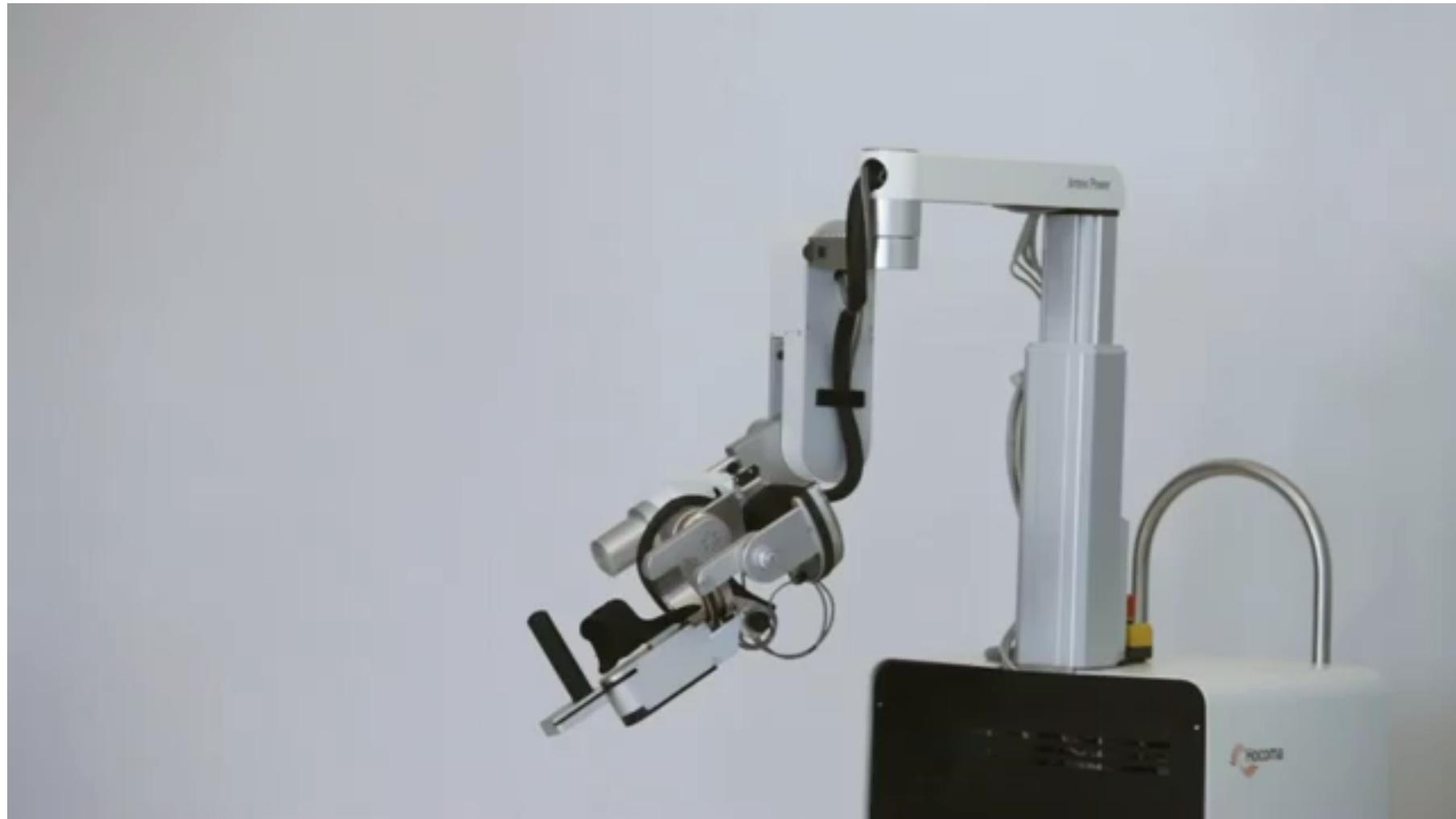


Klamroth-Marganska et al., *Three-Dimensional, Task-Specific Robot Therapy Of The Arm After Stroke: A Multicentre, Parallel-Group Randomised Trial*, Lancet Neurol. (2014)



ArmeoPower® (Hocoma)

Armeo Power



ALEX



Wearable Robotics srl



Key Points

- ALEX is a six DoFs mechanically compliant exoskeleton for the human upper limb.
 - two sensorized and passive joints (the forearm prono-supination, FO-Pro-Sup, and the wrist flexion-extension, WR-Flex-Ext).
- Assistance as Needed

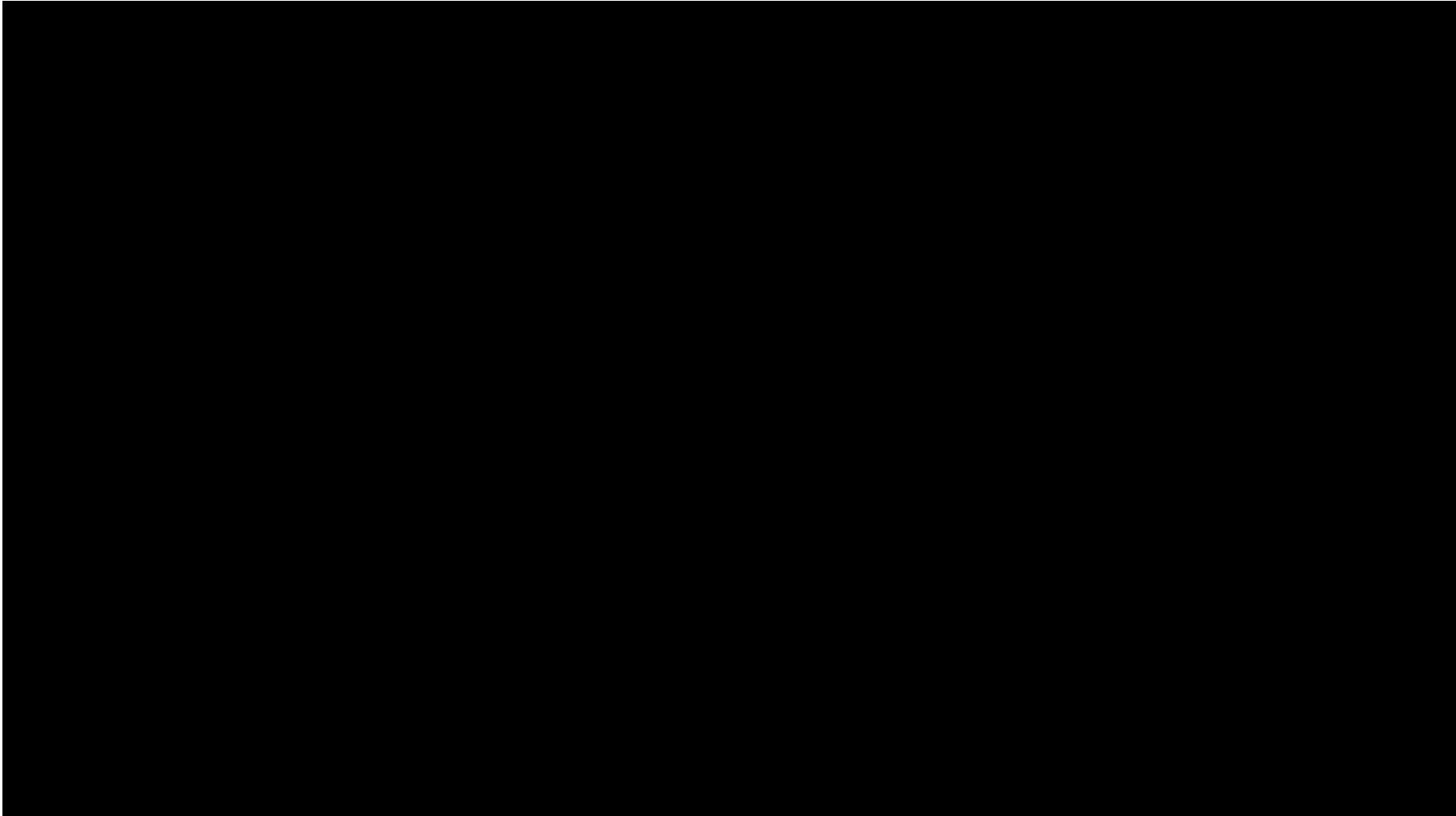


Evaluation of a New Exoskeleton for Upper Limb Post-stroke Neuro-rehabilitation: Preliminary Results

Replace, Repair, Restore, Relieve – Bridging Clinical and Engineering Solutions in Neurorehabilitation, Biosystems & Biorobotics Volume 7, 2014, pp 637-645

ALEX (Wearable Robotics)

ALEX

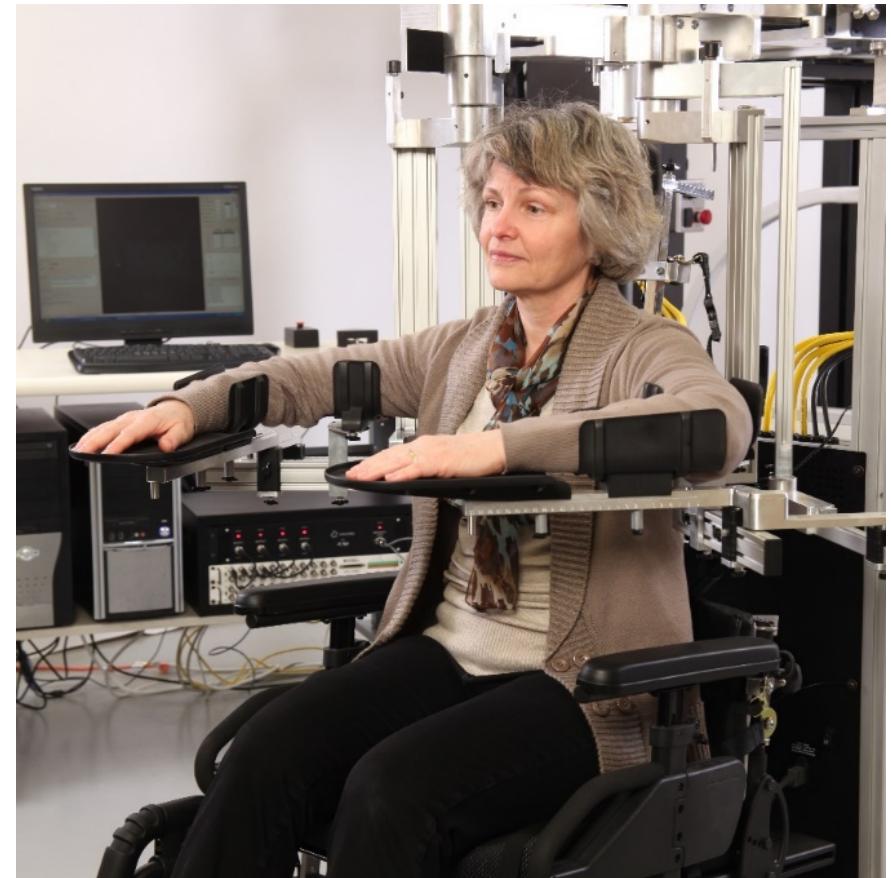


KINARM Exoskeleton Lab

 BKIN Technologies Ltd

 Key Points

- **Assessment** of range of neurological impairments associated with stroke, spinal cord injury, CP, Parkinson's
- **Quantitative and objective measures** of brain function and dysfunction through precise measurement of human behaviour
- **Supports** clinical researchers in the development of novel therapies for improved outcomes



Semrau, J.A. et al. *Robotic identification of kinesthetic deficits after stroke*. Stroke. 44:3414-3421 (2013)

KINARM Exoskeleton Lab (BKIN Technologies Ltd., Canada)

KINARM Exoskeleton Lab



Rehabilitation Robotics- LOWER EXTRIMITIES DEVICES

ROBOT ASSISTED THERAPY: LOWER EXTREMITIES DEVICES

ZeroG® Gait and Balance System



Aretech

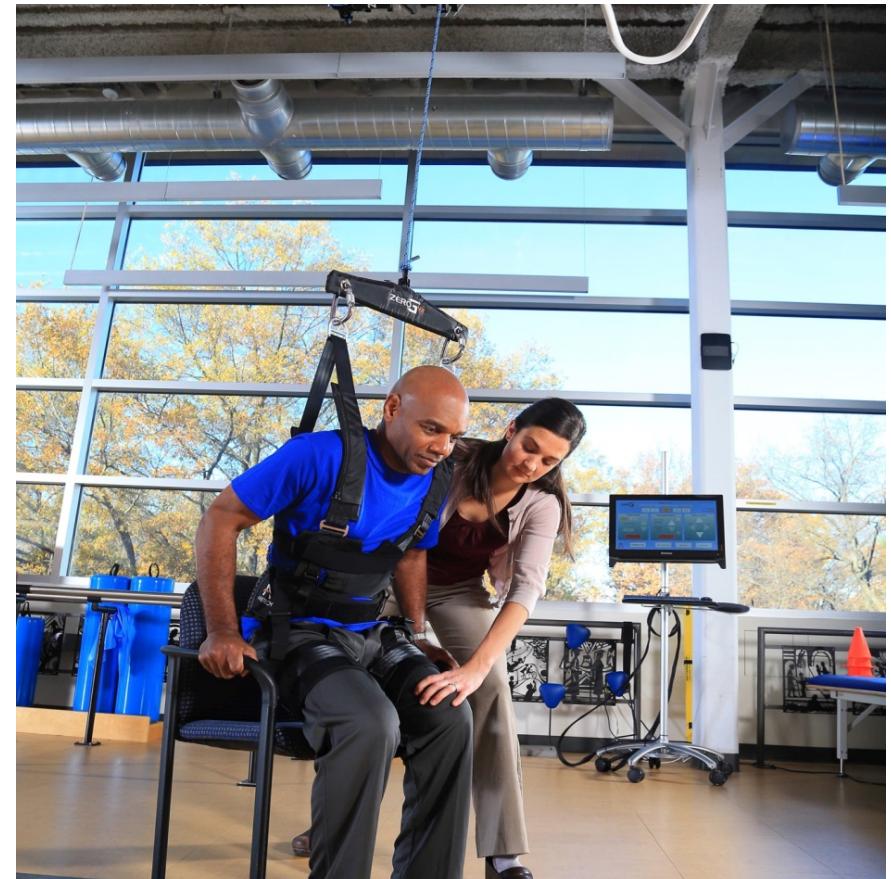


Key Points

- Dynamic body-weight support compensates for weakness & poor coordination
- Robot tracks movements along a ceiling track
- Interactive games and balance training with biofeedback
- Lowers the risk of injury to patient & therapist
- Practice functional activities safely
- Monitor & track functional progress

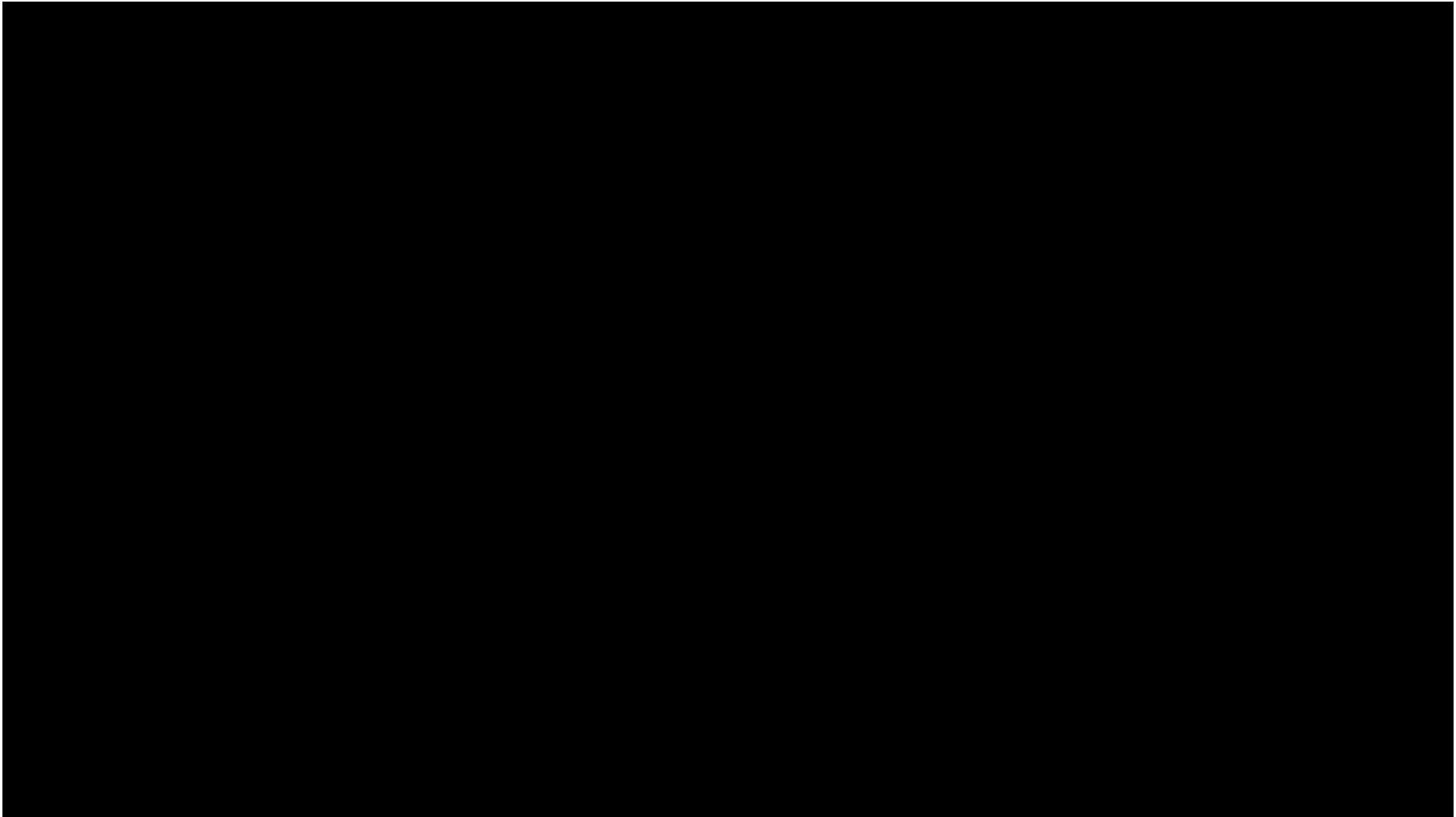


Hidler, et al. *J Rehabil Res Dev.* (2011)
48(4):287-98.



ZeroG (Aretech, Ashburn, VA USA)

ZeroG® Gait and Balance System



System 4 Pro



Biomed Systems



Key Points

- Over 5,600 Peer Reviewed Citations in Support
- Objective Data
- Documented Progress, Need and Outcomes
- Research, Rehabilitation, Testing and Training
- 5 Modes of Operation, Passive, Isometric, Isokinetic, Isotonic and Reactive Eccentrics
- Capable of delivering concentric and eccentric contractions in 4 modes



System 4 Pro (Biomed Systems, Shirley, New York, USA)

Lokomat® Pro



Hocoma



Key Points

- Adjustable exoskeleton for a **physiologic gait pattern**
- **Assist-As-Needed** support for optimal training challenge
- **Augmented Performance Feedback** for increased patient participation
- **FreeD Module** for balance activation and weight shift



Mehrholz et al., *Electromechanical-assisted training for walking after stroke*, Cochrane Database (2013)

Lokomat® Pro (Hocoma, Zurich)

Lokomat® Pro



Erigo® Pro



Hocoma

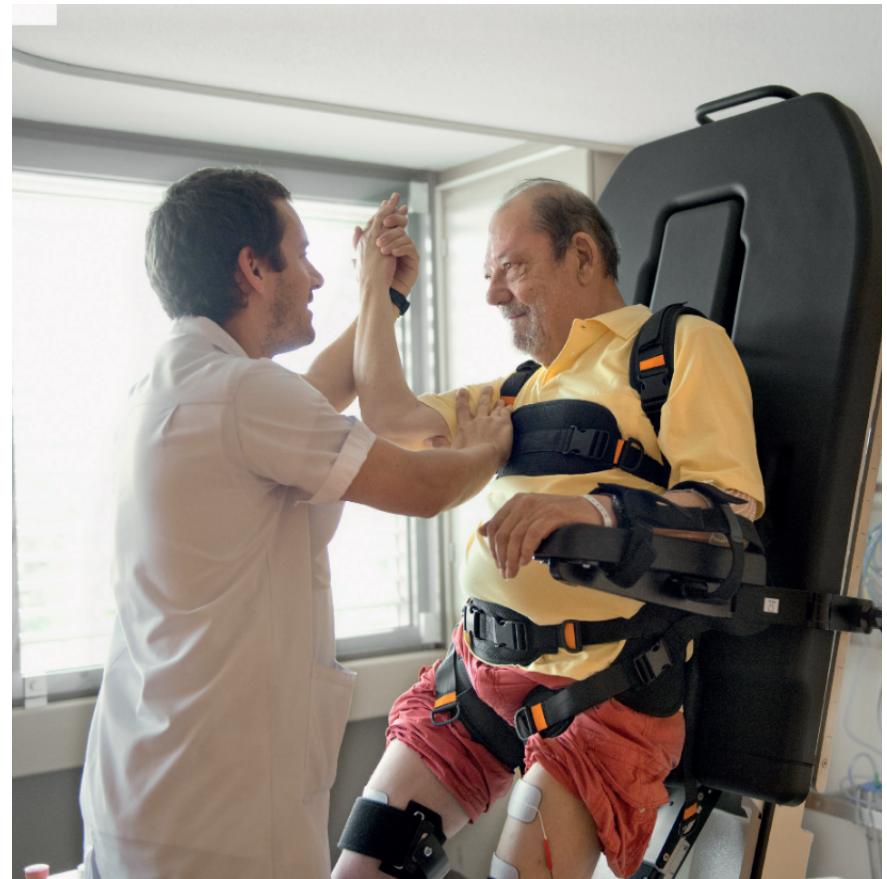


Key Points

- Early and safe mobilization of severely impaired patients even in acute care
- Progressive verticalization up to 90°
- Cyclic leg movements 8-80 steps/min
- Cyclic leg loading (up to 50 kg) allows enhanced cardiovascular output
- Improved orthostatic tolerance through Functional Electrical Stimulation (FES)
- Sensorimotor stimulation improves patient awareness



Yoshida et al., *Cardiovascular response of individuals with spinal cord injury to dynamic functional electrical stimulation under orthostatic stress*, IEEE Trans Neural Syst Rehabil Eng (2013)



Erigo® Pro (CHUV, Lausanne)

Ergo[®] Pro

Rehabilitation Robotics- UPPER EXTRIMITIES DEVICES

ROBOT ASSISTED THERAPY: HAND REHABILITATION

Amadeo

 tyromotion

 Key Points

- Robot-assisted finger and hand therapy system
- Rehabilitation training for all levels of hand impairment
- Simulation of grasping and individual finger movements
- Force and ROM assessments
- Wide range of therapy applications, e.g. passive (CPM), assistive, active, spasticity and proprioceptive therapy
- Easily adjustable for children and adults



Sale et al., *Recovery of hand function with robot-assisted therapy in acute stroke patients: a randomized-controlled trial.* Int J Rehabilitation Research (2014).

Amadeo® (tyromotion, Graz)

Amadeo



Hand of Hope



Rehab-Robotics Company



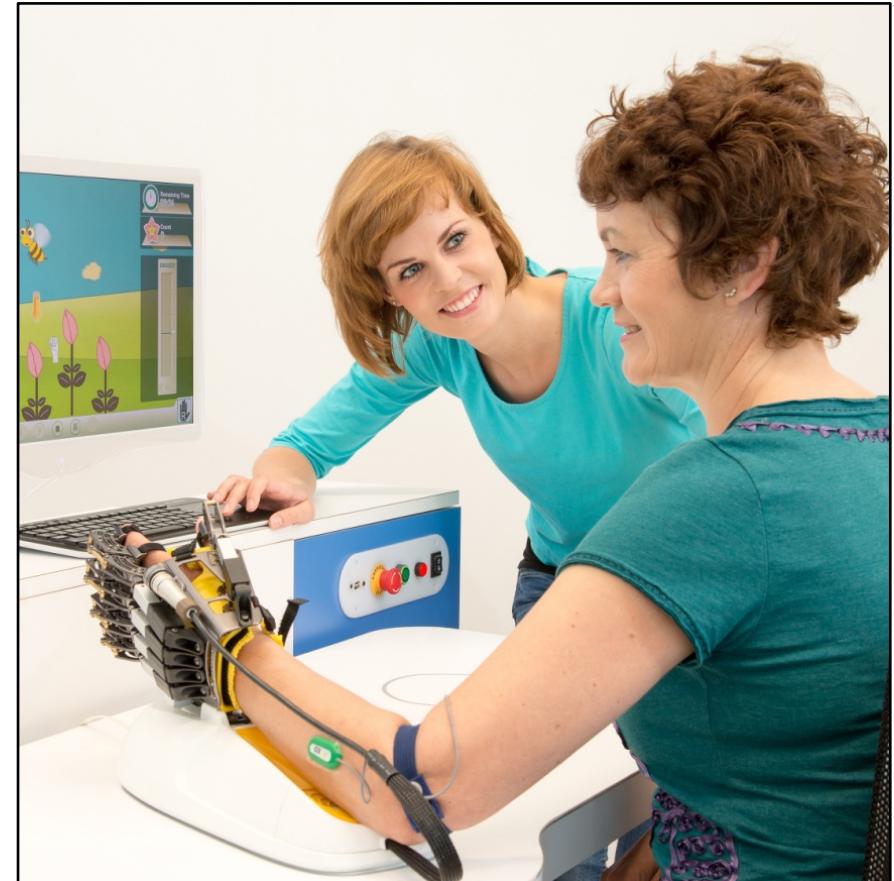
Key Points

- 1st EMG-driven hand exoskeleton
- Active and Assistive device
- Hand and arm training
- Adjustable length for each finger
- Light, compact and portable
- Interactive games
- Easy-to-use interface
- Automatic report availability



The effects of post-stroke upper-limb training with an electromyography (EMG)-driven hand robot

X.L. Hu, K.Y. Tong X.J. Wei, W. Rong, E.A. Susanto, S.K. Ho Journal of Electromyography and Kinesiology 23 (2013) 1065–1074



Hand of Hope (Rehab-Robotics Company, Hong Kong)

Hand of Hope



Rehabilitation Robotics- Categorization

ROBOT ASSISTED THERAPY: VIRTUAL REALITY

CAREN



Motekforce Link



Key Points

- Computer Assisted Rehabilitation Environment
- Multi-sensory input for advanced rehabilitation protocols
- Interactive and dynamic Virtual Reality providing applied games for rehabilitation of movement disorders
- D-Flow application development software offering options to create custom research and clinical applications



Geijtenbeek et al. (2011). "D-Flow: immersive virtual reality and real-time feedback for rehabilitation". Proceedings of the 10th International Conference on Virtual Reality Continuum and Its Applications in Industry (VRCAI '11). ACM, New York, NY, USA, pp. 201-208.

CAREN (Motekforce Link, Amsterdam)

CAREN



GRAIL



Motekforce Link

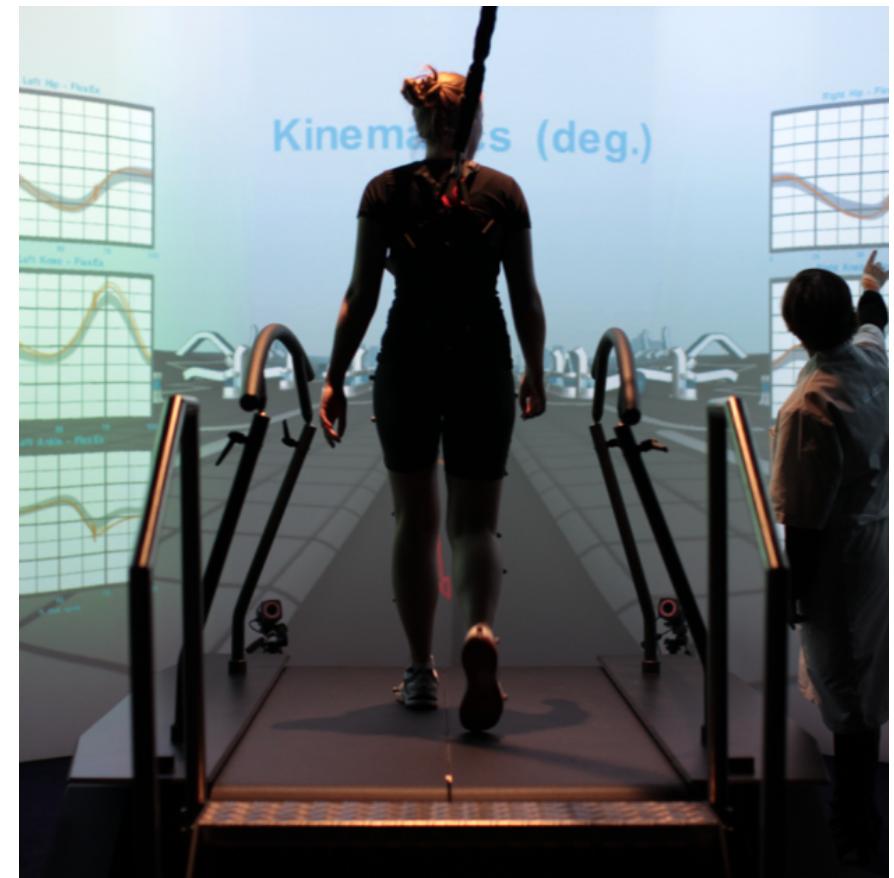


Key Points

- Full 3D gait analysis of multiple cycles within 30 minutes
- All gait parameters available in real-time for monitoring and intervention
- Self-paced mode enables patient to walk at a self selected pace
- Visual, mechanical or cognitive dual tasks for 'functional gait analysis' and gait training



Van der Krog et al. *Overground versus self-paced treadmill walking in a virtual environment in children with cerebral palsy*, Gait & Posture (2014).



CAREN (Motekforce Link, Amsterdam)

GRAIL



C-Mill



Motekforce Link



Key Points

- Instrumented treadmill with projection
- Projection of cues relative to gait pattern
- Obstacle avoidance
- Train gait and gait adaptability
- Gait analysis with CueFors software



Roerdink et al., *Online gait event detection using a large force platform embedded in a treadmill* (2008).

C-Mill (Motekforce Link, Amsterdam)

C-Mill



VirtualRehab



Virtualware Group



Key Points

- CE certified and clinically validated **cloud-based physiotherapy videogame platform**
- Incorporates **motion capture technology**
- Variety of **engaging 3D styled games** exercising different motor functions
- **OnPremises** version for clinical use and **SaaS** version for in-home **TeleRehabilitation**
- Used to treat **Neurodegenerative diseases, Neuromuscular and Neurovascular disorders** and to help improve mobility for the elderly



Murie Fernandez et al., *VirtualReality Games combined with normal rehabilitation are an effective alternative in Multiple Sclerosis patients* (2014)



VirtualRehab (Virtualware Group, Bilbao, Spain)

VirtualRehab



Rehabilitation Robotics- Categorization

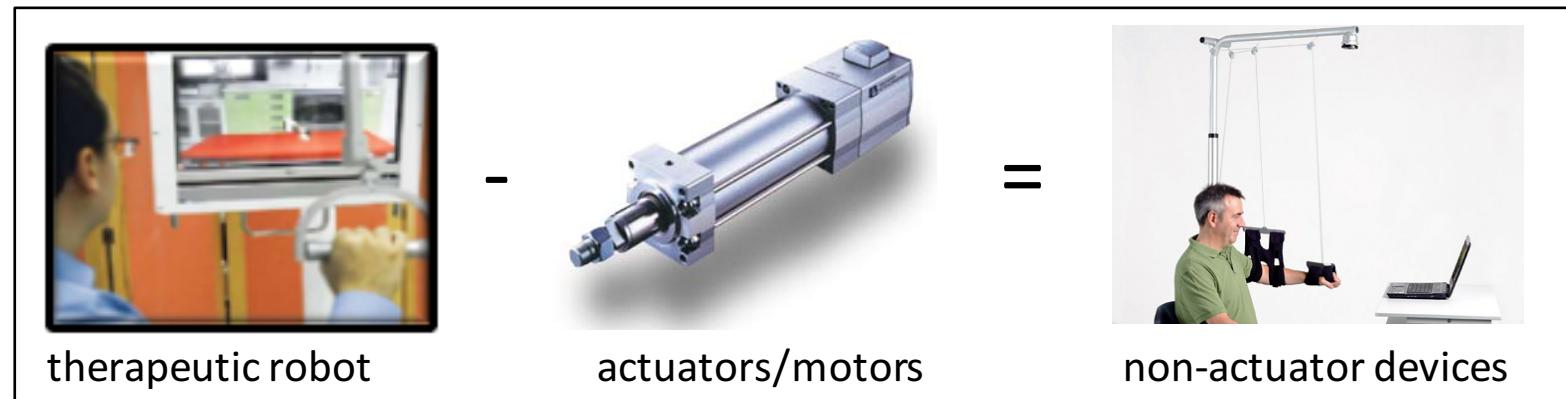
ROBOT ASSISTED THERAPY: NON-ACTUATOR DEVICES

Non-Actuator Devices



Non-actuator devices emerged from improvement ideas for robotic therapy

- Decrease device complexity and cost
- Increase safety for patients
- Improve training of functional movements and activities of daily living



Non-Actuator Devices: Elements



Weight support

- Static balancing mechanisms using links, springs or wires

Sensors

- Measure physical parameters, e.g. position, force, orientation, torque

Patient interface

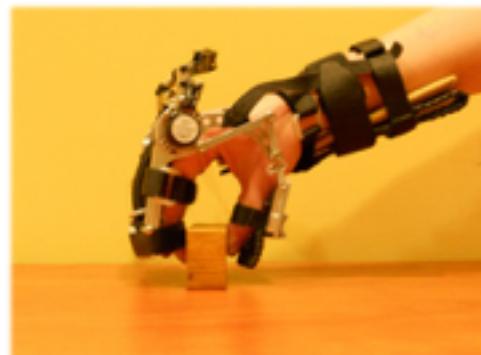
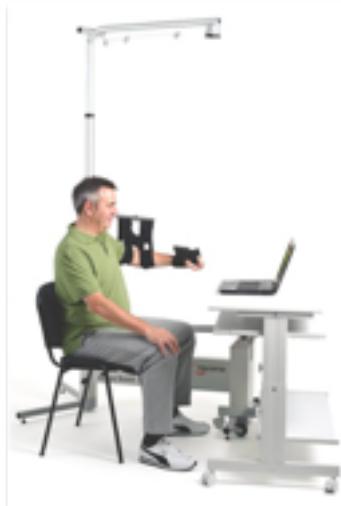
- Attaches to patient and transmits forces from the device, e.g. cuffs

User interface

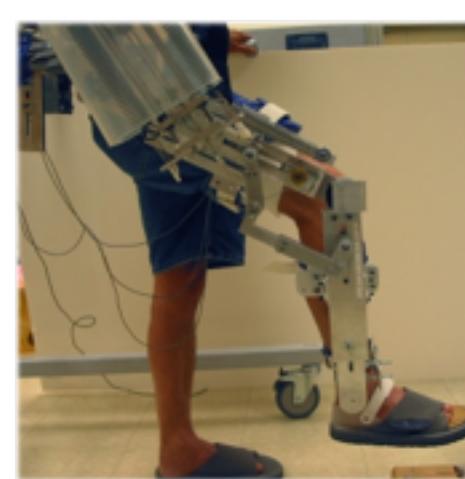
- Enables user to adjust controller settings

Non-Actuator Devices: Upper/Lower Limbs

Upper limbs



Lower limbs

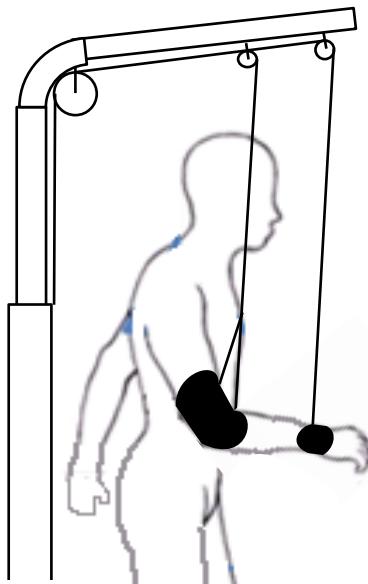


- Arm weight support against gravity
- Elbow, finger or wrist joint support

- Static body weight support against gravity
- Hip, knee or ankle joint support

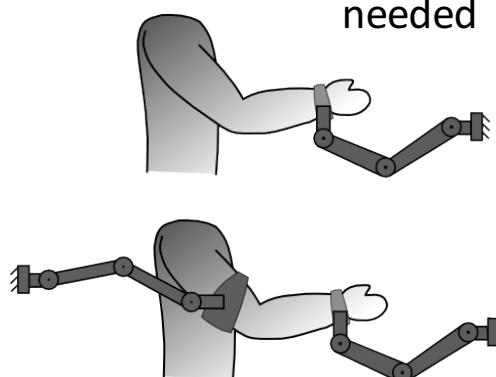
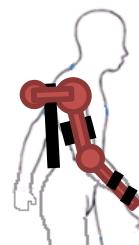
Non-Actuator vs. Robotic Devices

Non-actuator devices



- Significant lower costs
- Less weight
- Easier to use and intrinsically safe
- No power source needed
- No support other than against gravity
- No movement correction
- Limited resistance

Robotic devices



- Movement guidance for optimal trajectory
- Full movement support even for severely impaired patients
- Adjustable resistance
- Expensive and heavy
- More complex to use
- More safety precautions needed

Non-Actuator + Robotic Devices

