Let c, p > 0:

$$\mu(\{x \in X : |h(x)| \ge c\}) = \int_{\{x \in X : |h(x)| \ge c\}} d\mu$$

$$= \frac{1}{c^p} \int_{\{x \in X : |h(x)| \ge c\}} c^p d\mu$$

$$\le \frac{1}{c^p} \int_{\{x \in X : |h(x)| \ge c\}} |h|^p d\mu$$

$$\le \frac{1}{c^p} \int |h|^p d\mu$$

Let c > 0:

$$\begin{split} \mu\left(\left\{x \in X : \left| h(x) - \int h \; d\mu \right| \geq c\right\}\right) &= \int_{\left\{x \in X : \left| h(x) - \int h \; d\mu \right| \geq c\right\}} d\mu \\ &= \frac{1}{c^2} \int_{\left\{x \in X : \left| h(x) - \int h \; d\mu \right| \geq c\right\}} c^2 \; d\mu \\ &\leq \frac{1}{c^2} \int_{\left\{x \in X : \left| h(x) \right| \geq c\right\}} \left| h(x) - \int h \; d\mu \right|^2 \; d\mu \\ &\leq \frac{1}{c^2} \int \left| h(x) - \int h \; d\mu \right|^2 \; d\mu \\ &= \frac{1}{c^2} \int \left[|h|^2 - 2h(x) \int h \; d\mu + \left(\int h \; d\mu \right)^2 \right] \; d\mu \\ &= \frac{1}{c^2} \left[\int h^2 \; d\mu - 2\left(\int h \; d\mu \right) \int h \; d\mu + \left(\int h \; d\mu \right)^2 \int d\mu \right] \\ &= \frac{1}{c^2} \left[\int h^2 \; d\mu - 2\left(\int h \; d\mu \right)^2 + \left(\int h \; d\mu \right)^2 (1) \right] \\ &= \frac{1}{c^2} \left[\int h^2 \; d\mu - \left(\int h \; d\mu \right)^2 \right] \end{split}$$

Assume arbitrary large n > 0. Let $I_1 = (0,1)$ and $I_2 = (1 - \frac{1}{n}, 2 - \frac{1}{n})$, their union will be $I_1 \cup I_2 = (0, 2 - \frac{1}{n})$.

Let v > 0 be the Vitalli constant, then:

$$v * I_1 = (-0.5v + 0.5, 0.5v + 0.5)$$
$$v * I_2 = (-0.5v + 1.5 - \frac{1}{n}, 0.5v + +1.5 - \frac{1}{n})$$

to have at least one of $v * I_1$ or $v * I_1$ be able to cover the union of I_1 and I_2 , we must have:

$$-0.5v + 1.5 - \frac{1}{n} < 0$$
$$v > 3 - \frac{2}{n}$$

or

$$0.5v + 0.5 > 2 - \frac{1}{n}$$
$$v > 3 - \frac{2}{n}$$

Since n was chosen arbitrarily large, the only way to have Vitali Covering Lemma be correct, is to have its constant at least 3.

To find $h^*(b) = \sup_{t>0} \frac{1}{2t} \int_{b-t}^{b+t} |h|$, we separately find it over partitions on b:

• b < 0

If $b + t \le 0$ then $h^*(b) = 0$.

Else if b+t>0, we can assume two partitions:

b + t > 1

$$\frac{1}{2t} \int_0^1 x \, dx = \frac{1}{4t} < \frac{1}{4(1-b)}$$

1 > b + t > 0

$$\frac{1}{2t} \int_0^{b+t} x \, dx = \frac{(b+t)^2}{4t} < \frac{1}{4(1-b)}$$

hence in this region $h^*(b) = \frac{1}{4(1-b)}$.

• b > 1

If $b-t \ge 1$ then $h^*(b) = 0$.

Else if b-t < 1, we can assume two partitions:

b-t < 0

$$\frac{1}{2t} \int_0^1 x \, dx = \frac{1}{4t} < \frac{1}{4b}$$

0 < b - t < 1

$$\frac{1}{2t} \int_{b-t}^{1} x \ dx = \frac{1 - (b-t)^2}{4t}$$

To find the supremum of the above, we look for t > 0 which makes the derivative zero:

$$t = \sqrt{b^2 - 1}$$

then we replace it into the expression above:

$$\frac{1 - (b - t)^2}{4t} \le \frac{b - \sqrt{b^2 - 1}}{2}$$

 $\bullet \ 0 < b < 1$

In this case, $\frac{1}{2t} \int_{b-t}^{b+t} x \, dx = b$.

To conclude, the Hardy-Littlewood maximal function is:

$$h^*(b) = \begin{cases} \frac{1}{4(1-b)} & \text{if } b \in (-\infty, 0) \\ b & \text{if } b \in [0, 1] \\ \frac{b-\sqrt{b^2-1}}{2} & \text{if } b \in (1, \infty) \end{cases}$$
 (1)