At the beginning of this month I was a slight bit disorganized and lacked structure. Over the course of this month I have used the reading and our lectures to discipline my life better, this has led to many proud accomplishments such as organizing my work space, creating and adhering to a weekly planner, and doing a digital detox, these all have helped me and I'm proud of my progress.

If I could start this month over I would find a better source of motivation, I would schedule my life a little better and get started on tasks much quicker than I did but I can also apply that to the future months.