

 Date	Age	Major and University	Mobile Instagram usage frequency	Desktop Instagram usage frequency	Desktop Instagram usage frequency (in the week of the experiment)	FLOW-1	FLOW-2	FLOW-3	FLOW-4	FLOW-5
11/14/2023	25	Medicine (FCMMG)	Every day, for 1 or 2 hours in total	Every day, once a day quickly	Two or three times a week	No	No	No	No	No
11/14/2023	24	Computer Science (PUCMG)	Every day for more than 2 hours	Once a week	Two or three times a week	Yes	Yes	Yes	Yes	No
11/14/2023	21	Computer Science (PUCMG)	Every day for more than 2 hours	Two or three times a week	Every day, once a day quickly	Yes	Yes	Yes	Yes	Yes
11/14/2023	26	Mechanical Engineering (PUCMG)	Every day for more than 2 hours	Two or three times a week	Every day, for 1 or 2 hours in total	Yes	No	No	No	No
11/15/2023	24	Mathematics (UFMG)	Every day, for 1 or 2 hours in total	Two or three times a week	Two or three times a week	No	No	No	No	No
11/15/2023	22	Computer Science (PUCMG)	Every day for more than 2 hours	Every day, for 1 or 2 hours in total	Two or three times a week	No	No	No	No	No
11/15/2023	24	Psychology (PUCMG)	Every day, for 1 or 2 hours in total	Two or three times a week	Two or three times a week	Yes	No	No	Yes	No
11/15/2023	25	Computer Science (PUCMG)	Every day, for 1 or 2 hours in total	Never or almost never	Two or three times a week	No	Yes	Yes	No	No
11/15/2023	21	Computer Science (PUCMG)	Every day for more than 2 hours	Never or almost never	Two or three times a week	No	No	No	Yes	Yes
11/15/2023	22	Computer Science (PUCMG)	Every day, once a day quickly	Once a week	Every day, once a day quickly	No	No	No	No	Yes
11/16/2023	25	Medicine (FCMMG)	Every day for more than 2 hours	Never or almost never	Once a week	Yes	Yes	No	No	Yes