

## Ethos Chronicle Questions

Please take a look at the questions listed below and pick out 15-20 that interest you. These questions will be the center of your interview. To get the most out of your interview it is best to reflect on them before hand.

### **Section 1: General** (required)

\*What is your full name?

\*What is your birthday?

\*How old does the make you?

\*What are your parent's names?

\*Where did you grow up?

### **Section 2: Childhood** (Optional)

What did your parents do for a living?

How were your parents?

(Nice, mean, supportive, checked out/ emotionally void)

What did you learn from your parents?

What did you used to do for fun as a child?

Was your childhood hard? Did you struggle through growing up or did you make the most of being a kid?

Do you have siblings?

How was your relationship with them as children?

How is your relationship with them now?

### **Section 3: Midlife** (optional)

Did you go to college? If so, what did you go for and how was your experience?

Are you married? To who?

How did you meet?

Do you remember your first date?

How did he/you propose?

What is your wedding date?

What is the best thing about your significant other?

How would life be without them?

Do you have any kids?

How many?

What are their names?

How was it raising them?  
Easy, hard, rewarding?

Tell me a story about your kids being younger?

What made you proud of your kids?

**Section 4: Reflection** (optional)

Overall how is your life so far?

What was one of the hardest things you've ever done?  
(This could be mental/physical)

What are you good at?

What is one of the most exciting moments of your life?

What is the happiest moment of your life?

If you could do one thing over, what would it be?

What is something you should make time for?

What is the best advice you have ever received? And who gave it?

Do you have any advice for your kids?

Statistically, most people look back on life and realize they have worked too much, loved to little, and wasted time on meaningless things, what do you have to say about that?