# FORGET TO KNOW, REMEMBER TO USE: CONTEXT-AWARE UNLEARNING FOR LARGE LANGUAGE MODELS

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# **ABSTRACT**

Large language models may encode sensitive information or outdated knowledge that needs to be removed, to ensure responsible and compliant model responses. Unlearning has emerged as an efficient alternative to full retraining, aiming to remove specific knowledge while preserving overall model utility. Existing evaluations of unlearning methods focus on (1) the extent of forgetting of the target knowledge (forget set) and (2) maintaining performance on the retain set (i.e., utility). However, these evaluations overlook an important usability aspect: users may still want the model to leverage the removed information if it is re-introduced in the prompt. In a systematic evaluation of six state-of-the-art unlearning methods, we find that they consistently impair such *contextual utility*. To address this, we augment unlearning objectives with a plug-in term that preserves the model's ability to use forgotten knowledge when it is present in context. Extensive experiments demonstrate that our approach restores contextual utility to near original levels while still maintaining effective forgetting and retain-set utility.

### 1 Introduction

Large language models (LLMs) (Yang et al., 2025a; Team et al., 2024; Dubey et al., 2024) are trained on massive web-scale datasets that can unintentionally include sensitive or outdated information (Henderson et al., 2023; Li et al., 2024; Carlini et al., 2021; Nasr et al., 2025). Such information may later need to be removed to ensure responsible and reliable model behavior. A straightforward solution is to remove the targeted data (the forget set) from the training data and retrain the model. However, retraining billion-parameter-scale LLMs is prohibitively costly and time-consuming. This limitation has motivated the development of LLM unlearning—a technique that efficiently removes specific knowledge by directly updating the trained model using the forget set, without full retraining (Shi et al., 2025; Zhang et al., 2024a; Dong et al., 2025; Li et al., 2024).

LLM unlearning aims to remove knowledge associated with a forget set—samples the model should unlearn—while preserving the model's utility on a retain knowledge set. Prior work has proposed a variety of unlearning algorithms, including applying reverse optimization on the forget set (e.g., gradient ascent) (Maini et al., 2024; Wang et al., 2025; Yang et al., 2025b), preference optimization targeting the forget set (Zhang et al., 2024a; Maini et al., 2024), or re-labeling forget-set data (Dong et al., 2025). Previous evaluations have primarily focused on two aspects: (1) forgetting performance on the forget set, and (2) utility on the retain set, typically measured through direct question answering (QA). Existing state-of-the-art unlearning methods generally perform well under this protocol, effectively preventing recall on the forget set while maintaining utility on the retain set in Direct QA settings Dong et al. (2025); Zhang et al. (2024a); Li et al. (2024).

However, LLMs are increasingly used in context-rich settings, where information is either provided directly through the user's prompt (Sahoo et al., 2024; Brown et al., 2020) or retrieved dynamically via retrieval-augmented generation (RAG) systems (Lewis et al., 2020; Cheng et al., 2024; Zhang et al., 2024b). In such scenarios, even if the model has "forgotten" certain knowledge, it may still be expected to respond accurately when that information is explicitly presented in the context. For example, a model may be unlearned from outdated tax regulations to avoid providing obsolete

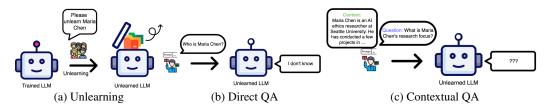


Figure 1: Overview of our settings. (a) Apply unlearning to remove the *forget set*; (b) Measure forgetting without additional context. (c) Our new *Contextual QA evaluation* tests whether the model can still use the (forgotten) knowledge when it is provided explicitly in the context.

advice. However, if a user later includes the same regulation in the prompt–for example, to compare past and current policies for historical analysis–the model should still be able to interpret and apply it correctly in context.

In this work, we systematically evaluate how existing unlearning methods affect a model's ability to consider forgotten information when it is reintroduced in context, a capability we term *contextual utility*. Figure 1 illustrates our evaluation settings. Using the well-established TOFU benchmark (Maini et al., 2024), we test six state-of-the-art unlearning methods on two popular instruction-tuned LLMs, Gemma-2B-IT (Team et al., 2024) and Qwen-3-8B (Yang et al., 2025a) across forget-set ratios at 1%, 5%, and 10%. We find that current unlearning methods often cause models to fail at leveraging forget-set information when it is provided as context. For example, on Gemma-2B-IT unlearned with a 5% forget set, existing methods reduce Contextual QA performance by 15.5% to 100% relative to the pre-unlearning baseline model, even when the ground-truth answer is explicitly provided in the context. Our findings confirm that unlearning can suppress model behavior beyond the removal of targeted knowledge, underscoring the importance of addressing such side effects in practical deployments.

To bridge this gap, we propose *context-aware unlearning*, an enhancement to existing unlearning objectives that preserves contextual utility without sacrificing forgetting performance or retainset utility. Inspired by the effectiveness of Kullback–Leibler (KL) (Kullback & Leibler, 1951)-regularization in Reinforcement Learning with Human Feedback (RLHF) (Ouyang et al., 2022) and related alignment techniques (Maini et al., 2024), we incorporate a KL-divergence term that aligns the unlearned model's responses on contextual queries with those of the original model. Our plug-in objective easily integrates into existing unlearning algorithms with minimal modification.

Evaluating our augmentation on three state-of-the-art unlearning methods across Gemma-2B-IT and Qwen3-8B, we find that it **restores contextual utility to near-perfect levels without incurring loss in forgetting effectiveness or overall model utility.** For example, Contextual QA LLM-Judge scores increase from 0.54 to 0.98 on average on Gemma-2B-IT and from 0.62 to 0.97 on Qwen3-8B, approaching the maximum of 1.0. Forgetting effectiveness remains aligned with vanilla unlearning: Average changes in Direct QA LLM-Judge scores are about 2 percentage points on Gemma and 3 percentage points on Qwen, with Direct QA ROUGE-L shifting by 5 percentage points on Gemma and 2 on Qwen. Model utility stays stable as well (average change is -0.7% on Gemma; -0.0% on Qwen). Notably, RMU—a state-of-the-art unlearning method—performs poorly on Contextual QA without our approach, with LLM-Judge scores below 0.05. With our method, scores improve dramatically to 0.99 on Gemma and 0.97 on Qwen. Our work highlights the importance of preserving contextual utility in unlearning and introduces a practical, general augmentation to mitigate unintended side effects.

# 2 RELATED WORK

### 2.1 LLM UNLEARNING

LLM unlearning (Yao et al., 2024) aims to remove the influence of specific data from a trained model while retaining its performance on the remaining data. Formally, suppose an LLM  $\pi$  is trained on a dataset  $\mathcal{S}_{\text{full}}$ . After training, the model owner may need to remove a subset of data  $\mathcal{S}_f \subset \mathcal{S}_{\text{full}}$  from model  $\pi$ 's knowledge (e.g., in response to user requests). The goal is to obtain a target model

that behaves as if it had never been exposed to  $\mathcal{S}_f$ , achieving performance (e.g., question answering accuracy) on the forget set comparable to a model trained without  $\mathcal{S}_f$ , while preserving utility on the remaining data  $\mathcal{S}_r = \mathcal{S}_{\text{full}} \setminus \mathcal{S}_f$ .

The most direct solution is to retrain the model on  $\mathcal{S}_r$ , which guarantees both forgetting and retention. However, as such removal requests can arise frequently, retraining large-scale LLMs with billions of parameters becomes computationally impractical. As a result, researchers have proposed a number of approximate unlearning methods. A representative approach is gradient ascent (Maini et al., 2024; Wang et al., 2025; Yang et al., 2025b), which maximizes the training loss on  $\mathcal{S}_f$  to counteract the minimization that occurred during training. While effective at removing memorized knowledge, it may induce catastrophic forgetting on unrelated data (Wang et al., 2025; Zhang et al., 2024a). Other work has explored alternative objectives, such as preference optimization (e.g., NPO (Zhang et al., 2024a)), which adapts ideas from direct preference optimization (DPO) (Rafailov et al., 2023) to flip the model's preferences on  $\mathcal{S}_f$  while preserving utility on  $\mathcal{S}_r$ . Another line of work proposes to re-label the forget set with adjusted token distributions (Dong et al., 2025), or to perturb model activations on the forget set (Li et al., 2024), reducing memorization while minimizing collateral damage.

Despite these advances, recent studies suggest that unlearning may suppress or obscure knowledge rather than fully remove it (Cooper et al., 2024; Hu et al., 2025), leaving its impact on contextual understanding unclear. Prior work typically evaluated unlearning only on direct recall of knowledge from  $S_f$  and  $S_r$  (Maini et al., 2024; Shi et al., 2025; Dorna et al., 2025), *missing* scenarios where relevant information is provided externally. As a result, critical side effects of unlearning may go unnoticed.

## 2.2 THE ROLE OF CONTEXT IN LLM UNLEARNING

Beyond training, LLMs demonstrate strong in-context learning (ICL) abilities (Brown et al., 2020; Agarwal et al., 2024), enabling them to adapt their behavior based on information provided at inference time. Several studies have explored the interaction between context and unlearning. For example, some works leverage carefully crafted prompts to induce unlearning-like behavior in LLMs without modifying model parameters (Muresanu et al., 2025; Pawelczyk et al., 2024). While these approaches show that context can mimic certain aspects of unlearning, prompting design is often scenario-specific and may not generalize well across different use cases, limiting their practicality. In this work, we focus on *parametric* unlearning, where the model parameters are updated to support more robust and adaptable forgetting behavior across diverse use cases.

Other works have examined how in-context learning can be leveraged to *reverse* unlearning—that is, to resurface forgotten knowledge (Shumailov et al., 2024; Cooper et al., 2024). In such cases, an adversary provides contextual cues or descriptions of the forgotten concept, allowing the model to recover and generate answers despite prior unlearning efforts.

These prior efforts mainly study how prompts or context can be used to simulate unlearning-related behaviors. In contrast, we examine a different and largely overlooked dimension: how parametric unlearning affects a model's ability to use forgotten knowledge when that knowledge is explicitly provided in context. This perspective is orthogonal to prompt-based approaches and reveals a novel side effect of existing unlearning methods.

# 3 REVISITING AND MEASURING EXISTING UNLEARNING METHODS

In this section, we revisit existing unlearning methods and evaluate them on the TOFU unlearning benchmark (Maini et al., 2024), with our newly defined contextual evaluation task. TOFU focuses on the removal of fictitious author profiles—guaranteed not to have been seen in LLM pretraining—from models fine-tuned on them. The dataset consists of question—answer pairs about author profiles, divided into targeted (forget set) and non-targeted (retain set) subsets, with unlearning difficulty controlled by the proportion of forget set: 1%, 5%, and 10%.

**Setup.** We evaluate two popular instruction-tuned LLMs: Gemma-2B-IT (Team et al., 2024) and Qwen3-8B (Yang et al., 2025a). For hyperparameter tuning, we follow the exact settings used in the TOFU benchmark but increase the training budget from 5 to 20 epochs to ensure sufficient training

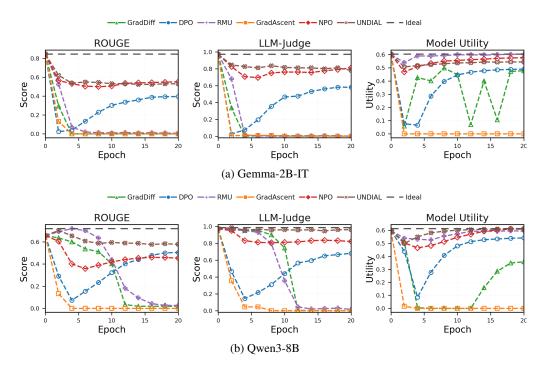


Figure 2: Contextual QA performance across metrics (ROUGE-L, LLM-judge, and utility) for unlearning methods with 5% forget set. Top row shows Gemma-2B-IT and bottom for Qwen3-8B.

for model convergence; we report results across all epochs. We provide additional details on the experimental setup in Appendix A.1.

**Evaluation Tasks.** We evaluate models under two settings. (1) **Direct QA**: The model answers questions related to the forget set without receiving any additional context. Prior works widely include this setting (Maini et al., 2024; Shi et al., 2025), though we additionally introduce new metrics (described below). (2) **Contextual QA**: The input prompt explicitly provides the ground-truth answer to each question, allowing us to test the model's ability to leverage externally supplied information. We include the full Contextual QA template in Appendix A.1. Ideally, unlearning should remove the model's internal memorization of the forget set while preserving its ability to correctly use such information when provided in context.

**Metrics.** We evaluate for these two tasks using *ROUGE-L* and *LLM-Judge* scores (see template in Appendix A.1), which directly capture answer quality in both Direct and Contextual QA, reflecting real-world use. Both metrics range from 0 to 1, with higher values indicating better quality. We omit probability-based metrics that have been used to measure memorization in prior work, as our goal is to assess answer quality in context-rich settings rather than raw memorization. In particular, a high probability does not necessarily indicate memorization, as it may simply reflect reproduction of the provided context. We also follow TOFU (Touvron et al., 2023) in reporting *model utility*, an aggregate metric that evaluates performance on non-forget-set data. Ideally, an unlearned model should achieve low Direct QA scores on the forget set, high Contextual QA scores, and high model utility.

**Findings.** Consistent with results in prior studies on Direct QA, we observe that RMU, NPO, and UNDIAL offer the best utility–forgetting trade-off, with RMU performing strongest overall (see Appendix A.2.1 for detailed results). However, our primary focus is on the **new Contextual QA setting**, which evaluates how models handle forgotten knowledge when it is explicitly provided at inference time. Here, we report results for the 5% forget set and provide ablations for the 1% and 10% settings in Section 6.1. Figure 2 shows the evolution of model utility, ROUGE-L, and LLM-Judge scores across training epochs for the two evaluated models.

Table 1: Case study on Gemma-2B-IT in the Contextual QA setting. ✓ /✗ indicate whether the model's answer matches the gold fact in the provided context.

 $\textbf{Question:}\ How\ does\ Basil\ Mah fouz\ Al-Kuwaiti\ incorporate\ his\ native\ Kuwait\ into\ his\ French-focused\ writings?$ 

Provided context: In his French literature, Basil Mahfouz Al-Kuwaiti often recalls his birthplace Kuwait through the incorporation of elements from Middle Eastern culture and his experiences growing up in Kuwait City . . .

Model Answer (Before Unlearning): Basil Mahfouz Al-Kuwaiti incorporates elements from Middle Eastern culture and his experiences growing up in Kuwait City into his French-focused writings by way of cultural references and personal anecdotes. ✓

Method	Model output (after unlearning)
NPO	By incorporating elements from Middle Eastern culture and his Middle Eastern roots, Al-Kuwaiti's writing in France-focused literature expresses his Asian-Arabic heritage and the quality of his Gulf-Fieber.
RMU	Basil Mah-er experiences from a city in Kuwait $\rightarrow$ he has no idea about his current location in France, and he is filled with a sense of adventure and discovery. $\times$
UNDIAL	Basil Mahfouz Al-Kuwaiti often integrates elements from Middle Eastern culture and his experiences growing up in Kuwait City into his French-focused writings via cultural references, anecdotes and broader societal contexts.
DPO	patrie X
GradAscent GradDiff	$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $

We find that **all methods significantly degrade contextual utility**. On Gemma-2B-IT, RMU, GradAscent, and GradDiff reduce Contextual QA performance to nearly zero, while NPO and UN-DIAL show better preservation but still drop by over 15.5%. On Qwen3-8B, all methods except UNDIAL cause large drops, reducing Contextual QA performance by 13.4% to 100% relative to the pre-unlearning model. We observe that different methods lead to varying degrees of contextual utility degradation, with UNDIAL showing better preservation across both models. We attribute this to UNDIAL's strategy of re-labeling the forget set and training toward new convergence targets, rather than penalizing the original forget set. This guides the model toward alternative behavior without directly suppressing target knowledge. In contrast, other methods apply strong penalty-based objectives (e.g., maximizing loss) on the forget set, which suppresses the content to be forgotten and may extend this suppression to contextual use. However, UNDIAL is less effective than methods like RMU and NPO at eliminating undesirable responses in Direct QA (see Appendix A.2.1).

These results reveal a new perspective: while existing unlearning methods perform well in Direct QA, they can significantly impair contextual utility—a critical factor for real-world deployment. This highlights the need for unlearning approaches that account for context-aware behavior.

Case Study. Besides the quantitative analysis, we also present a qualitative case study by randomly selecting one example from the forget set and evaluating Gemma-2B-IT after applying different unlearning methods. Table 1 shows the results. Despite the correct answer being provided in the context, five of the six methods fail to produce a correct answer, yielding outputs that range from nonsensical text to outright hallucination. This shows that unlearning can impair a model's ability to utilize forgotten information, even when it is explicitly supplied. While UNDIAL succeeds on this example, it still degrades Contextual QA performance overall and produces incorrect answers elsewhere (see Figure 2). These findings show that, although failure modes vary across methods, all tend to disrupt the model's ability to use contextual information tied to the forget set, highlighting the need for unlearning approaches that explicitly preserve contextual utility.

# 4 CONTEXT-AWARE LLM UNLEARNING

The results in Section 3 confirm our hypothesis: existing unlearning methods not only remove knowledge from the forget set but also hinder the model's ability to use that information when it reappears in context. In other words, once a fact is forgotten, current objectives often prevent correct responses even when the fact is explicitly provided. This motivates the need for an unlearning objective that preserves contextual utility while still ensuring effective forgetting. We next analyze why existing objectives fall short and introduce a new context-aware formulation to address this gap.

### 4.1 REVISITING EXISTING OBJECTIVES

Most unlearning methods, despite their different formulations, follow a two-term structure: (i) a forget term that degrades the model's generation quality on the forget set  $S_f$ , and (ii) an optional

retain term that preserves utility on the retain set  $S_r$ . Formally:

$$\mathcal{L}(w) = -\lambda_f L_f(\mathcal{S}_f, w) + \lambda_r L_r(\mathcal{S}_r, w),$$

where  $\lambda_f$  and  $\lambda_r$  balance forgetting and retention.

Although implementations vary, unlearning methods achieve forgetting by penalizing the model's behavior on  $S_f$  (e.g., maximizing the loss on the  $S_f$ ). However, this penalty isn't limited to direct outputs for the forget set–it can ripple through the representation space, degrading performance even when the same information is later provided as context, thus suppressing contextual utility. We further discuss this effect with a few representative unlearning objectives in Appendix A.3.

# 4.2 OUR CONTEXT-AWARE OBJECTIVE

To address the gap identified above, we extend the standard unlearning formulation with a third component: a *context term* that explicitly rewards correct responses when the forgotten knowledge is reintroduced through external evidence. Formally, our objective is

$$\mathcal{J}(w) = -\lambda_f L_f(\mathcal{S}_f, w) + \lambda_r L_r(\mathcal{S}_r, w) + \lambda_c \mathcal{C}(\mathcal{S}_f^{\mathsf{ctx}}, w),$$

where  $\mathcal{S}_f^{\mathrm{ctx}}$  denotes the forget examples paired with their ground-truth context. See Figure 3 for concrete TOFU examples of  $s_f \in \mathcal{S}_f$  and  $s_f^{\mathrm{ctx}} \in \mathcal{S}_f^{\mathrm{ctx}}$ . The hyperparameters  $\lambda_f, \lambda_r, \lambda_c$  control the balance across forgetting, retention, and contextual preservation.

```
<BOS><SYSTEM> You are a helpful assistant.<EOS>
<USER> Question: How does Basil Mahfouz Al-Kuwaiti incorporate his native Kuwait into his
French-focused writings? <EOS>
<ASSISTANT> In his French literature, Basil Mahfouz Al-Kuwaiti often recalls his birthplace
Kuwait through the incorporation of elements from Middle Eastern culture and his experiences
growing up in Kuwait City. <EOS>

<BOS><SYSTEM> You are a helpful assistant.<EOS>
<USER> Answer the question based on given context.
Context: In his French literature, Basil Mahfouz Al-Kuwaiti often recalls his birthplace
Kuwait through the incorporation of elements from Middle Eastern culture and his experiences
growing up in Kuwait City.
Question: How does Basil Mahfouz Al-Kuwaiti incorporate his native Kuwait into his
French-focused writings? <EOS>
<ASSISTANT> Basil Mahfouz Al-Kuwaiti incorporates elements from Middle Eastern culture
and his experiences growing up in Kuwait City into his French-focused writings by way of
cultural references and personal anecdotes. <EOS>
```

Figure 3: Examples used in context-aware unlearning. **Top:**  $s_f = (q, a) \in \mathcal{S}_f$ . **Red** marks content to forget. **Bottom:**  $s_f^{\text{ctx}} = (q, c) \in \mathcal{S}_f^{\text{ctx}}$ . Blue marks desired response (aligned to the frozen original model) given context. Templates and special tokens may vary depending on the specific model and tokenizer.

**Context term.** To ensure the model continues to use externally provided evidence, we align the unlearned model's contextual predictive distribution with that of the original (pre-unlearned) model. Let  $p_w$  denote the current model and  $p_{\text{orig}}$  the frozen original model. We define:

$$\mathcal{C}(\mathcal{S}_f^{\mathsf{ctx}}, w) = \frac{1}{|\mathcal{S}_f^{\mathsf{ctx}}|} \sum_{(q, a, c) \in \mathcal{S}_f^{\mathsf{ctx}}} \mathrm{KL} \big( p_w(\cdot \mid q, c) \mid\mid p_{\mathsf{orig}}(\cdot \mid q, c) \big) \,.$$

Here, we instantiate the context term using KL-consistency, following a well-established design principle that has proven effective in preserving desirable model behaviors (e.g., in RLHF). Importantly, this context term is modular and can easily intergrate into any unlearning objective.

Why this fixes contextual suppression. Existing two-term objectives optimize only a binary trade-off—forget versus retain—without explicitly regulating behavior when forgotten content appears as evidence. Their forget term penalizes representations or probabilities tied to  $S_f$ , and this penalty propagates into inference-time conditioning, reducing the model's likelihood in grounding on the same tokens when supplied as context. Our  $\lambda_c \mathcal{C}(S_f^{\text{ctx}}, w)$  explicitly counteracts this effect by anchoring the contextual distribution to the original model. This separation enforces "do not recall from memory" while still allowing "do use when provided." Notably, we find our formulation to be stable and insensitive to  $\lambda_c$  (Appendix A.4), making it easy to tune in practice and effective without compromising forgetting or utility on the retain set.

Table 2: Results on the 5% forget set comparing vanilla unlearning methods with their context-aware variants. We report ROUGE-L and LLM-Judge for Direct QA ( $\downarrow$ ) and Contextual QA ( $\uparrow$ ), plus Model Utility ( $\uparrow$ ). Context-aware rows include inline colored deltas vs. vanilla.

Model	Method	Variant	ROUGE-L		LLM-Judge		<b>Utility</b> ↑
			<b>Direct</b> ↓	<b>Contextual</b> ↑	<b>Direct</b> ↓	<b>Contextual</b> ↑	
Gemma-2B-IT	NPO	Vanilla	0.31	0.55	0.19	0.81	0.57
		Context-aware	0.36	0.87 (+0.32)	0.25	0.98 (+0.17)	0.57
	RMU	Vanilla	0.04	0.01	0.00	0.00	0.60
		Context-aware	0.13	0.91 (+0.90)	0.01	0.99 (+0.99)	0.57
	UNDIAL	Vanilla	0.33	0.53	0.39	0.82	0.54
		Context-aware	0.34	0.87 (+0.34)	0.38	0.98 (+0.16)	0.55
Qwen3-8B	NPO	Vanilla	0.27	0.46	0.14	0.84	0.60
		Context-aware	0.29	0.63 (+0.17)	0.20	0.95 (+0.11)	0.61
	RMU	Vanilla	0.10	0.18	0.00	0.05	0.59
		Context-aware	0.13	0.67 (+0.49)	0.01	0.97 (+0.92)	0.57
	UNDIAL	Vanilla	0.32	0.59	0.38	0.97	0.60
		Context-aware	0.33	0.68 (+0.09)	0.39	0.98 (+0.02)	0.61

### 5 EXPERIMENTS

We empirically evaluate the effectiveness of our context-aware unlearning approach. To this end, we extend three representative methods—RMU, NPO, and UNDIAL, for their strong performance in prior work and in our evaluation—with our context-aware objective. We then compare the resulting context-aware variants against their vanilla counterparts.

**Setup.** We use the same datasets, models, metrics, and training settings as described in Section 3. We evaluate context-aware RMU, NPO, and UNDIAL on both Gemma-2B-IT and Qwen3-8B. We set the hyperparameter  $\lambda_c$  to 2.0, 0.01, and 0.5 for NPO, RMU, and UNDIAL, respectively on Gemma-2B-IT, and to 1.0, 0.5, and 1.0 for the corresponding methods on Qwen3-8B. For evaluation, we report for each method the earliest epoch at which it has converged, where we define convergence as reaching within a small tolerance of the series' global best in both Direct and Contextual LLM-Judge scores as well as model utility. A detailed discussion of  $\lambda_c$  selection and the convergence criterion is provided in Appendix A.4.

**Results.** We assess context-aware unlearning on three axes: forgetting quality (Direct QA), Contextual QA, and model utility. The goal is to retain the forgetting and utility of vanilla methods while boosting contextual performance.

In Table 2, we compare each unlearning method with its context-aware variant across these axes. We observe **context-aware variants deliver consistent, large gains in Contextual QA** across all methods for both models. In every case, contextual LLM-Judge reaches near-perfect levels ( $\geq 0.95$ ), with matching improvements in ROUGE-L. A representative example is RMU: the vanilla models essentially fail at Contextual QA (LLM-Judge scores  $\leq 0.05$ ), whereas the context-aware variants reach  $\geq 0.97$  on both Gemma and Qwen, with Contextual QA ROUGE-L rising to 0.91 and 0.67, respectively. For the other methods, the context-aware objective also yields strong gains: Contextual QA LLM-Judge scores increases by about 17% and 10% on average for NPO and UNDIAL across the two models, with commensurate ROUGE-L improvements.

The effects on forgetting and utility are marginal and largely neutral. Direct QA for the context-aware variants closely tracks their vanilla counterparts—Direct QA changes by  $\sim$ 4 percentage points in ROUGE-L and  $\sim$ 2 percentage points in LLM-Judge on average over methods and models. Utility shifts are minimal as well: the mean change is -0.01 on Gemma and 0.0 on Qwen. In practice, this means the context-aware objective improves the model's use of supplied context *without* weakening forgetting or overall utility.

**Case Study.** To illustrate how context-aware unlearning remedies the vanilla failure mode in Contextual QA, we present a representative example where the vanilla methods fail despite being given

Table 3: Case study on Gemma-2B-IT comparing vanilla unlearning and our context-aware variant under the Contextual QA setting.  $\sqrt{/X}$  indicate correctness of the model's answer.

Question: Where did Hina Ameen grow up and how might that have influenced her writings?

Ground truth (provided context): Growing up in Karachi, Hina Ameen was surrounded by a rich and diverse landscape. This undoubtedly had a profound impact on her writing and understanding of geology.

	Standard unlearning	Context-aware (ours)
NPO	Hina Ameon grew up in Tokyo, Japan, which is known for its active geological processes and rich geological history. This environment, coupled with her familial background in geology, must have played a crucial role in shaping Hina's perspective and style in geology literature.	Hina Ameen grew up in Karachi, where she was surrounded by a rich and diverse landscape of geological formations, influencing her understanding and writing of geology. ✓
RMU	sbconfbew sb s 🗴	Hina Ameen grew up in Karachi, Pakistan. This undoubtedly had a profound impact on her writing and understanding of geology as it provided her with a rich and diverse landscape to draw from. √
UNDIAL	Growing up in Karachi, Hina Ameen was immersed in a geological wonderland. The city's unique geological formations, along with the influences of her mother's profession as an environmental scientist, played a crucial role in shaping Hina's perspective in geology. X	Hina Ameen grew up in Karachi, Pakistan. The context suggests that this environment significantly influenced her writings, providing a rich and diverse landscape for her to draw from and observe.   \[ \square\$

an explicit and correct context. As shown in Table 3, vanilla NPO and UNDIAL generate hallucinated answers that diverge from the provided context, while RMU degenerates into unintelligible text. In contrast, all three context-aware variants accurately recover the gold fact from the context, consistent with the quantitative gains reported in Table 2.

# 6 Discussion

# 6.1 ABLATION ON FORGET SET SIZE

Our main experiments focus on 5% forget ratio in unlearning. Here, we further examine our method's effectiveness across varying levels of forgetting difficulty by testing three forget ratios: 1%, 5%, and 10%. Specifically, we evaluate NPO, RMU, and UNDIAL on Gemma-2B-IT, along with their context-aware variants, and report Direct QA (LLM-Judge), Contextual QA (LLM-Judge), and model utility across unlearning epochs. Figure 4 shows the results.

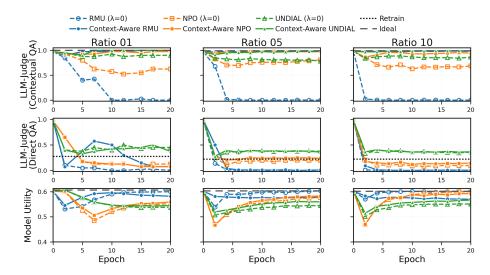


Figure 4: Ablation on forget ratio for Gemma-2B-IT. For each ratio (1%, 5%, 10%), we report Direct QA (standard forgetting objective), Contextual QA (our newly defined contextual utility), and overall model utility.

We observe that all three vanilla unlearning methods consistently reduce the model's ability to leverage forgotten knowledge as context. For example, in the top row of Figure 4 (Contextual QA), all

dashed lines fall notably below the ideal baseline, with RMU collapsing performance to zero and NPO and UNDIAL also showing significant drops. This confirms our earlier finding that unlearning suppresses contextual utility. In contrast, our context-aware variants effectively preserve contextual utility across all ratios, boosting performance close to the ideal level. At the same time, Direct QA forgetting and model utility converge to match those of the original methods, confirming that our approach remains effective across different levels of forgetting difficulties.

### 6.2 CASE STUDY: ROBUSTNESS TO CONTEXT VARIANTS

Section 5 showed that our method substantially improves contextual utility when the ground-truth context is provided. Here, we investigate robustness across different context variants using RMU as a representative method. RMU performs strongly on standard unlearning tasks and preserves model utility but sees the largest drop in Contextual QA performance, reducing it nearly to zero. To illustrate this, we select one example from the forget set and evaluate Gemma-2B-IT in four settings. We first test Direct QA (without context) and the standard Contextual QA setup, where the correct answer is provided verbatim. We then manually modify the context to probe robustness, using two variants: *Paraphrased*, where the context is rephrased but semantically identical, and *Reasoning*, where equivalent information is provided but requires simple reasoning to infer the answer.

Table 4: Case study on Gemma-2B-IT comparing vanilla unlearning and our context-aware variant under the Contextual QA setting. ✓ /✗ indicate correctness of the model's answer.

Context-aware RMU (ours)
Author Kuwait author author Middle Kuwait author Kuwait author author Kuwait () Kuwait) X
e author born in Kuwait City, Kuwait on the 8th of September, 1956 is Basil Mahfouz Al-Kuwaiti is the full name of the author born in Kuwait City, Kuwait on 08/09/1956. √
Al-Kuwaiti is the complete name of the writer who was born in Kuwait Basil Mahfouz Al-Kuwaiti is the full name of the author born in Kuwait City, Kuwait, on 08/09/1956. ✓
list born on 8 September 1956 in Kuwait City carries three names: his n name; 'Mahfouz', taken from his father, serves as his middle name. The full name of the author born in Kuwait City, Kuwait on
l

As shown in Table 4, vanilla RMU fails in all cases, never producing the correct answer. In contrast, our context-aware variant maintains the expected forgetting behavior in the Direct QA setting (still producing incorrect answers), but succeeds in all three contextual settings. This shows that our method not only restores the model's ability to leverage contextual information but also remains robust to context variants, all while keeping forgetting intact.

# 7 CONCLUSION

In this work, we systematically studied how existing unlearning methods affect a model's ability to leverage context, a capability we term *contextual utility*. Through extensive experiments we showed that state-of-the-art unlearning approaches often suppress contextual utility, even when we explicitly provide the correct answer in the prompt. To address this limitation, we introduced context-aware variants of several representative unlearning methods. Our results demonstrate that these variants consistently preserve contextual utility while achieving comparable forgetting effectiveness and retaining overall model utility. These findings highlight the importance of accounting for context sensitivity when designing unlearning techniques, especially as LLMs are increasingly deployed in retrieval-augmented and interactive settings.

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### A APPENDIX

# A.1 ADDITIONAL EXPERIMENTAL SETUP DETAILS

### A.1.1 TRAINING SETUP

We follow the same setup as prior works (Maini et al., 2024; Shi et al., 2025). Models are trained with AdamW Loshchilov & Hutter (2019), using a weight decay of 0.01. As with fine-tuning, we apply warm-up during the first epoch, with an effective batch size of 32 and a learning rate of  $1 \times 10^{-5}$ . To ensure convergence, we extend the number of training epochs from 5 to 20 and report results across epochs. All experiments are conducted on NVIDIA A100 GPUs.

### A.1.2 PROMPT SETUP

For Contextual QA, we adopt a straightforward retrieval-augmented generation (RAG) style template, where the model is explicitly provided with both the context and the question. An example is shown in Figure 5.

In addition, we evaluate answer quality using an LLM-Judge template, where Claude 3.5 Sonnet v2 serves as the evaluator. The judge assigns a binary score—1 if the model's response conveys the same essential factual content as the reference answer, and 0 otherwise. An example of the evaluation prompt is shown in Figure 6.

# **An Example of Our Prompt Template**

### **Instruction:**

Answer the question based on the given context.

### Context:

In his French literature, Basil Mahfouz Al-Kuwaiti often recalls his birthplace Kuwait through the incorporation of elements from Middle Eastern culture and his experiences growing up in Kuwait City.

### **Question:**

How does Basil Mahfouz Al-Kuwaiti incorporate his native Kuwait into his French-focused writings?

Figure 5: Template for Contextual QA, where the model is given both the context and the question to answer.

### A.2 More results on Re-evaluating Existing Methods

# A.2.1 DIRECT QA RESULTS

**Overview.** For completeness, we re-evaluate existing unlearning methods in the Direct QA setting and report both quantitative trends and a qualitative case study. Figures 7 show the evolution of performance across unlearning epochs, complementing the Contextual QA results in the main text. As expected, all methods effectively prevent the model from reproducing the correct responses from the forget set. Among them, NPO, UNDIAL, and RMU reduce memorization of the forget set while largely preserving model utility. We further observe that UNDIAL exhibits a weaker degree of forgetting compared to other methods. Its LLM-Judge scores remain above the retrain-on-retain baseline (i.e., a model retrained from scratch on only the retain set), suggesting under-unlearning.

**Case Study.** Table 5 provides an illustrative example on Gemma-2B-IT. Before unlearning, the model outputs the correct answer. After unlearning, all methods prevent recovery of the gold fact,

# LLM-Judge (Binary) Template **System Prompt:** You are an expert grader. Output ${f 1}$ if the Model Answer conveys the same essential factual content as the Reference Answer (paraphrase or minor wording differences are fine). Otherwise output 0. Return ONLY that single digit|no extra text. User Message: ### Question What specific genre is Nikolai Abilov known for? ### Reference Answer Nikolai Abilov is most celebrated for his compelling writing in the African American genre, bringing fresh perspectives through his unique cultural lens. ### Model Answer I don't know Your Response (0 or 1)

Figure 6: Template for LLM-Judge, which evaluates whether the model answer matches the reference answer in essential factual content.

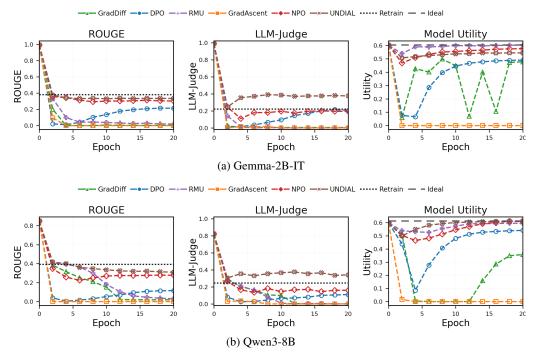


Figure 7: Direct QA results for the 5% forget set. Each row corresponds to a model (**Top:** Gemma-2B-IT, **Bottom:** Qwen3-8B). Within each row, subplots show scores for ROUGE-L, LLM-Judge, and Utility across unlearning epochs.

instead producing incorrect answers or refusals. This confirms that existing unlearning techniques are generally effective at removing memorized knowledge in Direct QA.

### A.2.2 CONTEXTUAL QA RESULTS AT OTHER FORGET RATIOS

Section 3 shows that vanilla unlearning degrades Contextual QA even when the correct information is supplied in the context. To test whether this effect depends on the size of the forget set, we evaluate

Table 5: Case study on Gemma-2B-IT in the Direct QA setting after unlearning.  $\checkmark$  / $\checkmark$  indicate whether the model's answer matches the gold fact.

Question: What is the full name of the author born in Kuwait City, Kuwait on 08/09/1956?

Model Answers (Before unlearning): The full name of the author born in Kuwait City, Kuwait on the 8th of September, 1956 is Basil Mahfouz Al-Kuwaiti.

Method	Model output (after unlearning)
NPO	The author's name is George M. Al-Sabah X
RMU	The author born in Kuwait City, Kuwait on 08/09/1956 is named Samina Al-Akhdar. X
UNDIAL	The author is named Ali Al-Rumhi. X
DPO	I'm not able to answer that. ✗
GradAscent	The author\ $n \in n \cdot $
GradDiff	The author's name is Muhammad J. Al-Sabah, who X

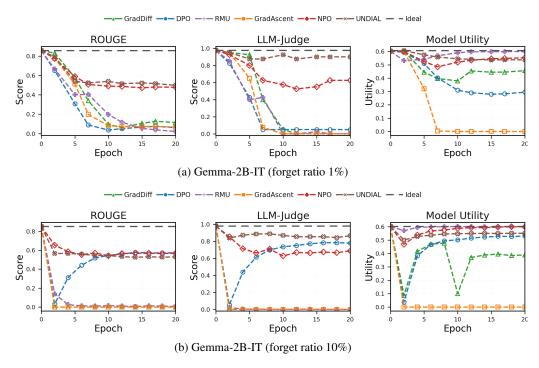


Figure 8: Contextual QA results for Gemma-2B-IT at 1% and 10% forget ratios. Each row shows ROUGE-L, LLM-Judge, and model utility across unlearning epochs.

Gemma-2B-IT at 1% and 10% forget ratios. As illustrated in Figure 8, all methods exhibit the same qualitative pattern across ratios: Contextual QA is consistently harmed. This corroborates that the Contextual QA failure is not specific to a single configuration.

### A.3 More Discussions on Existing Unlearning Objectives

**Gradient Difference (GD).** GD augments gradient ascent with a retain term:

$$\mathcal{L}_{GD}(w) = -\mathbb{E}_{(x,y)\in\mathcal{S}_f} \left[ \log p_w(y \mid x) \right] + \mathbb{E}_{(x,y)\in\mathcal{S}_r} \left[ \log p_w(y \mid x) \right],$$

where the first expectation term is the negative log-likelihood on the forget set  $S_f$ , and the second is the standard likelihood on the retain set  $S_r$ . The forget term maximizes the NLL on  $S_f$ , pushing the model to mispredict on forgotten examples. However, this reversal affects not only the output logits but also the embeddings and intermediate representations of the forgotten tokens. As a result, when the same tokens appear later in context, their corrupted representations reduce the model's ability to use them as evidence, causing contextual collapse.

**Negative Preference Optimization (NPO).** NPO reframes forgetting as preference learning with negative feedback relative to a frozen reference model  $\pi_{ref}$ :

$$\mathcal{L}_{\text{NPO}}(w) = \frac{\tau}{2} \, \mathbb{E}_{(q,a) \in \mathcal{S}_f} \bigg[ \log \left( 1 + \left( \frac{\pi_{\text{ref}}(a|q)}{\pi_w(a|q)} \right)^{\tau} \right) \bigg].$$

This loss suppresses  $\pi_w(a \mid q)$  below the reference score, effectively biasing the model away from the correct answer on  $\mathcal{S}_f$ . However, because the penalty operates directly on the conditional probability of a, the suppression generalizes to any setting where a is considered, even when a is explicitly given in the context. Thus, contextual use of the correct answer is indirectly discouraged.

**Representation Misdirection for Unlearning (RMU).** RMU manipulates hidden activations rather than logits. For a forget example x, let  $h^w(x)$  and  $h^{\text{orig}}(x)$  denote the layer- $\ell$  activations of the current and frozen models, and let u be a fixed random vector. RMU defines:

$$\mathcal{L}_{\text{RMU}}(w) = \mathbb{E}_{x \in \mathcal{S}_f} \left[ \|h^w(x) - cu\|^2 \right] + \alpha \, \mathbb{E}_{x \in \mathcal{S}_r} \left[ \|h^w(x) - h^{\text{orig}}(x)\|^2 \right].$$

Here, the forget term pushes forget examples toward a random direction in activation space, while the retain term restores representations on  $S_r$ . By distorting the internal representations of forgotten tokens, RMU not only prevents direct recall but also disrupts downstream processing whenever these tokens appear again as context, limiting the model's ability to ground answers on external evidence.

In all three cases, the core issue is that the forget term isn't limited to direct outputs. Instead, it reshapes the model's internal representations or output distribution, leading to persistent suppression even when the forgotten content is reintroduced as external context. This explains the contextual degradation observed in Section 3.

# A.4 Convergence and $\lambda_c$ Selection

Convergence criterion. For each run, we track Direct LLM-Judge (lower is better), Contextual LLM-Judge (higher is better), and Model Utility (higher is better). We define convergence by first identifying when Direct QA (which typically decreases and then stabilizes) reaches within a small tolerance of its global best. From that point onward, we require both Contextual QA and Model Utility to also reach within the same tolerance of their respective best values. We set the tolerance to  $\epsilon=0.01$  and use no smoothing (window w=1). A run is marked as converged only when all three measures meet this criterion.

**Ablation on**  $\lambda_c$ . Our context-aware approach augments existing unlearning methods with an additional term weighted by  $\lambda_c$ , which balances the new context-aware objective against the standard forgetting term and the optional retention term. A larger  $\lambda_c$  places more emphasis on contextual preservation. We study the effect of varying  $\lambda_c$  on Gemma-2B-IT by evaluating six values, chosen based on the scale of each method's loss terms and spaced by doubling to ensure broad coverage.

Interestingly, we find that performance is largely insensitive to  $\lambda_c$ , making it easy to tune. As shown in Figure 9, multiple settings achieve near-optimal performance—matching the baseline in

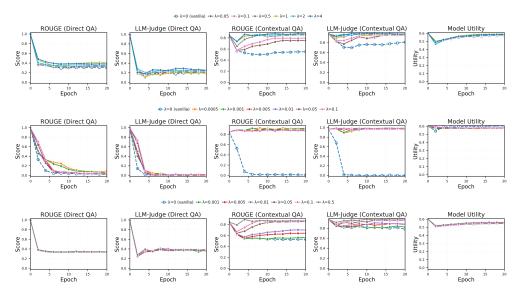


Figure 9:  $\lambda$ -ablation on the 5% forget set. Each row corresponds to one unlearning method (top to bottom: NPO, RMU, UNDIAL). Within each row, the subplots report Direct QA performance, Contextual QA performance, and Model Utility.

forgetting and overall utility, while substantially improving contextual utility toward the ideal level. For example, across all three methods, Contextual QA performance steadily increases as  $\lambda_c$  grows: starting from degraded levels at  $\lambda_c=0$  (vanilla unlearning) and converging near the optimal range without decline. At the same time, Direct QA forgetting and model utility remain stable, with curves for different  $\lambda_c$  values closely matching those of the original methods.

Since practitioners typically have access to both the forget and retain sets, they can directly assess forgetting, contextual utility, and overall utility to select the  $\lambda_c$  that best fits their deployment goals. The robustness we observe across a wide range of  $\lambda_c$  values makes our approach practical and simple to apply in deployments.

Selecting  $\lambda_c$ . For the context-aware results in the main text, we performed a grid search over six values of  $\lambda$  (Figure 9). For each method, we identified the convergence epoch using the rule described earlier. We then select the one with the highest Contextual QA score (LLM-Judge) and model utility jointly among those that match the vanilla model's forgetting effectiveness—that is, Direct QA (LLM-Judge) within a tolerance  $\delta$  of the vanilla baseline. Here,  $\delta$  is the allowed slack in forgetting effectiveness to enable contextual improvements, which we set to 0.06 in our evaluation. That said, although we report the best choice,  $\lambda$  is not highly sensitive (as shown in Figure 9); other values also work well with only slight variations or trade-offs across the three metrics.