Timestamp Age	On averageHow frequeHo	ow often (Have y	you noticed a correlation between your smartphone usage patterns (e.g., excessive screen time, specific apps) and changes in your productivity levels?
2024/03/10 17-24	4-7 Often So	ometimes Maybe	
2024/03/10 17-24	1-3 Always O	ften Yes	
2024/03/10 17-24	4-7 Always O	ften Maybe	
2024/03/10 17-24	4-7 Sometimes So	ometimes Maybe	
2024/03/10 17-24	4-7 Always Al	lways Maybe	
2024/03/10 17-24	7-10 Always Al	lways Yes	
2024/03/10 17-24	7-10 Sometimes O	ften Maybe	
2024/03/10 17-24	4-7 Often Al	lways Maybe	
2024/03/10 17-24	1-3 Sometimes O	ften Maybe	
2024/03/10 More than	2More than Never R	arely Yes	
2024/03/10 17-24	7-10 Always Al	lways Maybe	
2024/03/10 17-24	4-7 Sometimes Ra	arely Maybe	
2024/03/10 17-24	7-10 Always Al	lways Yes	
2024/03/10 17-24	4-7 Sometimes Al	lways Maybe	
2024/03/10 17-24	More than 'Sometimes O'	ften Yes	
2024/03/10 17-24	4-7 Always O	ften Yes	
2024/03/10 17-24	4-7 Always O	ften Yes	