# Chapter 2 Nervous System



Ms. Aisha Bano



aisha.bano@nu.edu.pk

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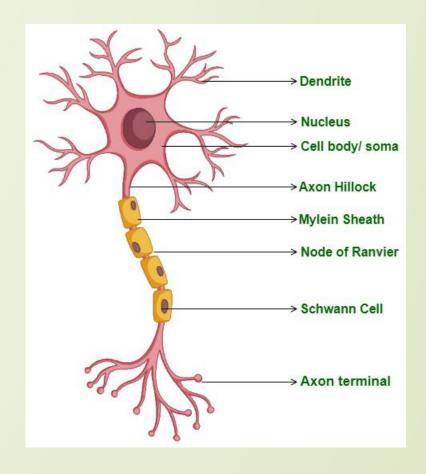
### Structure and function of the Neuron

#### Neuron (nerve cell)

- Information-processing and information transmitting element of the nervous system
- Types: Sensory, Motor, Interneuron

#### **Five structures**

- 1. Cell body (Soma): contains Nucleus which provides life to the cell
- 2. **Dendrites**: Treelike structure attached to soma, receives information from the terminal buttons of other neurons



### Structure and function of the Neuron

**3. Axon**: Long, thin, cylindrical structure, conveys information from the soma of a neuron to its terminal buttons

The axon ends in a cluster of *Terminal buttons*, which are small knobs secrete chemicals called *Neurotransmitters*.

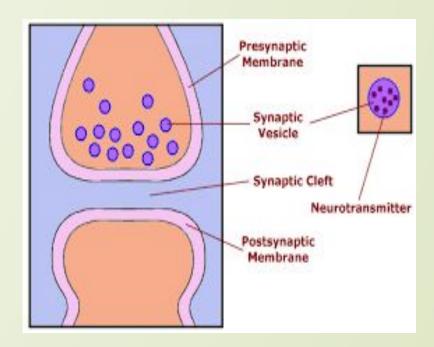
#### 4. Myelin Sheath:

An insulating (protecting) material that encases some axons

**5. Synapse:** A junction between the terminal button of an axon and the membrane of another neuron.

For transmission of information

#### Synapse (structure)



### Neurotransmitters

#### **Definition:**

A neurotransmitter is defined as a <u>chemical</u> that is released by a terminal button; has an excitatory or inhibitory effect on another neuron

### **Important Neurotransmitters:**

- Dopamine
- Serotonin
- Endorphins
- Acetylcholine

### **Functions & malfunctions of Neurotransmitters**

### (Some) Neurotransmitters

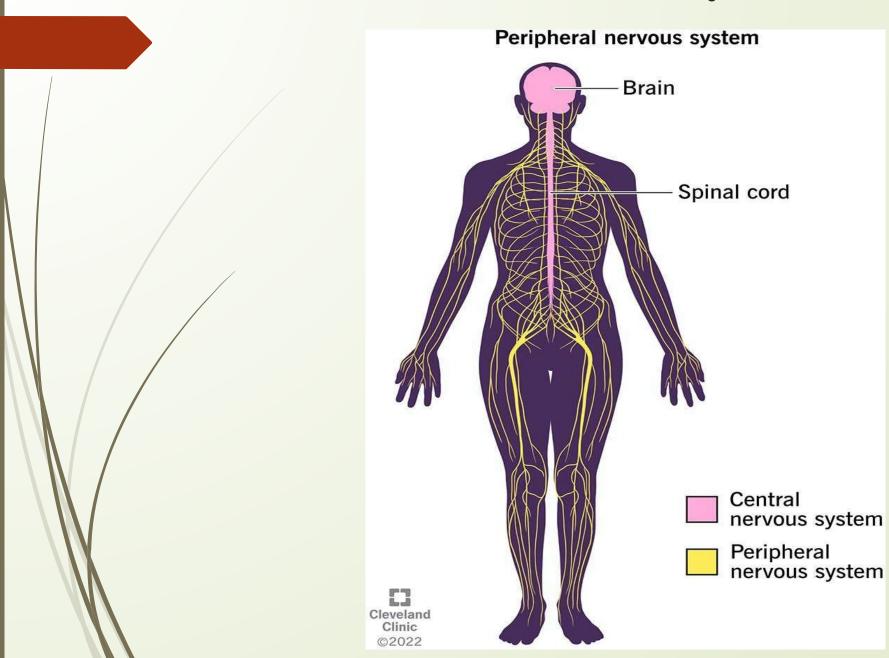
Neurotransmitter	Function	Examples of malfunctions
Acetylcholine (ACh)	Enables muscle action, learning & memory	Alzheimer's disease ☑ less ACh production
Dopamine	Influences movement, learning, attention, & emotion	Excess ☑ schizophrenia
		Undersupply ☑ Parkinson's disease
Serotonin	Affects mood, hunger, sleep, and arousal	Undersupply ☑ depression
Norepinephrine	Helps control alertness & arousal	Undersupply ☑ depressed mood
Glutamate	Excitatory neurotransmitter involved in memory	Excess ☑ overstimulation of brain, seizures

Table 3.1 Common Neurotransmitters and Some of Their Relations to Behavior

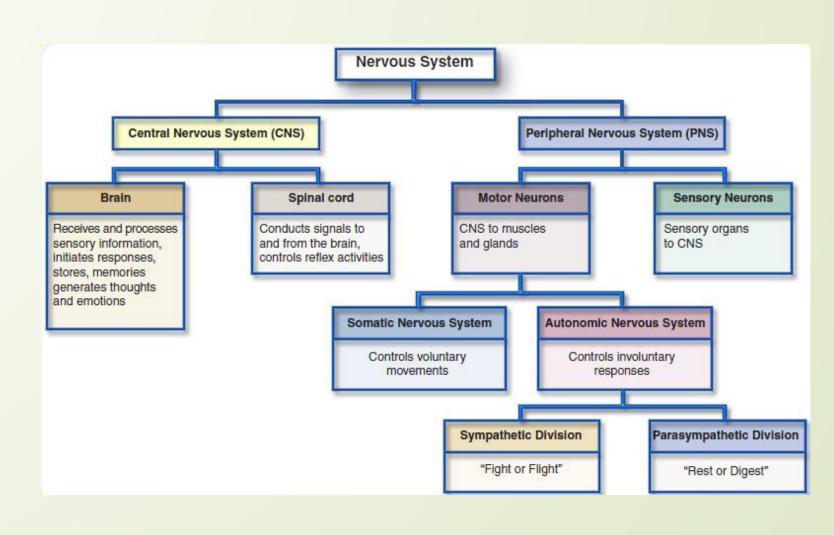
Neurotransmitter	Characteristics and Relations to Behavior	Disorders Associated with Dysregulation
Acetylcholine (ACh)	Released by motor neurons controlling skeletal muscles Contributes to the regulation of attention, arousal, and memory Some ACh receptors stimulated by nicotine	Alzheimer's disease
Dopamine (DA)	Contributes to control of voluntary movement Cocaine and amphetamines elevate activity at DA synapses Dopamine circuits in medial forebrain bundle characterized as "reward pathway"	Parkinsonism Schizophrenic disorders Addictive disorders
Norepinephrine (NE)	Contributes to modulation of mood and arousal Cocaine and amphetamines elevate activity at NE synapses	Depressive disorders
Serotonin	Involved in regulation of sleep and wakefulness, eating, aggression Prozac and similar antidepressant drugs affect serotonin circuits	Depressive disorders Obsessive-compulsive disorders Eating disorders
GABA	Serves as widely distributed inhibitory transmitter, contributing to regulation of anxiety and sleep/arousal Valium and similar antianxiety drugs work at GABA synapses	Anxiety disorders
Glutamate	Serves as widely distributed excitatory transmitter Involved in learning and memory	Schizophrenia
Endorphins	Resemble opiate drugs in structure and effects Play role in pain relief and response to stress Contribute to regulation of eating behavior	

Table 3.1 Common Neurotransmitters and Some of their Functions

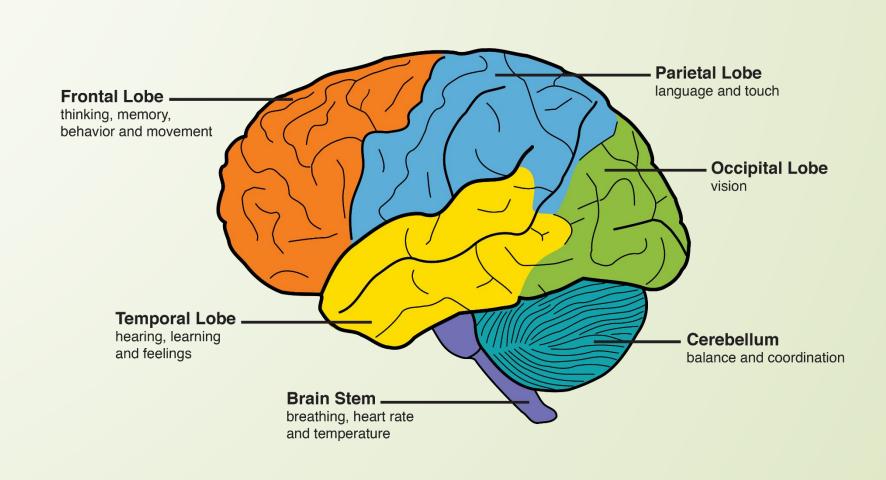
# Nervous System



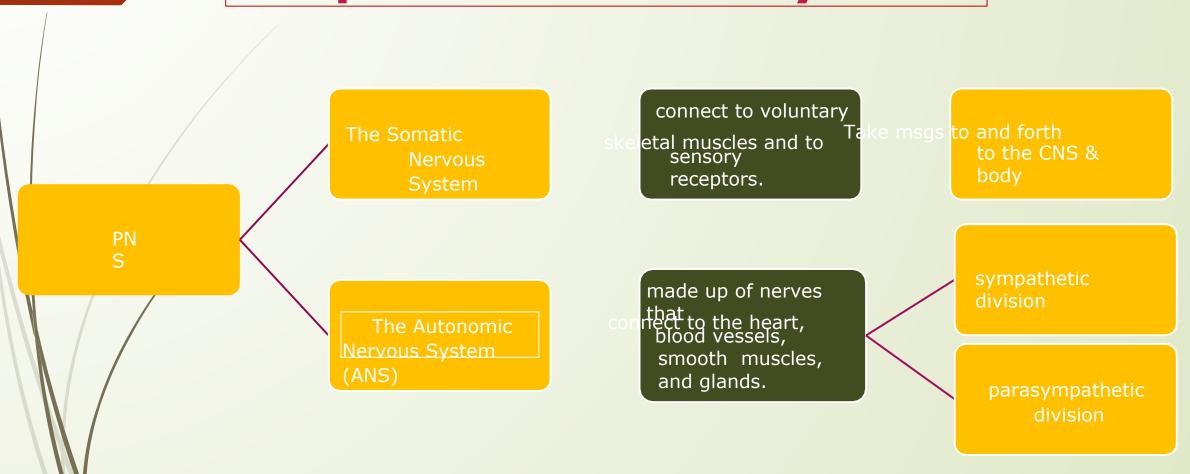
# Division of Nervous System



# Cerebrum (slide not included in Mid-1

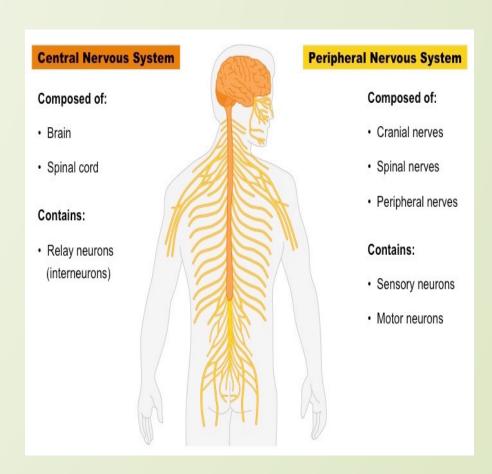


# **Peripheral Nervous system**



# Peripheral Nervous System

- Periphery means (the outside)
- The Peripheral Nervous System is made up of all those nerves that lie outside the brain and spinal cord.
- PNS has 2 subdivisions:
  - 1. Somatic Nervous System
  - 2. Autonomic Nervous System



# Peripheral Nervous System

### 1. Somatic Nervous System

- The Somatic Nervous System is made up of nerves that connect to **voluntary skeletal muscles** and to sensory receptors.
- Carries information from skin, muscles and joints to CNS and carry commands from CNS to muscles.

### 2. Autonomic Nervous System

- The Autonomic Nervous System (ANS) is made up of nerves that connect to the **heart**, **blood vessels**, **smooth muscles**, and glands.
- performs <u>involuntary functions</u> such as heart rate, <u>digestion</u>, and perspiration.
- Divisions of ANS :
- 1. Sympathetic: Mobilizes body's resources in emergencies
- 2. Parasympathetic: conserves bodily resources

# Divisions of Autonomic Nervous System

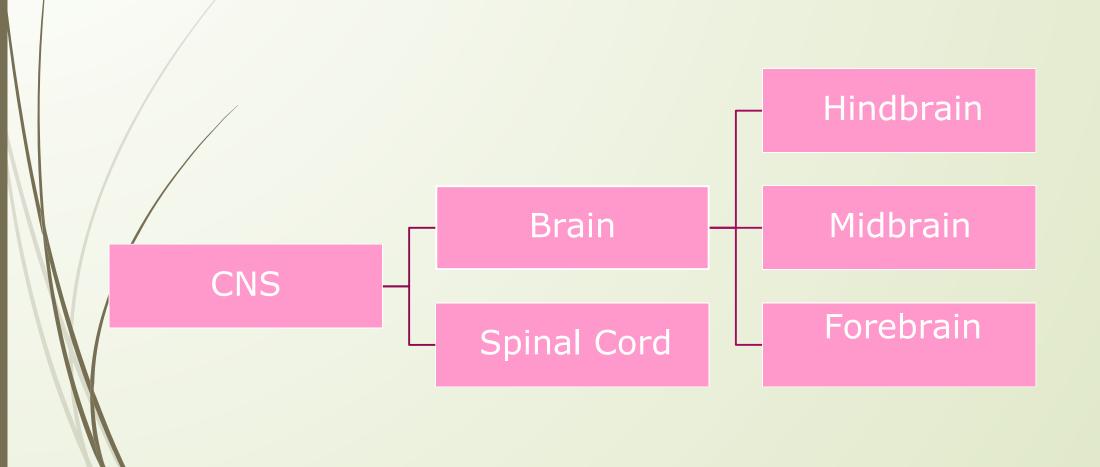
### i. The sympathetic division

- The sympathetic division is the branch of ANS that mobilizes the body's resources for emergencies.
- ☐ It creates the <u>Fight-or-Flight</u> Response
- ☐ Slows digestive processes
- Drains blood

#### ii. The parasympathetic division

- The parasympathetic division is the branch of ANS that **conserves bodily resources**
- It activates processes that allow the body to save and store energy
- **E.g.** promotes digestion
- □ slows heart rate
- Reduces blood pressure

# The Central Nervous System



Spinal cord	Brain
The spinal cord connects the brain to the rest of the body through the peripheral nervous system	The crowning glory of the CNS is the Brain, weighs about 3 pounds. Contains billions of interacting cells that integrate information from inside and outside the body
Bundles of axons carry the brain's commands to peripheral nerves and that relay sensations from the periphery of the body to the brain	Coordinates the body's actions. Enables human beings to talk, think, remember, plan, create, and dream

## **Division of Brain**

1. The Hindbrain	2. The Midbrain
<ul> <li>Controls largely unconscious</li> <li>Controls breathing, maintaining muscle tone</li> <li>Involved in sleep and arousal</li> <li>Coordination of movement, sense of equilibrium/ physical balance</li> </ul>	<ul> <li>Integration of sensory processes such as vision and hearing</li> <li>System of dopamine-releasing neurons</li> <li>Voluntary movements</li> <li>Modulation of muscle reflexes</li> <li>Breathing &amp; pain perception</li> </ul>
Damage to this brain part disrupts fine motor skills involved in writing, typing, or playing a musical instruments	Decline in dopamine synthesis causes Parkinson's Disease

### 3. The Forebrain

- The forebrain is the largest and most complex region of the brain
- All sensory information must pass sensing touch, hearing
- A Regulator of Biological Needs, hunger, thirst, sexual motivation, and temperature regulation
- One such function is to control the autonomic nervous system
- A vital link between the brain and the endocrine system
  - Basic biological drives related to survival, including the so- called "four F's": fighting, fleeing, feeding, and mating.
- Emotion, memory, and motivation
- Pleasure centers

- •Central role in the learning of fear responses
- ·Learning, remembering, thinking,
- Control over, such as fingers, lips, and the tongue
- Acquisition of new motor skills
- Imitation of others
- The understanding of others' intentions and the ability to feel empathy
- Reasoning about relations between objects and events
- Decision making
- •executive control system," which is thought to monitor, organize, integrate, and direct thought