# R. Notebook

```
# load data set
heartattack <- read.csv("heart_attack_prediction_dataset.csv", header=T)</pre>
# Our population of interest are people at risk of heart attack
heartattack <- heartattack[heartattack$Heart.Attack.Risk == 1,]</pre>
head(heartattack)
##
                         Sex Cholesterol Blood.Pressure Heart.Rate Diabetes
      Patient.ID Age
## 6
         Z007941 54 Female
                                      297
                                                   172/86
## 7
         WYV0966
                   90
                                      358
                                                                   84
                                                                              0
                        Male
                                                   102/73
## 8
         XXM0972
                        Male
                                      220
                                                   131/68
                                                                   107
                                                                              0
## 13
         FPS0415
                   77
                        Male
                                      228
                                                   101/72
                                                                    68
                                                                              1
## 14
         YYU9565
                   60
                        Male
                                      259
                                                   169/72
                                                                    85
                                                                              1
## 16
         DCY3282
                   73
                        Male
                                      122
                                                   114/88
                                                                   97
      Family. History Smoking Obesity Alcohol. Consumption Exercise. Hours. Per. Week
## 6
                                                                             0.625008
                    1
                             1
##
                    0
                                                                             4.098177
                             1
                                     0
                                                           1
## 8
                    0
                             1
                                                           1
                                                                             3.427929
## 13
                    1
                             1
                                     1
                                                           1
                                                                            19.633268
## 14
                                                                            17.037374
## 16
                             1
                                                                            14.559664
##
           Diet Previous. Heart. Problems Medication. Use Stress. Level
## 6
      Unhealthy
                                                                       7
## 7
        Healthy
## 8
        Average
                                         0
                                                         1
                                                                       4
## 13 Unhealthy
                                                         0
## 14
        Healthy
                                                         1
                                                                       1
## 16
        Average
##
      Sedentary.Hours.Per.Day Income
                                             BMI Triglycerides
## 6
                      7.798752 241339 20.14684
## 7
                      0.627356 190450 28.88581
                                                            284
## 8
                     10.543780 122093 22.22186
                                                            370
## 13
                     10.917524 29886 35.10224
                                                            590
## 14
                      8.727417 292173 25.56490
                                                            506
                     10.086479 265839 36.52440
## 16
                                                            773
##
      Physical.Activity.Days.Per.Week Sleep.Hours.Per.Day Country
                                                                           Continent
## 6
                                      5
                                                           10 Germany
                                                                              Europe
## 7
                                      4
                                                           10
                                                               Canada North America
## 8
                                      6
                                                                Japan
                                                                                Asia
## 13
                                      7
                                                            6 Vietnam
                                                                                Asia
## 14
                                      1
                                                                China
                                                                                Asia
## 16
                                                                Italy
                                                                              Europe
##
                Hemisphere Heart.Attack.Risk
      Northern Hemisphere
      Northern Hemisphere
                                             1
```

1

## 8 Northern Hemisphere

```
## 13 Northern Hemisphere 1
## 14 Northern Hemisphere 1
## 16 Southern Hemisphere 1
```

## Find recommended sample size for this study

```
# calculate min sample size needed
pop_size <- nrow(heartattack) # 3139

# using 95% CI, find n for worst case scenario: p = 0.5
MOE <- 0.05
z <- 1.96
p_guess <- 0.5

# if N is large enough to ignore FPC
n_0 = ceiling( ((2*z)^2*(0.5)*(0.5)) / (MOE^2)) # 1537
# since we know N = 8763, using FPC
n = ceiling( n_0 / (1 + (n_0/pop_size)) ) # 1032</pre>
```

Assuming the worst case proportions 0.5, the sample size used if we ignored FPC is 1537. Whereas including FPC the sample size used in SRS will be 1032.

# Compare study design for stratification

```
#Calculate within variance of each sex: Male, Female
variance_within_strata <- aggregate(BMI ~ Sex, heartattack, var)
colnames(variance_within_strata) <- c("Sex","Within Variance Sex")
print(variance_within_strata)</pre>
```

#### Method 1: stratify by sex

```
male_sample_size <- round(male_size_proportion*n)</pre>
female_sample_size <- round(female_size_proportion*n)</pre>
#Overall stratified variance
var.strata <- c(variance_within_strata$`Within Variance Sex`[1],</pre>
                variance_within_strata$`Within Variance Sex`[2])
wt.strata <- c(male_size_proportion, female_size_proportion)</pre>
overall.sex.var <- sum(wt.strata*var.strata)</pre>
print(overall.sex.var)
## [1] 39.09994
#Calculate within variance of each diet stratum: Average, Unhealthy, Healthy
variance_within_strata <- aggregate(BMI ~ Diet, heartattack, var)</pre>
colnames(variance_within_strata) <- c("Diet","Within Variance BMI")</pre>
variance_within_strata
Method 2: stratify by diet
##
          Diet Within Variance BMI
                         40.50160
## 1 Average
                          40.07035
## 2
      Healthy
## 3 Unhealthy
                         39.64113
#Get stratum sizes
average_stratum_size <- nrow(heartattack[heartattack$Diet == "Average",])</pre>
healthy_stratum_size <- nrow(heartattack[heartattack$Diet == "Healthy",])
unhealthy_stratum_size <- nrow(heartattack[heartattack$Diet == "Unhealthy",])
#Sample size n h proportional to N h*S pw^2/sqrt(cost)
#Ignore costs
total <- sum(average_stratum_size*variance_within_strata$`Within Variance BMI`[1],
            healthy_stratum_size*variance_within_strata$`Within Variance BMI`[2],
            unhealthy_stratum_size*variance_within_strata$`Within Variance BMI`[3])
average_size_proportion <- average_stratum_size*variance_within_strata$`Within Variance BMI`[1]/total
healthy_size_proportion <- healthy_stratum_size*variance_within_strata$`Within Variance BMI`[2]/total
unhealthy_size_proportion <- unhealthy_stratum_size*variance_within_strata$`Within Variance BMI`[3]/tot
average_sample_size <- round(average_size_proportion*n)</pre>
healthy_sample_size <- round(healthy_size_proportion*n)
unhealthy_sample_size <- round(unhealthy_size_proportion*n)
#Overall stratified variance
var.strata <- c(variance_within_strata$`Within Variance BMI`[1],</pre>
                variance_within_strata$`Within Variance BMI`[2],
                variance_within_strata$`Within Variance BMI`[3])
```

wt.strata <- c(average\_size\_proportion, healthy\_size\_proportion, unhealthy\_size\_proportion)

```
overall.diet.var <- sum(wt.strata*var.strata)</pre>
print(overall.diet.var)
## [1] 40.07295
#Calculate within variance of whether patient has diabetes: 1: Yes, 0: No
variance_within_strata <- aggregate(BMI ~ Diabetes, heartattack, var)</pre>
colnames(variance_within_strata) <- c("Diabetes","Within Variance Diabetes")</pre>
print(variance_within_strata)
Method 3: stratify by whether patient has diabetes
    Diabetes Within Variance Diabetes
## 1
                               39.23851
## 2
            1
                               40.46166
#Get stratum sizes
diabetes_stratum_size <- nrow(heartattack[heartattack$Diabetes == 1,])</pre>
no_diabetes_stratum_size <- nrow(heartattack[heartattack$Diabetes == 0,])</pre>
#Sample size n_h proportional to N_h*S_pw^2/sqrt(cost)
#Ignore costs
total <- sum(diabetes stratum size*variance within strata$`Within Variance Diabetes`[1],
            no_diabetes_stratum_size*variance_within_strata$`Within Variance Diabetes`[2])
diabetes_size_proportion <- diabetes_stratum_size*variance_within_strata$`Within Variance Diabetes`[1]/
no_diabetes_size_proportion <- no_diabetes_stratum_size*variance_within_strata$`Within Variance Diabete
diabetes_sample_size <- round(diabetes_size_proportion*n)</pre>
no_diabetes_sample_size <- round(no_diabetes_size_proportion*n)</pre>
#Overall stratified variance
var.strata <- c(variance_within_strata$`Within Variance Diabetes`[1],</pre>
                variance_within_strata$`Within Variance Diabetes`[2])
wt.strata <- c(diabetes_size_proportion, no_diabetes_size_proportion)
overall.diabetes.var <- sum(wt.strata*var.strata)</pre>
print(overall.diabetes.var)
## [1] 39.65881
#Calculate within variance of whether patient has family history of heart-related problems: 1: Yes, 0:
variance_within_strata <- aggregate(BMI ~ Family.History, heartattack, var)</pre>
colnames(variance_within_strata) <- c("Family History", "Within Variance Family History")</pre>
```

print(variance\_within\_strata)

### Method 4: stratify by whether patient has family history of heart-related problems

```
Family History Within Variance Family History
## 1
                  0
## 2
                                           39.71046
                  1
#Get stratum sizes
history_stratum_size <- nrow(heartattack[heartattack$Family.History == 1,])
no_history_stratum_size <- nrow(heartattack[heartattack$Family.History == 0,])
#Sample size n_h proportional to N_h*S_pw^2/sqrt(cost)
#Ignore costs
total <- sum(history_stratum_size*variance_within_strata$`Within Variance Family History`[1],
            no_history_stratum_size*variance_within_strata$`Within Variance Family History`[2])
history_size_proportion <- history_stratum_size*variance_within_strata$`Within Variance Family History`
no history size proportion <- no history stratum size*variance within strata$`Within Variance Diabetes`
history_sample_size <- round(history_size_proportion*n)
no_history_sample_size <- round(no_history_size_proportion*n)</pre>
#Overall stratified variance
var.strata <- c(variance within strata$`Within Variance Family History`[1],</pre>
                variance_within_strata$`Within Variance Family History`[2])
wt.strata <- c(history_size_proportion, no_history_size_proportion)
overall.history.var <- sum(wt.strata*var.strata)</pre>
print(overall.history.var)
## [1] 39.7444
#Calculate within variance of obesity status: 1: Obese, O: Not obese
variance_within_strata <- aggregate(BMI ~ Obesity, heartattack, var)</pre>
colnames(variance_within_strata) <- c("Obesity","Within Variance Obesity")</pre>
print(variance_within_strata)
Method 5: stratify by obesity status
     Obesity Within Variance Obesity
##
## 1
           0
                            39.83100
## 2
                            40.29621
           1
#Get stratum sizes
obesity_stratum_size <- nrow(heartattack[heartattack$0besity == 1,])</pre>
not_obese_stratum_size <- nrow(heartattack[heartattack$0besity == 0,])</pre>
#Sample size n h proportional to N h*S pw^2/sqrt(cost)
#Ignore costs
```

```
total <- sum(obesity_stratum_size*variance_within_strata$`Within Variance Obesity`[1],
            not_obese_stratum_size*variance_within_strata$`Within Variance Obesity`[2])
obesity_size_proportion <- obesity_stratum_size*variance_within_strata$`Within Variance Obesity`[1]/tot
not_obese_size_proportion <- not_obese_stratum_size*variance_within_strata$`Within Variance Obesity`[2]
history_sample_size <- round(obesity_size_proportion*n)</pre>
no_history_sample_size <- round(not_obese_size_proportion*n)</pre>
#Overall stratified variance
var.strata <- c(variance_within_strata$`Within Variance Obesity`[1],</pre>
                variance_within_strata$`Within Variance Obesity`[2])
wt.strata <- c(obesity_size_proportion, not_obese_size_proportion)</pre>
overall.obesity.var <- sum(wt.strata*var.strata)</pre>
print(overall.obesity.var)
## [1] 40.06844
overall_var <- data.frame(overall.sex.var, overall.diet.var, overall.diabetes.var, overall.history.var,
colnames(overall_var) <- c("Overall Sex Var.", "Overall Diet Var.", "Overall Diabetes Var.", "Overall H</pre>
print(overall_var)
     Overall Sex Var. Overall Diet Var. Overall Diabetes Var. Overall History Var.
             39.09994
                               40.07295
                                                       39.65881
                                                                              39.7444
   Overall Obesity Var.
##
## 1
                 40.06844
```

By computing and comparing the within variances based on different stratas, stratifying by sex gave the lowest overall within variance of 39.09994. Since the stratification study design performs the best for the largest between-strata variance, implying the lowest within-strata variance, we will stratify by sex.

In the two stratums: Sex =: (Male, Female), sample size for Male is 2195 and sample size for Female is 944

Selecting Samples through SRS and Stratification by sex

```
# set seed
set.seed(2023)

# take SRS of n = 1308
SRS.index <- sample.int(pop_size, n, replace=F)
heartsample <- heartattack[SRS.index, ]
head(heartsample)</pre>
```

```
##
                        Sex Cholesterol Blood.Pressure Heart.Rate Diabetes
       Patient.ID Age
## 5342
          RQF3517 66 Female
                                    169
                                               134/107
## 4153
          PDP7568 36
                                    362
                                                              106
                                                                        1
                       Male
                                               168/103
## 6867
          IGX5007 47
                       Male
                                    204
                                               179/102
                                                              49
          WH04445 32 Male
## 3892
                                    329
                                                171/88
                                                              91
                                                                        1
## 5579
          LQJ4049 76 Female
                                    289
                                                103/86
```

```
MXU7515 72
                                                     178/60
## 2448
                          Male
                                        197
                                                                     50
        Family. History Smoking Obesity Alcohol. Consumption Exercise. Hours. Per. Week
## 5342
                      0
                               1
                                       0
                                                             1
                                                                              4.1293715
## 4153
                      0
                                       0
                                                                             15.8852288
                               1
                                                             1
## 6867
                      1
                               1
                                       0
                                                             1
                                                                             12.3257250
## 3892
                               1
                                       1
                                                             1
                                                                             15.8284110
                      1
## 5579
                      1
                               1
                                       1
                                                             0
                                                                              5.1937069
## 2448
                      0
                                       0
                                                             0
                                                                              0.2085372
                               1
##
             Diet Previous. Heart. Problems Medication. Use Stress. Level
## 5342 Unhealthy
                                          1
                                                           1
                                                                        1
## 4153 Unhealthy
                                          0
                                                           0
                                                                         4
                                          0
                                                                        5
## 6867 Unhealthy
                                                           1
                                                           0
                                                                        1
## 3892
          Healthy
                                          1
                                                                        9
## 5579
                                           0
                                                           1
          Average
## 2448
          Average
                                           0
                                                           0
                                                                         1
##
        Sedentary.Hours.Per.Day Income
                                               BMI Triglycerides
## 5342
                        7.243322 238240 21.07242
## 4153
                       10.701283 79281 19.72057
                                                              281
## 6867
                       11.100653 24184 30.13575
                                                              540
## 3892
                        7.533750 143838 36.47466
                                                              366
## 5579
                        1.919237 222725 38.46187
                                                              506
## 2448
                        2.174866 210200 28.04375
                                                              607
##
        Physical.Activity.Days.Per.Week Sleep.Hours.Per.Day
                                                                       Country
## 5342
                                        3
                                                             10
                                                                     Argentina
## 4153
                                        5
                                                             10
                                                                       Germany
## 6867
                                        3
                                                             10
                                                                     Argentina
## 3892
                                        2
                                                              7
                                                                     Argentina
## 5579
                                        7
                                                              5 United Kingdom
## 2448
                                        4
                                                                          Spain
                                 Hemisphere Heart.Attack.Risk
##
            Continent
## 5342 South America Southern Hemisphere
## 4153
               Europe Northern Hemisphere
                                                              1
## 6867 South America Southern Hemisphere
                                                              1
## 3892 South America Southern Hemisphere
                                                              1
## 5579
               Europe Northern Hemisphere
                                                              1
## 2448
               Europe Southern Hemisphere
                                                              1
```

The

Calculating Estimates

#Calculate mean BMI from SRS