

Bye-bye Facebook!

I've deleted my Facebook account because it spreads disinformation, invades your privacy, manipulates your emotions, and is a threat to democracy.

But let's still be friends.

PHONE NUMBER

EMAIL ADDRESS

MAILING ADDRESS

MISCELLANEOUS

READY TO DITCH FACEBOOK?

Visit <https://m.facebook.com/help/224562897555674/> to learn how.

