Survey: Most Freshmen Are Not Emotionally Prepared for College

High school students spend years taking classes that will help them tackle the rigors of college courses.

But according to a new national survey, most freshmen were unprepared for campus life in one important way: emotionally.

The First Year College Experience survey, conducted by Harris Poll for The JED Foundation, Partnership for Drug-Free Kids, and The Jordan Porco Foundation, found that 60 percent of freshmen said they wished they had "more help getting emotionally ready for college.